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5	THE FEDERAL TRADE COMMISSION PRESENTS:
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9	HEALTH CARE AND
10	COMPETITION LAW AND
11	POLICY WORKSHOP
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1	PROCEEDINGS
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3	MR. HYMAN: Good morning. Thank you all for
4	coming to our Health Care and Competition Law and Policy
	Workshop My name is David Hyman and I'm a special

- 1 parties. I want to thank David Hyman in the Office of
- the General Counsel, who with Bill Kovacic, Susan
- 3 DeSanti, Angela Wilson, and Sarah Matthias organized the
- 4 workshop. They have put together two days of
- 5 proceedings, featuring five panels and more than a dozen
- 6 experts. We appreciate the willingness of those
- 7 participating to share with us their perspectives.
- 8 The FTC has a long history in applying
- 9 competition policy to health care. In the mid-1970s,
- 10 the Bureau of Competition formed a group to investigate
- 11 potential antitrust violations involving health care.
- 12 As an Assistant to the Director of the FTC's Policy
- Office, I was proud to help launch this effort.
- 14 A series of important cases followed, as the
- 15 Commission identified and addressed anticompetitive
- 16 conduct by every conceivable entity involved in health
- 17 care. The Bureau of Consumer Protection has also had an
- 18 important role in health care, challenging the deceptive
- 19 advertising of a variety of health-related products and
- 20 services.
- The Bureau of Economics assists the other
- 22 bureaus in pursuing these enforcement initiatives. It
- has also published several important papers on health
- 24 care and competition. The Bureau of Economics sponsored
- a major conference on the role of competition in health

- care in 1977, which resulted in a well-known book,
- 2 Competition in the Health Care Sector: Past, Present,
- 3 and Future.
- We are pleased today to have the person who
- 5 organized that conference and edited the book, Warren
- 6 Greenberg, on our first panel this afternoon. At the
- 7 time of that conference, Warren was a staff economist
- 8 at the FTC. He is now a professor at George Washington
- 9 University.
- More recently, the Commission has brought cases
- 11 involving price fixing by physicians and unfair methods
- 12 of competition by pharmaceutical companies that delayed
- the entry of generic drugs for the treatment of high
- 14 blood pressure, anxiety, and angina. Details of these
- 15 cases are in the bound materials you received this
- 16 morning.
- 17 We are also looking hard at consummated hospital
- 18 mergers to determine whether there have been
- 19 anticompetitive consequences. We will seek
- 20 administrative redress if we find evidence of such
- 21 conduct and have a viable remedy.
- The heads of our Bureaus of Competition,
- 23 Consumer Protection, and Economics, who are speaking
- later this morning, will detail the Commission's recent
- 25 initiatives in health care. We have increased the

- resources devoted to this industry and we are now seeing the results.
- 3 Our enforcement efforts in the health care
- 4 sector have been complemented by our partners at the
- 5 Department of Justice and the State Attorneys General.
- 6 You will be hearing from representatives of both later
- 7 this morning as they discuss their own initiatives.
- In addition to enforcement authority, the
- 9 Commission has unique jurisdiction to identify, analyze,
- and report on competition and consumer protection issues
- of major importance. Using this authority, in July, we
- released a study on certain aspects of generic drug
- 13 competition under the Hatch-Waxman amendments. The
- 14 study examined whether the Commission's enforcement
- 15 actions against alleged anticompetitive agreements,
- 16 which relied on certain Hatch-Waxman provisions, were
- isolated examples or represented conduct frequently
- 18 undertaken by pharmaceutical companies.
- The study also examined, more broadly, how the
- 20 process that Hatch-Waxman established to permit generic
- 21 entry prior to expiration of a brand name drug patent
- 22 has worked between 1992 and 2000. Michael Wroblewski of
- 23 the Commission staff will speak in more detail tomorrow
- afternoon about this study.
- This workshop is also part of the FTC's research

- agenda, and we hope to continue with other research
- 2 projects.
- 3 The FTC is the only federal agency with both
- 4 consumer protection and competition jurisdiction
- 5 over broad sectors of the economy. The Commission
- 6 enforces laws that prohibit business practices that are
- 7 anticompetitive, deceptive, or unfair to consumers. The
- 8 Commission also promotes informed choice and public
- 9 understanding of the competitive process.
- I hope this workshop will help illuminate the
- 11 ways that competition law and policy can have a positive
- impact on the health care sector, and ensure that
- 13 Americans receive top value for their health care
- 14 dollars.
- Obviously, a two-day workshop cannot do justice
- to the scope and complexity of a subject like health
- 17 care and competition. There are at least a dozen
- 18 important topics we will not cover, such as hospital
- 19 mergers, fraudulent health claims, vertical integration,
- and the boundaries of the State Action Exemption. We
- 21 hope to address these issues in the future.
- So, welcome, and thank you very much. I look
- 23 forward to learning a lot from you all. Thank you.
- 24 (Applause.)
- MR. HYMAN: Thank you, Chairman Murris.

1	Some basic logistical announcements. First, the
2	technology people requested that everyone turn off their
3	cell phones, because they apparently interfere with the
4	taping of this workshop. It's also irritating to the people
5	near you, but that's a separate issue.
6	Second, there are bathrooms right outside and
7	there are bathrooms on each floor, if you're in one of
8	the overflow rooms.

9 Third, there will be about an hour and a half
F hothndl, Offchier Housenal, which have will be about an hour and a half

- 1 be more during the course -- actually four of them --
- there may be more speaker hand-outs during the course of the workshop.
- 3 So, please check periodically.
- 4 We're going to very aggressively try to keep on
- 5 time, because we know people have schedules to keep as well.
- To the extent we don't, your indulgence is appreciated.
- 7 There will not be questions from the floor. However, as the
- 8 Federal Notice Register reflects, the deadline for comments in response
- 9 to the workshop is September 30th. So, you have several weeks to go
- back and if you were very unhappy with something someone said, the
- ability to respond at length in writing, I suggest, is probably far
- superior to yelling at them in front
- of an audience.
- And let me see if there's anything else. Our
- first speaker today who will be providing an overview of
- 16 the health care industry -- oh, one other announcement
- 17 before I do that. Please, keep your name tags on if you
- 18 leave the building. It will make it much easier to get
- 19 back in after lunch; otherwise, you have to go through
- 20 the entire extended process again.
- Our first speaker today is Professor William
- 22 Brewbaker from the University of Alabama School of Law,
- 23 well-known in health law, co-author of a two-volume
- 24 treatise that systematically goes through various parts of
- 25 the health care market and addresses the legal issues. This treatise

- 1 the evidence, that competition can have a favorable
- 2 effect on the quality of the health care that we
- 3 receive.
- 4 Well, I would like to sort of divide the talk in
- 5 two parts: First I want to look and assess how we are
- doing on the various indicia of health care cost and quality: Second
- 7 I will have some general observations on health care
- 8 and competition law and policy.
- 9 In this first part, I want to begin with some
- 10 facts, sort of unrelated to cost, and then move into the
- 11 cost area. First, where does the money that we spend on
- 12 health care come from? You can see from the slide,
- 13 we've got total national health spending of about \$1.3
- trillion. There's about a 55/45 split between the
- private and public sectors, in that spending.
- 16 It's fairly self-explanatory. The money goes in
- 17 a variety of different directions, not surprisingly, the
- 18 lion's share to hospital care and physician and clinical
- 19 services, but again, a big chunk for prescription drugs.
- Then this mysterious other spending block includes
- 21 things like non-physician providers, home health, DME,
- over-the-counter medicines as sort of a catch-all
- 23 category.
- 24 Again, another self-explanatory slide, but it's
- interesting to think about, it helps you get a sense of

- we're looking at perhaps a situation where we have 17
- 2 percent of our gross domestic product spent on medical
- 3 services by the end of the decade.
- This is an interesting slide. Again, it's sort
- 5 of a general 10,000 foot view of trends in terms of
- 6 price inflation. If you look back in the early '80s
- 7 there, you see we've got terrible inflation,
- 8 double-digit annual inflation. Most of it is from
- 9 medical prices. That's the yellow bar on the graph.
- 10 We've got modest gains in utilization, and we see a
- 11 general trend until we find this sort of good graph
- here, where we've still got a modest amount of
- utilization growth, we're seeing prices come down.
- 14 Again, a trend that seems to be going in the
- wrong direction. I'm sorry to say that may be a bit of
- a theme in my presentation this morning.
- 17 Expenditures, where are we spending our money?
- 18 Again, I know it's hard for you to digest these graphs
- in the 20 or 30 seconds you have to look at them, but
- the main point of this graph is to show between 1990 and
- 21 2000 a decrease, a significant decrease in spending on
- 22 hospital care and then a fairly significant increase on
- 23 prescription drug spending with the other main
- 24 categories staying more or less stable.
- 25 Spending for in-patient treatment. Again, what

- 1 you see is a dramatic increase over the past 30 years in
- Medicare percentage spending on in-patient treatment,
- 3 and a significant decrease overall as well. Again, this
- 4 is a matter of importance to this particular conference,
- 5 this question of prescription drug expenditure growth.
- 6 You've got here a chart that shows the annual percentage
- 7 growth in prescription drug expenditures.
- If you look back, you'll see that we've had
- 9 double-digit inflation in prescription drug expenditures
- 10 pretty much consistently for the last 20 years or so.
- 11 Even when we've dipped down here in this decrease in the
- 12 rate of increase, we're still talking about six percent
- growth, and of course now we're around 17 percent growth
- annually in prescription drug spending.
- 15 Again, the lower line shows you the share of
- 16 national health expenditures that we would attribute to
- 17 prescription drug spending, and you find, again, a
- 18 sizeable increase in the percentage of our spending
- 19 that's being directed toward pharmaceuticals, from about
- five percent all the way up to 9.4 percent in the data
- on which this slide is based.
- 22 Another important trend is who's bearing that
- fiveepsedenosorylandyou look back in the late '80s, you
 - see mj 5iEwg.bnppx2e6n2t6a2Byashgo4pIdmnwhich this slide isegs, thr

- 1 private health insurance is absorbing a significantly
- 2 greater percentage of that spending, and of course
- 3 between 1988 and 2000 we've had lots of spending
- 4 increases.
- 5 So, this has put a lot of pressure on private
- 6 health plans to deal with this particular source of cost

- the economy was in the middle of a downturn last year,
- we still had a fairly tight labor market, and even
- 3 though medical prices and premiums were rising, there
- 4 was still a tendency of employers not to cut back on the
- 5 health insurance benefits they were offering.
- 6 Well, just last week, the Kaiser Foundation and
- 7 HRAT released their annual survey of employer-sponsored
- 8 health benefits, and this is the bad news section of the
- 9 presentation. I'm just going to show you what's on
- their website and what's also an interesting discussion
- in the most recent issue of Health Affairs, if you would
- 12 like to have a look at that.
- But basically, here's the bad news: 12.7
- 14 percent annual increase in family premiums paid for
- employees. Following along, of course, an 11 percent
- 16 increase, and almost a double-digit increase the year
- 17 before.
- 18 The really bad news about this is that there's
- 19 reason to believe this is not just the result of the
- 20 underwriting cycle. Of course the underwriting cycle in
- insurance would correct itself, but Gabel and colleagues
- 22 in this same issue of Health Affairs suggests that this
- 23 is actually due to an increase in underlying medical
- 24 claims expenditures, and is not then likely to be
- 25 necessarily self-correcting.

1	Percentage of all firms offering health
2	benefits, here we see sort of the end of this era where
3	you're seeing more and more employers offering benefits
4	at least it looks that way. It's hard to tell from a
5	year or two, but certainly the news isn't good on the
6	information we do have.
7	Finally here a slide that shows the sort of
8	coverage that employees have. This is an important
9	point to realize, this isn't just a binary decision, an
10	employee is covered or is not covered at the workplace.
11	There are all sorts of different permutations of what
12	different coverage means.
13	Not surprisingly, this chart in the black area
14	documents the decline of conventional indemnity health
15	insurance over the past couple of decades, where it's a
16	negligible part of the employer market right now.
17	Again, remarkable growth in PPO plans as well.
18	So, this tells a story of HMO growth, a little backlash
19	as the HMO numbers go down, continuing movement into
20	PPOs, and then again interestingly, a little bit of an
21	increase this past year in selection of HMOs by
22	employees.
23	It's hard to know exactly why that is, perhaps

more employers are offering HMOs in the face of price

increases. It may be that HMOs as they have moved to

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- 1 looser coverage arrangements have been able to attract
- 2 consumers again. Consumers may be more price sensitive
- in an economy that's trending downward, perhaps, as
- 4 well.
- 5 Again, another feature of the employment market
- is that most consumers or many consumers certainly don't
- 7 have a great deal of choice in the health care they
- 8 receive. Certainly if you work for a small employer,
- 9 defined as under 200 workers in the firm, there's a
- 10 nine out of ten chance or better that you will just be
- given a take-it-or-leave-it offer of health insurance
- through your employer with a plan that the employer
- 13 picks for you.
- 14 There's about a 50 percent chance that the same
- 15 situation will exist even if you're in a mid-size firm,
- 16 that is defined as one up to a thousand workers. Only
- 17 when you get in the large and jumbo firms, meaning firms
- of more than 5,000 workers, is a pretty good assurance that
- 19 you are going to have a choice of between two and three
- and even more health care plans. These results are not
- 21 surprising, given the administrative costs of organizing
- that coverage.
- 23 This is some survey data, and the question
- 24 asked is: What decisions are large employers likely to
- 25 make if the bad economic news continues? And this

- 1 basically, you can see here, it's somewhat likely, very
- likely. So, it's the purple and white bars that give
- you a sense of the direction that employers seem likely
- 4 to move should the economic downturn continue.
- 5 You see one thing that's not at all likely is
- 6 that the employers are going to drop coverage. Most of
- 7 them say that's very unlikely or perhaps only somewhat
- 8 likely, and you get up to two percent when you do that.
- 9 Restricting employee eligibility, somewhat more
- 10 likely response. The most likely response, of course,
- is to increase the amount employees pay, whether it's
- through cost sharing or through increasing the monthly
- paycheck deduction for premiums. I know that's a --
- that may sound like a nonsensical statement to the
- economists in the room, but in the short-term sense, at
- least, that's the idea.
- 17 Reduce the scope of benefits, also another
- 18 possible strategy, but it looks like there's a trend
- 19 toward greater financial burden by the employees for the
- 20 health insurance that employers are providing.
- There's another trend that's been noted a lot,
- and I think we don't really have good data to know
- 23 whether this is a trend or an aberration or a flash in
- the pan or what, is a trend towards so-called defined
- 25 contribution plans in health care.

L	Now, if you're talking about a so-called pure
2	defined contribution plan where the employer basically
3	says, I'm tired of worrying about your health insurance
1	arrangements, here's some money, go buy your own, I
5	don't think that anybody thinks that's a very likely
5	scenario. Certainly the surveyed employee benefits
7	managers weren't interested in that option.

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But you do see an interest reflected in the offerings of certain large health plans in MSA type coverage. That can take a variety of different forms that could or could not include flexible spending accounts for employees, but do include, certainly, higher deductibles, a more catastrophic insurance orientation, we're seeing some more of that.

Another sort of option is to provide employees with coverage that is simultaneously potentially broader, more flexible, but more shallow. What does this mean? Broader in the sense that employers in some cases are showing a willingness to cover more items, more items they've particularly been worried about moral hazard in connection with. Procedures that some people would consider optional or a dubious benefit.

The reason that they may be willing to do that is because where coverage is becoming more shallow, that is where there's more cost sharing or co-insurance or a

greater premium contribution on the part of the
employee, then the moral hazard problems tend to take
care of themselves. There's a sense that the employee
is paying for more of these questionable services if
indeed they're questionable, out of his own pocket, and
therefore the employer isn't taking the same degree of

risk that would otherwise be the case.

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Also a trend toward greater co-insurance as opposed to copayments. Again, the point here is that in a copayment situation, say you had a \$25 copayment for a physician visit, the consumer's indifference to the complete price that is charged the payer in a situation like that. Whereas if you have coinsurance, the consumer has an incentive to care about the overall price structure of the provider. So that if a consumer chooses to seek care through a relatively expensive network, then the consumer bears at least some of the consequences of that choice, whereas in a copayment arrangement, maybe the copayment varies a slight amount, but once that initial payment is made, the consumer doesn't have much of an incentive to worry about the cost structure that the health plan itself or the employer is facing.

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defined contribution or consumer-driven plans? If we

What are the policy trade-offs with these new

are going to have shallower coverage and more flexible 1 2. coverage and more choice where the consumers can go on the web and select benefits they want and select networks 3 4 they want, that immediately raises the specter of adverse 5 We get all the healthy people going to the selection. 6 thin coverage and all the sick people going to the thick coverage, and soon the thick coverage, the comprehensive 7 coverage becomes unsustainable.

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And of course that's a real obvious problem. Interestingly, though, and here let me credit Jamie Robinson, a very interesting discussion of these trends on the web, the Health Affairs webpage, there are trade-offs here, though. One of the advantages is to incentivize cost-conscious employee purchasing, and given the tax structure that we have, that may be a benefit that is worth having in some way, assuming we can find some way to muddle through.

Similarly, if you allow consumers to go on the web and pick from a range of networks, a range of benefits and mix and match, you're introducing an enormous amount of administrative complexity. Indeed, that complexity is also increased by the fact that you're seeing different gradations of copayments and coinsurance, depending on benefit selection in many cases.

1	How do you handle all that administrative
2	complexity? Doesn't that create all sorts of efficiency
3	problems? Isn't that confusing for consumers? Well, of
4	course it is, right? The trade-off there is, though,
5	greater consumer choice. So, similarly, diminished
6	cross subsidies, as you focus purchasing and focus price
7	selection, creates a problem, but it also creates an
8	opportunity for lower income consumers who aren't
9	covered in public programs to avoid having to purchase
10	so-called gold-plated coverage if that's not what they
11	want.
12	Finally, of course, as we all know, I suppose,
13	from the Rand Insurance Experiment a couple of decades
14	ago, cost sharing tends to discourage care that's needed
15	and unneeded, if it's not pretty carefully done. So,
16	there's an issue of diminished access here. But again,
17	Robinson argues that it's not entirely obvious what the
18	policy consequences of that are, and again, there's a
19	possibility to do something about an entitlement
20	mentality that has developed in our society about health
21	care spending and services. Some interesting food for
22	thought at the least.
23	All right, what about quality? What are we
24	doing about quality? Now this is a subject about which
25	certainly almost everybody in the room has heard

1 something in the past year or so. I want to talk about

1	We have the percentage of these are geographic
2	areas, basically. And what we would like to see in this
3	slide which deals with optimal treatment for heart
4	attack victims is that these four recommended
5	interventions that occur at discharge are occurring for
6	the vast majority of heart attack patients. These are
7	non-controversial interventions that anybody that's had
8	an acute heart attack should have.
9	All right. So, what we would like to see is
10	that 80 percent or more of the appropriate candidates,
11	in any given region, are getting appropriate care.
12	Well, what would that graph look like? That would be
13	four purple bars going all the way to the top, okay?
14	And we would like to see the green bars and the red bars
15	where it says, these are 60 to 80 percent are getting
16	appropriate care, 40 to 60 percent are getting
17	appropriate care, less than 40 percent are getting
18	appropriate care. We would like to see none of these
19	blue bars and lots of purple bars, okay?
20	Well, what do we see? Well, we see two we
21	see two things here. The first thing that we see is
22	lots of variation. Lots of variation across regions.
23	Right? These are geographically-based distributions,
24	and we see that if you live some places, there are a few
25	places in America where you might actually get beta

- of these little orange dots is in another one of these
- 2 geographic regions. Now, how many women between the
- 3 ages of 65 to 69 should have mammograms in a year? The
- 4 answer should be 100 percent, okay? So, the goal here
- 5 in terms of appropriate care for this slide is 100
- 6 percent.
- 7 The top rated geographic area shows that 50
- 8 percent were getting the one appropriate intervention.
- 9 The bottom rated, 12, 13 percent. Where is most of the
- 10 United States at the time this data is produced? Right
- down here in a pretty deplorable 20 to 40 percent range.
- 12 So, again, this is not a pretty picture.
- This I'm going to spend a little time on, this
- is the same song, third verse, and it's harder to
- explain, but basically what you see here is a big gap.
- 16 We should have 100 percent eye examination, hemoglobin
- 17 testing and blood lipids testing for diabetics. We're
- 18 seeing variation across regions on each of these scores.
- 19 and overall, a big gap in each of these interventions
- between where we should be, where we want to be, and
- 21 even where a benchmark HMO would be.
- So, this is a Medicare screening. The slide is
- not entirely visible, but I think you're beginning to
- get the point probably.
- Okay, what can we do? What can we do about

- 1 quality? Well, one thing we could do is decide we're
- 2 not spending enough, for example, in the Medicare
- 3 program, and raise costs. Now, my point in showing this
- 4 slide is not to suggest that Medicare spending is evil
- 5 or bad or anything like that, it's just to show that
- 6 it's possible to spend lots of money and not get very
- 7 much back from it.
- 8 So, what you see here is that Texas, for
- 9 example, Medicare spends lots of money on patients in Texas,
- per capita. See that? Now, at this time \$5,000 to \$6,000.
- 11 What's the quality rating for the care that they're getting
- 12 Texas Medicare recipients, down at the bottom? You're about
- 42, 43. Similarly, look at Minnesota, spending much
- lower, significantly lower, the quality indicator near
- 15 the top.
- 16 So, again, the point is not that Medicare
- 17 spending is bad, it's just that you have to be careful
- 18 to consider what it is that you're buying.
- I hesitated to bring this slide with me, but I'm
- 20 going to do that anyway. This slide is not intended to
- 21 show that physicians are bad either. Physicians are
- good, even orthopedic physicians and neurosurgeons are
- 23 good. I can walk today because of something good an
- 24 orthopedic physician did for me last year. But
- interestingly, if you notice there's a little trend

- 1 here.
- 2 Do you see this trend line? This is back
- 3 surgery rates, normalized where the U.S. is one, and
- 4 this is supply of orthopedic surgeons and neurosurgeons.
- 5 What does this tell you? Well, what are orthopedic
- 6 surgeons and neurosurgeons trained to do? Operate on
- 7 backs, right? So, what do they do? They operate on
- 8 backs. Does that mean all this care is inappropriate?
- 9 No. But it is suggestive that there might be other
- 10 things we might want to consider as we allocate these
- 11 resources. Is this back surgery effective? Is it cost
- 12 effective? Are we getting good outcomes?
- 13 Certainly this is not to suggest any sort of
- venal behavior on the part of the surgeons, the surgeons
- may not have good data as to what the health outcomes
- from these interventions are. It's a big problem. If
- 17 good data exists, it might be very hard for them to get
- 18 access to it. But it's an important point I think as we
- 19 go forward.
- Okay, quickly, challenges for competition
- 21 policymakers. Well, I've tried to organize these
- according to cost and coverage and quality, but
- 23 obviously there's some overlap there. One is market
- 24 structure. There are some intractable, or seemingly to
- us, intractable problems in the way health care markets

- 1 work that are challenges as we make competition policy.
- 2 The first is geography. If you live in Alabama
- 3 like I do, there's places where there's one hospital,
- 4 one doctor within shouting distance for each sort of
- 5 intervention you might want to have, and competition
- 6 seems like a difficult thing to implement. It doesn't
- 7 mean it's impossible, but it means that you might not be
- 8 able to have a one-size-fits-all strategy for the entire
- 9 United States.
- 10 Differentiated products. These are sort of
- 11 classic competition economics things. You don't have
- 12 perfect competition where you have differentiated
- products, or you have information problems. Well, all
- these things we have in health care. We have an aging
- population. When we're talking about costs, that's
- 16 important. We have technological growth at a rapid
- 17 rate. We have difficulties assessing that technology.
- 18 So, we've got some considerable cost drivers,
- and lots of the additional spending we may be faced with
- the choice of doing, lots of it will be very valuable.
- 21 So, we can't always presuppose that more spending is
- 22 bad, we have to sort of separate the wheat from the
- chaff and figure out how we're going to pay for it.
- 24 A second feature that affects our ability to use
- competition to control cost is the political structure.

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- 1 And here, let's just begin with the conflicting
- 2 expectations that we have of markets. We expect markets
- 3 to control cost for us, but we don't like it when they
- 4 eliminate the cross subsidies that allow hospitals, for
- 5 example, to provide things like indigent care. We
- 6 expect markets to control appropriate utilization, but
- 7 when a utilization reviewer makes somebody get out of
- 8 the hospital sooner than they wanted to, we don't like
- 9 that either.
- 10 We expect markets to rationalize our investment
- in health care facilities, and infrastructure, but we
- don't like it when local hospitals close and when
- providers, individual providers are dislocated or watch
- their economic situations change dramatically in the
- 15 course of months or years.
- 16 So, we live in a democracy. What are those
- 17 people who come out on the short end of this
 - reallocation do? Well,-24 TllIa 0 on do?orestoc (pr25 -24on0 whe

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- 1 unsustainable? The good thing about economically
- 2 unsustainable arrangements is they usually don't stay
- 3 sustained. So, maybe we don't have to worry about that
- 4 too much, but one of the dangers we can get into is
- 5 presupposing the final outcome of the market.
- Again, we've got vexing insurance problems, I've
- 7 alluded to some of those about adverse selection, and we
- 8 still don't do risk adjustment very well to solve that.
- 9 We don't have good technology to deal with that problem
- 10 yet. Maybe we're getting better at it, but it's not
- 11 good.
- 12 Finally, rewarding quality. I think there's a
- good argument that this is the biggest challenge markets
- 14 face right now. Why? Because quality affects costs,
- affects coverage, we've talked about already. There's
- 16 some big obstacles here. The first is just medical
- 17 uncertainty, right? We just don't have data about the
- 18 effectiveness of lots of the interventions that are
- 19 performed on a regular basis.
- So, how can you make a good decision if you
- don't have good data? Well, you have to guess, right?
- People are going to guess differently about those
- 23 things. It's hard to know which guesses are right and
- 24 which guesses are wrong, which is something we would
- like to know when we're talking about quality without

- 1 and accountability. And again, maybe that choice takes
- 2 place at the employer level, so that it's not
- 3 necessarily a disaster if consumers don't have a choice
- 4 of health plan everywhere they turn in their employment
- 5 situation. Of course I think most of us would feel
- 6 better if consumers had more choices on the ground
- 7 themselves.
- 8 All right. I don't want to be entirely
- 9 negative, I think one thing that you can say positive
- 10 about our situation, and I think the market deserves
- some credit for this, is out of the industrialized
- 12 countries, we are doing the best at investigating the
- 13 quality that we provide. I think one of the reasons for
- that is the people who are buying the quality. I think
- a lot of the large employers have done some helpful work
- on this, are insisting, are asking the question, what am
- 17 I getting for the amount of money I'm spending?
- 18 That's a very helpful question. To be sure
- 19 we've got an awful long way to go about answering that
- 20 question and about disseminating the answers to the
- 21 public in the form of usable information, but we've come
- a long way over the past ten years on that score, too.
- Who had heard of report -- whatever you think of health
- 24 plan report cards and their effectiveness, who had even
- 25 heard of one 15 or 20 years ago?

1	So, we are making strides. I think the
2	direction we're moving in is good. So, we see some
3	policy opportunities here. I think a critical area is
4	information flow. At the risk of inadvertently
5	offending somebody, I think our competition policy just
6	has to be hard on people who want to restrict the flow
7	of information about what they're doing.
8	I know there are good reasons to be careful with
9	the way information is presented, but when providers
10	don't want to see that information out there and they

- democracy, but one never knows.
- Our next speaker is Professor William Vogt, he
- 3 is an assistant professor of economics and public policy
- 4 at the Heinz School of Public Policy and Management at
- 5 Carnegie Mellon. He is also a fellow at the National
- 6 Bureau of Economics Research and he is spending -- last
- 7 but by no means least -- the year working here at the
- 8 Federal Trade Commission doing research in the Bureau of
- 9 Economics, and as soon as I get his presentation up, he
- 10 can come up and talk.
- 11 Bill?
- 12 MR. VOGT: I want to thank the Federal Trade
- 13 Commission for inviting me and David for all of his hard
- work organizing this conference.
- So, what I am going to be talking about today is
- 16 competition and antitrust in health care markets. So, I
- 17 should go on to my disclaimer that, the views that are
- 18 presented here are my own and don't necessarily
- 19 represent the views of any of the organizations that I
- am affiliated with, and in particular they do not
- 21 necessarily reflect the views of the FTC or any of its
- 22 commissioners.
- 23 So, what I am going to talk about today is I am
- 24 going to play to my comparative advantage and I am going
- 25 to talk about what does the economics literature have to

1	say about antitrust in health care. My presentation is
2	going to be based on a book chapter that I co-wrote with
3	a colleague of mine at Carnegie Mellon, Martin Gaynor,
4	the chapter is entitled Antitrust, and it's a chapter in

The Health Book of Health Economics.

