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3	FEDERAL TRADE COMMISSION
4	AND
5	DEPARTMENT OF JUSTICE
6	ANTITRUST DIVISION
7	PRESENT:
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11	HEARINGS ON
12	HEALTH CARE AND
13	COMPETITION LAW AND POLICY
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PROCEEDINGS MR. HYMAN: Good afternoon. We're going to get

started with our mid-April set of hearings on Health
Care and Competition Law and Policy. These hearings are
jointly sponsored by the Federal Trade Commission and
the Department of Justice, and sitting next to me is
Scott Thomson from the Department of Justice Antitrust
Division. We're going to be co-moderating this
afternoon's panel.

Today we're going to talk about hospitals and specifically horizontal networks and vertical arrangements, and we're lucky enough to have four speakers, two of whom are talking about horizontal arrangements and two of whom are talking about vertical arrangements. So, the symmetry will hopefully work out well.

The four speakers for today, consistent with our general framework of abbreviated introductions so everybody can talk longer, are to my far left, Bob Hurley from Virginia Commonwealth University, who is speaking on behalf of the Center for Studying Health System Change. Sitting next to him, Jim Burgess from the Boston University School of Public Health. Seated to my right is Bob Town, from the University of

- 1 Minnesota. Is that public health or economics?
- 2 MR. TOWN: Public health.
- 3 MR. HYMAN: And then the empty chair to his

- a call-in for each of those days as well, and following
- our wrap of that session on April the 11th, we will
- 3 reconvene about two weeks later to start working on
- 4 insurance and insurance companies and we'll have
- 5 sessions continuing through April, May, and June. And
- 6 our expectation is that we will complete all of these
- 7 hearings by September, assuming all goes well. Perhaps,
- 8 I'm careful to say September at the moment.
- 9 So, with that, let me turn it over and I think
- showing my lack of imagination, I am going to go left to
- 11 right in order, so, Bob, if you could start off, we
- 12 would appreciate that.
- 13 Let me just add one other remark for the people
- 14 who are listening, which is that the PowerPoint
- presentations that are being shown should be posted on
- 16 our website within about a week and transcripts of this
- 17 session should be posted within about a month. It takes
- 18 that long to turn them around. If you look at the
- 19 hearing's websites, which there is an FTC one, as well
- 20 as a Department of Justice one, you will find a broad
- 21 range of materials that weigh into the hearings, past
- 22 sessions, PowerPoints, transcripts and so on.
- Thank you.
- MR. HURLEY: Thanks, my pleasure to be with you
- 25 today, and I actually am going to talk about vertical

- and horizontal both, so I'm not sure who the other
- 2 person is who is splitting the topics with me. I'm
- 3 going to talk about the vertical and horizontal
- 4 integrations in the community tracking studies in these
- 5 markets. I'm sure some markets you've probably heard
- 6 about, and some of my colleagues have presented to you
- 7 previously, in terms of these markets around the country
- 8 that we study very closely and carefully on a biannual
- 9 basis, and when we see the map when it comes up, you
- 10 will actually see where these markets are.
- 11 What I will be talking about briefly is provider
- integration that is observed in these markets,
- 13 horizontal and vertical integration illustrations of
- 14 what we see, and then I want to focus in on a couple of
- very specific illustrations of this hospital health plan
- 16 sponsorship and then some of the evolving developments
- in hospital/physician relationships. And then draw just
- 18 a few conclusions at the end. So, that's the kind of
- 19 preview or the road map for what I'll be doing.
- The Center for Studying Health System Change, if
- 21 there's anyone in the world who doesn't yet know who we
- 22 are, because we do a lot of these presentations, is a
- 23 center founded in the mid-1990s fully funded by the
- 24 Robert Wood Johnson Foundation. Our goal is to do
- objective, independent research on how private markets

- 1 are changing across the country, how these changes
- 2 affect people, consumers, and what the implications are
- 3 for policy makers. And you can see our website here.
- 4 The community tracking study, as you're probably
- 5 aware, there are actually two components to the Health
- 6 System Change work. We do surveys in 60 markets across
- 7 the country, and in 12 markets, the community tracking
- 8 studies are markets in which we do in-depth biannual
- 9 site visits to these markets. We have been following
- 10 them since 1996 and we are in the process of completing
- 11 our 12 markets for the fourth round here right now.
- 12 The markets are selected as a representative
- sample, you'll see that in a moment. They speak to
- 14 national trends, I think reasonably well. There's some
- 15 geographic maldistribution, perhaps, but they are
- 16 stratified into kind of mega markets, large markets and
- then smaller metropolitan areas. And they ostensibly
- 18 represent the average health care markets.
- 19 In the course of these site visits, we will do
- 70 to 100 interviews in each of the sites on this
- 21 two-year cycle. We do a broad cross-section of
- 22 interviews with health care executives and stakeholders.
- 23 We say we triangulate the results, we actually
- 24 quadrangulate them because we really interview in four
- sectors, we interview on the health plan side, and the

- 1 provider side, and the purchaser community and then the
- 2 policy makers with respect to state and local
- 3 governments in these communities.
- 4 These are the sites, and I'll be drawing a lot
- of my examples, of course, from the identified sites in
- 6 this -- on this map. The white marks on here represent
- 7 the 48 other markets in which we do surveys, the
- 8 physician and consumer, household and purchaser surveys,
- 9 and then the 12 markets that are listed are the ones
- 10 that we've been -- we are in the process of visiting
- 11 them. We just went to Phoenix, Arizona, last week, and
- 12 I think some of my colleagues are in Miami this week and
- Boston in a couple of more weeks and that will complete
- 14 the fourth round of visits in these markets.
- 15 So, what have we seen as far as the evidence of
- 16 vertical integration and horizontal integration in the
- 17 community tracking sites? Well, let me just sort of
- give you some big bullet items and then we will drill
- 19 down through these. Integration is quite extensive, as
- 20 you'll see, in these markets. It's been undertaken for
- 21 multiple purposes through various forms of arrangements.
- 22 We've been doing these market visits since 1996, so we
- 23 have actually seen a bit of a cyclical pattern with
- 24 respect to this integration activity, and I'll try to
- 25 dwell on that a little bit.