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So, when I am doing a review of the academic literature, what I am going to talk about is naturally going to be a lagging indicator of the policy concerns of the moment. Both because the academic literature is a lagging indicator of the policy concerns of the moment because it takes a while to do academic research, and also because the chapter was written a little while ago, it was written in 1999, although I am going to try to update the material presented there where that's relevant.

health care antitrust is very hospital merger-centric.

Hospital mergers were a very hot issue in the '80s and the early '90s, and academics produced a vast profusion of work on that topic. That's mostly what I am going to talk to about today, because that's mostly what academics think they know something about.

It turns out that the academic literature on

However, there's also some work that's been done on HMO mergers, there's a little bit of work on monopsony and there's a little bit of work that's been

- done on vertical restraints and integration.
- 2 The first thing that I am going to talk about
- is hospital mergers. When a court or internally at the
- 4 FTC or the DOJ, when I do an analysis of a merger to see
- 5 whether that merger should be challenged or whether that merger should
- 6 be permitted to continue, they go through a fairly
- 7 routine set of steps in their analysis. The ultimate goal
- 8 of the analysis is to decide will this merger harm consumers, either by
- 9 increasing price, or reducing quality, or by
- 10 having some other affect adverse to consumers?
- 11 What they do when they analyze one of these
- mergers is the first thing they have to do is define
- 13 what market are these merging firms in. There are
- 14 two characteristics of the market that they want to
- 15 define.
- 16 The first is the product market: What do
- 17 these firms sell? Typically in a hospital merger case,
- 18 the product market that the firms are found to be in is
- 19 the market for in-patient hospital services. It's kind
- of an agglomeration of the hundreds and thousands of
- 21 kinds of treatment that the hospitals actually produce.
- The second thing that the antitrust agencies and
- 23 the court have to do is to determine what's the
- 24 geographical market for the service. If the geographical
- 25 market for hospital in-patient services were the entire

- 1 United States, then that would be 6,100 firms in that
- 2 market, and a merger between any two of them would
- 3 probably raise no antitrust concerns whatsoever.
- 4 So, the objective, then, is to draw a line
- 5 around the two merging hospitals and to determine how
- 6 big is the market and how many of those firm's potential
- 7 competitors should we count at competitors in thinking
- 8 about whether competition is going to be harmed. So,
- 9 the next step is the identification of competitors, that
- just amounts to looking inside the circle that's been
- 11 drawn. And then they calculate indexes of one kind or
- 12 another to try to determine how concentrated is the
- 13 market before the merger, how concentrated is the market
- 14 after the merger and does this change in concentration
- lead us to think that price will go up or quality will
- 16 go down?
- 17 Finally, the courts or the enforcement agencies
- 18 consider what other factors might mitigate or exacerbate
- 19 the exercise of market power and the harm to
- 20 competition. Typical things considered there are the
- 21 efficiencies defense. Often the firms argue, if you let
- us merge, we're going to realize huge cost savings,
- 23 those cost savings are going to be passed on to
- consumers so prices won't go up.
- 25 Another mitigating factor often considered is

- 1 entry. The firms might argue, look, maybe we could harm
- 2 consumers if we merged, but what's going to happen is as
- 3 soon as we try to harm consumers, some other firm is
- 4 going to enter, because that's going to provide them
- 5 with an opportunity to serve consumers better.
- 6 Another mitigating factor that's been brought up
- 7 in health care antitrust is the sort of the
- 8 not-for-profits defense, which is that the merging
- 9 hospitals say, yeah, maybe we can get market power by
- merging, maybe we could theoretically harm consumers
- 11 with this power that we get; however, we're
- 12 not-for-profit institutions, we care about the welfare
- of the community, and so we're not going to use any
- market power that we get to hurt consumers.
- So, this is to sort of set a framework for what
- 16 goes on in analyzing a merger so that I can then point
- 17 to which parts of that I think the academic literature
- has something to say about.
- 19 So, here's a list of hospital merger cases.
- They are more or less in reverse chronological order,
- 21 and I believe that the most recent ones. And as you can
- 22 see, and let me point out that the column winner does
- 23 not necessarily reflect the final disposition of the
- 24 case.
- In particular, the District Court's decision in

- 1 So I am giving you the typical reasons. The typical
- 2 reasons are geographic markets, product markets or this
- 3 not-for-profit defense.
- So, now, again, referring back to the slide two
- 5 slides ago, I talked about calculation of indexes of
- 6 competition. The most common index of competition
- 7 that's used, or that has been used in hospital merger
- 8 cases is something called the Herfindahl-Hirschman
- 9 Index. The Herfindahl-Hirschman Index is an index of
- 10 how concentrated a market is.
- The highest value the HHI can take is 10,000,
- and that would represent a monopoly, one single firm
- 13 controlling the market. The lowest value it can take is
- 14 zero, and that would present sort of textbook perfect
- 15 competition, so an infinite number of firms each with no
- 16 market share.
- 17 And the government has a benchmark for what
- 18 makes a market highly concentrated. So in highly
- 19 concentrated markets, the government would argue that
- one should be very suspicious of merger.
- 21 The government's threshold for a highly
- 22 concentrated market is an HHI of 1,800. So, what I want
- 23 you to take out of this slide is if you look in the post
- 24 HHI column, in essentially all of the markets that this
- 25 slide considers, the Herfindahl-Hirschman Index was high

- 1 enough that one would think that all of these mergers
- 2 should have been illegal.
- 3 The government lost in particular in the three
- 4 rows of the table in red. Now, I can't have entries in
- 5 this table for cases where the government lost on market
- 6 definition, because if the government lost on market
- 7 definition, then there isn't really a calculation of the
- 8 Herfindahl-Hirschman Index.
- 9 The Poplar Bluff case I've left in the table
- 10 because of the District Court level the government won
- on market definition, so I can calculate HHI, but then
- 12 at the Circuit Court level the government lost on market
- definition, so this disappeared.
- So, in the cases in red, the government lost,
- even though in all of those cases -- well, not in
- Joplin, but in the other two cases, the market was
- 17 highly concentrated and the merger caused a large
- 18 increase in the Herfindahl-Hirschman Index, in this
- 19 index of concentration.
- So, the reason the government lost, the most
- important reasons, the first is the not-for-profit
- 22 defense. In Grand Rapids, Joplin and the Augusta cases,
- the hospitals argued, look, we're not-for-profit
- organizations, if you let us merge, maybe we could get
- 25 market power, maybe we could harm consumers, but we

- 1 won't. And we won't because we have good motivations.
- 2 We don't want to harm consumers, we're not trying to
- 3 maximize profits, we're trying to serve the community.
- In the Grand Rapids case, the court also found
- 5 the efficiencies defense persuasive. In the
- 6 efficiencies defense, the hospitals argue, look, we're
- 7 going to merge, we're going to realize great cost
- 8 savings from this merger, and we're going to pass those
- 9 cost savings on to consumers, so actually we're going to
- 10 help consumers by merging.
- 11 Finally, all the other cases were on market
- definition, that was typically on geographic markets,
- 13 sometimes on product market.
- So, the things that economists have thought
- about, at least a little bit, that are relevant to this,
- is the question of are not-for-profits different?
- 17 There's actually a huge economic literature on whether or
- 18 not not-for-profits are different, and there's a pretty
- 19 large economic literature on the question of whether
- 20 not-for-profit hospitals are different from for-profit
- 21 hospitals.
- 22 Another point we believe, some research of
- 23 whether or not there are efficiencies, and there's
- 24 actually a pretty big literature on the question of
- what's the right size for a hospital, does making a

- 1 hospital bigger actually reduce costs per case, and so
- 2 on.
- 3 There's a large literature asking the question
- 4 is it the case that when a hospital market is more
- 5 concentrated, prices are higher? There's also
- 6 literature on whether hospital prices rise after a
- 7 merger.
- 8 Okay. So now I'm going to talk about
- 9 not-for-profit status. Well, the question of whether or
- not not-for-profits are different is, as I mentioned,
- 11 actually very well studied in economics. There's a very
- 12 good chapter, again in the health book Handbook of
- 13 Health Economics by Frank Sloan in which he basically
- analyzes this literature about whether not-for-profit
- hospitals are different from for-profit hospitals.
- 16 So, the questions that we might want to ask
- ourselves about not-for-profit hospitals is first of all
- 18 just the general question of is it the case that
- 19 not-for-profit organizations which provide outputs in a
- 20 goods market actually behave differently from for-profit
- 21 organizations at all.
- Suppose the answer to that question were to be
- yes. That still wouldn't be enough to justify the
- 24 not-for-profit defense because we would still want to
- know, well, is that difference in behavior relevant for

- 1 antitrust purposes? So, maybe these not-for-profit
- 2 organizations do behave differently from for-profit
- 3 organizations, maybe they like to generate profits and
- 4 then spend it on high-tech medical equipment or they
- 5 like to generate profits in order to fund lots of
- 6 charity care and so on and so forth.
- 7 For those kinds of motivations, it probably is
- 8 not the case that the differences in motivation between
- 9 for-profits and not-for-profit organizations would be
- 10 relevant from an antitrust perspective because still, if
- 11 the not-for-profits merged, they would have an incentive
- to jack up the prices on the people who can pay in order
- to get this fund of money to spend on all the nice
- things that they like to spend money on.
- So, the difference between not-for-profits
- 16 and for-profits has to be such a difference that it makes
- 17 them want to pass on any savings to consumers, and it makes
- 18 them want to not jack up prices on people who can't pay.
- 19 First on the general question. As I
- said, there's a pretty big literature on this, and Frank
- 21 Sloan reviews it very ably. He goes through all of
- these different points on how might the behavior of
- 23 not-for-profits and for-profits differ. One thing
- you might think is that costs might be different between
- 25 not-for-profits and for-profit organizations, and there

- are lots of reasons to think costs might be different.
- 2 You might think that not-for-profits, not having the
- discipline of stockholders and the potential for
- 4 takeovers and so on, might become lax and inefficient
- 5 and have high costs.
- 6 On the other hand, you might think that because
- 7 not-for-profits often have access to debt financing at
- 8 tax advantaged rates, then maybe they should have lower
- 9 costs than for-profit hospitals.
- The literature on this point basically says that
- 11 there isn't a difference, or at least there isn't a
- detectable difference in costs for for-profit and
- not-for-profit hospitals, they're very similar. The
- same thing is true for pricing. Perhaps there's some
- evidence that not-for-profits charge a slightly lower
- price than for-profits, but the evidence is decidedly
- 17 mixed on pricing as well.
- 18 So, the place that you might really believe that
- 19 there would be a difference is in charity care.
- 20 Not-for-profits invariably in their mission statements
- 21 claim that charity care is one of their missions, and of
- course for-profits don't have charity care for one of
- 23 their missions. They may do it because they're required
- to do it, but certainly it doesn't enhance the bottom
- 25 line.

- But, even in this case, the literature is
- 2 reasonably clear that the not for-profits don't provide
- 3 very much more charity care, if more charity care at
- 4 all. In fact, what small difference there is in charity
- 5 care is accounted for by the location of the
- 6 not-for-profit hospitals.
- 7 So, for-profits and not-for-profits located in
- 8 similar markets, in similar places, provide the same
- 9 amount of charity care. It's just that not-for-profits
- 10 tend to locate more often in central cities where
- 11 there's more charity care to be done. So, in fact, the
- behavioral difference in charity care is very small or
- 13 nonexistence.
- 14 Similar things are true with technology. It is
- the case in general that not-for-profit hospitals are
- larger than for-profit hospitals, they treat more
- 17 patients in average, they have more beds on average, and
- 18 so on. But if you control for the size of the hospital,
- 19 it's not the case that not-for-profit hospitals are more
- or less technologically advanced than for-profit
- 21 hospitals in general.
- 22 Again, for all of these points, I am
- 23 generalizing over a large literature, so there are
- 24 likely to be particular findings in particular studies
- where what I am saying isn't exactly true. I'm talking

- about sort of the broad pattern of evidence.
- 2 Again, the same thing is true for quality.
- 3 There aren't any detectable quality differences in terms
- of, say, mortality between for-profit and not-for-profit
- 5 hospitals.
- 6 A final source of evidence that you might look
- 7 to is it makes the news quite a bit that many hospitals
- 8 throughout the '90s, in particular, were switching
- 9 ownership status from not-for-profit to for-profit or
- 10 from for-profit to not-for-profit. There are actually
- 11 quite a few switches in each direction. It is the case
- 12 that switching status, either from for-profit to
- 13 not-for-profit or not-for-profit to for-profit does
- change outcomes you might be interested in. Prices,
- 15 cost, profits and so on, but it seems to be the
- 16 conversion itself that causes the change and not the
- 17 ownership status.
- 18 So, a hospital changing from not-for-profit to
- 19 for-profit looks about the same in terms of its changes
- as a hospital changing from for-profit to
- 21 not-for-profit.
- 22 Finally, the evidence from other sectors of the
- 23 economy where not-for-profits and for-profits compete in
- 24 good-producing sectors, and from other countries as
- well, is that the critical factor is not the ownership

- of the institution, the critical factor is how
- 2 competitive is the market?
- Monopolies, whether they're for-profit,
- 4 not-for-profit or government-owned, tend to be lax about
- 5 cost, not innovating, whereas institutions in highly
- 6 competitive markets tend to have low prices, low costs
- 7 and so on. The ownership status is not nearly so
- 8 important as the competitiveness of the market that it's
- 9 in.
- 10 Pricing and competition I am going to talk
- 11 about a little later. So, let's go on to talk about
- 12 efficiencies. The question that's usually posed in
- terms of efficiencies are whether there are what's
- called economies of scale. Remember these hospitals
- are claiming in their efficiencies defense, all right,
- 16 we're going to merge, we're going to save lots of money
- and we're going to pass on the money to consumers.
- 18 The way that this is addressed in the
- 19 economics literature is the economists have looked at
- 20 hospitals of different sizes, and asked: Do the big ones
- 21 have a lower cost per case than the little ones? If so,
- that's evidence that being big saves money.
- 23 Well, there are two problems with using that
- 24 literature that answers the efficiencies defense
- 25 question. One is that when two small hospitals merge,

- 1 it's not clear that what they make is one big hospital,
- 2 because they often keep both campuses of the hospitals
- 3 open, so no one achieves the kind of integration that
- 4 you might expect to lead to these economies of scale.
- 5 The second problem with that literature is that
- if cost per case goes down, that doesn't necessarily
- 7 tell you that the savings are going to be passed on to
- 8 consumers. Even if you ignore that first problem, the
- 9 fact that costs are going down doesn't mean that the
- 10 consumers are going to save money, it means the costs
- 11 are lower.
- With that being said, there's a pretty large
- literature on this question of hospitals, and again that
- literature compares big hospitals to little hospitals
- and looks at cost per case. What this literature
- 16 basically says is that I think a fair summary of this
- 17 literature is that it's all over the place. But if
- 18 we're willing to be very broad-minded about what
- 19 patterns we want to draw out of this literature, it's
- 20 probably the case that there aren't very large scale
- 21 economies above about 200 beds.
- 22 So there's an older literature and a newer
- 23 literature, but both are about the same. There's one,
- 24 at least is I see it, big problem with this literature,
- which is that there are usually not very good controls

- for case mix. So, let's take my broad-minded summary as
- given. Let's suppose costs per case are exactly the
- 3 same at little hospitals and big hospitals. Or at least
- 4 as long as they're bigger than 200 beds.
- Well, if it's the case that big hospitals tend
- 6 to treat sicker patients, and lots of people think that
- 7 is the case, then the fact that they have the same cost
- 8 per case, little hospitals and big hospitals, actually
- 9 says that there are economies of scale. That big
- 10 hospitals are cheaper and they only look like they cost
- about the same because their patients are sicker.
- 12 And there is some recent work examining this,
- somewhat obliquely, which basically says that that is a
- 14 big deal. That if you omit these important variables
- like case mix, that biases greatly your measure of scale
- 16 economies.
- 17 So, I'm going to go back to my previous point,
- 18 which is it's often the case that these hospitals don't
- 19 actually combine their campuses, they keep their
- 20 campuses separate. So, their efficiencies defense tends
- 21 to rely on things like, well, we're going to integrate
- our laundry services and we're going to eliminate our
- 23 administrative services and that's where all the savings
- are going to come from. This isn't the case, by the
- 25 way, in every hospital merger, but most of the time this

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- 1 is what the efficiencies defense looks like.
- 2 There's a paper addressing exactly this
- question, which is, okay, let's not look at overall
- 4 scale economies, let's just look at scale economies in
- 5 laundry and administrative expenses and so on.
- 6 Interestingly enough, that paper comes to exactly the
- 7 same conclusion that the broad-minded summary of the
- 8 overall literature comes to, which is that there are
- 9 some scale economies but they're mostly gone by about
- 10 200 beds. Once you get up above 200 beds, there
- 11 aren't any scale economies left to be had.
- 12 On the related question of do mergers raise
- prices, there are two paradigms for addressing that
- 14 question. One is called the structure conduct
- 15 performance paradigm. The structure conduct performance

- 1 hospitals merge and we look at before and after and see
- 2 how the prices moved compared to some control group
- 3 somewhere where there was no merger. Let me start with structure
- 4 conduct performance studies. There are a very large number of these
- 5 studies, there are two slides worth. And let me talk about how the
- 6 price effects in these tables are calculated.
- 7 What we did was to take a large bunch of
- 8 studies and to ask the same question of every study,
 - which is let's imagine that there is a market with five

- 1 case that most of the empirical basis is California.
- Now, there are a couple of interesting patterns
- 3 in these two tables. The first is that in general the
- 4 California studies show bigger price effects than the
- 5 studies in other places. So this Michigan study
- 6 actually showed a price decline from the merger and this
- 7 study of Indiana showed a very small price effect, and
- 8 note the study of the entire U.S. showed a negative
- 9 price effect.
- In general, the California results show a
- bigger merger effect than the results from other places.
- 12 It's also the case that these studies tend to show that
- the price effects are bigger in more recent years. So,
- 14 hospital mergers look more and more like what we think
- of as normal markets, as normal mergers in more recent
- 16 years.
- 17 And what both of those points might make you
- 18 think is that managed care is important. California has
- 19 higher managed care penetration than the rest of the
- 20 country, and it's the case that managed care penetration
- 21 has been going up over time. So, maybe the fact that
- 22 more recent data in California data give you a bigger
- 23 effect is because managed care is somehow important.
- You might think that's important because managed care organizations tend to ecel

- 1 price discounts, and so should make competition more
- 2 important.
- 3 There are a couple of studies that find exactly
- 4 that. Where managed care penetration is higher, there
- 5 are lower costs, lower prices, and when managed care
- 6 penetration is higher, the association between price and
- 7 concentration is stronger. Managed care organizations
- 8 do a better job of playing competitors off against one
- 9 another than non-managed care payers.
- 10 So, let me go back to this other question of
- other not-for-profit differences. There are a few
- 12 studies that break out the effects of the standardized
- merger between for-profit organizations and
- 14 not-for-profit organizations. In general, there's a
- finding of larger effects for for-profits, but with the
- 16 exception of a couple of studies by Bill Lynk, in
- 17 general, the not-for-profit mergers also cause price
- increases.
- 19 So, it's hard to just generalize greatly based
- on five studies where the vote is three to two, but
- there's more evidence that not-for-profits are the same
- than there is that not-for-profits are different.
- 23 Another place that you might think consumers
- 24 might be harmed by merger is in quality. There is
- some literature on the relationship between

- 1 concentration and quality. There's an early literature
- 2 from the '80s which is called The Medical Arms Race
- 3 Literature, and the idea of this literature is, let's
- 4 see whether or not hospitals compete on quality
- 5 dimensions.
- 6 This literature look at things like are costs higher
- 7 where there are more competitors, that being some kind
- 8 of indication of the hospitals spending more on quality.
- 9 Or are there more high-tech services in markets where
- there are more competitors? Again, some kind of
 - showvspmomaswo25 -24seltwohpaper43showr Tj.525 eres are competi5 n

- 1 Industrial Economics and there are a couple of papers by
- Connor, Feldman, Dowd & Radcliff. We'll talk about the
- 3 first two first.
- 4 The Vita study and the Krishnon study, the
- 5 methodology of all these studies is the same, they
- 6 identify the mergers and look at how was price moving
 - begers4the 61,ok at how was price moaftertudy, the 46

- 1 Herfindahl-Hirschman Index goes up.
- 2 So, I think one interpretation of their
- findings, and an interpretation that I don't think they
- 4 would be terribly distressed about, is that a lot of
- 5 these mergers went back to the failing firm mergers.
- 6 There were a bunch of firms that were going to fail,
- 7 some of them merged and some of them didn't. In markets
- 8 where they didn't, the Herfindahl-Hirschman went up
- 9 because the firms failed, and in the markets where they
- 10 did, the Herfindahl-Hirschman went up because of the
- 11 merger.
- There is also a small literature on HMO mergers, looking at HMO mergers between '85 and '93 in papers like Christianson,

1	And those plans could fail in two ways: They
2	could fail by going out of business or they could fail
3	by being taken over by some other HMO's plan. And what
4	they did is look across states at the aggressiveness of
5	antimerger regulations. And they found that in states
б	with very aggressive antimerger regulations, mostly HMOs
7	fail. In states with not very aggressive antimerger
8	regulations, most of the HMOs were acquired. So that
9	most of the mergers that were going on at this time
10	period in their data, I think, are mergers of a failing
11	firm. So, it isn't particularly surprising that there
12	isn't a big competitive impact with that.
13	Monopsony. There's a relatively small
14	literature on monopsony power, and monopsony is sort of
15	the opposite of monopoly power. Monopoly power the idea
16	is that monopolists can jack up prices for a service
17	that it sells. In monopsony power the idea is that a
18	big buyer can jack down prices for a service that it
19	buys.
20	So, there is a fair sized literature with, I
21	think, actually, pretty serious problems, so I wouldn't
22	put a whole lot of stock in the development of this
23	literature, which basically says that hospitals that
24	have a higher share of their patients from Blue
25	Cross/Blue Shield give Blue Cross/Blue Shield a bigger

- 1 discount.
- 2 Again, there's a small literature on bilateral
- 3 monopoly. It has been argued that given that the payer
- 4 side is highly concentrated, it might be a good idea to let the
- 5 provider is htds 7e highly concentrated, so that both
- 6 sides hav htargaining power and theirhtargaining power
- 7 can balance off against one another.
- Again, this literature isn't especially
- 9 strong or large, however there is this one study by
- 10 Melnick in 1992, again, about Blue Cross/Blue Shield
- 11 which finds that hospitals that hav ha high share of
- theirhpatients coming from Blue Cross/Blue Shield get
- lower prices, but hospitals which provideha high
- proportion of Blue Cross/Blue Shield's care in a
- 15 particular market area get higher prices. And the idea
- 16 is that maybe the first bullet point is a measure of
- 17 Blue Cross/Blue Shield's power pushing down prices and
- 18 sds nd is -- sorry, the third is a measure of the
- 19 hospital's power pushing up prices.
- 20 Finally, vertical restraints in integration.
- 21 There hav hteen two kinds of vertical restraints
- 22 which hav hteen studied at all in health care cases, and
- the literature here is very, very thin. First most favored nation
- 24 clauses, and then physician hospital organizations.
- Let 7e tell you what a most favored nation

1 clause is. One contractual form that you can have

2 is that the buyer of a service negotiates with the

3 seller and says, okay, let's agree on a price. They

agree on a price, and then the buyer says, oh, but by

5 the way, if you sell to any other buyer at a price lower

than this, I want the lower price. If the seller agrees

to that, that's called a most favored nation clause.

8 There's sort of a reason, and at first blush, of

course, you might think, well, that's no problem at all

10 for competition, because that's just ensuring that

everyone is getting the low price and isn't that what

markets are supposed to do, deliver on the low price?

13 But that contract term does create incentives for conduct that

14 undermines competition by the seller.

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15 If you think about the seller that signed a

16 most favored nation contract, and they are now going to

17 negotiate with another buyer, and that buyer is trying

to push down their price. When they think about their

19 incentive to cut their price to that new buyer, that

incentive is blunted by the fact that if they cut their

21 price to the new buyer, they have to cut their price to

the old buyer, too. So, their loss and profits from the

23 lower price is much larger than it would be absent the

most favored nation clause and that gives them incentive

25 to keep their price higher.

All right. So, there's one paper that I know of about this, which is that effective in 1991, Congress passed the law in 1990, Congress imposed essentially a most favored nation clause for drugs for the Medicaid program. Actually the law is much more complicated than that, but one of the things they did is create a most favored nation clause.

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Now, if it's the case that most favored nation clauses increase the price, then we ought to see the price of pharmaceuticals going up in the aftermath of this, and that's roughly what happened. So, there is a paper in the Rand Journal of Economics which found that there is about a four percent price increase caused by this most favored nation clause.

Finally, there's a working paper about the integration of physicians with hospitals. The kind of things they're interested in are physician hospital organizations and in particular they're interested in physician hospital organizations that are exclusive. So, these are agreements in which the physicians say, we're not going to practice at any hospital except yours.

Again, there are two sides to these regulations, one side which is sort of the old Chicago School way of thinking about this stuff is that, well,

- 1 that's got to be a good thing. It must be the case that
- there are efficiencies to be had from coordination. In
- fact, in this case, there are reasons to believe that.
- 4 You would think that you might save on duplicative tests
- 5 and other things by having the physician in the hospital
- 6 integrated.
- 7 On the other hand, when one hospital in a market
- 8 locks up a group of physicians, that means those physiciansght s case, 3
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1	There's also some evidence, however, that there
2	is an increase in quality caused by these physician/
3	hospital organizations. So, it isn't a slam dunk that
4	these things are anticompetitive, there are two things
5	going on, quality goes up and price goes up.
6	So what are the conclusions from the academic
7	literature? There's a robust relationship between price
8	and concentration. More concentrated markets have
9	higher prices. That's especially true when there's a
10	lot of managed care penetration.
11	There's mixed evidence on efficiencies. It may
12	be the case that big hospitals are cheaper, it may not.
13	I don't want to overplay the last point, but in
14	my view, the balance of the evidence is that
15	not-for-profits are not different from for-profits.
16	Not-for-profit hospitals are not different from
17	for-profits in antitrust relevant ways, but that
18	literature is by no means settled and it could happen

I think that is all that we have. No, I don't.

that my conclusion would change tomorrow.

There is also some small evidence of HMO mergers. There's a little bit of evidence of a price concentration relationship among HMOs, not as strong as for hospitals, and there's some evidence both of efficiencies and from price increases from mergers.

- 1 There is also some evidence of scale economies,
- 2 but this is based on a pretty narrow empirical base and
- 3 I wouldn't want to be too aggressive in conclusions from
- 4 it.
- Finally, based on a very, very weak empirical
- base, one paper each, there is some evidence that most
- favored nations, so this is vertical restraints, there's
- 8 some evidence that most favorite nations clauses
- 9 increase prices and there is some evidence that tight
- 10 vertical integration increases prices.
- 11 Finally, on monopsony -- well, on monopsony,
- 12 evidence is especially weak, but there is some evidence
- that insurance plan market power causes lower prices for
- 14 providers.
- Thank you.
- 16 (Applause.)
- 17 MR. HYMAN: Thank you, Bill.
- 18 I think we're going to try and keep going with
- 19 the hope that we'll stay on time between now and lunch.
- Next up is Cara Lesser from the Center for
- 21 Studying Health System Change. That takes us from the
- 22 macro or 10,000 feet perspective to the micro
- 23 12-community perspective. Those of you who are like me
- on the mailing list for the center, every week or so
- we'll find something new in your mailbox and even more

- 1 frequently on their website. We are very lucky to
- 2 have Cara who is the project director for the 12-city
- 3 study here to talk about some of the results and recent
- 4 developments in health care markets, and the policy
- 5 implications for competition law and policy.
- 6 Cara?
- 7 MS. LESSER: Thank you.
- 8 Well, as David said, I am going to take us down
- 9 a little bit to a ground level perspective of what's
- 10 happening in local health care markets across the
- 11 country based on work we've been doing in the field
- 12 since 1996.
- 13 Let me just start by giving you an overview of
- the major points I want to make today. First, to
- provide some further context for today and tomorrow's
- 16 discussions, I want to highlight what we see as the two
- 17 major trends shaping health care markets over the past
- 18 several years, and that is the rapid ascent and
- 19 subsequent retreat from tightly managed care and then
- the second is consolidation.
- 21 Together, these trends have had really visible
- 22 effects on local market dynamics and on health care cost
- trends, and I am going to talk about those effects more
- 24 specifically. And finally, based on these observations,
- I want to highlight what we've learned in terms of

- 1 competition in local health care markets and leave you
- with some thoughts about where we think we're headed in
- 3 the near future.
- 4 Before launching into this discussion, let me
- 5 just step back for a minute and give you some background
- on my organization, the Center for Studying Health
- 7 System Change. HSC was established by the Robert Wood
- 8 Johnson Foundation in 1995, just on the heels of the
- 9 demise of the Clinton health reform effort, as it became
- 10 really clear that we were embarking on significant

- 1 care is local. We defined our communities based on MSAs
- 2 as defined by the Bureau of Economic Analysis, and this
- 3 allows us to have a consistent measure of a geographic
- 4 market over time.
- 5 Obviously this is somewhat different from how
- 6 actors in the industry may define their geographic
- 7 market at different times, but this allows us to have
- 8 consistency from year to year.
- 9 In some cases, the market area is somewhat
- 10 broader than market actors would describe it, in other
- 11 cases there are some clear geographic submarkets within
- our MSA definition of the community.
- We have multiple ways that we collect data in
- these communities. We conduct surveys of households,
- 15 physicians and employers, and we also conduct site
- 16 visits every two years. I should back up and say that
- 17 we have a total of 60 communities that were selected,
- 18 they were randomly selected to be nationally
- 19 representative. So, while we do have this local focus,
- 20 we also have the opportunity to aggregate up our
- 21 findings and talk about national trends.
- 22 Our site visits are conducted in a subset of 12
- of the 60 communities that also were randomly selected,
- and those represent a population of 200,000 or more. In
- 25 the site visits, we interview anywhere from 50 to over

in shifting their employees into managed care options,

and there was rapid enrollment growth in HMOs and PPOs.