- 1 Horizontal integration has increased and then it
- 2 has slowed over the course of our site visits, largely
- 3 because of the consolidation that's occurred in the
- 4 market. We are sort of reaching the limiting point in a
- 5 number of our markets where consolidation is simply
- 6 maxed out.
- 7 Vertical integration itself has had an
- 8 interesting life cycle to it as well. Vertical
- 9 integration activities were much more apparent in the
- 10 earlier rounds of our visits, they have slowed, and in
- 11 some instances have reversed, and we'll describe some of
- 12 the rationale for this and the reasons for this as we've
- observed them in the market.
- 14 Today the vertical integration activities that
- we're observing are much more targeted in their
- 16 strategic age. The earlier ones one could say were
- 17 almost mimetic, they were imitative of other people sort
- 18 of taking the responsibility to make changes as observed
- in other markets that are much more selective and
- 20 purposeful today.
- 21 And I think a central point of my entire remarks
- 22 will be the changing market conditions have influenced
- 23 the value of integration, both for these health systems
- that are engaged in it and also the markets in which
- 25 it's occurring.

- 1 Just a picture to kind of give you a sense of
- 2 how we'll be presenting this, the horizontal obviously
- 3 of the flagship hospital with its affiliated hospitals
- 4 is the most common form we observe in our markets. And
- 5 we have some markets, such as Orange County, California,
- 6 where we have a single health system that owns ten
- 7 hospitals. That happens to be the Tenet system. In
- 8 other markets, these are more smaller scale of
- 9 horizontal integration.
- 10 And then the vertical integration represents a
- 11 wide range of activities, of related activities that
- 12 have been undertaken by this same focal institution or
- typically the focal institution, many of which are going
- 14 to be characterized as ownership kinds of activities,
- 15 the dotted line with respect to these affiliated
- 16 physician networks is something I want to dwell on
- 17 because I think we have seen a transition, a
- transformation really in the nature of the
- 19 physician/hospital relationships that is emerging in a
- 20 number of markets, and moved away from the spell of time
- 21 in the mid-nineties when practices were being purchased
- 22 extensively by hospitals.
- 23 Provider horizontal integration, again, several
- 24 markets in which this is evidenced, I only highlight the
- 25 Cleveland, Phoenix and Orange County because this is

- where it's very evident and very widespread in terms of
- 2 a several multihospital system is evident in these
- 3 markets.
- With respect to the aims, why are the
- 5 institutions in these, why are they undertaking this as
- 6 based on what they're telling us and what other
- observers in the community have told us. They're
- 8 enumerated here in several points, again, which will
- 9 resonate with your general understanding of the
- 10 rationale and motivation for horizontal integration.
- 11 Improved operating efficiency is certainly a
- 12 frequently espoused and touted rationale for engaging in
- these, achieving degrees of economies of scale
- 14 associated with operating multiple facilities in a

- 1 health plans and insurance companies here doing business
- 2 in these markets.
- 3 With respect to some of the yields from this
- 4 horizontal integration, let me just highlight a few of
- 5 these that are evident from our interviews. And again,
- 6 reflecting the fact that our qualitative information has
- 7 limitations in terms of

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- 1 certainty with respect to the high end kinds of
- 2 services.
- 3 There are fewer independent facilities in the
- 4 markets, and I would like to go to the next point as
- 5 well, the markedly enhanced negotiating leverage with
- 6 the plans has, in fact, contributed to that, if you
- 7 will, the idea of fewer independent facilities, given
- 8 the negotiating positions that horizontally integrated
- 9 systems enjoy, it is difficult for independent
- 10 facilities to be able to garner the same kinds of
- 11 contractual terms and opportunities that the system-
- 12 affiliated institutions can, unless they have a
- 13 particular market niche of some kind or geographic
- 14 advantage.
- 15 So, what we have seen is kind of a snowballing
- 16 effect of independent facilities joining these markets,
- and having been back to these markets now on four
- 18 different occasions, we can see that kind of centripetal
- 19 force, I guess, pulling in rather than spinning out
- 20 amongst these institutions.
- 21 The potential to pursue exclusive affiliations
- 22 with selected plans is also enhanced through this
- 23 horizontal integration, particularly for those
- facilities that have been able to achieve broad market
- coverage, geographic coverage. They are now able to

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- 1 present, for those health plans who are interested in
- 2 exclusive affiliations, are able to present a health
- 3 system that with a single signature can actually be
- 4 delivered -- a hospital system that can deliver
- 5 facilities across an entire market. And again, that's
- 6 an aim for some of these systems to achieve that level
- 7 of market scope.
- 8 And the last point I make is the one I just
- 9 qualified by suggesting that our level of detail in
- 10 terms of our understanding and the source of our
- information is unable to assess the impact on
- 12 operational efficiency. Again, we're dealing with some
- assertions in this case in terms of the ability of
- organizations to contend that they are able to achieve
- 15 certain economies of scale. On the other hand, we're
- 16 not in a position to be able to validate that.
- Now, let's shift to the vertical integration, if
- 18 we could, for a moment, in terms of looking at the kinds
- 19 of activities that are under way. Some of thei

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- 1 are the ones that have the vertical and horizontal
- 2 activities.
- 3 With respect to the aims of vertical
- 4 integration, we've seen and heard extensive interest in
- 5 pursuing these for the purpose of controlling patient
- 6 flow, locking in market share. Whether it's
- 7 affiliations with individual practitioners or
- 8 acquisition of practices, as we saw five or six or seven
- 9 years ago, or whether it's just alliances and structural
- 10 arrangements that create a kind of forced loyalty, we've
- 11 seen those kinds of activities and the yield from those,
- 12 I think, has been significant in a number of instances.
- We've also seen this ability to solidify
- 14 relationships, to move beyond just the tacit
- 15 understanding of referrals to owning practices and
- 16 requiring the referrals to be made to selected
- 17 facilities. Again, that's a purposeful yield from these
- 18 efforts.
- 19 Certainly, again and again in some respects,
- 20 this almost seems like ancient history today as we think
- 21 about over six and seven years ago. As we saw the
- ascendancy of capitation, the expectation that
- 23 capitation becoming the predominant form, the prevailing
- form of payment, the position to receive and to
- 25 distribute capitation dollars was a powerful motivator

- in the mid-1990s for these delivery systems to pursue
- 2 vertical arrangements that would essentially allow them
- 3 to control those premium flows into essentially -- make
- 4 allocation decisions of those dollars.
- 5 Related to that, and of course if you think of
- 6 capitation as being the physiology of these
- 7 organizational entities, putting them together was kind
- 8 of the anatomy, if you will, of these integrated
- 9 systems. Pursuing seamlessness across the continuum of
- 10 care, then became very important to be able to
- 11 distribute those dollars and to distribute that care at
- 12 the most efficient and effective site.
- We've also seen the opportunity of using
- 14 vertical integration to offer alternative distribution
- and contracting options, and I'll come back to that in a
- 16 moment, because we've seen a number of health plans or
- 17 we saw a number of health plans sponsored by health care
- 18 systems as a way of generating additional competition to
- 19 some of the traditional insurance companies.
- 20 And finally, although this is a diversification
- 21 argument, it also is a means by which a vertical
- integration was a way to generate revenue flows from
- other sources and other types of payers, rather than
- just the conventional payers for inpatient and
- 25 outpatient care.

A few comments about the yields from vertical integration. What we've seen is that clearly the positioning associated with building vertical systems does expand control over premium dollar flows. It does allow an organization to have influence on where those dollars that are going for outpatient care, as well as for inpatient care, are going. Whether those dollars are going for physician care versus hospital care are

going in terms of being able to create a system.

Vertical integration has clearly yielded better contract terms with managed care plans, again, in terms of whether it's getting higher payment rates, more favorable terms in terms of duration of contracts, prohibition and exclusions of certain kinds of undesirable kinds of payment methods, such as for outpatient care and so forth, the ability to mobilize that leverage as a result of having a system of care in place has been -- has yielded significant gains for systems that can pull that off.

We have also seen a number of hospital systems develop managed care products, and another slide or two down the way I'm going to show you that we actually have seen that peak -- certainly we all in this room know that this has peaked out some time ago, but we still find in a number of our markets, we do have hospital-

- 1 sponsored plans, at least in three or four of our 12
- 2 markets, there are still hospital-sponsored health plans
- 3 that are playing a distinct role in those markets, and
- 4 actually expanding the availability of product offerings
- 5 above what would be available just from the insurance
- 6 companies and the health plans.
- 7 Physician affiliations have been enhanced,
- 8 although they've gone through a very tumultuous time
- 9 over the years, and I will come back to that in a
- 10 moment, too. We've seen success in decentralizing
- 11 delivery sites of being able to follow the populations
- in community with ambulatory care, surgery centers and
- imaging centers as a vehicle that the hospitals can
- 14 maintain these relationships and can maintain these
- 15 relationships with their customers in locations closer
- 16 to where the customers are moving.
- 17 And finally the continuum of care to the extent
- that the systems have been able to put this in place and
- 19 keep it in place, a challenging issue, particularly in
- the wake of the BBA of '97, the extent to which it's
- 21 been kept in place does, in fact, improve the patient
- 22 flow across the integrated systems.
- 23 But we have, as I was alluding to a moment ago,
- 24 seen diminished enthusiasm for vertical integration in
- 25 virtually every one of our markets over the last two

- 1 rounds, really. We saw more of this in 2000, it's
- 2 continued into 2002.
- We've seen systems struggle with the ability to
- 4 achieve the expected returns from their vertical
- 5 integration efforts. We've seen and heard systems admit
- 6 their lack of proficiency in the diversification
- 7 efforts, of discovering that the advantage in other
- 8 lines of business were more challenging and were
- 9 different enough from their hospital management in which
- 10 they're not so sure of success.
- 11 Obviously we've seen conflicting goals in
- 12 competing businesses. This, of course, is the classic
- problem of the health -- the hospitals owning health
- 14 plans, and we'll hear a little bit more about this in
- 15 another slide, but this, in fact, has been a very
- 16 challenging issue, and those of you who are veterans of
- the health care industry know we've been through
- 18 essentially two waves of this. In fact it used to be
- 19 called Humana 101 at the beginning of the nineties, and
- 20 some people suggested that we went through the Humana
- 21 102 in the late nineties when hospitals began their own
- 22 health plans and subsequently have sold those off.
- We've seen a decline, a substantial decline, in
- 24 capitation payments, and so the loss of those capitation
- 25 payments or the failure of capitation payments to