3 This set off a wave of change in health systems

4 across the country, based on the real or expected growth

of tightly managed care arrangements. Throughout the

6 industry, there was the expectation of increased

7 reliance and selective provider networks. That would

8 allow plans to drive business to more efficient

9 providers. In this context, providers proved very

10 willing to accept often steep discounts in exchange for

11 volume. Or promises of volume I should say.

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defensive.

There was increased use of gatekeepers and prior authorization requirements to control utilization, and expected growth of capitated payment to give providers greater financial incentives to managed care. So, the combination of these factors gave health plans tremendous leverage and really put providers on the

So, take two, not too much farther down the road, by the late 1990s, managed care experienced an abrupt reversal of fortune, as really intense consumer backlash against managed care took hold. This coincided with a time of great economic boom, so a real contrast to the time when managed care was in ascendance, and also incredibly strong tight labor market that made

- the focus there was really on more of this cross-market,
- 2 cross-geographic market concentration or consolidation
- 3 as opposed to the consolidation within markets that
- 4 hospitals were experiencing.
- 5 So, let me go into each of these in a bit more
- 6 detail. As we heard about just before, there was
- 7 extensive merger activity in the early to mid-1990s. In
- 8 the time period of just 1994 to 1997, there were 700
- 9 hospital mergers reported during that three-year period.
- 10 Although at the time, there was a great deal of
- 11 attention to the growth of for-profit hospital chains,
- such as Columbia HCA, really the majority of hospital
- mergers that occurred during this period involved local,
- 14 not-for-profit hospitals merging with one another.
- 15 Often these mergers involved leading hospitals
- in the community and hospitals of considerable size, of
- 17 400 or 500, sometimes even a 800 or 900 bed hospitals
- 18 merging with one another. In some cases, the mergers
- 19 involved one hospital being absorbed by another in a
- true sort of takeover model. So, for example, that's
- 21 what we saw in Lansing, one of the communities we track
- 22 where Sparrow Health System absorbed St. Lawrence
- Hospital and they became a merged entity.
- In many other cases, we saw mergers of equals,
- 25 where two hospitals were consolidated under a single

- 1 system, but really retained their underlying identities.
- 2 This was a really common strategy for the academic
- 3 medical centers, in particular.
- So, for example, in Boston, this was how
- 5 Massachusetts General Hospital merged with Brigham &
- 6 Women's and they performed a partners health care
- 7 system, but both Massachusetts General and Brigham &
- 8 Women's remain as independent entities.
- 9 The same in Indianapolis, Indiana University
- 10 Hospital and Methodist Hospitals merged to form the
- 11 Clarion system, but still remain as two independent
- 12 entities.
- Regardless of those differences, we found that
- 14 hospital mergers were driven by two primary goals: The
- first was to streamline operations in order to survive
- 16 the discounts under managed care, and the second was to
- 17 improve leverage in negotiations with health plans.
- 18 Tracking the hospital mergers in our sites, and
- 19 we saw mergers in ten of the 12 sites in our first round
- out, we saw results pretty similar to what you heard
- 21 described from the literature. There was extensive
- administrative consolidation in the majority of the
- 23 mergers that we observed. That really did yield some
- 24 significant up-front savings, but those savings also
- 25 were offset to some degree by the added costs associated

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- 1 with the system-level administration that was required.
- So, for example, one system reported \$160
- 3 million savings in the first three years after their
- 4 merger, but then have estimated \$50 to \$60 million costs
- 5 annually just for the system costs. So, there's a
- 6 trade-off there.
- 7 While there was extensive consolidation of the
- 8 administrative services, such as purchasing and finance,
- 9 there really was very little consolidation of clinical
- 10 services or of capacity. In general, this was a period
- of downsizing for the hospital sector, but we found it
- was not common to see greater downsizing as a result of
- the mergers in these cases. In fact, it was just as
- common to see expansions of services and expansions of
- 15 capacity to take advantage of the geographic breadth in
- the merger partners brought them.
- 17 So, despite limited consolidation in terms of
- 25 sTlycwas fy-hile there 2 was izing as a result betwee 5 1996 (17) 2000 Tjo4

- 1 estimates that the two major systems there, the
- 2 Cleveland Clinic and University Hospitals and Health
- 3 System now account for just under 70 percent of the beds
- 4 in the total Cleveland area.
- 5 While there's been substantial consolidation on
- 6 the hospital side, as I said, there's really been
- 7 relatively little consolidation on the part of

1	These groups, which we've really been seeing
2	develop across the country, are motivated by two goals:
3	One is to attain the scale necessary to purchase
4	technology and facilities that allow the physicians to
5	supplement their professional fees with profitable
6	revenue from these other sources. The second goal,
7	again, is to increase leverage with health plans. In
8	fact, many groups are finding that they can achieve
9	considerable leverage without that many physicians,
10	especially in a single specialty group. Particularly if
11	those physicians represent a sizeable portion of the
12	market in that area or a sizeable portion of the market
13	for that geographic submarket.
14	Single specialty groups also avoid the conflict
15	of income distribution within the group that
16	multispecialty groups really struggle with. So, this is
17	a much more attractive option for physicians in the
18	field today.
19	The other major way that physicians attempted to
20	consolidate during the early managed care year was
21	through PHOs and IPAs and contracting entities of that
22	sort. These organizations really were established to
23	facilitate risk contracting and to help improve
24	physicians' leverage in those negotiations. But as
25	plans move away from risk-based payment, the mechanism

- 1 by which physicians can really rely on these
- 2 organizations to help them increase their leverage, that
- 3 mechanism is undercut. So, these organizations, there
- 4 still are many that exist, but they really have been
- 5 devalued in the current environment.
- 6 Finally, turning to health plans, local health
- 7 insurance markets were already concentrated in 1996 when
- 8 we began the community tracking study. In fact, an
- 9 analysis that was based on our initial round of site
- 10 visits found that looking across all product types, so
- 11 I'm including HMO, PPO and indemnity products, that nine
- of the 12 sites were considered concentrated at that
- 13 time.

- 1 entrants to really gain a significant foothold.
- In some cases, market share became concentrated
- 3 even further as these plans that attempted entry
- 4 ultimately exited the market or provider-sponsored plans
- 5 which some hospitals got into this business exited that
- 6 market. So, there was some continuing concentration,
- 7 but really despite some ups and downs, it was those
- 8 long-standing dominant plans that remained in place and
- 9 continue today.
- 10 Let me flip to the graphic here. This graph
- 11 shows HMO concentration and how it's changed between
- 12 1997 and 2001 using interstudy data. A shortcoming here
- is that this graph shows only HMO enrollment, which of
- course is just one segment of the health insurance
- market and one that may be declining in importance, but
- 16 the problem is there really is no reliable data on PPO
- 17 enrollment at the local market level. So, this is the
- 18 best that we can do in terms of looking at how
- 19 concentration of managed care products has changed over
- 20 time.
- So, unlike the graph of hospital concentration,
- you can see that there is no clear direction of change
- in HMO concentration across markets during this period.
- 24 Market share became less concentrated or remained
- essentially unchanged in as many markets as it

1 minimizing the problems associated with entering new

2 markets that national plans experience such as the

difficulty of establishing local provider networks, the

4 local sales force and things that really remained very

5 local in nature.

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By acquiring the often dominant local Blues

Plans, the Anthems and the Well Points of the world have

found this strategy to skirt the diseconomies of scales

associated with entering new markets and have avoided

this difficulty of establishing a stronghold in new

areas.

So, what have these trends meant for the workings of health care markets? As I said at the beginning, there really have been some very visible effects of these changes on health care market dynamics. First, the concentration from tightly managed care and the effects of increased concentration in the hospital market have increased provider leverage and given rise to this growing phenomenon of contract showdowns between plans and providers, as providers push for increased payment and better contract terms across the country.

Hospitals in particular are adopting the strategy of terminate and then negotiate, and this tactic is really threatening continuity of care for hundreds of thousands of consumers in these communities.

One of the most vivid examples we saw in the communities
that we track was in Boston when there was a contract
dispute between Partners Health Care System and Tufts
Health Plan, and Partners threatened to terminate its
contract with Tufts, and this would have affected over
100,000 Tufts members who relied on either one of the

hospitals in the Partners Health System or one of the

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4,000 physicians that were affiliated with Partners.

So, this created a great deal of consternation in the market, as I'm sure you can imagine. Ultimately local employers and the state attorney general stepped in and the dispute was settled with Tufts giving Partners sizeable rate increases.

The second major effect of these trends that we've seen in markets is the revival of this medical arms race mentality that was mentioned earlier. As hospitals shift back to a retail rather than a wholesale strategy of competing for patients through managed care contracts, they returned to competing for patients by adding attractive services, adding these amenities, and focusing on competing for the revenue-generating services.

This has really led to a proliferation of specialty hospitals, stand-alone surgery centers, centers of excellence and so forth throughout the

- 1 country. There's a great deal of mimicking behavior
- 2 going on in individual communities.
- 3 So, for example, in Indianapolis, there are now
- 4 four new heart hospitals under construction and
- 5 scheduled to come online within the next couple of
- 6 years. Some of this activity has been driven by single
- 7 specialty groups, either on their own or with the
- 8 backing of national firms such as Med Cath that have
- 9 sought to establish these niche facilities that
- 10 specialize in profitable procedures without the drain of
- the less profitable care like emergency care or
- 12 uncompensated care.
- This leaves traditional acute care hospitals in
- a real bind. Either they have to compete for these
- patients and these physicians, or they stand to lose
- 16 this important source of revenue. So, this phenomenon
- 17 has really instigated increased joint venture activity
- 18 around these specialty centers as a way to keep the
- 19 physicians loyal to the traditional hospitals in the
- 20 community.
- 21 Finally, as was discussed earlier, the market
- trends that we've seen have had really visible effects
- 23 on underlying health care costs again today. We
- 24 actually track health care costs on an annual basis, and
- our latest report is coming out later this month in

- 1 Health Affairs, but I can preview it for you today just
- 2 by saying that there have been significant increases in
- 3 underlying costs again in 2001, and we are reaching

across multiple actors, that there are real limits to

2 that. In addition, there are limits to how far we want

3 to go with health care markets, given that health care

4 is ultimately a public good. So, as a result, the

degree of competition in health care markets really

6 needs to be assessed within this unique context and it

7 might be quite different, and probably is, quite

8 different from markets in other industries. This

9 doesn't mean that there shouldn't be attention to making

10 health care markets more competitive, but this needs to

11 occur with recognition of the trade-offs that are

12 associated with this goal and with the close examination

of the factors that contribute to competition in health

14 care.

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So, for example, one of the things that we've observed from our work tracking markets is that ease of entry may actually be changing or may be different from conventional wisdom. On the one hand, the growth of these single specialty hospitals may be a sign that the hospital market actually may have less significant

21 barriers to entry than long believed.

To the extent that these hospitals can come into the market and by virtue of focusing on a narrower set of services, they have the potential to provide higher quality of care at lower costs. And in that respect,

- they can create procompetitive pressure for the delivery of these special services.
- But the trade-off is that as traditional acute
- 4 care hospitals rush to compete with these new entities,
- 5 it becomes more difficult for them to cross-subsidize
- 6 other essential yet lower margin services such as
- 7 emergency care or uncompensated care. So, as a result,
- 8 competitive pressure for the delivery of these specialty
- 9 services may yield positive effects, but the health
- 10 system as a whole experiences stress.
- Some observers suggest that in the longer run,
- 12 competition over specialty services may result in
- overcapacity with reduced quality and increased cost.
- So, that's something that really needs to be monitored
- 15 over time.
- In terms of ease of entry on the other hand,
- 17 when we look at the health insurance market, we're
- 18 seeing that there may be greater barriers to entry than
- 19 long believed. It's becoming increasingly clear that
- 20 plans are unlikely to remain in the new market unless
- 21 they are able to obtain the certain scale. Difficulties
- 22 establishing a viable provider network is a key barrier
- 23 to gaining the necessary market share to compete
- 24 effectively.
- 25 Although theory would lead you to believe that

there would be procompetitive effects from using plan entry, it's unclear that this goal is attainable, given the relationship-dependent nature of health care.

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Finally, our work has taught us that cross-sector competition is subject to significant change over time as we've seen with these dramatic swings in plan and provider leverage over the past few years. Our work has shown that leverage is determined by more than just firms' market share or the concentration of the market, but that there really are multiple internal and external factors at play here.

I'm just going to run through some of those quickly. On the provider side, this slide shows the internal factors affecting providers' leverage include things like reputation and stature in the community. This is something that's been very important for academic medical centers in particular. Strength of relationships with providers, tightness of the hospital relationships with physicians or for physicians their relationships with hospitals, the financial stability of these organizations and so forth. Plus there are a

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2. On the plan side, there also are a number of factors that affect leverage that go beyond just market 3 share or market concentration. Individual plans history 4 5 or standing in the market, the tightness of their 6 relationships with providers also play a role, as does 7 the breadth of their product offerings, which can make them more flexible to respond to changing market 8 conditions. Environmental factors such as the 9 10 regulatory context in that particular state, employer's 11 product preferences also have an effect. 12 So, looking across the various factors that 13 contribute to plan and provider leverage, there is 14 reason to believe that even if there are no significant 15 changes in market share or market concentration in the near future, there is the potential for a shift in the 16 17 relative leverage between plans and providers back in 18 favor of health plans again soon. Provider leverage may decline, if there's this 19

Provider leverage may decline, if there's this build-up of capacity that certainly seems that that's the direction that we're heading in, both to respond to current shortages and in response to this medical arms race behavior. This could create real problems for providers, particularly if this recent spike in utilization turns out to be a one-time increase as many

- 1 time rolling this out in their provider networks and
- 2 providers have been really resistant to this concept.
- 3 So, Boston is one market where we've seen a number of
- 4 plans propose this, and their tiering was really based
- 5 on academic medical centers in one tier and community
- 6 hospitals in another tier. And the academic medical
- 7 centers have fought that very hard.
- 8 In general, there still is also this general
- 9 unease about restricting access to certain providers or
- 10 to certain services on the part of both employers and
- 11 consumers. So, it really makes it questionable how
- 12 successful this tiered network strategy can be. I think
- the important context here is that even though the economy
- has slowed considerably since the hey-day in the late
- 15 1990s and the labor market has become somewhat weaker,
- it still hasn't become as weak as it was in the early
- 17 1990s when employers really moved aggressively into
- 18 managed care and were able to lead off this managed care
- 19 revolution.
- In fact, the labor market is expected to remain
- 21 relatively tight over the next ten years. So, it is
- really questionable how much momentum will materialize
- 23 to lead plans to move towards more restrictive products
- 24 again.
- So, the bottom line is that while there are a

- 1 number of forces on the horizon that could increase
- 2 plans' relative leverage again, there also are a number
- of mitigating factors, and I think that the lesson that
- 4 we want to leave you with today is that really
- 5 monitoring these changes over time will be critical to
- 6 assessing the degree of competition that exists in
- 7 health care markets, how that's changing, and what needs
- 8 to be done about it.
- 9 Thank you.
- 10 (Applause.)
- MR. HYMAN: Thank you, Cara.
- We're now going to hear from the heads of three
- 13 bureaus at the Federal Trade Commission. First will be
- Joseph Simons from the Bureau of Competition, second
- 15 will be Howard Beales from the Bureau of Consumer
- 16 Protection, and finally will be David Scheffman from the
- 17 Bureau of Economics. Each of them will give you
- 18 their perspective on health care and competition law and
- 19 policy, talking a little bit about where the FTC has been
- and some about where they would like to go. Each has
- about ten minutes to do so.
- MR. SIMONS: Good morning, everyone, and thank
- 23 you all for coming. Your presence here today,
- 24 particularly in such large numbers, there is a big
- overflow in the other rooms as well, really indicates

- 1 enforcement activities can be characterized basically in
- three areas: Price fixing among the health care
- 3 providers, hospital merger retrospective, and
- 4 pharmaceuticals. I'll talk briefly about each of those
- 5 three areas.
- 6 So far this year, the Commission has entered
- 7 into five consent agreements with physicians groups
- 8 settling what are pretty much price fixing cases. Now,
- 9 I mentioned past is prologue, and we did this previously,
- we did this during the '80s, we did this during the
- 190s, and we were criticized by folks for some of our
- 12 efforts in the area of going after physician price fixing.
- 13 Basically what the criticism involved was that
- we were picking a doctor here, a couple of doctors
- there, generally in rural areas, and why were we wasting
- 16 our resources doing that? Well, whatever you think of
- 17 that old criticism, it really doesn't apply to what
- 18 we're doing now.
- The cases that we've brought in the last year
- 20 have been in large metropolitan areas and involved
- 21 fairly large numbers of doctors, especially the recent
- 22 case in Dallas which involved over 1,200 doctors engaged
- in price fixing.
- Just last month, the Commission provisionally
- accepted a consent agreement with System Health

- 1 Providers, which is a multispecialty physician group
- with about 1,250 doctors practicing in the eastern part
- 3 of the Dallas metropolitan area.
- 4 The second, third and fourth cases that we
- 5 brought involve orders issued against or orders
- 6 provisionally accepted by the Commission for comment,
- 7 three physician groups in Denver, Colorado. The first
- 8 one, P-I-S-D, affectionately known as PISD, is a group
- 9 of 41 primary care doctors practicing in the southern
- 10 part of Denver; AAPCP had about 45 primary care doctors
- located in the suburb of Aurora; and PIWC involves a
- group of more than 80 Denver obstetrician/gynecologists.
- In each of these matters, the non-physician
- agent who organized the group or who acted as the agent
- in dealing with the payers was also named in the
- 16 complaint and is also bound by the order.
- 17 The fifth doctor case involved Napa County,
- 18 California. That case involved a group of almost all of
- 19 the obstetrician/gynecologists in Napa County. As a
- 20 result of the doctors' actions, at least according to
- our complaint, some health plans actually stopped
- 22 providing HMO coverage in that county entirely. The
- order requires the group to dissolve.
- 24 Finally, as it relates to physician matters, we
- issued an advisory opinion to MedSouth, which is a

- 1 Denver IPA. As that letter indicates, we are very
- 2 receptive to innovative forms of health care provider
- integration where it stands to benefit consumers by
- 4 either reducing costs, or by improving quality.
- 5 Let me just be clear, in terms of the cases that
- 6 we've brought this year, the five cases that I
- 7 mentioned, those were really price fixing cases, none of
- 8 those cases involved any form of serious integrated
- 9 activity. One of the things that Tim's been emphasizing
- 10 since he got here is efficiencies. He's emphasized that
- in mergers, and in non-mergers as well, and that's
- 12 really critical to what we're doing in the health care
- 13 area. We are very sympathetic to efficiency claims and
- 14 to quality concerns, and we are committed to looking
- very seriously any time those arguments are in play.
- 16 Let me talk a little bit about the hospital
- 17 merger retrospective. You had a presentation a little
- 18 bit earlier today which kind of put the line-up on the
- 19 board of the government's success or really its failure
- in the area of hospital merger enforcement. In fact, I
- 21 think we're zero for our last seven.
- Coming into this, we had a couple of
- choices. Basically we could just say, ah, let's fold
- 24 our tents, there's nothing we can do, or we could try
- 25 something significantly different than what we had been

- 1 doing. So, we picked the latter.
- What we thought we might do is, a lot of us had
- 3 a suspicion that even though we lost all of those cases,
- 4 that we were really right, at least in some substantial
- 5 part of them, and that prices were really affected. So,
- 6 what we have committed to do is going back and actually
- 7 looking to see in a variety of contexts whether the
- 8 mergers, after the fact, can be shown to have increased
- 9 price.
- 10 We're doing this for two reasons: The first one
- is if we find a transaction where we can show a price
- 12 effect and a remedy is available, we'll fix it, and we
- would do that through the administrative process. Then
- 14 two is if by studying these consummated transactions we
- can actually show there was, in fact, an effect when the
- 16 court said, oh, no, there wouldn't be, well then we can
- 17 use that to inform the cases going forward and
- 18 re-institute the challenges to mergers prior to
- 19 consummation. So, we're looking at that from those two
- 20 perspectives.
- 21 The final area that we're involved with that I
- 22 want to talk about today is pharmaceuticals. Everyone
- 23 who pays any attention to the news sees the concerns
- 24 about rapidly increasing costs of prescription drugs on
- behalf of virtually everybody, patients, employers, the

- 1 government. Consequently, the Commission over the
- 2 last several years has been devoting an increasing
- 3 amount of resources to the pharmaceutical industry. We
- 4 are now to the point where we focus more than 20 percent
- of all competition resources on the pharmaceutical
- 6 business.
- 7 There were three very significant non-merger
- 8 matters this year in the pharmaceutical industry that
- 9 were brought by the Commission. The first one involves
- 10 Biovail. This was a landmark case for us involving a
- 11 wrongful listing in the FDA's Orange Book. Biovail is
- basically a two-fer for us. It's our first wrongful
- listing case in the Orange Book, and it also involved a
- vertical acquisition, in this case of a patent.
- Biovail manufactures a drug known as Tiazac. It's
- 16 a product used to treat high blood pressure and
- 17 chronic chest pain. Another company had filed an
- 18 application with the FDA for approval to provide a
- 19 generic of Tiazac, and certified that it did not
- infringe any of Biovail's patents that were listed in
- 21 the Orange Book.
- Biovail sued them for infringement anyway and
- 23 the generic prevailed at trial, but before the generic
- 24 could get to the market, Biovail acquired an exclusive
- license to another patent that was not required to

1 manufacture Tiazac, but which Biovail claimed the

2 generic would infringe anyway in making the generic for

3 Tiazac. Biovail then listed that patent in the Orange

Book, sued the generic and the 30-month stay under the

5 Hatch-Waxman Act was triggered.

The complaint that the Commission filed charged
both that the acquisition of the license and the

8 wrongful listing in the Orange Book unlawfully

9 maintained Biovail's monopoly in violation of both

10 Section 7 of the Clayton Act and Section 5 of the FTC

11 Act. The consent order required Biovail to divest part

12 of the exclusive license that was preventing the generic

entrant from entering, the order prohibits the company

from taking any action to cause any additional delay

under the Hatch-Waxman Act, and the order also prohibits

16 Biovail from wrongfully listing any patents in the

17 Orange Book relating to any products that Biovail

18 produces.

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The second case also involves Biovail. It was a

manufacturers that had FDA approval to produce a generic

big year for them. Biovail and Elan were the only two

version of branded Adalat, which is an antihypertensive

23 drug. What the parties basically did was they agreed

that only Biovail would have the control of the

25 distribution and Biovail would share in all of the

profits whether the product was Elan's products being sold or whether it was Biovail's product being sold.

The order that we obtained there terminates the agreement between the two companies and it prohibits them from entering into similar agreements in the

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future.

The third case in this area is the Schering case, and that case is currently in part III litigation. This is the first case that the Commission is litigating that involves a patent settlement with what we call a reverse payment where the brand pays the generic, the alleged infringer, to stay off the market. The complaint alleged that Schering-Plough paid Upsher-Smith \$60 million and American Home Products at least \$15 million in exchange for those companies' agreements to stay off the market with respect to their generic potassium chloride supplements, the generic for what Schering was selling, which was its K-Dur 20 product.

The staff has appealed the decision of the ALJ dismissing the complaint and the case is now on appeal. In addition, AHP had settled that case before the trial began. So, that's on appeal to the Commission, and I'm very hopeful that the Commission will reverse the ALJ, and in any event I think the Commission is going to have an excellent opportunity to write a highly interesting

- 1 health care arena also.
- 2 That concludes my remarks for this afternoon.
- 3 Thank you so much for your attention. I'm sure that
- 4 the rest of the workshop will be extremely interesting
- 5 and very thought-provoking. Thanks again.
- 6 (Applause.)
- 7 MR. BEALES: I may or may not be a speaker that
- 8 needs no introduction, but I get no introduction. I'm
- 9 Howard Beales, I'm Director of the Bureau of Consumer
- 10 Protection.
- 11 The Bureau of Consumer Protection shares the
- 12 Bureau of Competition's goal of ensuring that the consumers
- enjoy the full benefits of a competitive marketplace.
- 14 However, we come at it from a somewhat different perspective.
- In particular, we focus on the crucial role that the free flow
- of truthful advertising plays in competitive markets. Truthful
- 17 advertising enables consumers to make well-informed decisions about
- 18 their health care options, including, their choices or health care
- 19 goods and services.
- As George Stigler once wrote, "Advertising is an
- 21 immensely powerful instrument for the elimination of
- ignorance." Unfortunately, there's a good deal of
- 23 information in the marketplace that's not truthful, and
- 24 not even close in many cases.
- 25 A key part of our mission is to target

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- 1 advertisers that deceive consumers, particularly
- 2 vulnerable consumers who are desperate to find a cure
- 3 for their cancer, guard their family from bioterrorism,
- 4 or shed a few unwanted pounds to improve their health.
- 5 We commit substantial resources to keeping
- 6 abreast of new health care developments to prevent deceptive
- 7 advertising. In doing so, we coordinate our efforts
- 8 with other federal and state agencies, in order to
- 9 leverage the resources that we have available.
- 10 Let me give you a few examples: One
- 11 long-standing priority of our program is to combat
- 12 health fraud by marketers who sell unproven cures to
- desperate consumers suffering from cancer, AIDS, arthritis,
- 14 or other serious diseases.
- 15 Unfortunately, the advent of the Internet has
- 16 made it inexpensive to reach a large, potentially world-wide
- 17 audience, with claims that are plainly false or unsubstantiated.
- 18 The FTC, in cooperation with other federal and state agencies, has
- 19 cracked down on companies that use the Internet to deceptively market
- 20 products for the
- 21 treatment of a wide range of serious health conditions.
- 22 Most recently, we settled charges with BioPulse
- 23 International, which advertised its alternative cancer
- treatments at a clinic in Tijuana. The company claimed that
- it's therapy would cure cancer by inducing a coma with insulin. To

- this audience, that's probably all that needs to be said about the
- 2 substantiation for that claim.
- In addition to bringing actions against these types of
- 4 marketers, we use Operation Cure-all as an educational
- 5 tool to alert consumers to health care fraud online and
- 6 offline.
- 7 Another major project has involves bioterrorism.
- 8 Consumer fraud is by definition an opportunistic
- 9 endeavor. Last fall, just after the nation-wide anthrax
- 10 scare, we learned that unscrupulous marketers were
- 11 preying on consumers' fears and marketing products to
- detect biological agents or prevent or treat anthrax, smallpox, and
- 13 other biohazards.
- We launched, together with the FDA and 30 state
- enforcement agencies, an Internet surf to identify sites
- 16 making suspicious claims. We sent out more than 100
- warning letters to marketers, demanding
- 18 that they immediately discontinue their claims. We
- 19 followed up the warning letters, and ultimately we
- 20 brought enforcement actions against several companies,
- 21 including Vital Living Products.
- 22 Vital Living Products advertised a do-it-yourself home anthrax
- 23 testing kit.
- 24 Unfortunately, when we tested the kit against
- anthrax, it said there was none: when we tested it

1	against	common	household	bacteria,	it	said	we	had

- 2 anthrax. Fortunately, we stopped them before any test
- 3 kits were actually sold. In this area, prompt federal
- 4 and coordinated federal and state enforcement efforts
- 5 were successful in preventing the emergence of more
- 6 widespread frauds involving bioterrorism-related products.
- 7 Of course, not everything we do is fraud. In
- 8 some cases, marketers of legitimate products will stray
- 9 over the line in an effort to obtain a competitive
- 10 advantage. When they do, it's our job to pull them
- 11 back. In March, for example, we announced a settlement of
- 12 allegations that the makers of Wonder Bread and its
- advertising agency made the deceptive claim that added
- 14 calcium in Wonder Bread could improve children's brain
- 15 function and memory.
- 16 Now, calcium is wonderful stuff, and if you
- don't have any calcium, then probably your brain won't
- 18 function very well, but to go from there to a claim that
- adding calcium to your diet will improve memory and brain function, is
- 20 more of a stretch than the evidence will support.
- 21 Although ordinarily our actions are effective in
- 22 bringing advertisers into line, there are some
- intractable problems out there. One has been in the
- 24 area of weight loss, where marketers continue to take
- 25 advantage of consumers' desperation to lose those pounds

- or change the shape of their bodies. There seem to be
- 2 countless new ploys to separate overweight consumers
- from their money with a new one emerging every few months.
- In May, we filed federal court complaints
- 5 challenging claims made by three widely advertised
- 6 abdominal exercise belts. You probably saw the ads. The
- 7 companies claim that you could wear the belts for a few
- 8 minutes a day and have washboard abs with no effort
- 9 whatsoever. Unfortunately, it wasn't true.
- 10 This action follows a series of FTC actions
- against other products with names that also say it all,
- 12 like Exercise in a Bottle, and Fat Trapper Plus. If only
- it were true! Our actions were often accompanied by orders that
- required the payment of millions of dollars in consumer redress. There
- will be more of these enforcement actions.
- 16 What probably interests us most about this
- workshop is the session on prescription drug advertising to consumers.
- 18 This is something that the Commission has in the past defended as
- 19 consistent with the benefits of truthful advertising
- in competitive markets, and it's something that really
- 21 has the potential to revolutionize the way consumers
- find out about important new treatments.
- 23 Because such advertising has such significant
- 24 potential benefits, it's also especially important that
- 25 it be truthful. Now, the FDA has primary jurisdiction over

1	prescription drug advertising. But this is one area where we also have
2	jurisdiction and one area where we can work closely with the FDA, as we
3	do in other areas. We're looking at ways to do that in order to ensure
4	that prescription drug advertising directly to consumers remains
5	truthful and fulfills the potential benefits that it can offer.

Prescription drug advertising raises a variety of issues, from its effect on prices to its effect on physician/patient relationships, and we look forward to the discussions in the panel tomorrow on that issue. Thank you very much for your attention, and we look forward to your input during the workshop.

11 (Applause.)

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MR. SCHEFFMAN: Hi, I'm David Scheffman, I'm the head of the Bureau of Economics, we're the brains behind all these lawyers, we like to think.

Economics is important to what we're doing in health care. I'm going to talk very briefly about what we're doing. Tim Muris has long believed in and been a very strong proponent of enforcement. In the '80s he came in with a very aggressive enforcement program, with health care being one of the targets. He has also always believed that having research to supplement our efforts is important. As he indicated in his remarks today, the Bureau of Economics has a long history of producing research in the health care area. He talked about the Greenberg Conference and Monica Noether's

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report from the early '80s which was for a while successful in

- 1 supporting hospital merger cases.
- 2 Let me talk a little bit about some of the areas
- 3 where the Bureau of Economics is currently active. First, as
- 4 a number of people have already said, we're looking at consummated
- 5 hospital mergers. This is part of a broader program of looking at
- 6 mergers in lots of industries where enforcement
- 7 decisions were unsuccessful. We are trying to determine whether
- 8 we had the analysis right. What's involved is looking at data
- 9 and trying to determine as a matter of economic analysis
- whether prices appear to have gone up more than they should
- 11 have as a result of anticompetitive behavior.
- 12 It's fundamentally an empirical issue. We
- don't have any answers yet, and we're analyzing a lot of data. It is
- going to be interesting, in my view, as many of us have
- watched the unsuccessful jurisprudence on hospital mergers.
- 16 The courts probably haven't gotten the market definition
- 17 right in terms of geographic market. This is a bit
- disappointing because the court's decision must have been based on
- 19 economic testimony, and based on patient migration data.
- 20 Many people have said for some time, including
- 21 a Greg Werden article, that patient migration data may not
- 22 tell you a lot about market definition in a situation where
- 23 you have networks and bargaining power and where the sales
- are made to third party payers and not directly to patients.
- 25 I think that if we find evidence in our empirical analysis

- that demonstrates that some of these mergers that were not successfully
- 2 challenged were anticompetitive, it's going to
- fundamentally change the way we do market definition. I
- 4 think appropriately so, but it's an empirical issue and
- 5 we don't know the answer yet.
- In addition, the analysis of competitive effects in hospital
- 7 mergers is going to have to be rethought. There's nothing better than
- 8 having actual examples of post merger activity to use to analyze how
- 9 hospital competition really
- 10 works, as opposed to how we usually analyze mergers prospectively
- 11 We're also doing a lot of thinking about health-care providers.
- 12 As Joe indicated, we have a lot of investigations
- of essentially naked price fixing arrangements among doctors. An
- important issue for economic analysis to address in these
- investigations is the competitive impact of provider group integration.
- 16 The question is if the provider groups get big enough, and sufficiently
- integrated, will there come a point where is big enough becomes too
- big, and where we might foresee an anticompetitive effect. We're
- 19 analyzing this issue.
- On the enforcement side we also continue to be very busy with

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- care issues for some time. We have also made contact with some of the
- 2 leading health care economists in the country and are working with
- 3 them.
- 4 We understand that quality is the most important
- issue in health care. For an enforcement agency is critical to be able
- to demonstrate that enforcement actions don't have an adverse effect on
- 7 quality.
- 8 In the rest of antitrust, we generally don't think there is a
- 9 "quality competition trade-off." However, for years we've actively
- enforced in the pharmaceutical area, where our cases are often based on
- 11 reductions in quality and variety, and that's
- noncontroversial. We're sponsoring a lot of research with leading
- researchers on the quality issue. So far, we have contracted with four
- researchers to examine the relationship between health care competition
- 15 and quality. The issues they are investigating include the
- 16 relationship between hospital surgical volume and quality, and the
- 17 relationship between physician practice organizations market structure
- 18 and quality.
- 19 So, those are things we're doing as part of
- this, as the other speakers have talked about, these
- 21 hearings are very important because we're bringing some
- of the leading people in the area to come and talk and
- 23 we'll be listening. If you have more to tell us, more
- than in the conference in terms of papers, data,
- economic analysis, of any sort, we would be delighted to

- 1 hear from you.
- 2 Thank you very much for coming.
- 3 (Applause.)
- 4 MR. HYMAN: We're now going to hear from
- 5 representatives of two of the entities that are partners
- of the Commission in enforcing the nation's antitrust
- 7 laws, first representing the Department of Justice is
- 8 Deborah Majoras, who is Deputy Assistant Attorney
- 9 General for Civil Enforcement in the Antitrust Division.
- 10 MS. MAJORAS: Thank you, David.
- 11 I'm pleased to have the opportunity today to
- 12 tell you about some of the Antitrust Division's
- initiatives and enforcement actions recently in the
- 14 health care industry. I thank Chairman Muris and the
- 15 Federal Trade Commission for sponsoring this workshop and
- 16 for inviting our participation.
- 17 Strong antitrust enforcement plays a significant
- 18 role in encouraging and facilitating competition in the
- 19 health care industry, and in the few minutes I have, I am
- 20 going to give you a brief overview of what we are doing
- in this area, identify some areas of concern and
- interest for us, and tell you where I think our efforts
- 23 will be directed in the future.
- 24 I first want to address a matter that I think
- 25 has been the subject of some misunderstanding by some

- observers, and that is the absorption of the
- 2 responsibilities and most of the resources of our Health
- 3 Care Task Force into our newly created Litigation I Section earlier
- 4 this year. That action did not signal
- 5 and has not resulted in the Division's exit from a significant
- 6 enforcement role in the health care sector. Rather, it was
- 7 part of a Congressionally-approved and Division-wide modernization
- 8 effort to concentrate industry expertise in six civil litigating

1	to benefit from competition in health care markets,
2	sufficient competition must be maintained not only among
3	providers, but also among the health plans that purchase
4	the providers' services on behalf of the plan members.
5	Our competitive interest in this regard has been
6	heightened by the generally increased level of
7	consolidation of health insurance markets in the past
8	few years. Given these ongoing market changes, we will
9	pay close attention to whether any particular merger
10	would give the merged insurer sufficient market power to
11	increase prices or reduce quality in the sale of managed
12	care plans in specific geographic areas or to acquire
13	monopsony power over providers. We will make close
14	scrutiny of health insurance plan mergers a priority.
15	Likewise, we will continue to focus on
16	collective or unilateral activity by insurers that may
17	raise competitive concerns, depending, of course, on the
18	insured's market power and other relevant market
19	conditions. To cite some examples, we recently
20	scrutinized a health insurance market in a major
21	metropolitan area for possible evidence of coordination
22	or collusion among managed care plans operating there.
23	In addition, within the past several months, we
24	investigated a complaint by providers that a form of "all

products clause" instituted by an insurer with

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- 1 substantial market power -- that is, a clause that gives
- 2 providers more favorable reimbursement rates if they opt
- 3 to participate in all of an insurer's plan offerings -- was
- 4 anticompetitive.
- 5 Furthermore, we continue to receive and evaluate
- 6 complaints about managed care plans' use of "most favored
- 7 nations" clauses to determine whether they merit more
- 8 complete investigation or ultimately enforcement action.
- 9 These types of clauses generally operate to protect insurers against
- other plans getting better reimbursement rates, and so they often
- 11 provide a disincentive to providers to lower their rates. In this
- regard, we have, for example, investigated the use of an MFN clause by
- a Blue Cross plan in Alabama, an investigation we closed only upon
- confirming through our investigation that the plan abandoned the MFN
- policy. Similarly, in Western Pennsylvania, Highmark, an insurer with
- 16 significant
- 17 market share, recently proposed to the Pennsylvania
- 18 Department of Insurance the inclusion of an MFN clause
- in their contracts with hospitals. Now, in the mid-1990s, the Division
- 20 had advised the Pennsylvania Insurance Department that Highmark's then-
- 21 proposal to institute an MFN policy had serious
- 22 competitive concerns. While we were evaluating the MFN
- this time, Highmark abandoned it.
- 24 Another area of the health care sector that we
- are currently focusing on and that has absorbed an increasing

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- 1 amount of our resources is the rather broad category
- 2 referred to as "ancillary health care products and
- 3 services." The Dentsply case is a recent example.
- 4 That lawsuit, which we filed in federal district court
- 5 in Delaware, challenges the use by Dentsply, the
- 6 dominant manufacturer of artificial teeth in the United
- 7 States, of restrictive dealing arrangements with dental
- 8 laboratory distributors. The trial of that case this spring lasted
- 9 three weeks, and we have closing arguments
- 10 scheduled for September 20.
- In that case, we're challenging two exclusive dealing
- 12 practices by Dentsply, which has an 80 percent share of the artificial
- tooth market in the U.S. and sells all of its teeth to dealers. Under
- Dentsply's Dealer Criterion No. 6, if a dealer
- selling Dentsply teeth begins selling a competitive brand, Dentsply
- 16 pulls its teeth from that dealer. (I'm sorry, I couldn't resist!) In
- 17 addition, Dentsply has a practice of
- 18 requiring new dealers to drop some or all competitive
- 19 brands in order to take on Dentsply's teeth in the
- 20 first place.
- Now, there are several important legal
- issues presented by this case and I will just highlight
- 23 two for you: One issue is whether exclusive dealing
- arrangements that are, as a technical matter, terminable-at-will can
- 25 nevertheless cause anticompetitive effects in the market. Dentsply

1 sells its teeth to dealers on a purchase order basis, and there is no

- through the Federation, the Federation and others persuaded the doctors
- 2 to deal with Blue Cross only through the
- 3 Federation and ultimately organized nearly all of its
- 4 member orthopedists to terminate their contracts with
- 5 Blue Cross in the belief that the action would force
- 6 Blue Cross to accede to their fee demands.
- 7 The proposed consent decree is nationwide in
- 8 scope and prohibits the Federation from participating
- 9 in, encouraging, or facilitating any agreement or
- 10 understanding between competing physicians or from
- 11 negotiating on behalf of competing physicians about any
- 12 payer contract or contract term -- activities that if
- undertaken would force health plans to pay increased
- 14 fees.
- We continue to investigate other allegations
- 16 that professionals in various markets are using
- 17 seemingly legitimate joint conduct as a pretext for
- 18 collusion. Over the past several months, we've been
- 19 conducting an investigation into a physician-owned joint
- venture that provides a multipractice network of
- 21 physicians to health care payers in a substantial urban
- 22 area. The network began operating in 1995 and now has
- 23 several hundred physician members representing over 90
- 24 percent of the physicians practicing in this market.
- We have also opened an inquiry into a hospital network, and

we are reviewing a hospital joint operating agreement in

2 another instance of physician collective bargaining,

3 just to give you the flavor of some of the things we

4 have before us.

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5 It must be recognized that if, in our scrutiny of 6 horizontal conduct, we discover health care businesses 7 that cross the line to engage in explicit collusive arrangements regarding fees or market allocation, we 8 will consider prosecuting criminally. In this regard, 9 10 we have strengthened our liaison relationship with the Federal Trade 11 Commission recently so that FTC staff who uncover evidence of such 12 explicit agreements when they are doing their own investigations can quickly bring the evidence to the attention of our staff in the 13

National Criminal Enforcement Section here in Washington.

I would just like to say a few words on the procedural front and highlight our merger review process for a moment. Assistant Attorney General Charles James has made it a top priority to make our merger review process more efficient and manageable for the Division and for all parties in all industries, including the health care sector. The effort began with the announcement of our Merger Process Review Initiative in which we established a number of methods for making initial waiting periods more productive, as well as

1	streamlining both the Second Requests that are issued and the staff's
2	assembling and analysis of information. The procedures outlined in
3	this Initiative are designed to encourage our staff and the merging
4	parties to move more quickly to identify critical legal and economic
5	issues regarding proposed mergers, to
6	facilitate a more efficient and more focused
7	investigative process, and to provide for a more effective
8	process for reaching conclusions based on an evaluation
9	of evidence. While the dearth of merger activity has led to
10	only limited experimentation with this Initiative, the
11	early feedback both from staff and from parties has been
12	quite positive, and I encourage all parties to continue
13	working cooperatively with us through this initiative.
14	In closing, I want to emphasize that the
15	Division intends to closely monitoring and, where
16	appropriate, take enforcement action in this vitally
17	important health care sector of the economy. In doing
18	so, we expect to give greater attention than we
19	traditionally have given to the area of health care
20	insurance. At the same time, though, we will maintain
21	flexibility to enable us to adapt our enforcement focus
22	to any significant anticompetitive activities that arise
23	in this industry. Using our strong expertise, and in
24	partnership with the FTC, we intend to work to ensure a competitive
25	health care marketplace for consumers.

- 1 Thank you very much.
- 2 (Applause.)
- 3 MR. HYMAN: A couple of logistical
- 4 announcements and then I'll introduce the last speaker
- 5 before lunch. First, all of the materials that were
- 6 referenced by the heads of various bureaus are included
- 7 in the photocopied tan-colored book of which there are
- 8 copies outside of each of the rooms in which this workshop
- is being held. We are also going to put together a relatively easily

- 1 outlined in the agenda.
- 2 Finally, the FTC respect property rights, but in
- 3 order to have your property rights in your seat maintained, you need to
- 4 leave something there that indicates what the boundaries are to avoid
- 5 adverse possession problems. I don't teach property.
- 6 Let me introduce our last speaker of the
- 7 morning. In addition to the Department of Justice, the 50 Attorneys
- 8 General of the various states have their own distinct role in enforcing
- 9 the nation's antitrust laws and also usually have their own
- 10 state-specific antitrust laws.
- 11 Now, we figured it would tax the patience of a
- saint to bring in all 50 of the State Attorneys General
- or at least representatives and so we instead picked one
- who will offer a broader perspective. We're very lucky
- to have Ellen Cooper, who is an Assistant Attorney
- 16 General and the Chief of the Maryland Antitrust
- 17 Division. She's also the Chair of the Health Care
- 18 Working Group of the Multistate Antitrust Task Force of
- 19 the National Association of Attorneys General, so she
- 20 will be able to, in one ten-minute session, give you a
- 21 50-state perspective on health care and competition
- 22 policy.
- MS. COOPER: As you can imagine, from that
- introduction, I'll be speaking very, very quickly.
- It's an honor to be here today representing the

- 1 State Attorneys General in this very important and
- 2 timely workshop. Before I get started, I have to say
- 3 that the views that I express are my own and not those
- 4 of any state attorney general or the Attorney General of
- 5 Maryland.
- I would also like to thank my colleagues, Bob
- 7 Hubbard from New York, Kevin O'Connor from Wisconsin and
- 8 Meredith Andrus from Maryland in their help for my
- 9 preparation for these remarks.
- 10 First, let me give you some context before
- 11 describing some recent state health care antitrust
- 12 initiatives. State attorneys general tend to
- 13 concentrate their antitrust enforcement resources on
- 14 problems that profoundly affect consumers within the
- state or that disproportionately impact the state's
- 16 general social and economic welfare. Providing
- 17 affordable health care to citizens in both urban and
- rural areas is a problem that meet both criteria.
- 19 Also, the activities of health care providers
- like hospitals, physicians, home health agencies and
- ambulance companies are often local in nature, affecting
- 22 only a single region of the state, or a single
- 23 metropolitan area. For this reason, federal agencies
- 24 may not wish to devote resources to the matter.
- The attorneys general, in contrast, may be

- 1 particularly competent to analyze competitive conditions
- 2 in local markets, and also particularly motivated to do
- 3 so. Many state attorneys general have expressly
- 4 articulated health care issues as an antitrust
- 5 enforcement priority. However, attorneys general have
- 6 responsibilities, and this is the context part, that are
- 7 much broader than antitrust enforcement.
- 8 They may represent their state departments of
- 9 health, they may participate in certificate of public
- 10 advantage proceedings, they may participate in
- 11 certificate of need proceedings, representing state
- 12 regulators. They may prosecute health care
- professionals for violating state licensing regulations.
- 14 They may have both statutory and equitable powers to
- protect the integrity of charitable trusts that run
- 16 hospitals. They may even represent large university
- teaching and research hospitals.
- In addition, attorneys general prosecute health
- 19 care fraud and abuse cases. They may represent state
- insurance commissioners whose analysis of health
- 21 insurance providers may focus more on solvency issues
- than on competition issues.
- Despite these often conflicting roles, the
- 24 attorneys general of the majority of states have
- antitrust divisions more and more often headed by career

- 1 antitrust enforcers that approach antitrust
- 2 investigations in a systematic, professional and highly
- 3 confident way.
- 4 Currently, the primary focus of the states is
- 5 the pharmaceutical industry. In a series of multistate
- 6 cases, some prosecuted in cooperation with the FTC, and
- 7 some litigated with private class action counsel, the
- 8 states have sued both brand name and generic drug
- 9 manufacturers.

1	Bristol also agreed to list in the FDA Orange
2	Book a patent owned by a competing generic company,
3	American Bioscience, Inc., ABI, which further delayed
4	generic entry into the market for packs of Taxol. ABI's
5	patent was later declared invalid. The Taxol case is
6	now entering the discovery phase.
7	More than simply looking at pricing problems in
8	the pharmaceutical industry in antitrust terms, the
9	attorneys general through the National Association of
10	Attorneys General, have created a pharmaceutical pricing
11	task force to address issues of cost and access as well
12	as how to redress collusion, fraud, and misinformation
13	through litigation, legislation, and education.
14	Most antitrust violations affecting health care
15	are local, though, and they are not amenable to
16	multistate litigation. A number of states have stayed
17	extremely active in protecting competition in local
18	health care markets. Just looking at matters over the
19	past few years, I found continued interest by state
20	attorneys general in continuing to review the
21	consolidation of hospitals and other kinds of providers
22	through merger and joint venture.
23	For example, in Connecticut versus American
24	Medical Response, the state settled with an ambulance
25	company by requiring it to divest ambulance licenses to

competitors, to sell ambulances at market prices and to 1 2. give up rights to certain primary service areas to rectify concentration in the market caused by a series 3 of acquisitions. California challenged Sutter Health 4 5 System's acquisition of Summit Medical Center after the 6 FTC investigated and decided not to challenge the

7 transaction. Unfortunately, California was ultimately unsuccessful, failing to prove a relevant geographic

market to the judge's satisfaction. 9

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Other states that have actively reviewed hospital physician and clinic mergers in the past few years include Pennsylvania and Wisconsin, both of which have crafted consent agreements that allow the transaction to proceed, but placed restrictions on the merged entity's future conduct. Such restrictions usually characterized as regulatory by detractors and creative by proponents typically require the new entry to pass along to consumers cost savings from efficiencies claimed from the merger and to maintain an open hospital staff and finally to refrain from tying certain services or acting in a discriminatory way.

Attorneys general generally appear more amenable to reaching resolutions that they perceive to be in the public interest. It may be for this same reason that many offices resolve health care issues informally.

- 1 Instead or in addition to taking a litigation route, the
- 2 attorneys general may analyze market conditions and
- 3 report to the legislature or to an administrative or
- 4 executive agency.
- 5 In 2002, the Massachusetts Attorney General
- 6 issued a report to the legislature on the Springfield
- 7 health care market and the Arizona Attorney General
- 8 issued a report on prescription drug prices, for
- 9 example. However, price fixing remains a core concern
- of the attorneys general.
- In New York versus St. Francis Hospital, New
- 12 York successfully challenged the joint negotiations of
- 13 managed care contracts and allocation of services by two
- 14 hospitals in Poughkeepsie. The court ruled that the
- hospital's joint negotiations were per se price fixing
- 16 agreements and the allocation of services were
- 17 horizontal market allocation agreements also per se
- 18 illegal. Interestingly, the hospitals tried to claim the
- 19 state action defense, which the court found was not valid
- 20 because state supervision was missing.
- In addition to litigating cases, attorneys
- 22 general issue opinions. My own office in Maryland has a
- 23 board review program which advocates that licensing
- 24 board regulations be as procompetitive as possible,
- commensurate with the board's mission to protect

- 1 consumers.
- 2 And since I'm out of time, I'm going to say,
- 3 finally, looking to the future, I believe that the State
- 4 Attorneys General will continue to focus on
- 5 pharmaceutical pricing issues, bringing cases under
- 6 antitrust, consumer protection, and fraud statutes.
- 7 Indeed, additional states may join Texas, Nevada,
- 8 Minnesota, and California in bringing or joining AWP

- 1 the Federal Trade Commission who will have some brief
- 2 remarks.
- 3 COMMISSIONER ANTHONY: Thank you, David, and
- 4 thank you for all of your hard work in organizing this
- 5 very important workshop. Throughout my five years as

1	When I talk to my family and friends about their
2	greatest economic concerns, you can bet that health care
3	is always at the top or near the top of their list,
4	Budgeting for increasingly expensive drug products,
5	securing a timely appointment with an over-booked
6	specialist, getting enough of a doctor's time to really
7	discuss a diagnosis or a proposed treatment, dealing
8	with the endless, health insurance paperwork
9	well, you and your parents have been there, and you
10	know what I'm talking about.
11	I'm assuming that we, in this room, are among
12	the lucky ones. We take for granted our access to
13	quality health care, our very ability to participate in
14	the health care system. For those uninsured Americans
15	who can barely afford basic care for themselves and
16	their families, and whose savings could be wiped out by a
17	major illness, the roster of concerns is even more
18	fundamental and frightening.
19	In short, while the American health care system
20	is, in many respects, the envy of the world, it is, by
21	far, not perfect. The many problems are too complex for
22	one discipline to solve alone.
23	In this building, the relevant question is, how
24	can the Commission encourage the use of competition

principles to improve the delivery of health care and

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- 1 keep the health care market itself healthy? I'm quite hopeful that this
- workshop will help focus the discussion and encourage a dialogue among
- 3 all interested parties.
- As our work progresses, perhaps we'll be able to
- find some answers. However, some relevant topics are
- 6 beyond the Commission's authority and beyond the scope
- 7 of this workshop.
- For example, a doctor friend of mine, whom I
- 9 asked to review our proposed agenda, expressed regret
 - that the Commission couldn't do something abouasked to revim8

1	handled a variety of health care matters, including
2	mergers of hospitals, health plans and physician
3	practices. In addition, he's led investigations into
4	horizontal collusion among hospitals and among
5	physicians.
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22	Panel 1, Health Care Services, Provider Integration
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24	Panel Members
25	Dr. Ellen Burkett, MedSouth

- 1 Henry R. Desmarais, Health Insurance Association of
- 2 America

- 1 six years and reinvented itself about three years ago
- with the idea that capitation was not the right way to do business for
- 3 physicians. So we looked for another way to do business, and I think
- 4 there are several ways that have been mentioned today.
- We grasped the one that was probably the brass ring,
- 6 which is clinical integration. We are, as somebody described us in
- 7 their handout, the unicorn. I've also been described as Joan of Arc.
- 8 You know how both of these people ended up.
- 9 So we are still working on our project and
- 10 wanted to tell you a little about what we've done. We
- 11 have currently 315 physicians. About a third of those
- 12 are primary care physicians. We are physicians that are
- in the south end of Denver, which strangely enough all
- 14 of the other FTC decisions that were done were in that
- similar area or nearby. So we have been kind of under
- 16 the microscope, as everyone else has been in the south
- 17 area of Denver.
- 18 We have two competing hospital systems in Denver, that
- 19 currently have three hospitals. Sometime in the next two to three
- years, they'll be five hospitals but two systems. We've undergone many
- of the things that have been described here this morning, the hospital
- consolidation, the health plan consolidation.
- 23 We have had a massive physician exodus from the
- 24 Denver area. It's very hard to recruit physicians in
- 25 to the Denver area because of the situation. We've

- 1 also had specialty groups forming and building separate
- 2 facilities. We've had all of those issues sort of going
- 3 on at the same time that we've been working on this
- 4 project.
- We've had two partners, Quest Labs, which is a
- 6 national lab company, and MedPlus, which is a software
- 7 company. Those companies came to us to be their beta
- 8 site for this project and gave us the ability, I think,
- 9 to accomplish what we've done so far.
- 10 We have actually created a plan that does, we
- think, the best job so far, which is the only job so far
- 12 presented to the FTC, in doing both clinical and
- 13 technology integration for our group. The clinical arm
- 14 uses clinical guidelines. These have been taken from
- national guidelines, and they've been truncated and
- 16 measures added and benchmarks added, and those are
- 17 electronically available to the physicians, and the
- 18 physicians have signed physician agreements, which they

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- are accountable for the guidelines which pertain to them
- 21 in their specialty.
- They've had to sign off of them, and they all
- 23 know they're responsible and accountable for how those
- 24 quidelines are going to be measured.
- The technology arm is a large data repository

- 1 that's been created for our physician group, and data's
- 2 already been going in for about a year and a half now.
- 3 It's going to be ongoing historical data. It currently
- 4 shares labs and radiology, and we're working on adding
- 5 prescription information, hospital information and some
- of the other pieces that go into the system.
- We are not contracting as of yet. I'm sure lots
- 8 of people have questions about how we're doing. We're
- 9 not contracting yet. It's like a mine field. The FTC
- 10 reviewed our proposal in June of 2001, and we got the
- answer back in 2002, and it was basically a yellow
- 12 light, and I think that was an appropriate response.
- I think they made a thoughtful review of our
- game plan, and to be real honest, those of you who
- haven't seen it, it's very ambitious. I think it
- 16 encompasses a lot of things that we intend to do, but we
- 17 need to be fully and completely implemented before we
- 18 begin to contract.
- 19 I will say that we've met with some of the

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- 21 health plans in the Denver area and have been met with a
- very positive response. I think the health plans in our
- area are interested in the physicians taking back some

- 1 our clinical integration program does.
- We see that there's benefits for the patients,
- 3 for the health plans and for the providers, all for
- 4 different reasons, but much of it revolves around the
- 5 ability to share the information that we use for patient
- 6 care.
- 7 I think what brought 315 physicians with us,
- 8 despite the fact that this was an extensive amount of
- 9 money, time and energy on our part, was that this was a
- 10 program that was patient-centric. It's not health plan
- 11 centric. It really revolves around how to better take
- care of patients, and that's sort of the basis of why we
- 13 practice medicine.
- We want to take better care of patients, and the
- ability to do that has been hampered a bit by our lack
- 16 of technology. Most physicians, as we found out three
- 17 years ago, either didn't have a computer in their office
- or only had a computer for electronic billing.
- 19 Part of this program is that every physician has
- 20 the link. Every physician has a computer. Everybody
- 21
- 22 has an Internet connection. We all are linked, and we
- 23 have the ability to communicate with each other and
- 24 share information.
- The health plans really like this idea. We are

- 1 giving them a group of physicians who agreed, across the
- 2 board, to follow national guidelines, follow an
- 3 excellence of care pattern that we've established for
- 4 our community, and we are able to communicate amongst
- 5 each other about how we're doing, report back. We're
- 6 accountable, and so I think the health plans are in
- favor of us doing this, at least in our area.
- I think one of the concerns we have is we have
- 9 not yet gone out to contract because we want to be fully
- implemented to do that. What we met with when we talked
- and what we meet with when we go to contract may be two
- 12 different things. We hope not, but we will have to wait
- 13 to see.
- 14 Another concern of ours is we have a very
- ambitious, complex plan. Our concern is that other
- groups nationally may try to say, Well, we can Email
- 17 each other, therefore we're clinically integrated or
- something not quite as ambitious, and that this could
- 19 sort of taint the atmosphere in the national community
- for what clinical integration could do for physicians.
- 21 I think another issue that I would have is that

- the burden of proof for us as a group on whether or not
- 24 we're improving quality is one that's going to be
- 25 difficult, and I think we can show some efficiencies,

- 1 but much of what we're doing to improve quality are
- 2 long-term issues. At least in the Denver area, the
- 3 turnover for patients is about every two years, they
- 4 change health plans.