- 1 mobilize or to be sustained has undermined one of the
- 2 important rationales for building vertical systems. So,
- 3 many systems that have been dismantled were dismantled
- 4 because the capitation dollars never came, or if they
- 5 came, they came in such a small fraction of the overall
- 6 revenue picture that they didn't really change the
- 7 philosophy.
- 8 We've also seen increased demands of the core
- 9 business. Running a hospital, of course, is much more
- 10 challenging today than it has been in the past, because
- of various pressures. Financial pressures, in
- 12 particular, that the hospitals are under and the ability
- 13 to devote their resources to sustaining their core
- 14 business as deflected from their ability to engage in
- 15 other activities.
- 16 Probably the most prominent change has been in
- 17 the payer environment, this came out of the balanced
- 18 budget act of 1997. We did a site visit from MedPAC in
- 19 1999 or 2000. We visited a high profile integrated
- 20 system in the southeast and the CEO proceeded to tell us
- 21 how in the last 18 months he had sold off all the
- 22 physician practices he had bought, he had discontinued
- 23 his HMO that he had started, he had spun off the nursing
- home that he had developed. And he was in the process
- of shutting down the home health agency that he had

- developed, and then he said that when we're finished
- doing all of those things, we're going to go out and
- 3 find the consultants who told us to do this and we're
- 4 going to kill them. And it was sort of reflected this
- 5 kind of at the end of this whole process, the
- 6 environment had changed fundamentally in terms of the
- 7 payer environment in terms of the suitability for doing
- 8 vertical integration.
- 9 And a last point, an evident point again
- 10 somewhat related to the effects of the BBA was the
- 11 reduced resources for investment in these other
- 12 enterprises.
- So, a couple of areas where we still see
- 14 activity I would like to kind of highlight for you and
- we've seen a significant change in terms of vertical
- 16 activities related to hospital-sponsored plans and then
- we'll talk about the hospital and physician
- 18 relationships.
- 19 Interestingly, these health plans actually
- 20 peaked some time ago now. These products rarely
- 21 achieved substantial scale. They were generally
- 22 unprofitable for the hospitals, although it's difficult
- 23 to render a very definitive judgment because typically
- 24 the hospital was contracting with itself, if you will,
- 25 for the substantial portion of the hospital care in the

- 1 networks that they were creating, so it was all
- 2 difficult to assess from a single site how profitable
- 3 the hospital sponsored HMOs may have been.
- 4 There were clear internal conflicts associated
- 5 with the tensions between promoting cost minimalization
- 6 in a prepaid health plan and revenue maximization in a

- 1 I'm sure some of you will be discussing this somewhat
- 2 tomorrow, that that really obviates the need to have a
- 3 health plan sponsored by providers, if, in fact, they
- 4 are moved into a kind of hand and glove relationship
- 5 with the dominant health system.
- 6 The physician/hospital linkage evolution is very
- 7 interesting, I think very important, and probably
- 8 underappreciated at this point in terms of the longer
- 9 term implications of it. We know a lot of it from what
- 10 happened in the nineties, but I think we're still in the
- 11 process of discovering where this is leading us.
- We saw a decline in risk-based payments and that
- led to the abandonment of many of these formal
- 14 structures, these physician/hospital organizations, PHOs
- that were in vogue in the mid-1990s. Surprisingly, in
- 16 some of our markets we still see physician/hospital
- organizations in place. Even in the absence of
- 18 capitation in some instances, the health systems have
- 19 continued to finance or subsidize them, physicians have
- 20 continued to maintain affiliations with them.
- 21 In some instances, such as Indianapolis, this is
- 22 a vehicle for distributing capitation by the
- 23 hospital-sponsored HMOs, the HMO that dominates that --
- that's the major competitor for the Blue Cross plan.
- In other cases, the health system affiliation

- with the PHO is a way of improving negotiating leverage
- 2 for the physicians by essentially moving in tandem with
- 3 the health system in terms of its negotiations. Health
- 4 plans have significant ambivalence about dealing with
- 5 these PHOs in many markets. The plans vary in their
- 6 responses to them, they essentially are playing the
- 7 so-called messenger model role, of carrying the offers
- 8 from the health plans to the providers and the providers
- 9 then maintain the opportunity to choose to participate
- 10 or not.
- 11 Some health plans prefer this as a means of
- 12 contracting, a kind of turnkey arrangement to be able to
- get a single network but dealing exclusively with the
- 14 PHO in a local market. Other plans refuse to deal with
- them and actually have threatened legal action against
- 16 them if they attempt to play too prominent a role.
- 17 It's unclear, again, from our vantage point of
- our sort of 500,000 foot view, it's unclear whether PHOs
- 19 result in higher physician payments, but the assertion
- 20 is made that they stay in place because the physicians
- 21 believe that by having this affiliation, it somehow
- 22 enhances their negotiation leverage.
- Today what we're observing, and this is a
- 24 qualification I want to put on the overall development,
- if you will, the more targeted purpose and purposeful

- 1 nature of vertical integration than we're observing now.
- 2 Health systems are facing significant challenges from
- 3 specialty physicians. I believe that in some of your
- 4 earlier hearings you've had some discussion of specialty
- 5 hospitals and single specialty hospitals rising.
- 6 Vertical integration for some health systems
- 7 today is an initiative that may preempt or co-op
- 8 physician maneuvering. To preempt the physicians from
- 9 going off and making a deal with an investor-owned or an
- 10 entrepreneurial group that is going to come to town and
- 11 build a facility for them or to perhaps build a facility
- 12 themselves with their own capital.
- We see this in markets like Syracuse and
- 14 Lansing, the sponsorship of ambulatory surgery centers
- and imaging centers has been a controversy in which the
- 16 full-service hospitals have argued this is a threat to
- our vitality if, in fact, this bundling is permitted to
- 18 go through by those who would draw these services out of
- 19 the hospital.
- In other markets like Indianapolis, Phoenix and
- 21 Little Rock, it's actually been a much higher level of
- activity, because of the growth of specialty or the
- 23 boutique hospitals. Indianapolis is a city that has a
- 24 number of freestanding heart hospitals under way,
- 25 freestanding orthopedic hospitals. Phoenix has already