- 1 patient-centric program.
- 2 It really will improve the quality, and the
- 3 information sharing amongst physicians, which will
- 4 benefit patients and I think secondarily benefit the
- 5 health plans, but it was very costly and time
- 6 consuming. This was a pretty long haul for us all.
- 7 So when other groups are looking at this,
- 8 whether they approach the FTC or not, I think the
- 9 point is that if they have a game plan that's as complex and

- 1 be dealing with a whole range of health conditions.
- 2 Secondly, the efficiency enhancing integration
- does establish goals that are important and make sense,
- 4 but Commissioner Thomas Leary himself said: "Those who
- 5 provide the best product are able to charge more for
- 6 it. They can charge a quality premium, so in the case
- of MedSouth, if rates go up, how will we know if that's
- 8 the quality premium or a result of anti-competitive
- 9 practices?"
- 10 It really is not clear exactly how the
- 11 Commission is going to be able to determine whether
- 12 efficiencies have indeed been achieved that allowed them
- to issue the advisory opinion in the sense of balancing
- 14 likely anti-competitive effects.
- Thirdly, in terms of antitrust law, the issue is
- 16 going to rest on whether the arrangement, the network,
- 17 remains nonexclusive. Again the FTC staff has
- 18 already anticipated that in the advisory opinion, to
- 19 quote from it, "health plans appear to be vulnerable to
- 20 a threat by the group's members not to contract outside
- 21 the group unless the plans pay higher than prevailing
- 22 fees."
- 23 So again the issue is going to be with the large
- 24 number of physicians in MedSouth to be able to determine
- whether it truly is a nonexclusive kind of situation,

- and certainly as we've heard earlier today, there have
- 2 been now three consent agreements in the Denver area
- 3 itself, so the fact that we have a heightened
- 4 sensitivity about the potential implications of this I
- 5 think is certainly warranted.
- 6 Throughout the advisory opinion, the Commission
- 7 staff states that at this early point in time and based
- 8 on the information, they weren't going to make any
- 9 enforcement action recommendations, but they did imply
- 10 that they were planning to reevaluate based on the Rule
- of Reason after MedSouth was operational.
- 12 Now, what we're hoping is that, in fact, there
- 13 will be a rigorous review and not simply waiting for
- 14 complaints to emerge. Again, Commissioner Leary has
- himself said that complaints shouldn't be the only
- vehicle here for monitoring the situation as it
- 17 continues to evolve.
- 18 What we're hoping is given the degree of
- information systems that they're obviously putting into
- 20 place in MedSouth that they will be easily in a position
- 21 to provide information that the Commission staff might
- find useful in continuing to monitor the situation.
- 23 A greater concern of ours is that while the
- 24 Commission's opinion, the advisory opinion, is the
- 25 problem that this could, in fact, cause other groups

- 1 market, and just to give you a feel for the market
- within which we operate, we have approximately 100
- 3 hospitals located within 60 minutes driving time of our
- 4 facility, so when we start talking about market power,
- 5 the impact of mergers, we have to look at many, many
- 6 things that come into play in a given market.
- 7 Again in our market, which is the one with which
- 8 I'm certainly most familiar, although I'm here today
- 9 representing the hospital community in the American
- 10 Hospital Association, we have the Thomas Jefferson
- 11 University Health System, which has nine member
- 12 institutions. We have the University of Pennsylvania
- 13 with its five affiliates. Tenet came into the market
- following the demise of the Allegheny Health System. I
- 15 believe Tenet is now operating five institutions.
- 16 Five years ago there were no for-profit
- 17 institutions in our market operating general hospitals.
- 18 We now have approximately 11 percent for-profit market
- 19 share in Philadelphia, so things are very dynamic where
- we're located and again very unique. If you look at one
- 21 hospital market, you've seen one hospital market.
- 22 We also have an unusual situation when it comes
- 23 to the third-party payors, in that we have what I, as a
- 24 non economist, would consider to be at least a duopsony,
- if not a monopsony, with Aetna and an independent

- BlueCross being the predominant payors outside of the government.
- At my hospital, we have approximately 50 percent

 Medicare/Medical assistance market share. We have 67
- 5 percent of the remaining market share with BlueCross.
- 6 We have a situation where when you want to integrate
- 7 with another payor, or excuse me, with another provider,
- 8 we also have to contend with the Stark Rules. We have
- 9 Medicare fraud and abuse implications that actually need
- 10 to be looked at first and probably in most cases more
- 11 critically than some of the antitrust regulations.
- 12 They're harder for us to contend with at the
- 13 hospital level. We are severely and strictly limited as
- to what we can do in cooperating and doing joint
- ventures with other physicians and other providers in
- 16 our community. We have had some experience and some
- 17 success with integration. We've also had some failures
- 18 at Grand View Hospital.
- 19 On the success side, we have joined with 11
- 20 other hospitals to form a professional liability
- insurance captive that has allowed us to continue to
- 22 access the professional liability insurance markets
- 23 where many of the hospitals and a very large number of
- 24 physicians in our market are not having that same level
- of success.

1 integration or integrating for business reasons and have

them not shy away, given the terrible result of the Penn

3 Care experiment.

4 We do partner with specialty hospitals in the

5 city of Philadelphia. We have the Children's Hospital

of Philadelphia at Grand View where they operate our inpatient

pediatric unit in a partnership with us, and we have pediatric

8 hospitals available in our community now 24 hours a day.

9 We lose money on that type of a venture, but

10 qualitatively, it's something that we felt was called

11 for and certainly benefits our community. We do not

12 receive the same payment rates that a Children's

13 Hospital would receive in Philadelphia, but we do, as I

say, help to fulfill our mission, especially given the

fact that in the suburbs, we're ten miles away from the

16 closest public transportation depot.

17 So out in our area, if you can't get your health

care locally, it's quite an inconvenience, although as I

19 said we have a hundred hospitals within 60 minutes

driving time, but you have to have a car.

21 Speaking about mergers generally, in the

22 Philadelphia market, mergers can be very beneficial.

23 Qualitatively there are tremendous improvements and

24 enhancements to be realized. I would hope that the FTC

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- 1 will look not only at the cost savings issues but the
- 2 qualitative issues and work with health care providers
- 3 and academics to try to determine what those measures
- 4 should be.
- 5 Again in closing, the fraud and abuse Stark
- 6 regulations are the things with which hospitals have the
- 7 most difficulty contending. It is not at least
- 8 currently the antitrust provisions with which we're
- 9 asked to deal.
- 10 MR. WIEGAND: Thank you. Our next speaker is
- 11 Warren Greenberg from George Washington University
- 12 School of Public Health.
- 13 MR. GREENBERG: Let's look outside the health
- 14 care sector. It is 86 percent of the GDP, and for a
- long time, the subject of this panel now is
- 16 integration. For a long time outside of the health care
- 17 sector, we've had a long history of vertical
- 18 integration, a linking of buyer and supplier
- 19 relationships such as in the petroleum industry where
- large refineries such as Mobil and Exxon bought their own retail gas
- stations and were subject, as a matter of fact, with six refineries to
- a major suit brought by the FTC in 1973.
- 23 Firms have also had, outside of the health care
- 24 industry Per Se, and perhaps in the pharmaceutical

- 1 industry, firms have also had a long history of
- 2 horizontal integration. Mergers of basically the same
- 3 product such as in the pharmaceuticals, way before the
- 4 attention being paid today, were firms such as Warner
- 5 Lambert and Park Davis had merged and been subject to
- 6 FTC investigation.
- 7 My subject today, of course, is on health
- 8 services, and I would like to focus on vertical
- 9 integration in health services. I would like to say
- 10 that vertical integration, although we have a couple
- 11 panelists talking about physician involvement with
- hospitals, that would also be included, but also
- hospitals and HMOs, physicians and hospitals and HMOs or
- any combination thereof, including long-term care
- 15 facilities.
- 16 These arrangements have mostly occurred over the
- 17 last 25 years, in large part because the more
- 18 competitive health care sector has forced firms to be
- 19 more efficient or look for alternative ways to achieve
- greater revenues such as through monopoly power
- 21 arrangements.
- Thus, the reasons for integration in the health
- 23 care sector are the same as outside the health care
- 24 sector, to realize lower costs, to realize higher
- 25 profits or prices or some combination of the two. Improvements in

- 1 quality care may also be a motive.
- In a recently published paper the determinants
- 3 of hospital and HMO vertically integrated systems, we
- 4 found, using American Hospital Association data, that
- 5 hospitals integrated with HMOs when they had a higher
- 6 market share and a greater bargaining power to purchase
- 7 HMOs much more cheaply.
- 8 The modus for integration could be to reduce
- 9 transaction costs of hospitals attracting patients from
- 10 a large number of HMOs in order to primarily transact
- 11 with one HMO or fewer HMOs in order to achieve a
- more dependable flow of patients, a lower average cost
- and to reduce uncertainty.
- We also found that hospitals, which have lower
- occupancy rates also tended to merge, to increase the
- 16 number of occupied beds and achieve some economies of
- 17 scale from contracting with a single HMO or integrating
- 18 with a single HMO.
- 19 We also found that vertically integrated
- 20 systems, as we heard before, do not always work as
- 21 hospitals would want them to, and for example in 1997,
- there were 353 hospital mergers with HMOs, yet 330
- 23 vertically integrated systems dissolved. There's been a
- 24 slight decline in vertical integration. In 1994, there
- were 748 hospital HMO integrated systems compared to

1 353 in our 1997 data.

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Getting back to antitrust and vertical 2. integration, BlueCross/BlueShield versus Marshfield 3 Clinic in 1994, there was ample evidence to suggest that 4 5 the vertical integration between the physician group, б the Marshfield Clinic, 500 physicians, the St. Joseph's 7 tertiary care hospital, a monopoly teaching hospital in the relevant market and Marshfield Clinics HMO called 8 Security HMO created significant barriers to entry for 9 10 independent physicians and led to monopoly power of 11 Marshfield Clinic physicians. 12 Hospital staff privileges were not provided to 13 non Marshfield clinic physicians at the St. Joseph's 14 teaching hospital and its three smaller affiliated 15 hospitals. Marshfield Clinic physicians refused to cover for non Marshfield physicians when the latter 16 17 physicians were unavailable due to vacations or 18 professional business meetings. 19 Security Health Plan HMO physicians would send 20

their patients needing specialty or tertiary care to

Marshfield Clinic physicians only. Security Health Plan

HMO only employed primary care physicians of the

Marshfield Clinic. Marshfield Clinic physicians refused

to participate with BlueCross/BlueShield indemnity

plan.

1	The Marshfield clinic physicians also agreed not
2	to affiliate with Comp Care BlueCross's HMO. The
3	Marshfield Clinic HMO Security Health Plan also agreed
4	to segment the relevant geographic market with North
5	Central Health Protection Plan eliminating any price or
6	non price competition between them.
7	High monopoly prices by Marshfield Clinic was
8	the outcome of the integration and anti-competitive
9	conduct by Marshfield, in addition to reduction in
10	choice of physician, reduction in choice of the health
11	plan.
12	The District Court agreed with BlueCross and
13	BlueShield in this case, finding that Marshfield Clinic
14	violated Section 1 and Section 2 of the Sherman Act, but
15	the decision was overturned by the Court of Appeals when
16	they appropriately defined relevant market to
17	third-party payors. The Section 1 charge, that's the
18	price fixing charge, that Security and North Central HMO
19	divided the HMO markets in northwest Wisconsin was
20	upheld.
21	Judge Posner sitting on the Court of Appeals
22	suggested the high market shares of the Marshfield
23	Clinic physicians also may be due to their higher
24	quality, but he could provide no evidence of this.

Thus, for the Federal Trade Commission, I would

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- 1 suggest investigate the vertical integrations, examine
- the sources of any monopoly power, if any, such as
- 3 monopoly hospitals denying staff privileges to
- 4 independent physicians, and be prepared to trade-off the
- 5 potential of lower cost against monopoly prices.
- 6 To all this, investigate the possibility of
- 7 increases or decreases in the quality of physician care,
- 8 hospital care or health care plans due to integration.
- 9 Volume of surgeries and case mix adjusting the mortality
- 10 rates have often been used as proxies for quality of
- 11 health care.
- The costs or benefits of changes in quality,
- therefore, must be weighed against the possibility of
- lower costs or monopoly power or vertical integration in
- order to arrive at the optimum degree of efficiency in
- 16 these health care markets.
- 17 That's it.

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- 1 antitrust laws to physician conduct.
- We, who represent physicians, support efforts to
- 3 promote competition in the health care system.
- 4 Competition often leads to quality improvements,
- 5 innovation and enhanced access to medical services.
- 6 However, we believe it's time to take a fresh
- 7 look at some of the core principles that have guided
- 8 antitrust enforcement in the health care sector. In our
- 9 view, some of these principles simply don't hold up to
- 10 close examination. They are simply assumptions which
- 11 have never been proven and in which, in our view, have
- outlived any purpose they once may have served and are
- 13 now counterproductive.
- 14 Today, I will identify some of these assumptions
- and explain why we believe the Commission should revisit
- 16 them. Our central message boils down to this. When
- 17 physicians create a network to market their services
- 18 jointly to payors, the Rule of Reason rather than the
- 19 Per Se Rule should generally apply. The physician
- 20 network should not be required to do risk contracting,
- 21 to clinically integrate or to use the so-called
- 22 messenger model in order to avoid charges of price
- 23 fixing.
- 24 We believe the Rule of Reason is up to the task
- of distinguishing between physician networks that are

- 1 truly harmful to competition and those which are benign,
- 2 and at the same time will allow greater flexibility,
- 3 more innovation and ultimately a better health care
- 4 system.
- 5 The first assumption I want to address is the
- 6 agency's position that capitation and other forms of
- 7 risk contracting are more efficient than fee for service
- 8 medicine. Both risk contracts and fee for service
- 9 contracts are regularly used by payors. The agency's
- 10 posit that capitation and withholds promote efficiency
- 11 by giving physicians an incentive to contain costs.
- By contrast, the agencies believe that joint
- contracting on a fee for service basis creates no
- 14 efficiencies and is illegal Per Se.
- As a factual matter, it's far from clear whether
- 16 risk contracting is really more efficient than fee for
- 17 service. To the extent this question has been studied,
- 18 the results have been inconclusive. To determine this
- 19 question of efficiency, it would be necessary to gather
- and compare data on the overall costs in quality of care
- of both types of physician network. This would be a
- 22 daunting task. A number of factors would need to be
- 23 considered, such as the administrative costs of risk
- 24 contracting, including the cost of legal and regulatory
- 25 compliance. In addition, the effects of risk

- 1 contracting on quality would have to be considered.
- 2 This alone is a highly controversial and unsettled
- 3 question.
- 4 An additional cost that is all too familiar to
- 5 those of us in California is the numerous physician
- 6 bankruptcies that have resulted from inadequate
- 7 capitation rates. In California where capitation has
- 8 been the norm rather than the exception, dozens of
- 9 medical groups and IPAs have declared bankruptcy since
- 10 1999, and dozen more are on the brink. These
- 11 bankruptcies have caused enormous disruptions in care,
- jeopardizing the continuity and quality of care for
- millions of patients.
- 14 Every time a medical group or IPA goes under,
- patients lose access to their treating physicians and
- 16 must scramble to get their medical records. Patients
- 17 are forced again to establish a new therapeutic
- 18 relationship with a physician they hope they will
- 19 retain, assuming they can find any physician who can see
- 20 them.
- 21 Even if it were demonstrated that one form of
- contracting is more efficient than another, there's a
- 23 more fundamental question to address, Is it the proper
- 24 role of antitrust officials to state a preference for
- 25 risk contracting versus fee for service?

1	Competition policy ordinarily does not take
2	sides on this sort of question. It usually lets the
3	market decide. To quote Clark Havighurst, "Antitrust
4	enforcers should not, without good reason, deny
5	physician designed arrangements a fair chance to compete
6	against lay controlled entities in finding efficient
7	ways to cope with disease at reasonable cost."
8	Havighurst went on to say that "the fact that
9	physicians are able to rely on professionalism,

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- expensive task for a payor seeking to enter or to expand its place in a market.
- For physicians, a network would enable them to pool their resources to afford the necessary expertise to evaluate contract proposals, just as large health plans do now. This would lower costs and rationalize pricing without restraining competition.
- To illustrate, I'll describe a fairly typical
 physician sponsored network. It includes a large number
 of physicians in the community. All of the physicians'
 credentials have been pre-approved by the network's
 credentials community. The network is also truly
 nonexclusive.

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Payors thus have an option. They can build their own network by approaching physicians individually or they can approach the physician sponsored network and obtain ready access to a panel of qualified physicians.

Assume too that payors have the additional option of acquiring a physician panel by going to a national or regional PPO that is not sponsored by physicians but that has contracts with many of those physicians that are in the physician sponsored network.

1 presented to them outside of the network. A payor who

is unable to reach a package deal with the network can

3 go directly to its physicians or to the competing PPO.

4 Rather than restraining trade, the physicians have

5 created an additional option for purchasers, which is

6 pro-competitive.

contracting.

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In this sense, these types of networks can be viewed as a new product under the Supreme Court's decisions in BMI and Maricopa. Although some view Maricopa as creating a strict Per Se prohibition for fee for service contracting by a physician sponsored network, the four to three decision in that case should not be read so broadly, particularly since, because of its procedural posture, there was no factual record before the Court on the potential efficiencies of joint

Ironically, while enforcement policy continues to favor risk contracting, the market appears to be shifting away from it and to discounted fee for service networks. Many employers and patients want to eliminate financial incentives for physicians to withhold care.

Should antitrust policy stand in the way of physicians responding to this consumer demand? Should our hypothetical physician network be prohibited from competing on an even keel with the national or regional

- 1 PPO? The next assumption worth addressing is that
- 2 physician networks that want the flexibility to contract
- on a fee for service basis can simply become clinically
- 4 integrated.
- 5 Although the MedSouth letter represents a
- 6 thoughtful attempt by the Commission to deal with an
- 7 innovative effort by physicians to provide new services
- 8 within the confines of antitrust restrictions, it
- 9 demonstrates how high the bar has been set. For most
- 10 physician groups, the level of investment called for in
- 11 MedSouth is simply not an option.
- 12 The letter is also laced with caveats that seem
- to indicate the IPA will continue to be exposed to
- 14 significant antitrust risk. After years of work, a very
- 15 substantial investment, lots of physician and consultant
- 16 time, the IPA walked away with a luke warm conditional
- 17 go ahead. This leaves us with another assumption.
- 18 The messenger model represents a viable
- 19 alternative for physician networks that do not want to
- 20 become financially or clinically integrated. The
- 21 messenger model, although creative, is an invention
- 22 worthy of Rube Goldberg. It is purely a device for
- 23 maintaining antitrust compliance with no independent
- 24 business justification, and it is cumbersome and
- 25 difficult to administer.

- 1 physicians and patients.
- We are encouraged to hear that the Commission is
- 3 committed to researching the quality competition trade
- 4 off. We suggest that the role of quality health care
- 5 competition is an issue that requires significant
- 6 additional study. The study must reflect the ongoing
- 7 work in this area by recognized medical experts.
- In conclusion, I would like to thank you for the
- 9 opportunity to present AMA's views to the Commission.
- 10 We look forward to a continuing dialogue with the
- 11 Commission on these and other important issues.
- 12 MR. WIEGAND: Thank you. The final member of
- 13 this panel is Stephanie Kanwit of the American
- 14 Association of Health Plans.
- MS. KANWIT: Thank you, John. I'm Stephanie
- 16 Kanwit. I'm general counsel and senior vice president
- 17 for the American Association of Health Plans, better
- 18 known as AAHP. AAHP is the principal national
- 19 organization representing HMOs, PPOs and other network
- 20 based health plans.
- Our member organizations provide health care
- 22 coverage to approximately 170 million individuals
- 23 nationwide. AAHP member plans contract with large and
- 24 small employers, state and local governments as well as
- with Medicare, Medicaid, the Federal Employee Health

- 1 Benefits Plan and the State Children's Health Insurance
- 2 Program, the SCHIP program, so it's both the public side
- 3 and the private side.
- 4 We most appreciate this opportunity to
- 5 participate in this important dialogue on provider
- 6 integration and important trends in the health care
- 7 system.
- In an environment of rising health care costs,
- 9 it's important to take a step back and examine the key
- 10 factors shaping today's health care market. I would
- like to talk a little bit about the trends in that
- 12 market.
- 13 According to the U.S. Department of Health and
- 14 Human Services, HHS, overall health care spending rose
- 15 6.9 percent in the year 2000, and that was the largest
- increase since 1993. A number of factors, of course,
- are contributing to this increase, but both HHS and the
- 18 non-partisan Center for Studying Health Systems Change
- 19 which you heard from this morning in Cara Lesser's
- 20 presentation, cited increases in hospital costs as the
- 21 largest single factor.
- Moreover, a study commissioned by us at AAHP and
- 23 conducted by Pricewaterhouse Coopers just this past
- spring, April 2002, found that rising provider expenses,
- which is a category including hospitals, physicians and

others, accounted for fully 18 percent of the increase

- in health care premiums from the year 2000 to 2001, in
- 3 that one year. All three studies identify hospital
- 4 consolidation as one of the prominent drivers of rising health care
- 5 cost.
- 6 Now, while it's clear that consolidation among
- 7 health care organizations has the potential to benefit
- 8 consumers by adding efficiency and affordability to the
- 9 market, in evaluating the impact of any consolidation
- from an antitrust standpoint, the key question that
- 11 needs to be answered, and this was addressed by
- 12 Commission personnel this morning, is whether the test
- is met. The test is, what is the impact on
- 14 consumers? Unfortunately, the evidence published to
- date suggests that some consolidations may have had
- 16 unintended negative consequences.
- 17 I want to briefly review now five types of
- 18 market activity that we believe should be evaluated
- 19 closely. Number 1, increases in charges. In site
- visits to 12 nationally representative communities in
- 21 2001, the Center for Studying Health Systems Change
- found that consolidation has given hospitals
- 23 significantly more leverage in contract negotiations,
- 24 making it possible for them to gain substantially higher
- 25 payments from health plans.

1 An article in The New York Times from last year,

- 2 2001, reported that that as a growing number of
- 3 hospitals gained market power through mergers and
- 4 acquisition, they demanded rate increases as high as 40
- 5 to 60 percent for some services. These rate increases,
- of course, are ultimately passed on to employers,
- 7 consumers and governments in the form of higher health
- 8 care costs.
- 9 Number 2, spill over effects. In some instances,
- 10 provider charges not only increased for the largest
- 11 player in a given market but also for all hospitals in
- 12 that particular region. This is because once the
- largest player obtains a large increase, there's
- 14 significant upward cost pressure throughout the same
- 15 geographic area.
- 16 Number 3, the issue of all or nothing
- 17 contracts. In some markets, hospital systems force
- 18 health plans to contract with every facility affiliated
- 19 with their system, even if some of those facilities fill
- 20 no real need in the health plans network.
- Number 4, termination instead of negotiation.
- 22 Some hospital systems are using a strategy of sending
- 23 termination letters to health plans as part of their
- 24 efforts to obtain higher rates. While termination used
- to be the last resort in negotiations, in some highly

- of increased health premiums, higher cost sharing and in
- 2 extreme cases loss of access to employer sponsored
- 3 health care coverage. To promote policies and practices
- 4 that benefit consumers, it is critical that enforcement
- 5 agencies monitor the market closely and take steps to
- 6 address anti-competitive practices.
- 7 Finally, I would like to go over three

1 markets for acute care services as geographic areas that 2 are much too broad. We believe that the initial steps

in the agency's analysis should be to reevaluate the

4 definition of hospital markets and to assemble a more

5 appropriate definition that accurately reflects patterns

of utilization in the particular geographic area.

Third, we encourage the agency to continue its important efforts in coordination with state and other federal enforcement agencies to gather the facts necessary to evaluate existing mergers and to analyze proposed mergers through the prism of whether the impact is positive or negative for health care consumers.

In the next panel, we will be addressing the important issue of antitrust enforcement and how it impacts quality of care. We believe that maintaining competition in the health care market is critical to create an environment in which policy makers, payors and providers in both the public and private sectors can develop effective strategies to bring health care costs under control and provide consumers choice of affordable health care options.

Thank you very much.

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MR. WIEGAND: Thank you, and beginning with your last point about quality of care issues, I would like to raise that issue. I know that Warren Greenberg

- 1 expressed some skepticism about quality of care being a
- 2 motivation for integration, and I would like, if you
- 3 would, for him to expand on that a little bit, and then
- 4 I would like to invite Ellen Burkett to respond to that
- 5 because she emphasized MedSouth's emphasis on quality of
- 6 care. Then I will open it up to any of the other members of
- 7 the panel to discuss that particular point.
- 8 Warren?
- 9 MR. GREENBERG: Okay. This is an unrehearsed
- 10 question and unrehearsed answers, but I will give it a
- 11 shot.
- 12 I think everyone in the health care area has
- good will to bring about as much quality as they can.
- 14 However, there are constraints on the incentives to
- provide quality of care, mostly by health care plans,
- 16 and even perhaps on our providers such as hospitals and
- 17 physicians. Why do I say that?
- 18 The health care plan that advertises, we have
- 19 the best quality in the city, we treat HMO, we treat
- 20 cancer patients immediately and we'll send them to Sloan
- 21 Kettering if they have cancer at our expense or we'll
- treat an AIDS patient and open up the doors with an 800
- 23 number, if you have AIDS, come in here, we'll treat you
- 24 with an infectious disease doctor in five minutes, the
- 25 next enrollment period that HMO will be flooded with

- 1 high risk individuals. What are the incentives of the
- 2 health care plans to provide quality under those sorts
- 3 of arrangements?
- 4 There's a problem with risk selection in the
- 5 health care market. It goes right up and down the line
- from HMOs to physicians to hospitals. What incentives
- 7 do the hospitals have to be known as good quality hospitals,
- 8 maybe again being flooded with high risk individuals?
- 9 The incentives are I think people at hospitals
- want to do a good job. They're professionals. I think physicians want
- to do a good job. They're professionals. I think health plans want to
- do a good job. They're run by human beings.
- On the other hand, we have to be careful of the
- incentives in the marketplace. When we talk about
- quality, we have to really couple it with changes in the incentives.
- 16 I would ask Stephanie if she knows of any
- 17 health care plan in the country that will advertise,
- 18 this is our 800 number and if you're sick with heart
- 19 disease, we open up our doors to you tomorrow and we'll
- 20 fly you to the Cleveland Clinic.
- 21 MR. WIEGAND: Let's go to Ellen Burkett first,
- and then we'll let Stephanie respond and any members of
- 23 the panel that would like to weigh in on this.

MS. BURKETT: She can go first, that's okay.