- 1 had a number of those already built. These are markets
- where specialty facilities are up and running, and in
- 3 some cases, representing a significant challenge to the
- 4 full-service facilities.
- In these cases, in these kinds of markets, you
- 6 can see integration, vertical integration talk and
- 7 thought and strategy is still very important in terms of
- 8 how do the full-service hospitals respond to the threats
- 9 represented by these. So, these activities may include
- 10 building or buying or joint venturing to try to assert
- 11 some hospital influence and control on these markets.
- 12 Just a word about integration and regulation.
- 13 There are some elements in place in a number of states
- 14 to influence the degree of integration, although they
- are not avowedly intending to focus on the activities of
- 16 integration.
- 17 Existing state regulations, as I say here, are
- 18 uneven. Horizontal integration may be subject to
- 19 special scrutiny, particularly if it involves an
- 20 acquisition of a facility that's going to require a
- 21 conversion from not-for-profit or for-profit status.
- 22 In other states, Certificate of Need is still an
- 23 active instrument, if you will, in trying to influence
- 24 the shape of the market. It addresses vertical
- integration somewhat obliquely in terms of affecting

- 1 capital expenditures or acquisition or even in some
- 2 cases actually the divestiture of certain kinds of
- 3 services.
- 4 In states that don't have Certificate of Need,
- 5 hospitals, in particular, are feeling vulnerable to
- 6 these entrepreneurial unbundling and dismantling
- 7 activities that I was referring to earlier, and are
- 8 actually trying to use the Certificate of Need vehicle
- 9 as the means to try to slow that process. And clearly,
- 10 payer policies have both encouraged and discouraged
- integration efforts in this realm.
- Just to close, I would like to say that
- integration is a means to modify the organization's
- 14 boundaries and functions in the face of a changing
- 15 market environment. Over this eight-year period that
- 16 we've been watching the markets, it's clear that the
- 17 hospitals have had to go through some very significant
- 18 contortions to try to respond to the very mixed messages
- in the environments that we deliver it.
- Integration does enable health systems to pursue
- 21 both their missions and their margins in a very clear
- 22 fashion, a very purposeful fashion, but it's also true
- 23 that integration activities have reduced competition in
- some markets and probably contributes to higher costs
- for consumers as a result in terms of success,

- 1 particularly in the horizontal integration front.
- 2 Whether integration activities primarily serve
- 3 institutional or community needs varies a great deal
- 4 across our 12 markets, and certainly continues to be a
- 5 subject to dispute. That's probably why you're talking
- 6 about it today. Shall I stop there?
- 7 Thank you.
- 8 (Applause.)
- 9 MR. BURGESS: I would like to thank David and
- 10 Scott for inviting me to be here today to talk about
- 11 this issue. I'm also really glad that although David
- 12 claimed that it was a random order that I did get to go
- after Bob Hurley, because Bob, I think, gave a really
- 14 good overview issue around various kinds of both
- 15 vertical and horizontal integration issues. And I'm
- 16 going to talk in a much more micro level on one specific
- issue within the issue of horizontal integration, and so
- 18 as a result, I think it was really helpful to have some
- 19 overall background.
- This is joint work with Kathleen Carrie and Gary
- 21 Young, all of us from Boston University, and it's
- 22 partially funded by a Robert Wood Johnson Foundation
- 23 grant. Gary Young will be here tomorrow to talk in more
- detail about not-for-profit versus for-profit issues in
- 25 some of these same areas, and this is part of an ongoing

- 1 research agenda that the group of us have in looking at
- 2 some of these issues.
- 3 I'm going to focus in, in particular, on issues
- 4 of collaboration that may not be ownership-based, so
- 5 that the issues, if you think about the relationships
- 6 between hospitals, those hospital relationships can
- 7 entail an ownership relationship, or a system
- 8 relationship. Or they can also be formed in various
- 9 kinds of collaborations, and these collaborations have
- 10 been becoming more and more common in the health care
- industry.
- 12 And not actually just at the hospital level, but
- also at some of the other levels, at the purchaser
- level, at the health plan level, and also at the
- 15 physician level. So, at many of the different levels
- these things have been happening.
- Just for some context, I will try to make a
- 18 couple of relationships there, and describe some of the
- 19 differences about why hospital collaborative
- 20 arrangements are special.
- 21 And I want to relate that, in particular, to the
- 22 issue that I think, again, from an antitrust
- perspective, people might be interested in, which is
- focusing in on the hospital pricing behavior, and the
- 25 history of looking at hospital pricing behavior has been

- 1 to this, on how we look at hospital competition, how we
- 2 look at inpatient prices, which again is only a piece of
- 3 what hospitals do, and then I'll describe some further
- 4 questions and issues.
- 5 First, a definition of networks. Networks, and
- 6 I'm just going to use that term, that one term, are
- 7 non-ownership collaborative relationships, between
- 8 hospitals. They also go by a variety of names. You'll
- 9 hear them called strategic alliances, joint ventures,
- 10 collaboratives, and other names, associations, various
- other names. And I'm going to just refer to them
- 12 generically as networks.
- 13 And it's important to stop here for a second and
- 14 talk about some of the activities that these networks
- do. Sometimes the networks are formed for very, very
- 16 specific things. Such as sharing capital issues, which
- might involve a mobile MRI machine, or something like
- that, that moves around between the hospitals, or even
- 19 out into the community.
- It might be pooling specialized resources,
- 21 especially with contractual arrangements with physician
- 22 groups, or specific physician specialties that might
- 23 then allow those specialized resources to move around
- 24 between the hospitals.
- It also might be purchasing collaboratives.

- 1 There's a lot of emphasis sort of on looking at
- 2 pharmaceutical markets there, and purchasing drugs, but
- 3 also in very mundane things like purchasing joint
- 4 laundry services and things like that to get greater
- 5 efficiencies.
- 6 And then perhaps most importantly, or especially
- 7 of interest, I think, might be outpatient outreach
- 8 centers, where they'll collaborate together to form and
- 9 develop outpatient outreach centers in the suburbs.
- 10 This is especially common with urban hospitals, who in
- 11 order to compete with suburban hospitals develop
- 12 outreach centers. It's a location issue, suburban
- hospitals may be closer located to a payer mix that's
- 14 very attractive to the hospital in terms of the
- insurance coverage of suburban patients, and the
- 16 hospital in the inner city may be overwhelmed with
- 17 Medicaid patients and non-paying patients.
- 18 And the outpatient outreach centers may be an
- 19 arrangement where a number of urban hospitals can get
- 20 together, form an outpatient outreach center in the
- 21 suburbs where patients can come in as a collection
- point, have outpatient visits, pre-op and post-op
- 23 visits, and then try to attract them down to the
- 24 hospital and compete with the hospital in that suburban
- area that might be the local hospital.

- 1 So, and there are many other kinds of activities
- 2 as well. Sometimes those activities are not so
- 3 specifically defined, but are -- take on maybe all of
- 4 these arrangements, or just pick up on opportunities
- 5 that are identified by the network.
- 6 It's also important to note that this can be a
- 7 precursor to ownership system relationships, where
- 8 networks may be formed, and then may develop into an
- 9 ownership system relationship. Or they can be a
- 10 substitute for it, where hospitals are choosing a
- 11 collaborative network relationship in place of more of
- 12 an ownership relationship.
- I also want to stop here a second and talk a
- 14 little bit about some of the networking that happens at
- 15 other levels. It's also true that health plans, for
- 16 example, form networks of this type, between each other.
- 17 And what health plans have been doing mostly is forming
- 18 these networks as quality collaboratives. And they do
- 19 that, actually, to, you know, bypassing hospitals, they
- 20 tend to do that and focus on physicians, trying to go
- 21 down and work with physicians and collaborate, and
- they're also now starting to go out and pay those
- 23 physicians for performance and quality and outcomes and
- 24 things.
- So, these relationships that are non-ownership

- 1 relationships can be very important at all levels of the
- 2 health care system. Of course they're also purchasing
- 3 collaboratives by the purchasing arrangements that
- 4 employers get together and will make arrangements and
- 5 form networks to purchase.
- 6 So, these non-ownership activities are becoming
- 7 more and more important in health care. And it's
- 8 important to look at them, I think, and that's why we're
- 9 focusing on them today in terms of hospitals, but I
- think it's important to see it as a general relationship
- 11 that's happening in the industry.
- 12 Let me briefly talk a little bit about some of
- the literature in this area, I don't have the full
- 14 references here, but I've provided them to David and we
- 15 certainly can make those available if you can't track it
- 16 down. There has been recent focus in the literature in
- 17 the area that I'm talking about focusing on
- 18 profit/nonprofit comparison, which is indeed the subject
- 19 of tomorrow's discussion. And I briefly list out here a
- 20 number of the articles in this area.
- 21 I won't go through those, since that's really
- 22 going to be a subject for tomorrow, but I do want to
- 23 call attention to two things: One is that the Keeler,
- 24 Melnick and Zwanziger paper also looks at the California
- 25 market and looks at it covering up to 1994, and the data

- 1 that we've been looking at and the opportunity that
- 2 we've identified to look at some specific changes in
- 3 these network relationships also picks up in 1994. And
- 4 we use very similar methodology in trying to look at
- 5 that as a way of trying to extend those results and move
- it forward through the rest of the nineties.
- 7 And I know Jack Zwanziger testified I think last

- 1 And she has a number of papers, including some
- 2 joint work with Steve Shortell, where they've looked at
- 3 in a broad sense, looking at the performance of the --
- 4 of network and system hospitals and comparing them to
- 5 each other.
- In a conceptual way, the other important
- 7 touchstone to the work we're doing is the Larry Casalino
- 8 and Jamie Robinson work from the mid-nineties looking
- 9 specifically at the California markets and comparing the
- 10 environment at that time, not just at the hospital
- 11 level, but also at the physician group level and health
- 12 plan level, and making decisions about ownership versus
- 13 contractual relationships. And some of the choices that
- were being made, and that's an important touchstone as
- 15 well.
- And then lastly, in terms of a market area
- 17 calculation methodology, we're going to argue that
- 18 especially if you're looking at network activities
- where, as I described, a lot of times the purpose of the
- 20 network is to expand the scope of a hospital to move, to
- 21 maybe work with other hospitals and to attract patients
- 22 from outside of their traditional market areas.

- 1 Zwanziger, Melnick and Mann article is really the one
- 2 that describes in detail. That methodology is a zip
- 3 code-based methodology, and I'll talk more about that in
- 4 a minute.
- 5 Let's sort of step back and talk a little bit
- 6 about the potential FTC or DOJ interest in these network
- 7 activities. First of all, of course, is that there is
- 8 this session today, looking at networks and vertical
- 9 arrangements and the horizontal arrangements as well.
- 10 The DOJ and FTC jointly, in 2000, issued guidelines on
- 11 provider collaborative arrangements, which are focused
- on the question around how to balance pro-consumer
- benefits and potential problems.
- 14 And as we think through some of the potential
- pro-consumer benefits, we might think about things like
- 16 better information flows, efficiencies that might be to
- lower prices for health plans and consumers, quality
- improvements, economies of scale, or perhaps more likely
- 19 scope economies, and also outpatient outreach centers
- 20 that I just described might also give better access to a
- 21 teaching hospital specialist.
- 22 Because most of these urban hospitals that are
- 23 reaching out into these outpatient outreach communities
- 24 are specialists that are from the teaching hospitals and
- 25 may mean improved access for consumers to get to those