1	I think this quality issue is one that I raised
2	as well. I think it's going to be very difficult to
3	measure, and I think it really changes the paradigm for
4	physicians in our community to define what quality is.
5	I don't think health plans have actually done a
6	great job of that. I think probably the best measure of
7	quality in our community has been how well the health
8	plans achieve their HEDIS requirements, and they're
9	measured, and that's reported in this paper, and that's
10	sort of reported as quality.
11	I think the physicians in the past have been
12	incentivized, as Warren has said, on cost only. I think
13	it's much more difficult to define quality, particularly
14	in our community where it's a short-term goal of what
15	can you do for me in the next year that I can define as
16	quality? Did your 45 year old female get her mammogram
17	is defined as quality. I think it behooves the
18	physicians to show we're looking at a community of
19	patients over whom we're taking care of over maybe a 20
20	or 30 year career.
21	There isn't a lot of turnover physicians to
22	patients. I think there's a lot of turnover with
23	patients to health plans, so I think our definition of
24	quality is a longer term one, and one that I think as

- 1 programs, collecting and sharing medical information.
- I think one of the things that we're proudest
- of, John, is that we're partnering with the providers,
- 4 the hospitals and the doctors in terms of these disease
- 5 management programs and screening programs and using new
- 6 technology under HIPAA as well as just little things like
- 7 Palm Pilots and the technology that's out there, making
- 8 consumers more knowledgeable and savvy, making employers
- 9 as buyers of health care more savvy and in general
- 10 getting a healthier population as a result. I'm very,
- 11 very optimistic in this score.
- MR. WIEGAND: Stuart.
- 13 MR. FINE: At least in the Commonwealth of
- 14 Pennsylvania we have an entity called the Pennsylvania
- 15 Health Care Cost Containment Council that publishes
- 16 mortality and morbidity information on each and every
- 17 hospital in the state. This is an annual report that
- 18 comes out. It also publishes information concerning
- 19 charges, not cost to reimbursement but charges that
- 20 pertain to each DRG category that's analyzed in the
- 21 report.
- The report is far from perfect, but it's the
- 23 best thing that's out there right now. The frustration
- 24 that hospitals like my own have is that we'll have a
- 25 report that shows that we have superior outcomes, lower

- than expected morbidity and mortality statistics. Yet
- again the health plans don't modify the way in which
- 3 they contract based on that, and we've seen very little
- 4 public response, very little in the way of people
- 5 changing, how they shop for care based on the release of
- 6 this information.
- 7 MR. WIEGAND: Any other members want to say
- 8 anything on the subject of quality? Let me pursue the
- 9 point one step further. Suppose hypothetically that
- 10 MedSouth were to increase price over time and proceed to
- 11 contract with payors and proceed to increase price.
- 12 Let's suppose further that they claim that the
- increase in price is due to the fact that they've
- achieved a lot of the clinical integration that they
- hoped and planned to achieve. How are we going to
- 16 measure whether that price increase is a result of
- 17 market power or is it really just a reflection of a
- 18 better product?
- 19 T will let Ellen take a stab at this and then
- anyone who has any other ideas about how enforcement
- 21 agencies might address such a question.
- 22 MS. BURKETT: I think that's a very difficult
- 23 question. I think we haven't yet achieved what we said
- 24 we were going to achieve. I think it may take us a year
- to have any proof of that know, any reporting

- 1 capabilities back, but I do think with the health plans
- 2 in consideration in contracting that we can give them
- 3 something that we have not been able to give them
- 4 before.
- 5 So I do think that we offer a better product,
- and in terms of one of our physicians who is not here
- 7 today, we built a better mousetrap, and I think that's
- 8 worth something to our community of physicians, and it's
- 9 also worth something I think to our patients, and that
- 10 makes it valuable to the health plans.
- I think we do offer something, and I think you
- 12 said which is it going to be. Is it going to be power
- in the marketplace? We see a lot of the leverage
- 14 techniques in our marketplace. I think our group is
- walking the mine field here. We're not really out to
- leverage anybody and pound anybody over the head with a
- 17 strike.
- 18 I think what we're really working towards is a
- 19 better product from the physicians, and I think there's
- 20 been this triangle between the health plans and the
- 21 hospitals and the doctors, and particularly in Denver
- it's been kind of a vicious triangle, and we've been
- 23 sort of on the back burner for awhile, and I think the
- 24 physicians feel like we can provide a better product,
- and I think that's sort of the hope, that we will in

- 1 turn give someone a health plan that may save them some
- 2 money, and in return some of that may come back to the
- 3 physicians as well.
- 4 MR. WIEGAND: Henry?
 - MR. DESMARAIS: Certainly it's possible that

L MI	R. WIEGAND	: Catherine?
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2. MS. HANSON: If I could just add, I think one thing that gets lost a little bit in the MedSouth 3 4 opinion, at least as I read it, was that they are a 5 nonexclusive network, so it seems to me that the market 6 is going to tell us whether the additional benefit 7 they're providing is worth more money because either people will contract with them, and if they are paying a 8 premium, they'll be paying a premium. 9 10 If the premium is too high, then no one is going to contract with them, and since it's nonexclusive, 11 12 they'll go around them and otherwise contract with the 13 doctors, so I think the MedSouth case actually provides 14 almost no or no potential for anti-competitive 15 problems. 16 I think the better concern with MedSouth is, as 17 I said, the bar is so high that there's a significant

I think the better concern with MedSouth is, as I said, the bar is so high that there's a significant concern about whether they're going to be able to survive, whether they're going to be able to get past three years of development without being able to generate any revenue to support it, and I think that's a very serious question for the Commission to consider is, What are you doing to new entrants here and people who are trying to do things that at least a lot of people think theoretically may be a good thing to do?

1	The second point is that I do think there is a
2	lag time issue in these things. It costs a lot of money
3	to put together the kinds of information systems that
4	everybody is telling us are going to ultimately provide
5	tremendous efficiencies, and I personally believe that
6	those systems will provide tremendous efficiencies, but
7	somewhere there's got to be money to get those systems
8	in place.

So I think it's very possible that you could have a MedSouth situation where the initial years, there was a higher premium for that, and then potentially over time, maybe there's still a higher premium for that, but in terms of the overall cost of that network providing care to the patient population, it's actually lower from the standpoint of the system.

MR. WIEGAND: Warren?

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MR. GREENBERG: I just wanted to hit the quality point again. I think we've come a long way with this quality question in antitrust. 20 and 25 years ago, we never heard this word at the Commission. We only talked about costs and monopoly prices.

Moving along, now there's been talk even by the Commissioner himself this morning about quality in health care. We never had rankings of hospitals in Pennsylvania or New York state before. In the last ten

- 1 years we've begun to have these kind of rankings, and I
- 2 say that once we change these incentives, once we change
- 3 these rankings, I would also suggest this, that we'll be
- 4 able to measure quality.
- It won't be easy. It will be tough, but compare
- 6 it with other industries of which there are differences
- 7 of opinion. Talk about the latest movie that you saw or
- 8 the last theater performance. You may have liked it.
- 9 Your friend didn't like it. Somehow we kind of agree
- 10 that this movie was better than another.
- 11 So again that's perhaps why I started off
- 12 looking at outside the health care box. There are other
- things that we're buying all the time where quality can
- 14 be differentially rated among individuals, and yet we've
- come up with market mechanisms, with government
- 16 mechanisms, with quasi government mechanisms to try and
- 17 evaluate quality. I believe this conference will
- 18 mark the start of exploring changing incentives to look
- 19 for other ways to measure quality in the health care
- 20 sector.
- 21 MR. WIEGAND: Henry Desmarais.
- 22 MR. DESMARAIS: Briefly just to avoid a danger
- 23 here. We don't have to have a MedSouth to work on
- 24 quality. Quality's being worked on today. We saw I
- 25 think it was Cara Lesser this morning showed us a chart

- 1 that spoke to the issue of appropriate drug management
- 2 after a heart attack, and the drugs we were talking
- 3 about were aspirin and generic drugs propranolol and so
- 4 on.
- 5 So it's not an insurmountable thing. There's a
- 6 lot of things that can get done. Clearly MedSouth
- 7 presents an opportunity, a more sophisticated
- 8 opportunity, but they're doing it in part because
- 9 they're also looking for the benefit of collective
- 10 negotiating, so I think that's another balancing act
- 11 that the Commission clearly has to consider.
- 12 MR. WIEGAND: I would like to follow up, if I
- could, on a point that Catherine Hanson made about the
- 14 nonexclusivity provision and the MedSouth approach that
- the Commission took in that letter and ask, I guess I'll

1	going to be anyway that that information is going to be
2	monitored or collected, or are we going to have to go to
3	every doctor and say, How many contracts have you
4	signed, how many patients do you see pursuant to those
5	contracts?
6	MS. BURKETT: I think the administration of
7	MedSouth knows which of those physicians have contracted
8	outside. If we can't reach agreement with a health
9	plan, we probably will know who is or who isn't, but one
10	thing I would just like to add to this exclusivity/nonexclusivity that
11	is sort of the physician's perspective, sort of not as a MedSouth
12	person but as a physician, is that it's not all about price.
13	I think that's sort of been one of the basic
14	tenets here is if we can't agree on a price, and I
15	think in our group we've actually had some groups of
16	specialists join our group with the anticipation that
17	the price would actually be lower for them than it would
18	be if they contracted individually for two reasons.
19	One is the clinical integration program offers
20	them some benefits with the referring physicians and

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clinically communicating with the other physicians.

and in Denver, that's been a huge problem is timely

other is that as a group, we have a little more say in

contracting negotiations as far as wording of contracts,

- 1 payment, hassle factor and things like that.
- When we get down to nuts and bolts, it's not all
- 3 going to be about price, so this exclusivity issue, it's
- 4 clear that the group is going to be nonexclusive, and
- 5 physicians will be sign outside of the contract. We've
- 6 already had that happen in the past, so I have no
- 7 concerns about that happening in the future, but I think
- 8 the physicians are motivated to do something beyond just
- 9 price.
- I think we have a group of physicians that's
- 11 ready to sort of sit at the table with the health plan
- and express some concerns over a lot of the hassle
- factors which have driven a lot of our friends and
- compatriots out of Denver, so I think we're actually
- 15 talking about something beyond just, how much are you
- 16 going to pay us for this service.
- 17 It's really about having a healthy dialogue as a
- 18 group with health plans in town.
- 19 MR. WIEGAND: Catherine.
- MS. HANSON: If I can add a point, I think
- 21 certainly the practical reality for most physicians at
- least in California is that nonexclusivity is the rule.
- 23 People are contracted with multiple networks, and in
- 24 fact that's part of the problem on the administrative
- efficiency side is that they can't reconcile their

- 1 payments because they've got so many different contracts
- with so many different terms with so many different
- 3 payment rates, even within one health plan which is
- 4 paying them this price for this company and that price
- for that company.
- It becomes an absolute nightmare, but I think
- 7 reality is that nonexclusivity has been the rule.
- 8 MR. DESMARAIS: To make a little point too, to
- 9 me it's not just MedSouth's responsibility to even be
- 10 tracking this. They certainly shouldn't be precluding
- 11 physicians to negotiate outside the MedSouth
- arrangement, but I don't think they're supposed to be
- 13 sitting there and saying, Hey, you're too linked to us
- so you better go out and get some business.
- That's really not their responsibility, and
- 16 that's another issue I think just in monitoring this.
- 17 I'm not sure whether it's MedSouth that is supposed to
- 18 be collecting the data how frequently their physicians
- 19 are, in fact, entering into agreements with other
- 20 plans.
- MR. WIEGAND: So would you say there would even
- 22 be some danger in MedSouth collecting such data?
- 23 MR. DESMARAIS: I think there could be, yes,
- depending on exactly how it's used and what the
- implications might be. So again, it's a challenge, and it

- does put them in a difficult position because the
- 2 advisory opinion clearly was conditioned on seeing that
- 3 this truly was nonexclusive.
- 4 MR. WIEGAND: Any other comments on the value to
- 5 consumers through nonexclusivity of the provider
- 6 network?
- I would like to follow up next on a point
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in order for a physician group to take capitation, they

2 really have to become a little insurance company, and

3 that takes a huge amount of money and a huge amount of

4 expertise, which is not within the normal training of a

5 physician.

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A number of physicians in California got into capitation without knowing really what it meant and without, in our view, getting adequate information from the health plans about what kind of risk they were going to be taking in any event, but the net result of all of it was a huge amount of fall-out and disruption in the community.

Under those circumstances, it seems to me that it's time to say, we really don't know where things should go. We need to provide some more flexibility.

Obviously I fully understand if a doctor group is getting together not to be nonexclusive and simply to boycott various arrangements, that's a whole different kettle of fish, and clearly under the Rule of Reason, that would be a violation.

I think the concern is when the Commission starts setting rules and starts setting the bar high, as it has in the MedSouth case, that you're both shutting out a lot of innovation that may be beneficial and you're potentially not even allowing an organization

- 1 like MedSouth to ever get anywhere because they simply
- 2 can't afford to get through all the hoops to get
- 3 clearance.
- 4 MR. WIEGAND: What do our other panelists think
- 5 about possibly eliminating Per Se Rules as they would
- 6 apply to physician networks?
- 7 MS. KANWIT: Not much. Basically as I
- 8 understand Catherine's proposal here, what this would be
- 9 would be a back door way to physician collective
- 10 bargaining. One of the issues in the recent Conyers/Barr bill that
- 11 came up before Congress this spring
- was exactly that, was treating health care in a
- 13 physician bargaining in a different way and carving out
- physicians out as an exception to the antitrust laws. This A, raises
- prices for consumers in both the public
- and private sector, and B, isn't necessary because they
- 17 already, under the health care guidelines, can talk to
- 18 each other about quality and treatment, et cetera.
- 19 So this is kind of a back door way to do that.
- I think we also need to remember what Per Se Rules apply
- 21 to. They apply to price fixing, boycotts and market
- 22 allocations. I just cannot see the benefit to
- 23 consumers, again I harp on this, in a time of raising
- 24 health care costs of having the DOJ or the FTC spend
- 25 three years looking at a physician group to determine

- 1 under the Rule of Reason whether a certain arrangement
- 2 is or is not violative of the antitrust laws. That is
- 3 not going to benefit consumers.
- 4 MR. WIEGAND: How do our other panelists see
- 5 it?
- 6 MR. DESMARAIS: I agree with what Stephanie just
- 7 said. I'm not an attorney.
- 8 MR. FINE: Again from the hospital perspective
- 9 the issue becomes much more the Stark
- 10 Medicare fraud and abuse implications than the antitrust
- 11 implications.
- 12 If we have a Per Se illegal situation, if we
- want to joint venture with physicians, we want to invite
- physicians to participate in our MRI unit, but if they
- do that, that will constitute an inducement for them to
- 16 refer. Instead, they can own their own MRI. They can put
- one in an office and own it outright, but they can't joint
- 18 venture with us, so we are disadvantaged competitively.
- 19 So I know that that's not where you were taking
- this, John, but we have the concern on the Medicare
- 21 side.
- MR. GREENBERG: You can have an example of 20
- 23 physicians or a number of physicians sitting together in
- 24 perhaps a non smoke filled room fixing prices or attempting
- 25 to fix prices because there are so many of them that they feel they

- 1 have to sit in a non smoke filled room to attempt to fix prices.
- 2 That's going to fail. Physicians' behaviors are
- different. Physicians are practicing differently. FTC or
- 4 Department of Justice can brings a case. There's no way
- 5 that these 20 physicians are going to be able to fix
- 6 prices with different types of practices and different
- 7 types of locations and so forth. If that case is
- 8 brought, perhaps it would be a waste of Commission
- 9 resources.
- 10 On the other hand, three physicians, not sitting
- in a non smoke filled room, kind of following the
- 12 leader, following each other carefully, not violative of
- 13 Section 1 of Sherman Act, that may go right by the FTC
- and where that may, in fact, become a scenario of higher
- 15 prices.
- 16 Given that, I think it's a tough good question
- 17 that you asked. I think there's such things as
- 18 transactions costs, as Stephanie pointed out, and
- 19 there's such a thing as length of trial, as Stephanie
- 20 pointed out, and I think on balance I think we ought to
- look at Per Se and keep that Per Se approach, but with
- the cognizance, let's be smart about which cases we
- bring about in the Per Se area.
- 24 MR. FINE: John, I will add one other thing, and
- 25 that's not on the physician side but on the hospital side.

1 entrepreneurs because there are employers particularly

- 2 that are very interested in being able to access a
- 3 physician network, and they don't want to have to go
- 4 through the cost of developing that network.
- 5 It clearly is a product. It's clearly out
- 6 there, and yet because of, in our view, the weird way
- 7 that the Maricopa case came up, none of those issues
- 8 really were in front of the Court, and so the Court
- 9 suggests that all physician network activity is
- inherently Per Se illegal.
- 11 So I'm not saying that you have a number of
- doctors who sit down and do something that has no
- pro-competitive justification, that ultimately you might
- conclude that that's totally illegal, you probably
- would, but the question becomes in this area of
- 16 physician networks where you have purchasers for that
- 17 product, i.e., they want something more than just access
- to a single physician, that there are clear
- 19 pro-competitive values in that. At a minimum,
- the Commission ought to hold hearings on that question
- and reassess whether every one of those is inherently
- 22 anti-competitive or ones that have some level of
- 23 clinical integration that doesn't meet close to what
- 24 MedSouth has done but are moving in that direction given
- limited financial resources, that there ought to be a

- 1 second look at what's happening out there and what might
- 2 be ultimately in the benefit of consumers.
- 3 MR. WIEGAND: Anyone else on this point?
- 4 Let's talk for a moment about the legal form of
- 5 the network. I don't think this issue has been raised,
- 6 but it occasionally appears in real life. If the
- 7 network is itself a corporation composed of all the
- 8 physicians or partnership composed of all the
- 9 physicians, should it be immune from antitrust
- 10 scrutiny?
- 11 Say an organization like MedSouth was created
- not as an umbrella entity but as a merger of all the
- 13 physician practices into a single partnership or a
- single shell corporation, should such an entity be
- granted immunity just because it's a single entity?
- 16 Warren, do you want to speak to that first?
- 17 MR. GREENBERG: No, but I'll leave it to my
- 18 colleagues to expand on that. I don't quite see the
- 19 reasoning why it should be granted immunity. I would
- 20 say no. I think they should be investigated.
- MS. HANSON: I don't think I understand or I'm
- 22 not sure I understand your hypothetical.
- MR. GREENBERG: Just say no.
- 24 MS. HANSON: Are they integrated, or just it's
- an IPA that's set up as a professional corporation.

- 1 MR. WIEGAND: It's the latter.
- 2 MS. HANSON: Well, that's the current
- 3 situation. If they're not a single entity, then they're
- 4 going to be, now in our view, too strictly under the Per
- 5 Se Rule, whereas they should be viewed under the Rule of
- 6 Reason depending on whether what they're doing has
- 7 pro-competitive justifications that outweigh the
- 8 anti-competitive effects.
- 9 MR. WIEGAND: Sure. The concern is when they
- 10 are legally, from a legal point of structure, a single
- 11 entity and arguing that they're incapable of conspiring
- with one another because they're in a single partnership
- or a single corporation, but economically they're not
- integrated in any way at all, and whether that kind of
- arrangement is a problem to payors, whether it's
- 16 something that's commonplace in the industry.
- 17 MR. GREENBERG: I think payor would have a
- 18 problem with that, wouldn't they? A single entity
- 19 combined together, wouldn't you have a problem with
- that, Stephanie?
- 21 MS. KANWIT: It's hypothetical.
- MR. WIEGAND: Sure.
- 23 MS. KANWIT: I really can't answer that. I'm
- 24 trying to remember, John, if we're talking about are
- 25 they risk bearing? Is it clinically integrated in any

- 1 way? What is the network?
- 2 MR. WIEGAND: No. There is no clinical or
- 3 economic integration. The member physicians have put
- 4 all their practices into a common partnership, haven't
- 5 changed anything else as to what they do, except they
- 6 might change their prices, but they haven't changed
- 7 anything about what they're doing as far as financial
- 8 risk sharing or clinical integration.
- 9 They've just created either a shell corporation
- or a shell partnership that covers all of their
- 11 practices and created a single legal entity, and my
- 12 question is: Is that an entity that ought to be exempt
- from application of the antitrust laws generally or the
- 14 Per Se Rule specifically?
- MS. HANSON: Yes, it should be exempt from the
- 16 Per Se Rule, and it should be reviewed under the Rule of
- 17 Reason.
- 18 MR. WIEGAND: Anyone else?
- 19 MS. KANWIT: Let me just add payors, are not
- always in the best position to know exactly how an
- 21 entity like that, John, is constituted so you're asking
- a payor representative a difficult question here.
- 23 MR. WIEGAND: Okay. Are there any other
- 24 questions, the panelists would like to raise?
- MR. DESMARAIS: One of the things I wondered

- about, MedSouth clearly has come forward and dealt with
- 2 the Commission staff and received an advisory opinion,
- 3 but to the extent other groups begin or think they can
- 4 rely on that opinion to set up similar entities and then
- 5 they in turn begin to negotiate collectively with plans.
- 6 I'm beginning to wonder, absent some notification of
- 7 what's going on, that we are clinically integrated and
- 8 so on, whether plans are going to begin to report to the
- 9 FTC some suspicious activity believing that, well, these
- aren't risks, they are not a risk sharing arrangement,
- and so they really shouldn't be doing what they're
- doing.
- So I think it could potentially cause some
- 14 confusion out in the market.
- MR. GREENBERG: John, may I ask a question of
- 16 you, and that is, let us say the FTC does the right
- thing, as it usually does work in the public interest.
- 18 What does the FTC expect to see, a drop in the increase
- in rising health care costs, a one-time drop in health
- 20 care costs, a continual curve of rising health care
- 21 costs?
- MR. WIEGAND: I can only speak for myself. I'll
- 23 give a standard disclaimer.
- 24 MR. GREENBERG: You asked me a question.
- MR. WIEGAND: I can't speak for the Commission

or Commissioners or Bureau Directors or anybody else. I

- 2 think that from either financial integration or clinical
- integration, what we hope to see from it is ongoing
- 4 efficiencies being achieved, and ongoing improvements in
- 5 the delivery of care.
- 6 Over time, as those benefits are achieved,
- 7 there's also going to be affecting the marketplace cost
- 8 increases, so if you're just looking at price, I think
- 9 what you'll see is an initial benefit, and you might
- 10 even see prices go down or the rate of increase take a
- 11 dramatic hit.
- I don't think anyone's suggesting that an
- improvement in efficiency is going to be a cure all to
- 14 price increases over the long haul because as technology
- advances and medical science, people want access to
- 16 that. It's a story about everyone wanting 1970 prices for
- 17 2002 medicine. Well, that's not going to happen, and I
- don't think anyone at our agency is suggesting it will.
- 19 We're going to take about a five-minute break.
- MS. MATHIAS: Actually the next panel is set to
- 21 start about 3:50, so if we could just make it 3:45, give
- you all a little bit more than a five-minute break,
- about a ten-minute break. We'll start on time at 3:45.
- 24 Just two quick reminders. If you didn't see the
- 25 MedSouth opinion, it is in the brown handout under the

Т	Bureau of Competition section in the handout. If
2	anybody wants to review that, it's in the handout.
3	Also if you go out and use our cell phones,
4	please turn them off when you come back in. Thanks.
5	MR. WIEGAND: I would like to thank all of our
6	panelists.
7	(Applause.)
8	(Break in the proceedings.)
9	MS. MATHIAS: Let's go ahead and get this
10	started again. Please turn off your cell phones. They
11	do interfere with the sound system. Let's get this
12	rolling so everyone hopefully can get out of here.
13	I would like to take this opportunity to
14	introduce Mark Botti. Mark is the chief of Litigation I
15	in the Department of Justice which handles all health
16	related antitrust measures at the Department of Justice.
17	I'll hand this over to Mark.
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1 Panel 2, Health Insurance, Payor/provider Issues

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- 3 Panel Members
- 4 Helen Darling, Washington Business Group on Health
- 5 Henry R. Desmarais, Health Insurance Association of
- 6 America
- 7 Stuart Fine, Grand View Hospital
- 8 Stephanie Foreman, Pennsylvania Medical Society
- 9 Donald J. Palmisiano, American Medical Association
- 10 Lawrence Wu, NERA
- 11 Mark Botti, Department Of Justice, Moderator.

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- MR. BOTTI: Good afternoon, everyone. I think
 the best way to do this, since we've been here awhile
 today, is to launch into our panel. We're going to use
- the same objective criterion of the alphabet in deciding
- 18 which order we'll go.
- 19 Helen Darling from the Washington Business
- 20 Group, can I ask you to start us off with your remarks.
- MR. DARLING: I will, thank you. Thank you very
- 22 much. I come from the Washington Business Group on
- 23 Health which is the national voice for large employers
- 24 dedicated to finding innovative and forward solutions to
- 25 health care problems.

1	Our membership includes 175 mostly large
2	
3	employers, Fortune 100, Fortune 500, representing about
4	40 million retired and active employees and their
5	families.
6	As employers we would, of course, not
7	surprisingly like to see a health care marketplace that
8	competes on the basis of quality, innovation, service
9	and price as other goods and services do.
10	Unfortunately, as I'm sure everyone in this room
11	knows, the health care marketplace doesn't function very
12	well, and it falls far too short on many of those, in
13	fact I would say virtually all of them.
14	Employers and consumers, which you also know,
15	it's in the paper almost daily, have been facing double
16	digit health care cost increases. Over a five-year
17	period we had 50 percent increases. This year, meaning
18	2002, are looking at 13 to 14 percent on top of the
19	50 percent. It's estimated that 2003 will be another
20	13 or 14 percent depending on whose numbers you use.
21	In effect, health care has indeed become more
22	unaffordable than ever, and of greater concern is
23	there's absolutely no end in sight. All of the
24	underlying forces currently driving health care costs
25	are there, and there's no reason to believe that they're

- going to change any time soon.
- 2 Unfortunately, overall the growth in health care

- 4 cost, the spending has been associated in the last
- 5 couple of years with hospital costs. Up until 2000, the
- 6 main driver of health care cost increases were
- 7 prescription drugs. That changed in 2000. It will
- 8 change again in 2001, and given what we've seen in some
- 9 of the markets around the country and some of what you
- 10 all have heard, and you heard this morning from Cara
- 11 Lesser from the Center for Health Systems Change, we
- have no reason to think that is going to change at all.
- 13 Provider consolidation, particularly hospital
- 14 consolidation, is we believe strongly aggravating these
- 10hapatip. e 109 cthereases! atnall growing number of geographic areas,
 - 12 1 whatalsot we'v thinwlmaegraprs with hosealth eat all.

1 referrals or anything else that might directly benefit

- 2 patient care.
- 3 We believe, not surprisingly, that these actions
- 4 hurt consumers and make it more difficult to institute
- 5 programs that improve quality and moderate cost.
- 6 We have had a number of highly public so-called
- 7 contract showdowns, again you heard about that this
- 8 morning, between hospitals in some communities and
- 9 payors reflecting the increase in the market power of
- 10 hospitals. Some of the most dramatic ones of course
- 11 were in Boston. I know we have someone here from the
- 12 Boston area.
- I can tell you that I have many members who are
- directly affected by what happened in Boston. It was
- pretty amazing, really nothing like anything we've seen
- 16 in this country at least in my entire career. So things
- 17 have really changed rather dramatically.
- 18 We also know that consolidation which at least
- 19 in theory might provide some benefits for volume
- 20 referrals and some other things that we might value in
- 21 quality, what we have seen is no evidence that that
- happens, and we could talk about some of the
- 23 trade-offs. The reality is we're not seeing any
- 24 trade-offs of any kind, other than increased cost and
- virtually no changes in quality and certainly no changes

or no ability for health plans or employers to have any

2 ability to negotiate or frankly to even get some kind of

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4 flexibility to talk about quality matters.

Also we know that hospital consolidation may actively harm quality and certainly purchasers' and consumers' ability to reward hospitals that compete on quality and innovation and transparency in the health system essentially is impossible if there's only one hospital or one dominant hospital system.

So we don't even have the ability to do some of the really important innovations, such as tiered networks where we begin to change the dynamics of the health system by empowering consumers with money, their own money or the belief it's their own money because they have choice. When choice goes away, all of our ability to try to drive the system towards quality innovation essentially goes away.

On prescription drugs, just to shift subjects, employers support fair market rules that promote access to affordable medicine as well as promote the development of tomorrow's innovative therapies. We believe that playing by the rules stimulates innovation and promotes robust and fair competition that benefits consumers.

1	Anti-competitive abuses and unwarranted delays
2	to market entry harm employers, employees and all
3	consumers, and we find that pretty unacceptable at this
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5	point. Employers would also be very concerned about
6	efforts to ease or waive health care antitrust
7	regulations in general and for any specific segment of
8	the health care industry. Such a change is likely to
9	reduce access and competition and lead to higher costs,
10	particularly for some services or in some geographic
11	areas.
12	We urge you to carefully assess any proposal to
13	ease health care antitrust regulations to determine who
14	will really benefit. In an increasingly consumer driver
15	health care world, which is what we're already in, will
16	be more so as consumers pay an increased share of their
17	own health care costs, there must be clear benefit to
18	the consumer.
19	Employers applaud recent efforts by the FTC to
20	step up antitrust enforcement efforts in health care and
21	increase staffing in this area. We cannot say that
22	strongly enough. We are very pleased by what the FTC is
23	doing and feel that it's extremely important at this
24	time that they continue with that very impressive
25	effort.

1 In addition, employers believe that post merger 2 follow up and continuing oversight is essential to 3 determine whether hospital mergers have actually benefitted consumers or simply allowed hospitals to 4 5 6 charge more and importantly resist efforts to improve 7 quality and patient safety. And if I may, I would just like to make one 8 quote from an article in Health Affairs by Spange, 9 10 Bazolli and Arno, they concluded "The position that hospital mergers should be presumed beneficial for 11 12 consumers, unless they pose severe threats to competition, is not well supported." And we certainly 13 14 agree with that. 15 Finally, our point on information is that transparency in the health system is an essential 16 17 ingredient for a truly competitive health care marketplace and is essential if consumers are going to 18 19 be able to navigate and negotiate the system, which they

Providers should be making information on quality, utilization and performance easily available to all consumers. In many cases a lot of information, very valuable information is already publicly reported and is not proprietary and does not risk any confidentiality

will have to do whether we do anything else or not.