- 1 resources.
- On the other hand, there are also some potential

- 1 exemptions to form these kind of contractual
- 2 relationships. States have generally been pretty open
- 3 about giving them a lot of leeway to form these kinds of
- 4 contractual relationships. And Fred Hellinger's 1998
- 5 article describes a little bit more about some of those
- 6 state activities.
- 7 Now, let's step back and then talk a little bit
- 8 about some of the theoretical issues, economic issues,
- 9 about how we might think about these issues, these
- 10 concerns. Health care is a fundamentally multiproduct
- good that's also produced by a complex firm or set of
- 12 firms. And there's a lot of actually internal dynamics.
- 13 It's important not to think about a hospital as
- 14 a unified entity. A hospital is actually a complex
- 15 organization with lots of inter-incentives running
- 16 through it between different kinds of specialty areas
- 17 like physicians, nurses, managers, and other types of
- 18 people.
- 19 And that there's a -- in economics, there are
- 20 two classic theoretical frameworks that people use,
- 21 which are both probably good extremes to think about,
- 22 but probably not -- neither probably really describes
- 23 the nature of this. One is the classic Mark Pauly
- 24 physician workshop idea, where hospital placement
- 25 physicians engage in activity managing it as a workshop,

- and the second being the Joe Newhouse hospital manager
- 2 model which gives them more of a view as the hospital
- 3 manager as coordinating resources to provide health care
- 4 to patients.
- 5 And in each case I think it misses the fact that
- 6 hospitals have become very complex. In fact I'm only
- 7 going to be talking about the inpatient side of them,
- 8 the coordination between inpatient and outpatient is in
- 9 itself complex, as well as the way it interacts with
- 10 other entities. So, I think keeping those ideas in mind
- 11 is important.
- 12 The second thing is that the standard sort of
- economic theories that you might bring to bear on this
- tend to be developed based on single product
- 15 definitions, which don't apply very well. And a number
- of new theories have been developed in health care to
- 17 try to explain behavior across horizontal and vertical
- integration and arrangements activities. One of those
- 19 is David Dranove's theory of option demand which says
- 20 that health plans might want to set up contracts with a
- 21 hospital or patients may want to contract with a health
- 22 plan which gives them access to particular resources,
- 23 not knowing whether they are going to actually use those
- services, because most of us don't know what health
- conditions we're going to face in the upcoming year, or

- 1 two or three, and instead we're valuing in some sense
- 2 the option to be able to get those services. And that
- 3 can affect the pricing, the nature of the way the
- 4 negotiation occurs, the form, the various kinds of
- 5 health plan provider networks, and how those things fit
- 6 together also on the hospital side.
- 7 But even these theories are generally
- 8 incomplete. Health economics has not developed a good
- 9 overall view to try to explain how to view these
- 10 relationships between purchasers, employers and
- 11 government health plans and providers, hospitals and
- 12 patients. And as someone who has been trying to work on
- those questions, I thought it was a lot easier than when
- I started. I've been working on some complex
- 15 theoretical models, and it's actually proving to be a
- 16 lot harder than I thought it was.
- So, as a result, this is still primarily an
- 18 empirical field, where people are primarily looking at
- 19 data and trying to make assessments from it.
- Let me talk a little bit about the sample and
- 21 data sources of what we've been looking at, and we
- 22 identified the area of California to look at because the
- 23 market growth in these network activities was extremely
- large in the period following 1994. 1994 was the first
- 25 year that the American Hospital Association started

- 1 systematically collecting information on these network
- 2 arrangements. And those network arrangements in
- 3 California started out at a particularly significant
- 4 level, and increased quite a lot during the period
- 5 following 1994.
- 6 Another thing that we found out after really
- 7 looking at the data is really how different rural areas
- 8 were from MSA level data, and so I think it's important
- 9 when we're trying to look at these questions to kind of
- 10 separate questions with respect to how they affect rural
- 11 hospitals and MSAs.
- 12 And what we have been looking at is a sample
- 13 size for California -- 1,493 hospitals. I am going to
- show you just a little bit of summary data, and that's
- 15 based on that sample of 308 separate entities over that
- 16 five-year period. Of course there are mergers during
- that period that happened, so that some of the actual
- 18 hospital entities actually disappear.
- 19 And we're using AHA data plus this special AHA
- 20 data on networks which provides some detailed
- 21 information on network activity and when they're formed,
- 22 how they're formed, how they're based and a little bit
- 23 about what they do. And also patient level data.
- 24 With respect to networks and market competition,
- as I mentioned, we really believe pretty strongly in

- 1 particular, that's, as I said, been done before, but
- what we want to do is to focus in on the relationship
- 3 between system relationships between hospitals, or
- 4 ownership relationships and contractual or network
- 5 relationships.
- So, as a result, we're going to compute four
- 7 HHIs for each hospital. Hospital systems represent
- 8 ownership relationships and networks represent
- 9 contractual relationships. And some of the usual
- approach has been to treat the systems as though they're
- 11 a single hospital in calculating this market competition
- measure. But what hasn't really been done is looking at
- 13 the network activity.
- 14 And so what we do is actually calculate four
- different HHIs, one that doesn't account for systems or
- 16 networks, counting for each locality, hospital, places,
- 17 as an individual. One that accounts for systems, which
- 18 is that HHI-S is the one that is most used in the
- 19 literature. But then also look at one that just
- accounts for network relationships, and then one that
- 21 accounts for systems and networks together. And it
- 22 would help, I think, to just visualize that, because we
- 23 go through briefly an example, so I am thinking about a
- 24 particular zip code, just one zip code that has five
- 25 hospitals in it, A, B, C, D and E. And hospital A has a