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1 issues.

We believe that all hospitals should pose all publicly reportable information in a user friendly way on their web sites so that consumers can use it to select on quality, efficiency and service.

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7 Thank you.

8 MR. BOTTI: Thank you, Helen. Let's just move 9 it along. Henry Desmarais from the Health Insurance 10 Association of America.

MR. DESMARAIS: Thank you. This panel obviously addresses some issues that are at great dispute between providers and health plans, and because of my own personal concern that this could become too easily overly adversarial and unproductive as a dialogue, I wanted to begin by emphasizing that HIAA is committed to working with the physician community in the hope of addressing problems before they become the subject of bitterly divisive legislative proposals or lawsuits.

Obviously we have a long way to go in recognizing this hope, but our current president, Don Young is a physician. Last November our board approved a resolution strongly supporting open communication and collaborative working relationships between HIAA and organizations representing physicians and other health

- 1 care professionals. In approving this resolution,
- 2 the board heard that such relationships are necessary to
- 3 establish trust and to further the shared goals of
- 4 strengthening the physician and patient relationship and
- 5 encouraging high quality affordable health care.
- 6 Obviously we all recognize here that the Federal

- 8 Trade Commission is ultimately there to protect and
- 9 benefit the consumer, and if relationships between
- 10 physicians, health insurance plans and employers are not
- 11 functioning appropriately, consumers will be the ones
- 12 affected the most. If access to needed physician
- services is compromised or if health insurance coverage
- 14 becomes unaffordable for employers, individual consumers
- are the ones that are affected.
- 16 The issue of affordability is certainly an
- important one, especially at the time of rising health
- 18 care cost. We've heard quoted earlier today recent
- 19 studies showing that employer based health insurance
- 20 costs rose 12.7 percent from spring 2001 to spring
- 21 2002.
- I think quoting further from that study, they
- 23 said that this high rate of growth appears to have been
- 24 driven primarily by rapid inflation and spending for
- 25 health care services. Some people like to think that

- 1 it's rising premiums and with the assumption somehow
- 2 that insurers are the only ones that are involved or
- 3 explain the increase in costs, but again it's the
- 4 services and the cost both in terms of increased price
- 5 and increased utilization that are key here.
- The report also, by the way, went on to say that
- 7 monthly employee contributions for health insurance rose

- 9 from \$30 to \$38 for single coverage, and from 150 to 174
- 10 for family coverage, and finally the study found that
- 11 employers responded to the rising cost by increasing
- 12 employee deductibles and copayments, reducing covered
- benefits and even in some instances dropping health care
- insurance coverage all together.
- So in this context it's important to
- 16 consideration the implications of potential changes in
- 17 public policies on access, cost and quality.
- 18 The issue of whether consumers benefit when
- 19 providers combine to form what they call a
- 20 countervailing balance is one that is brought to the
- 21 forefront by physicians seeking to bypass antitrust law
- and form cartels to collectively bargain with health
- plans on fees.
- 24 HIAA, it's not secret, is strongly opposed to
- any federal or state effort by physicians to gain this

- 1 geographic areas to achieve leverage with insurers. In
- 2 addition physicians have other sources of income, including Medicare,
- 3 Medicaid, federal and state employee plans and
- 4 also obviously a big presence in the market, the
- 5 self-insured plans.
- 6 As Catherine Hanson reminded us earlier today,
- 7 the average physician has contractual or other business
- 8 arrangements with multiple private plans, and has she
- 9 told us, even if they contract in the case of a single
- 10 payor, then they have multiple payment arrangements with

- 12 different payment schedules.
- It's also I think important to recognize that
- insurers are subject to intense governmental scrutiny of
- their business practices. Some examples of regulatory
- 16 oversight include the following: Regulation of
- insurer's financial statements, regulation of insurer's
- 18 investments, financial examinations, review and approval
- 19 of premium rates and policy forms, regulation of form
- and substance of disclosures, regulation of
- 21 discontinuance and replacement of policies,
- 22 investigation of consumer complaints, performance of
- 23 market conduct examinations, investigation and
- 24 prosecution of insurance fraud, and finally regulation
- of trade and claim payment practices.

1	Indeed, there are few business activities an
2	insurer can undertake without having to consider
3	compliance with an existing law or regulation. This
4	includes issues relating to mergers, acquisitions and
5	antitrust. While actions taken by federal authorities,
6	both the Department of Justice and FTC, against insurers
7	for antitrust concerns are not common, this lack of
8	activity is not attributable to a lack of scrutiny.
9	Certainly this morning Deborah Majoras from the
10	Department of Justice told us a great deal of how they
11	were looking at the issue of consolidation and also
12	
13	collective activity by insurers.
14	In addition to the national antitrust
15	enforcement agencies, State Attorneys General are also
16	very active, and we heard Ellen Cooper echo that early
17	today.
18	I would like to emphasize that the insurance
19	business is extremely competitive. There are multiple
20	pressures on insurers from purchasers of the product,
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1	There's also obviously pressure from providers
2	and also individual consumers. It's a difficult
3	business. It's a business where risk has to be managed,
4	and this is not easy, and you've heard about the
5	physicians in California who entered into risk
6	arrangements and who had difficultly.
7	Well, it's not easy to manage risk, and with the
8	cloud of bioterrorism hanging over us, it makes it even
9	more difficult, so once again, I would like to close by
10	thanking the Commission for providing HIAA this

1 to position themselves to do business in such an

- 2 environment.
- We heard comments in the previous panel having
- 4 to do with hospitals and hospital networks demanding
- 5 that people take or, excuse me, that insurance companies
- 6 accept all or nothing contracting, that each of those
- 7 networks must be taken as a network in full rather than
- 8 as individual facilities, should that group want to
- 9 contract with the insurance payor.
- In Philadelphia we have the converse of that.
- 11 We have a situation where the predominant payor requires
- 12 all products be accepted. We have no option to say,
- 13 well, we would prefer not to participate in your
- 14 Medicare HMO product.
- In our county, the only non government Medicare
- 16 product is provided by one entity that has 99.7 percent
- 17 market share. That is not something someone else can
- 18 come in and easily contend with.
- We've heard from a couple different people
- 20 earlier today about hospitals involved in contract
- 21 showdowns where, rather than try to negotiate renewals
- or changes to contracts, it's been made to sound like
- 23 there would be unilateral termination on the side of the

- 1 automatic renewal provisions, that if cancellation or
- 2 termination is not effected within 60 or 90 days prior
- 3 to the expiration date, that contract automatically
- 4 rolls over for another three to five year term.
- 5 My hospital was one of the hospitals that was
- 6 involved in such a situation in the Philadelphia market,
- 7 and for a period of five months, we worked to try to set
- 8 up meetings, face-to-face meetings, and we were denied
- 9 for five months. So we had no option but to submit a
- 10 notice of contract termination, and then it was made to
- 11 sound as if we had acted in a very Machiavellian way.
- 12 We have a situation with the health insurers
- where we have market segmentation. In the situation
- with BlueCross, we have county lines that BlueCross
- plans won't cross, so we happen to sit in the very
- 16 northern end of Bucks County, Pennsylvania. We're
- 17 within the Independence Blue Cross territory, where if
- we were just a few miles up in the world we would be in
- 19 the Capital Blue Cross territory.
- We are not allowed to negotiate with Capital, to
- 21 have a contract with Capital. We have to do our
- contracting through IBC, so there's market segmentation
- that works one way but again can't work another.
- What we're looking for is a road that runs both
- ways, a level playing field, and we're very frustrated

- 1 that from the perspective of the hospital, we don't have
- 2 that.
- When it comes to the issue of cost, in our

- heard some inconsistent data here on this morning, and I
- find that confusing myself, but I can only tell you that
- 3 the data that I've been reviewing and that I reviewed
- 4 even just this past Friday showed that up until at least
- 5 the year 2000, spending on health care increased 6.9
- 6 percent overall, but on hospitals it was 5.1 percent.
- 7 Hospitals account for 33 percent of the total health
- 8 care spending, but only 25 percent of the growth in
- 4 health care 15r th ca-43.5 0 it2d

- 1 revenues.
- We have demands from private payors, employers
- 3 and consumers such as the Leapfrog Group saying that
- 4 hospitals should have hospitalists operating their
- 5 intensive care units 24 hours a day. At the same time
- 6 at my institution the Solucient Group named us as
- 7 operating one of the top 100 Intensive Care Units in the
- 8 country based on effectiveness and patient outcomes, but
- 9 we don't have hospitalists.
- 10 So do we put the money out for the hospitalists,
- although our outcomes appear to place us in the very top
- tier, or is that not a necessary expenditure?
- 13 Access to capital, is very very problematic. In

- 15 2001, bond downgrades for hospitals exceeded upgrades by
- 16 six fold. We are an A 2 credit by Moodies, and we have
- 17 been told that if we go to the bond market this year, it
- is unlikely that we'll be able to get bond insurance
- 19 because we happen to be situated in the Philadelphia
- 20 market. It has nothing to do with our balance sheet,
- 21 nothing to do with our credit rating. It has to do with
- 22 our geographic location.
- Wrapping up, we have increased competition from

1 the market with which I'm familiar, but we still have

- 2 issues in some states with Certificate Of Need laws
- 3 being barriers to entry. In Pennsylvania, CON has gone
- 4 away, and we've seen a proliferation of things like open
- 5 heart surgery programs. We've seen 16 new programs
- 6 developed in the five county Philadelphia area in the
- 7 past two years, but the number of surgeries being
- 8 performed has not increased.
- 9 So we're seeing that segmented more and more.
- 10 We have the difficulties with Stark that I've made
- 11 mention of previously relative to inducements to refer.
- 12 We have specialty or niche providers such as cardiac
- hospitals, heart hospitals, bariatric hospitals being
- 14 developed around us.

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- In the nation, we have one-third of our
- 17 hospitals operating with a negative operating margin.
- 18 In the Commonwealth of Pennsylvania that number is
- 19 two-thirds, so that's pretty much our situation. It's
- 20 pretty ugly.
- 21 As I say, what we would hope to see from FTC
- 22 activity is a leveling of the playing field, a situation
- 23 that not only looks at hospital alignment but one that
- looks at the market power of insurers as well.
- 25 Thank you.

competition or market power. We look at the relative 1 2. position of all the players in the market, so what I 3 mean very specifically is that in the market for health 4 insurance, that part of the segment, we look at the 5 relative power of insurers compared to employers, who 6 are the major purchasers here, and then in the other 7 segment, the market for medical care, we evaluate the market power of providers like hospitals and physicians 8 compared with health insurers. We think this is the 9 10 best way to look at these markets.

Obviously we're using a structure conduct performance analysis in doing this. We have actually built some demand curves in, and we have found a number of downward slopping demand curves, and we think that in terms of ongoing research, that's an area where the Commission might make some strides.

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Our first picture in terms of the structure, I said we're going to do this in a comparative context. It's unnamed, I took the names out so we're not talking about specific times, an unnamed market in Pennsylvania with an insurance HHI of 6139, a 77 percent competitor competing mostly with a 19 percent competitor. This is all private commercial products, and we try to use this in its broadest sense.

1	Employers, by contrast, are almost all smaller
2	than 250 employers. Employers do not bargain on an
3	equal level playing field in terms of the bargaining
4	between employers and insurance companies, at least in
5	terms of size.
6	In terms of hospital shares, we've seen rapid
7	consolidation in the last ten years. The HHI for
8	hospitals is 1464. I didn't have a number for
9	employers, by the way. It's 50. So hospitals have an
10	HHI here of 1464, and physicians, by and large, half of
11	the physicians in this market this goes back to 1980,
12	and I heard some facts and figures earlier today.
13	In 1980, about 45 percent of physicians were
14	engaged in practice, 16.4 in group practices. Take a
15	look at the change in the last 20 years. We're at 32.7
16	for physicians, 29.6 for group practice. In other
17	words, there's a structural change undergoing with
18	
19	physicians. One of the things that we really believe
20	is that we can deal with the countervailing power issues
21	through the market. The market will evolve and one of
22	the concerns we have is what's going to happen when all
23	physicians are employed.
24	How does structure translate into conduct? We
25	look at conduct in three realms. One is operating

- 1 results. The other is process, do people negotiate or
- do they dictate. The third part of that is what's in the contracts,
- 3 I'm going to focus on some of the results.
- 4 The contracts are highly illuminating. I used to
- 5 use them for my health law class. This is the dominant
- 6 insurer premiums per member per month going back to
- 7 1990. On average the increases have been at double
- 8 digit rates. That ties in with our question about the
- 9 relative power of employers and the dominant insurers
- 10 here.
- This is the profits of the dominant insurer
- going back to 1990, the blue line tied back to the blue
- on that other chart, the red to the red. We think this
- 14 situation is not long-term sustainable.
- Something that's not been talked about today are
- 16 reserves and unpaid claims, although it's been mumbled
- 17 about. In Pennsylvania, our insurance firms have rather
- 18 substantial reserves. These are well run companies.
- 19 These are actually good firms, most of them nonprofit,
- 20 but here's the reserves.
- 21 And one of the questions we have to ask in a
- full market analysis is, how are reserves being used?
- 23 Why do we care about large reserves? Well, various
- 24 barriers to entry comes to mind immediately, also
- 25 efficiencies in terms of operation. Then unpaid

- 1 claims. Between reserves and unpaid claims, that's a
- 2 rather large sum of money that firms can use to invest,
- and they can use it in terms of entry barriers.
- What about hospitals? We saw the comparative
- 5 market power of hospitals. This is the same market.
- 6 That red arrow is the profits of system hospitals.
- 7 System hospitals made more in profits than the health
- 8 insurers in that market. The health insurer made a
- 9 little over 200 million dollars before tax. The
- 10 hospitals in that market made 280 million dollars. So
- 11 countervailing power may make a difference here.
- 12 What about physicians? Well, those two light
- 13 blue lines at the top -- this is seven selected
- specialties. We didn't do a weighted average. We just
- 15 weighted all codes for these specialties. The light
- 16 blue lines at the top are the national averages, the
- 17 national means for these specialties.

- 19 Medicare is there in red and Medicaid in
- orange. Medicare pays less than half, sometimes even a
- 21 third of national averages. Medicaid pays less than
- 22 that in Pennsylvania. In fact I go into these meetings
- 23 and I even mention Medicaid, and I have some physicians
- qet up and yell and scream, and I can't finish.
- The dominant payor that I talked about there

- 1 pays less than Medicare in this market. That is not
- 2 market power.
- 3 So what are we saying here? First of all, the
- 4 structure and conduct of these markets has some obvious
- 5 impact on the industry. You've heard reports about
- 6 diminished coverage, as employers respond to increasing
- 7 health care premiums and even some employers that are
- 8 dropping coverage all together. We wonder whether
- 9 that's evidence of an unwinding market.
- In addition, we see substantially increasing
- 11 concentration in markets across the state, even across
- the country, unrelated to economies of scale.
- 13 Physicians, physicians really would like to work
- 14 well with everybody in the system. I will tell you in
- my travels about the State of Pennsylvania, the biggest
- 16 physician concerns these days are departures, early
- 17 retirements, unwillingness to come to practices in the
- 18 State of Pennsylvania. We see situations where

- 20 residencies aren't filled. Medical school applications
- are down, and out just in Claring, Pennsylvania, last
- 22 week, these situations are hitting hardest and fastest
- 23 in rural areas of Pennsylvania. Again we wonder about a
- 24 market unraveling.
- 25 What do we do? I think that our constituents

- 1 would be first in line yelling and cheering if we were
- 2 to restore full competition to health insurance in
- 3 medical care markets. That would be a first best
- 4 solution that everyone I think would really go along
- 5 with. In every area, it would not necessarily mean
- 6 physician fee increases, mark that.
- 7 In fact in some ways, as I said, I had a doctor
- 8 explain to me, this is a tragedy of the medical commons
- 9 in a way. We have a number of entities in this system
- 10 playing out self interests in a way that is unhealthy
- 11 for the whole system. Everybody needs to make some
- 12 contributions to dealing with it, and I think everybody
- means everybody.
- If we can't restore full competition to these
- markets and given where we've evolved, that might be a
- 16 tall order. If we think Microsoft was difficult, this
- 17 might be of a magnitude bigger. Then we need to think
- 18 about some countervailing power responses to it.
- 19 As I said earlier, we can either that do by

- 21 regulation or by legislation, or we can let the market
- do it. You will see employer buying cooperatives and

you will see employee physicians coming out ldTa I had a doctor

- 1 state action, could come to play here, although we heard
- 2 this morning about the enforcement problems that come
- 3 along with that.
- 4 Get ready for a single payor system. I think
- 5 we'll see another national campaign waged on this issue
- if we don't deal with market breakdown in health care.
- 7 Finally, and near and dear to my heart, I think
- 8 we need a whole range of much better research on where
- 9 we are and where we're headed in this industry, simple
- things like optimal sizes of firms, providers, more
- 11 complicated issues like countervailing power.
- 12 Let's really research countervailing power, get
- the vitriol out of all this and take a look at where
- 14 this all heads. Other items like tracking state action
- doctrines where they're implemented. I'm talking about
- 16 a whole research agenda, although I must say I'm not
- 17 sure we have a big window of opportunity here.
- 18 I'm quoting Fran Swoisman who runs Health
- 19 America in Pennsylvania. I was on a panel with him a
- 20 couple weeks ago. He said, This system is broke. This

- 22 system is very broke, and if we don't, insurance
- 23 industry providers, employers, find a way to craft a
- 24 solution to this, we will have the solution imposed
- 25 on us.

1	Thank you much.
2	MR. BOTTI: Thank you, Stephen. Stephanie
3	Kanwit of the American Association of Health Plans.
4	MS. KANWIT: Thanks very much, Mark. Well, on
5	that downer note, Stephen Foreman, I won't introduce
6	myself again since this is a reprise.
7	In terms of the payor-provider issues that are
8	the subject of this panel, AAHP and its member plans
9	strongly support both competition and cooperation among
10	all participants in the health care delivery system.
11	Competition creates incentives for health care providers
12	to increase their efficiency, lower their cost and
13	improve quality.
14	Competition among health plans spurs them to be
15	innovative and efficient and assures that the savings
16	they obtain through their negotiations with health care
17	providers will be passed on to consumers through lower
18	prices to employers which pay for the bulk of the
19	premiums and ultimately to all of us, the employees.
20	Cooperation between health plans and provides
21	promotes payments for services that are timely and
22	
23	appropriate for properly submitted claims as well as a
24	better system wide integration of evidence-based
25	standards into the practice of medicine, very important,

- 1 evidence-based standards.
- 2 Simply put, competition and cooperation are
- 3 necessary ingredients for a health care system that
- 4 ultimately puts consumers first so that as many as
- 5 possible have access to affordable health care that is
- 6 of the highest quality.
- 7 When standards for competition are loosened or
- 8 when cooperative efforts are hindered, consumers lose.
- 9 Their health care costs rise. Ability to afford access
- 10 to the system declines, and quality and safety
- improvement efforts are undermined.
- 12 Any consideration of altering existing antitrust
- laws or the statement of antitrust enforcement policies
- in health care should start with one key question, one
- fundamental question, Does this proposed change help
- 16 consumers or does it hurt consumers?
- 17 As Helen Darling noted on this panel, health
- 18 care costs are rising at the fastest rate in a decade.
- 19 Consumers today view affordability as the single most
- important problem in health care today.
- The second most important problem, and this is
- according to consumer polling, is the high number of

- uninsured, which tends to rise, of course, with the cost
- of health care. In fact, one recent study suggests that

1	with	every 1	percent	rise	in	health	care	costs	300,000
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All of us, whether representing providers or payors, have a crucial task to accomplish in the immediate future, to work together to address these very serious concerns while continuing our best efforts to integrate the latest and best medical science into the practice of medicine.

In terms of that best medical science, I would remind you of recent information regarding Hormone Replacement Therapy, HRT, and arthritic surgery. These are two examples of areas where assumptions about medical efficacy were simply proven wrong, to the detriment of patients and the health care system as a whole.

Preserving standards for healthy market competition among all members of the health care community is an indispensable part of these efforts.

Now, health care antitrust guidelines, you have asked for our views on the current statements of antitrust enforcement policy issued by the Commission and the Department of Justice. First, we reject the contention that the guidelines need to be amended to allow providers to collectively negotiate regarding

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25 price.

1	The current guidelines, as we discussed somewhat
2	in the last panel, provide sufficient flexibility for
3	providers to create new and alternative ways of creating
4	delivery networks to provide patients quality care.
5	At the same time, the guidelines unfortunately
6	may have had the unintended consequence of giving
7	providers more opportunity to form cartels. Several
8	years ago when changes were made to the guidelines we
9	raised this concern, 1996.
10	Unfortunately, the activities we are beginning
11	to see in certain parts of the country now suggest that
12	these concerns were warranted. The FTC's MedSouth
13	advisory opinion, which again we discussed extensively
14	in the last panel, we believe allows flexibility to
15	create new alternatives that can lead to improved
16	quality of care.
17	Notwithstanding MedSouth, some physicians have
18	continued to argue that the guidelines and current
19	antitrust laws prevent them from communicating about
20	such issues as quality, utilization management or
21	contract terms. The rhetoric doesn't match the
22	reality, and moreover, it continues to be used as a
23	device to justify a long standing effort to seek changes

to the antitrust laws in the form of exemptions or other

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- 1 special treatment for providers. Were the FTC to
- 2 provide this type of special treatment, consumers would
- 3 certainly pay the price.
- The antitrust laws have always permitted, always
- 5 permitted health care providers to join together to
- 6 provide more efficient health care and negotiate with
- 7 health plans. For example, by forming group practices,
- 8 which can often include groups of a hundred or even a
- 9 thousand or more, physicians can create substantial
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1	According to a separate LECG study, that would
2	result in almost 17 million people losing insurance over
3	the next five years and 855,000 people losing their jobs
4	For consumers, that is simply too high a price.
5	Now, there have been several recent settlements
6	between provider groups and the FTC that highlight these
7	concerns regarding collective bargaining and the harm
8	that befalls consumers when providers are allowed to
9	negotiate the terms that include price fixing.
10	One example, which many of you are probably
11	familiar with, is the recent Dallas Fort Worth Physician
12	Groups settlement. In that case, the FTC determined
13	that the physician groups management company's actions
14	restrained price and other forms of competition. As a
15	result physician fees rose significantly and health
16	care costs for consumers, employer and payors in the
17	public and private sector increased.
18	These activities by providers reveal the
19	significant problems that anti-competitive activities
20	cause for consumers. We commend the FTC and the
21	Department of Justice for their consistent opposition to

- 1 Penultimately here, I want to talk about the
- 2 uniform model contracting and class action litigation.
- 3 Very briefly these are two additional strategies that
- 4 providers currently are using to advance their arguments regarding the
- 5 need for a more level playing field, number
- one, advocating for a uniform contract with all payors.
- 7 Number 2, joining with plaintiffs' attorneys in filing
- 8 class action lawsuits to force disclosure of health plan
- 9 fee schedules and rate payment information.
- In fact, we believe that disclosure of contract
- 11 terms and payment rates to all players in a market would
- 12 eliminate the opportunity for negotiating to keep prices
- 13 affordable for consumers.
- 14 Essentially such disclosure would lead to a rate
- setting process in which providers have the opportunity
- 16 collectively to drive rates to the highest possible
- 17 level. As a result competition in the market would be
- 18 eliminated.
- 19 Lastly some recommendations. We've all been
- 20 talking this afternoon and this morning as well about
- 21 the purpose of the antitrust laws, in a nutshell, to
- 22 promote and preserve competition for the benefit of
- 23 consumers, not individual competitors.
- 24 To that end, we believe that the FTC and the
- 25 Department of Justice can make a positive contribution

antitrust agencies have placed physicians under far greater scrutiny than is warranted by our comparative economic strength in today's health care system.

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In recent years, physicians and physician organizations have been the subject of approximately 50 enforcement actions. Virtually all of the physician organizations in these actions have been small in economic and practical terms. It is no wonder that every one of these organizations settled with the Commission rather than commit to a time consuming struggle which likely would have depleted the organization's resources before reaching decision.

By contrast, we know of no single FTC action against a third party payor ever. We are very encouraged to hear today by the Department of Justice's Deborah Majoras that the Department of Justice will give close scrutiny to the competitiveness of payor markets. The absence of enforcement activity on the payor side to date is puzzling because there are plenty of reasons to be concerned about the competitiveness of payor markets.

In the latter half of the 1990s, managed care organizations consolidated at a record pace. Today we're seeing double digit increases in health premiums and in health plan profits. At the same time consumers

- 1 have expressed deep dissatisfaction with managed care,
- and physicians have found themselves vastly over powered
- 3 in their dealings with payors.
- In any other industry, a merger wave followed by
- 5 an abrupt rise in prices would cry out for an
- 6 investigation, but so far these conditions have only led
- 7 to renewed calls by the Commission "to get tough against
- 8 physicians and other health care providers." Something
- 9 is amiss.
- 10 Our suggestion today is that the time is right
- 11 for the Commission to consider a fundamental shift in
- 12 how it deploys its resources within the health care
- 13 field. As I just indicated, in the latter 1990s, it was
- 14 a period of unprecedented consolidation among health
- insurers. Between 1995 and 2000, there were over 350
- mergers.
- 17 Today, the ten largest health plans control over
- 18 half of the commercially insured persons. The effects
- 19 of consolidation are most clearly seen at the local and
- 20 regional levels. Last year, the AMA conducted the most
- 21 comprehensive study ever undertaken of competition in
- health insurance.
- What we found was staggering. Out of the 40
- 24 large metropolitan statistical areas or MSAs across the
- country, approximately 70 percent of HMO markets were

1 highly concentrated. 87.5 percent of PPO markets were

- 2 highly concentrated, and nearly half of the combined HMO
- 3 PPO markets were highly concentrated.
- 4 Moreover, in roughly half of these highly
- 5 concentrated MSA market, a single payor had a market
- 6 share in excess of 40 percent, and in a quarter of these
- 7 markets a single payor had a market share in excess of
- 8 50 percent. The study confirmed what patients,
- 9 physicians and employers already knew. In many parts of
- 10 the country, health insurance markets are dominated by a
- 11 few companies that have significant power.
- 12 We also looked beyond market concentration at
- other characteristics of payor markets. In doing so, we
- found further cause for concern. Payor markets are
- characterized by significant regulatory barriers to
- 16 entry. To enter a market, a payor most invest millions
- of dollars to comply with state regulations governing
- insurance companies. The payor must also invest time,
- 19 labor and money to establish relationships with
- 20 physicians and other providers in the market.
- These costs and regulatory hurdles facing a new
- 22 entrant make it possible for an existing dominant payor
- 23 to increase premiums without concern that it will lose
- 24 its market share. Even worse large payors often use

- 1 new rivals. The large companies are clearly in the
- 2 driver's seat.
- On the supply side, physicians face unique legal
- 4 and ethical responsibilities that enhance the ability of
- 5 payors to exercise market power. Unlike suppliers in
- 6 most areas of the economy, physicians can't rapidly
- 7 switch customers in response to changes in price.
- 8 Physician's decisions are driven by their relationships
- 9 with their patients.
- 10 The combined effect of these conditions is to
- 11 enable an insurer with a large market share to increase
- its premiums while also reducing physician payments.
- Dominant plans can wield enormous bargaining
- power, often driving payment rates well below the level
- 15 needed to provide medically necessary care, and in some
- 16 cases forcing medical groups into bankruptcy. From the
- 17 consumers' perspective the result has been chaos, higher
- 18 out of pocket expense, longer waiting times and reduced
- 19 access to physicians.
- If the late 1990s were a period of mergers and
- 21 acquisitions in managed care, the years since have been
- 22 characterized by increasing health plan premiums and
- 23 profits. Again let's take a look at the facts. From
- 24 2000 to 2001, premiums increased by 11 percent, the
- 25 fifth consecutive year of increases, outpacing overall

- 1 inflation by a wide margin. Preliminary results of a
- 2 recent survey indicate that HMOs expect to implement
- 3 double digit premium increases in 2003.
- 4 These recent increases have not been primarily
- 5 driven by increases in medical costs. Data also
- 6 indicate that premiums have been rising at a faster rate
- 7 than administrative costs and claims expenses. Further,
- 8 recent reports on payor profits refute any notion that
- 9 claims expenses are driving premium increases. Profit

focus on physicians rather than payors? Is there 1 2. something about physician markets that justifies the 3 Commission's extraordinary vigilance in policing them? Alternatively, is there something about payor markets 4 5 that justifies a hands off attitude? 6 One perspective is that payors are simply 7 purchasers of health care services whose interests are closely aligned with consumers. Under this view, when 8 payors prevail in fee negotiations, the ultimate winner 9 10 is the patient. This view is terribly naive. Patients 11 don't buy the idea that their interests are aligned with 12 their health plan, witness the "managed care backlash" 13 of recent years. Patients do share an interest in avoiding 14 15 unnecessary expenses, but they also have an intense interest in receiving high quality medical care, an 16 17 interest that health plans do not necessarily share. 18 Furthermore, payors are not merely purchasers.

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They're also sellers. Employers who negotiate premiums

- 1 competition, some employers providing coverage or reduce
- 2 the scope of benefits provided. Lack of coverage places
- 3 enormous pressures on other segments of the health care
- 4 system. It also leads to increase expenditures for
- 5 emergency treatment.
- 6 Further, as the Justice Department recognized in
- 7 the Aetna matter, a lack of competition among health
- 8 insurers may also open the door for health plans to
- 9 exercise monopsony power, often leading to physicians
- 10 leaving the market and reducing access to care for
- 11 patients. These are precisely the effects that are
- being currently observed in a number of markets that are
- dominated by large payors.
- 14 In short, the Commission should care about
- 15 competition in the health insurance sector. There is
- 16 simply no justification for a one sided enforcement
- 17 policy that puts the sole burden of compliance on
- 18 physicians.
- 19 In closing, we respectfully ask the Commission
- 20 to reconsider its approach and take a serious look at
- 21 competition on the payor side. In our written
- testimony, we offer numerous issues that we think merit
- 23 particular attention.
- 24 Thank you for the opportunity to participate in
- 25 these proceedings. The American Medical Association

1 hopes to continue a dialogue with the Commission

- 2 regarding these important issue.
- 3 Thank you.
- 4 MR. BOTTI: Thank you very much. Lawrence Wu
- 5 with NERA.
- 6 MR. WU: Thank you. I want to thank the FTC for
- 7 hosting and organizing this workshop and for inviting me
- 8 to speak.
- I am encouraged to see the FTC's continuing
- interest in fostering competition in health care
- 11 markets. Competition is not just an antitrust issue. I
- 12 believe competition can help us control the rise in
- health care cost, which has long been an important
- 14 public policy goal.
- 15 My perspective is a little bit different from
- 16 the others on this panel. As an antitrust economist, I
- 17 am interested in understanding the sources of market
- 18 power in an industry and in measuring its effects.
- As a health economist, I'm interested in the
- 20 public policy questions related to health care cost
- 21 containment, and as an empirical economist, I have a
- 22 natural interest in numbers, and when it comes to health
- 23 care, there are some pretty big numbers that caught my
- 24 interest and the interest of others on this panel as
- 25 well.

1	So let me start there. A recent survey found
2	that employers' health insurance premiums increased
3	almost 13 percent from 2001 to 2002, the largest
4	increase since 1990. This is higher than the inflation
5	rate, which was 1.6 percent. Increases in premiums for
6	small employers are even higher, and experts believe
7	that the average premium will rise anywhere from 12 to
8	15 percent from 2002 to 2003.
9	Spending on health care services and
10	prescription drugs has increased around 7 percent per
11	year recently. Sound small? Not compared to the 2
12	percent growth rates that we had in the mid 1990s. To
13	give you a little more perspective, spending on hospital
14	in-patient care actually declined from 1994 to 1998, and
15	that's not the case anymore.
16	By most accounts we are headed for significant
17	increases in health care spending, and as a result the
18	demand for cost containment will be stronger than ever.
19	So what can we do to control cost?
20	In broad terms, we have three strategies. One,
21	we can reduce prices paid to providers; two, we can
22	manage health care utilization better; and/or three, we
23	can accept a lower quality of care.
24	I want to talk a little bit about each of these

cost containment tools, but more importantly, I want to

25

1 talk about the role that competition can play and has

- 2 played in developing innovative ways to control the rise
- in costs. Because competition is so important, I will
- 4 include a few observations on the vital role that
- 5 the FTC has and will continue to have in preserving
- 6 competition in this industry.
- What can health plans do to control cost?
- 8 First, health plans could continue to try to reduce the
- 9 prices that are paid to providers. In the past, this
- 10 has come about through HMOs, who use selective
- 11 contracting with providers as a way to negotiate lower
- 12 provider reimbursement rates.
- 13 Will this continue to work? Not without some
- 14 major change because the HMOs have lost quite a bit of
- bargaining power in recent years. If the past five
- 16 years is any indication, employers have shown that they
- 17 prefer PPOs and health plans that do not limit
- 18 coverage to certain hospitals and physicians. But,
- 19 limiting coverage is the backbone of selective
- 20 contracting.
- 21 Health plans also could reduce cost by managing
- health care utilization better or by reducing the
- 23 quality of care that is provided or covered by a plan.
- 24 Again, if the past five years are any indication, it
- isn't clear that employers and employees will embrace

- 1 more controls that will restrict the amount of medical
- 2 care that is provided and paid for. Consumer concerns
- 3 about the quality of care provided to HMO enrollees have
- 4 already made HMOs reluctant to further manage access and
- 5 use of health care services.
- 6 Now, if we can't count on the traditional tools
- 7 of managed care and if consumers are not willing to
- 8 accept a lower quality of care, are we destined for
- 9 double digit inflation? I don't think so, but we have
- 10 to allow competition to take its course.
- 11 Here's what I mean. If you go back to the
- basics, it's pretty clear that managed care was able to
- 13 reduce the rise in health care spending by doing two
- things, encouraging competition among providers and
- encouraging consumers to shop for a health plan on the
- 16 basis of price.
- 17 What happened? The market evolved. Using
- 18 selective contracting, HMOs proceeded to negotiate low
- 19 reimbursement rates with providers, with lower cost.
- The HMOs went to the marketplace and sold low price
- insurance. Employees and employers loved the low
- 22 premiums and enrolled by the millions, and this only
- 23 served to give HMOs even more leverage to negotiate even
- lower prices with providers.
- In this way, managed care changed the nature of

1 competition so that market forces could be used to

2 control costs. Managed care wasn't perfect, but it

3 worked. Total health care spending stabilized as a

4 percent of the gross domestic product, and the rise in

5 premiums and provider cost slowed.

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Then consumers started to express their dissatisfaction with some of the restrictions that came with managed care. We wanted more freedom of choice, and we didn't want to have to get a referral before we were allowed to see a specialist. What happened?

The market evolved, and we saw the introduction and proliferation of numerous types of health plans that varied in terms of copayment rates, benefits coverage and access to care. By the mid 1990s, enrollment in HMOs started to fall, and HMOs began to lose their ability to negotiate low rates with providers. Not surprisingly, provider costs and premiums are again raising at levels not seen since 1990.

Where will it end? I don't know, but the market is evolving. For example, more and more health plans are starting to introduce triple tiered pricing, which is a fancy word for charging consumers different copayment rates depending on their choice of provider. The hope is that by charging different copayment rates for say different hospitals, consumers will pay more

- 1 attention to price.
- 2 Just as important, the expectation is that
- 3 tiered pricing to consumers will lead to tiered pricing
- 4 to providers, which should help stimulate price
- 5 competition among providers for contracts for health
- 6 plans.
- 7 This sounds like old-fashioned competition, and
- 8 it is, but as the financial incentives become more
- 9 complicated, it is likely that the contracting and
- 10 reimbursement arrangements between payors and providers
- also will become much more complicated.
- 12 Providers have not and won't be standing still
- to make themselves attractive to health plans. Providers
- have found, with varying degrees of success, new ways
- to reduce and control the rise in cost. MedSouth,
- 16 an IPA of south Denver that was the subject of a recent
- 17 FTC staff advisory opinion, is a great example of a
- 18 physician group that is trying to find innovative
- 19 solutions that will help patients and lower costs.
- 20 Will tiered pricing and providing integration
- 21 eliminate concerns about cost containment? Again I
- don't know, but what I do know is that the market will
- evolve. The solutions that will survive will not be
- 24 driven by the health plans, and they will not be driven
- 25 by the providers.

1	The solutions that will survive will be driven
2	by what employers and employees want and by the tools
3	that consumers want to put in the hands of the health

4 plans.

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What does this mean for the FTC? First the 5 б Federal Trade Commission will probably have an important 7 role in commenting on physician collective bargaining laws and legislation such as the Patient's Bill of 8 Rights. Many, if not all, of the proposals for 9 10 collective bargaining have included provisions that would allow some physicians to price jointly without 11 12 integration.

And second, the FTC will continue to play an important role in evaluating the competitive effects of mergers, contracts and other changes in ownership and organizational form. These organizational changes, especially if they involve complex contracts, will likely affect the way contracts between payors and providers are written, which will change the way health care is delivered, priced and paid for.

The task facing the FTC will not be easy, one, because it is likely that the responses of health plans and providers to consumer demands for cost containment could have pro-competitive as well as potentially anti-competitive consequences.

For example, in evaluating the buyer power of a
health plan, we will need to be careful to distinguish
sensible and pro-competitive cost controls from the
exercise of market power that also lowers the amount that
is paid to providers. It is not always easy to separate
the two theories but we must try.

The dynamics of competition also complicates

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The dynamics of competition also complicates matters by making it harder to conduct a forward looking antitrust analysis. In this context, I like the FTC's recent initiative to take a retrospective look at consummated hospital mergers because this approach to merger analysis is premised in the belief that in the first instance, the market is capable of sorting things out.

Fost u- bepbroakinfaidTj bey can be done well, and dTjwe have the patience to let the market sort things out, lessens the pressure to forecast the future. This is probably helpful in this industry, which is complicated and needs extra understanding and flexibility in times of change.

So in summary, competition is an important part oTj be cost containment process. It is the dynamic that encourages providers to find new ways to develop high quality cost effective medicine. It is also the dynamic that's encouraged payors to find ways to slow the rise

- in health care costs of employers and employees.
- 2 The challenge for the FTC will be to protect and
- 3 preserve competition without discouraging the
- 4 marketplace incentives that are helping payors,
- 5 employers and employees control the rise in health care
- 6 cost.
- 7 MR. BOTTI: Thank you. Let me start off by
- 8 thanking each and every one of you for some very
- 9 thoughtful and provocative comments to get this panel
- 10 started. There's a lot of diversity of opinion that's
- just been expressed, but there is some uniformity, and I
- think one of the uniform themes is we're seeing
- increasing health insurance premiums, increasing costs
- in this system, and questions of what's the cause of
- 15 that are dividing some of you.
- 16 If I can comment briefly, I've sort of heard
- 17 three different things come out as primary themes. One
- is that the payors are consolidating or somehow
- 19 exercising market power.
- Two is the principal focus on the hospital
- 21 segment of the industry. The third is Lawrence's
- 22 comments, that there's evolving consumer preferences
- 23 that are perhaps affecting the way in which the system
- is operating and allowing some increase in the prices.
- I want to focus for a moment on one factual

- 1 issue, and that is payor consolidation, and I would like
- 2 to turn to our payor representatives and get your
- 3 comments on that. Henry, if I could start with you,
- 4 you've had a chance to rest for awhile since you started
- first, and ask your views, has there been a
- 6 consolidation among payors? Is it a healthy thing? Is
- 7 it counterproductive in some areas? Can you comment on
- 8 that, please?
- 9 MR. DESMARAIS: Sure. There has been
- 10 consolidation. We heard this morning actually that a
- lot of it was not at the local level but was across
- 12 geographic regions, so if a payor in California chooses
- to purchase a payor in Maryland, that's consolidation,
- but I would be hard pressed to show how that's
- anti-competitive and could produce problems.
- 16 There's certainly been consolidation with
- 17 companies, and we know that the federal and state
- 18 officials, there is oversight. In fact when two payors
- 19 tried to merge, they were told they needed to divest
- themselves of certain issues in the State of Texas,

- 1 hear a lot that the single payors in a state have a huge
- 2 market share of at least a small part of the market we
- 3 want to look at, so I think that's another issue.
- 4 We also have to ask ourselves, What's the
- denominator before we look at what the numerator is, but
- a lot of that is honestly the Blues Plans, and there's
- 7 historic reasons for that, how they came about, how they
- 8 were formed involving both hospitals and physicians and
- 9 their initial formation, how many of them remain not for
- 10 profit, how many of them have certain obligations placed
- 11 upon them by state government in terms of insurer of
- 12 last resort.
- So there's a lot of complex issues I think that
- 14 as we look at the market -- I don't know if Stephanie
- 15 wants to add anything.
- 16 MR. BOTTI: Stephanie if you would like to pick
- 17 up on it, and let me ask you in particular, accepting
- 18 Henry's point that some consolidation may be across
- 19 localized geographic areas, has there been consolidation
- on a local level, the type concentration that may or may
- 21 not be anti-competitive, but is the type of thing we
- look at in antitrust?
- MS. KANWIT: I'm not aware, Mark, of any
- 24 competitive consolidations by health plans, and I think
- 25 the Department of Justice has made statements to that

- 1 effect, certainly the former chief Joel Klein, et
- 2 cetera. I mean, there's really two questions. One is
- 3 do health plans after consolidation have monopsony
- 4 power, and are we looking at, as Henry says, the right
- 5 denominator.
- 6 I think one of the many factors that goes in the
- 7 mix that people forget is that the bulk of health care
- 8 dollars in the United States are spent for Champus,
- 9 Medicare Medicaid, FEHBP, the other health plans and
- 10 they're not the commercial insurance market, so we have
- 11 to be careful.
- 12 But the other really big point, and Helen made
- this just a little while ago, is consumer choice. You
- saw some slides this morning that I thought were
- 15 excellent, I think they were Cara Lesser's slides, where
- 16 she pointed out that the majority of employees, health
- 17 care consumers in the United States have a choice of two
- 18 or three health plans right now. 60 percent of them
- 19 have a choice of two or more, and 40 percent have a
- 20 choice of three or more, so that's really the bottom
- 21 line.
- When we start talking about consolidation in the
- abstract, again we have to come back to what is the
- 24 impact on consumers, and I certainly am not seeing any
- 25 competitive impact out there.

- 1 MR. BOTTI: Stephen. Please, go ahead.
- 2 MR. FINE: I'm sorry. Part of this may be an
- 3 issue of definition when we talk about consolidation.
- 4 Again in the Philadelphia market, most consumers do have
- 5 a choice between multiple plans. They could, for
- 6 example, have independence BlueCross Keystone,
- 7 independence BlueCross PPO, BlueCross Commercial,
- 8 Independence BlueCross I believe it's Blair Mill
- 9 Administrators. There are five or six different
- 10 products.
- 11 The parent BlueCross is a not-for-profit
- 12 entity. Most, if not all, of the other health plans
- that are subsidiaries are for profit entities. So we
- 14 need to look again at each market individually, but make
- sure that we don't focus on, Was there a merger of two
- 16 existing plans or did one plan create alternatives but
- in an effort to potentially dominate that market.
- 18 MR. BOTTI: Fair enough point, that we need to
- 19 get underneath the statistics and see what's meant by
- 20 that. Stephen, you've taken a pretty close look at
- 21 Pennsylvania markets, it sounds like, and gave us some
- 22 statistics on market share of health plans.
- 23 Can you address whether that's the result of
- 24 some type of consolidation? Is that a historical number
- that's been consistent over the years? Has it grown,

and if there's been growth, what's the source of it? 1 MR. FOREMAN: In Pennsylvania we've had two 2 3 factors that have contributed to this. One is, as Henry mentioned, the historical role that the BlueCross firms 4 5 have played in the state, and at one point in time back б in the 40s and early 50s before other entry, they were 7 the only plans. 8 More recently there's been a merger of BlueCross of Western Pennsylvania and Pennsylvania BlueShield. 9 10 part of that merger, Independence BlueCross gained sole 11 control of Keystone East Health Plan so merger and

- 1 much to be sure, and you had other years where the
- 2 underlying medical costs, which is where we are right
- now, was considerably below what's being charged in
- 4 premiums where there's a premium. So looking every year
- 5 at every market is extremely important to answer those
- 6 questions.
- 7 Our concern and some of my concerns at Xerox was
- 8 that you're going to have problems in lots of markets
- 9 much of the time, and you're going to have to deal with
- 10 them market by market. There was a time period I guess,
- I have to think a second about what the years were, when
- a number of the large health plans were buying each
- other, and in fact we had a chaotic time in places like
- 14 Texas where you had companies like (inaudible) being bought
- by -- I'll probably get the names wrong because you lose
- 16 track of it, but you had sort of a mess going on because
- 17 at the local level you had problems, service problems,
- 18 delays, physicians weren't being paid and that kind of
- 19 thing. In other markets it was working perfectly well
- 20 so it varies enormously around the country both by time
- 21 and by location.
- 22 I think in terms of whether or not the
- consolidation, now I just said don't make a
- 24 generalization and I'm going to make one, but right now
- 25 there's still in most markets sufficient competition and

- choices for employers, but we certainly think everything
- 2 ought to be watched.
- I mean, nothing should be left untouched in
- 4 terms of analysis and information, and what's so
- 5 important about I think what you all are talking about
- 6 doing now and a number of organizations like the Center
- 7 are doing is watching these things very closely, so we
- 8 have an empirical basis. We knows what's happening at
- 9 every time and as quickly as possible, and we also know
- 10 what's happening market by market, and you all can act
- 11 accordingly.
- MR. BOTTI: Your comments earlier, I believe you
- told us you were concerned about rising premiums, and if
- 14 I'm interpreting what you just said properly, you're not
- attributing that to consolidation among payors.
- 16 MS. DARLING: No, and actually most of our
- 17 employers don't even pay premiums. Most of our
- 18 employers are self funded, so right frankly they're
- 19 worried to death about claims. What's driving their
- 20 costs right now are claims. There's some concern
- 21 sometimes when there's consolidation, the companies are
- able to charge more or try to charge more for the
- 23 services they provide.
- 24 MR. BOTTI: Is one of the services they provide
- 25 negotiating better rates for you among the hospitals?

- 1 MS. DARLING: Absolutely.
- 2 MR. BOTTI: Let me ask how you view the
- 3 competition among payors to provide you that service.
- 4 Do you have enough payors trying to do that? Are they
- 5 trying to do it hard enough, and are they being
- 6 successful or not?
- 7 MS. DARLING: A couple things I would say. Up
- 8 until recently they were trying at the level they try,
- 9 but for the most part there was plenty of competition to
- 10 encourage them to do as well as they could and always to
- 11 do better.
- 12 More recently, however, meaning in the last
- couple years what's happened with these so-called
- 14 contract showdowns is no matter who's out there trying
- to negotiate what we would consider a reasonable price,
- 16 and we can debate one I'm sure endlessly, and by the
- 17 way, we're talking about cost too. We believe that it's
- 18 reasonable to have a reasonable number of costs and also
- 19 perhaps some payment for additional services.
- There's a huge debate, as you might know right
- 21 now, in the hospitals feeling that they are underpaid
- because their full costs are not paid, so that's a whole
- 23 other debate, which we could probably have another
- 24 workshop on and might be worth doing because that's a
- 25 major problem.

Τ	Some of the markets where the worst contract
2	showdowns have occurred are the markets with very large
3	numbers of teaching hospitals, academic medical centers,
4	medical schools, sometimes five or seven in a given
5	geographic area.
6	So they feel they must have their cost
7	reimbursed for a very expensive system, so that's one of
8	our big concerns.
9	MR. BOTTI: Thank you. Lawrence, do you want to
10	say something?
11	MR. WU: I think Helen is right that in many
12	cities employers and employees do have choice, and I
13	want to tie this back to some of the charts that we've
14	seen that describe payor concentration in various
15	marketplaces.
16	There's one dynamic that falls out of employer
17	and employee choice and that is employer and employee

and employee choice, and that is employer and employee choice facilitates the entry and exit of health plans, and that is one dynamic that isn't easy to show on a PowerPoint slide, and that is over time, there is a lot of entry of new health plans, and at the same time there's a lot of exodus of health plans, and it does make sense because if you look at the profits of health plans, health plans are not doing as well as you might think they're doing.

1	So there is this dynamic of entry and exit, and
2	it makes a difference because if one were to do a study
3	of says 50 or 60 top MSAs, that is Metropolitan
4	Statistical Areas in the U.S., and look at who the
5	leading health plan was say in 1994, and then ask the
6	question four years later, Will the leading plan in 1994
7	still be the leading plan in 1998? If you do that
8	study, you will find that the leading health plan in
9	1994 in general was no longer the leading plan in 1998.
10	And that is a dynamic in the health insurance
11	industry that I think it's easy to forget, but a very
12	important one in evaluating the market power of the
13	health plan.

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- 1 that proposition, we should have seen reduced costs in
- 2 hospitals and costs being passed through to employers
- and consumers, and maybe you can give us the physician's
- 4 perspective on whether hospital consolidation has
- 5 delivered on its promises or has it led to an exercise
- 6 in market power?

- 1 now up there, did you tell them what's going on, we can
- 2 hardly keep the practice going under these
- 3 circumstances.
- 4 When I heard a moment ago that there was no
- 5 monopsony power, and even if it existed, it didn't make
- 6 any difference. I would submit to you that no rational
- 7 human being would sign a contract that contains, if they
- 8 had any equal bargaining product, all products clauses
- 9 most favored nations clauses, it's on page 15 of our
- 10 written testimony, undisclosed fee schedules.
- 11 We don't even know, they can change fee
- 12 schedules at will. So how do we budget to buy
- equipment, to hire staff, to deal with all the turn
- 14 backs when you send the insurance in, Oh, it's not a
- 15 clean claim, please fill out this form and do this, oh
- 16 the line's busy, you'll have to call back at another
- 17 time, we can't admit the person at this time.
- 18 We've gone through a paper morass and there's a
- 19 feeling of hopelessness. We do need to work together.
- 20 We need to cooperate, and AMA believes maybe the
- long-term situation, we won't need the Federal Trade
- 22 Commission to do as much work in this area, is when we
- 23 have defined contribution individual ownership and a way
- to make it happen, but that's perhaps the future.
- Unilateral amendment of the contract by payor,

- 1 slow pay, a big problem, restrictive definitions of
- 2 medical necessity. It's not my job as a physician to
- 3 ration necessary care, and if the insurance company
- 4 promises a product, they should deliver on the product.
- If they want to exclude a product or service, they ought
- 6 to say so in bold print.
- 7 The indemnification clauses for patient privacy
- 8 violations, now I submit this is evidence on behalf of
- 9 the AMA. If an insurance company violates the privacy
- of the patient, the medical record confidentiality, we
- 11 have submitted in to Congress contracts that say we are
- 12 responsible for indemnifying the insurance company. We
- are responsible for their defense costs. What rational
- human being would sign a contract like that if they had
- any bargaining power?
- 16 And you don't have any power when you deal with
- 17 these folks. They say, Take it or leave it, doctor, so
- 18 that's the problem.
- 19 As far as the hospitals, you have people here
- who can better answer whether hospitals are delivering.
- 21 What I'm saying is that this system is broken.
- 22 Physicians want to do ethical science based medicine.
- In a previous panel you talked about quality.
- 24 want to get in to the record AMA has a lot of quality
- 25 efforts. We're involved in the National Guidelines

- 1 Clearinghouse. We're involved in the Physician
- 2 Consortium for Performance Improvement. We're involved
- in the Practice Guidelines Partnership. We're involved
- 4 in so many entities, the JCAHO. We have commissioners in
- 5 there. We're involved in NCQA, working with them.
- 6 We founded the National Patient Safety
- 7 Foundation before the Institute of Medicine came out.
- 8 We founded that in 1997, and safety as you know is a
- 9 major component of quality, so there are so many things
- 10 going on, and I would just hope that the Commission and
- 11 the Justice Department would go beyond these words and
- do their own independent gathering of data and then let
- all the experts get together and see if this system
- 14 allows us to do quality medicine for our patients.
- MR. BOTTI: Let me ask you to take it a step
- 16 further in terms of getting us guidance is where you
- 17 would like to see us go, and I will accept for purposes
- 18 of talking about it the proposition that physicians
- 19 don't have bargaining power and that payors do.
- Who role does antitrust have to play there? Is
- 21 your proposition to give physicians this countervailing
- 22 market power? Is that where the AMA would like to see
- antitrust enforcement qo, or is there some type of
- 24 response you would like us to make to existing market
- 25 power by payors?

1	trying to present their position and the role of
2	government, as we see it, is to be that objective entity
3	that looks at all of this so that we have true
4	competition. The bottom line is what's in the best
5	interest of the American public and our patients.
6	MR. BOTTI: Thank you. This idea of refereeing
7	the competition and making sure it's fair I think is a
8	good one, and I'm going to take your comments and turn
9	them over to Stephen Foreman, because, Stephen, I think
10	when I asked you the question about consolidation, you
11	said, Let's look at the current situation and where do
12	we go from here.
13	Let me ask you to talk about that. We're
14	talking now about if payors have some type of market
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63	thyu haveitn and thye'r exercisking it, what's yout
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93	MR.FOREMANI: I think that idellyt wewoulnd aent

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- There's things to think about there, so if we

 can restore competition at every level of this industry,

 we would all be better off.
- If we're not going to do that, if we're going to
 leave a monopolist in place, and I'll start at the
 health insurance level, to presume that monopolist can
 pass through costs presumes that the monopolist is not
- 8 currently monopoly pricing.

If the monopolist is .

- 1 give up and go to single payor and say, Look, the
- 2 consolidation in this industry is too much for us to
- 3 bear.
- 4 Again, some of this is a generalization off of
- 5 some premises about some markets. Not every market is
- 6 consolidating at the payor level. Some markets have
- 7 competition. Other markets don't, and in those markets
- 8 we have payors dictating price. Small businesses don't
- 9 negotiate with health insurers in Pennsylvania.
- 10 Private physician practices in Pennsylvania with
- 11 some exceptions don't negotiate with the payors. They
- 12 have a fee schedule, and in fact there are letters from
- the payors in Pennsylvania saying, we don't negotiate
- with physicians, we can't do it administratively.
- 15 That's probably right.
- 16 So I think we have a list of preferences or
- 17 priorities that we ought to go down here before we give
- 18 up but restoring competition ought to be real high on
- 19 our list.
- MR. BOTTI: Helen, let's assume we have a market
- 21 where we have payors with market power. Is
- countervailing market power by physicians and hospitals
- 23 the solution that employers would prefer or what would
- 24 they have the agencies do in terms of antitrust, or is

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1	it	an	antitrust	question?

2	MS. DARLING: I'm not sure I can answer it, but
3	let me back up a second and see if I can take it from
4	where he has ended. Most employers with more than 500
5	employees, which is a lot, are self funded, and so they
6	do in fact use networks, and they can shop around. They
7	have multiple networks throughout the country that you
8	can use. You can buy this PPO network or that PPO
9	network. There are a lot of options.
10	Now, it's true that very small employers have to
11	deal with an insured product, but there are multiple
12	insured product in many places, and then there are more
13	things coming down the road, so I'm not sure it's quite
14	that piece of it isn't as grim at least as I see it

I think there is definitely the feeling that 16 17 right now, and this is why the timing is so important,

and live it as it sounds like.

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- 1 particular plan.
- Now, you could in some markets, especially the
- 3 Blues, do have some advantages. States where they used
- 4 to have advantages, they no longer have the advantages,
- and so they're having to change on that so there's
- 6 movement in all of them. It's like many moving parts
- 7 simultaneously, and that's why you have to get back to
- 8 the market.
- 9 If the FTC's role is to make certain that in

- 1 at some of these problems.
- I think in the meantime, there's plenty of
- 3 opportunities for the FTC to do what it's talking about
- 4 doing and has done, and the dynamics have changed so
- 5 dramatically that perhaps some of the unfortunate track
- 6 record that you all have suffered from because you tried
- 7 and the courts didn't let you move will be changed when
- 8 they look at the new dynamics.
- 9 MR. BOTTI: Lawrence, I'm going to come back to
- 10 you because you made a comment I want to follow up on.
- 11 How do we tell the difference between good payor
- 12 negotiation and bad payor negotiation of lower prices
- from physicians and hospitals?
- 14 MR. WU: That was actually going to be my follow
- up to the comments here, which is to answer your
- original question, I don't think there's an easy answer
- or a single answer to your question, whether we want to
- 18 stop the exercise of market power and the existing payor
- or whether we should give physicians and other providers
- 20 more bargaining power because in the end, as an
- 21 economist, what I want to look for is what is happening
- to prices and what is happening to quality.
- 23 If prices go up and quality goes up and that's
- 24 what the employers and employees want and are willing to
- 25 pay for, then I would view that whatever is being

- 1 investigated as being a response to what employees and 2 employers want. 3 It's really problematic if there are increases 4 in price without a corresponding increase in quality, 5 and/or no change in price and a decrease in quality, and 6 this is nothing new for the antitrusters in the room, 7 but again I think that is ultimately the guiding principle. 8 9 MR. BOTTI: I think with that, we should 10 probably wrap up, David? 11 (Applause.) 12 MR. HYMAN: Some very quick announcements. 13 First, I want to thank all the speakers, panelists and 14 moderators for today, all of us have benefitted 15 greatly by their insights. Second, we start tomorrow at 16 9:15 a.m. promptly. You have to clear through security 17 again, so please allow an appropriate amount of time for 18 that. 19 Your property rights for today do not translate 20 into property rights for tomorrow, so it's a license.
- 23 (Time noted: 5:27 p.m.)
 24

5:30, it's time to stop.

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