- 1 50 percent market share, hospital B has a 30 percent
- 2 market share, hospital C is a 10 percent market share,
- 3 and D and E each have five percent market share.
- 4 And if we imagine that hospitals A and D are
- 5 consistent with that hospital ownership together, and
- 6 then hospitals A and B and hospital A and E separately
- 7 exist in a network relationship. And we set this
- 8 particular example out here because it represents the
- 9 extreme level of what actually happens in the market in
- 10 California.
- 11 So, you do actually see these relationships
- where you'll have a hospital existing in a system with
- one set of hospitals, in two separate networks, each
- with different hospitals, some of which don't actually
- include the hospital that they're in an ownership system
- 16 relationship with.
- 17 In doing that, then, this just outlines how
- 18 calculating the four separate HHIs. One, the one in the
- 19 upper left, that assumes that all five hospitals are
- 20 individual entities. Then the one next to that on the
- 21 right is the one where HHI and the network relationship,
- 22 what we do is we chain these together so we allow
- 23 hospitals A and B and E to all be chained together
- 24 essentially in a relationship, some kind of relationship
- 25 together, and calculate an HHI from that, and then in

- 1 the lower left is looking at it as a system, where we
- 2 just look at A and D as emerged, and then looking at
- 3 systems and network activity together, chaining all of
- 4 these things together, where actually hospitals A, B, D
- 5 and E are all viewed as one entity, and only C is
- 6 sitting apart. And getting an HHI there of 0.82.
- 7 So, that just gives a sense of what we were
- 8 trying to do. And then the second piece of that is how
- 9 to look at inpatient prices and how to do that. The
- 10 methodology we've been using is the one that comes from
- 11 Keeler, Melnick and Zwanziger, which is an adaptation of
- 12 Bill Lynk's model that came before that, which
- 13 formulates a price index for ten specific DRGs.
- 14 Hospitals have these complex systems, and what we want
- 15 to do is in some sense, each individual patient is their
- 16 own output, but we have a methodology with DRGs that
- 17 allows us to group those, which again has strengths and
- weaknesses, but then within that, there's going to be a
- 19 service mix difference between hospitals, and to try to
- 20 identify something that's consistent. The ten DRGs were
- 21 chosen originally by Lynk to try to come up with a set
- 22 of common DRGs that most hospitals would have activity
- 23 in that might be possibly complicated, so it's the idea
- to try to come up with DRGs that aren't just simple
- 25 cases, but have some potential complexity to them.

- 1 And there's a little bit of debate in the
- literature. We followed the Keeler, Melnick and
- 3 Zwanziger approach which excluded the Medicare space,
- 4 and then calculating average net prices from net
- 5 approach charges, and then followed a regression
- 6 methodology to model log net price for each DRG and then
- 7 build that into a price index.
- 8 The ten DRGs are here, I'm not going to focus on
- 9 that, I just wanted to keep that in the slide. And then
- there's also a slide here looking at the details of the
- 11 price index calculation, and I wanted to keep that on
- there to go into the record, but I'm not going to go
- through that list in detail, but basically intuitively
- 14 what it does, it just takes that price and it tries to
- 15 explain all the differences that we know might affect
- 16 price that would be other than things that would be
- 17 negotiated. So that what you have left over is
- 18 essentially a price index that will wind up, as
- 19 designed, could line up well against a hospital
- 20 competition measure to identify things well.
- 21 And we do find that this procedure works pretty
- 22 well, and we were actually fairly surprised, not having
- 23 done this work this way previously, at how well this
- 24 process works at purging out the variation that you
- don't want to pay attention to, and leaves the variation

- 1 that you do want.
- 2 This is just a picture to just describe what
- 3 happens in this California market over this period, and
- 4 it's actually we're still in the middle of doing the
- 5 analysis here, so I don't really have results that I
- 6 would like to present as complete, but I think I can
- 7 tell a story from here that gives a sense of what was
- 8 going on in California, and a little bit of sense of the
- 9 direction of some of the results.
- 10 I've mixed onto the same graph two different
- 11 concepts, one being HHI means, and also the percent of
- 12 the hospitals in the California market that are members
- of the network, so the top line there that starts out
- 14 around 25 percent in 1994 is the percent of hospitals
- 15 that were involved in at least one network.
- 16 That rises very sharply for 1994 to 1996 from
- 17 that 25 percent to over 40 percent. Then it levels off
- and then actually comes back down a little bit in 1998.
- 19 And if you look at the HHIs and the comparison between
- 20 those, you will actually see a little bit what's
- 21 happening in this issue of substitutability, versus
- 22 using a network as a way of generating an ownership
- relationship you can see illustrated here.
- The HHI not accounting for systems or networks
- 25 is fairly flat, although it drives just a little bit in

- 1 the last two years. The HHI for the network, which is
- 2 the next one up, rises in the first year and the second
- 3 year, quite a bit, while the percent of possibilities
- 4 getting involved in networks is increasing. And then it
- 5 really levels off. Whereas the HHI looking at system

- 1 relationship, versus a case where what's really
- 2 happening is the networks form, and that's a precursor
- 3 to system formation.
- So, we're now trying by identifying those
- 5 hospitals relationships where the network turns into a
- 6 system, that's helping us to try to identify things a
- 7 little bit better, but we're still working on that.
- 8 So, as I mentioned, some collaborative networks
- 9 become ownership systems. And I should also note,
- 10 though, that some recent data reverses that trend, where
- it seems that although what happened is you had network

- 1 what's going to be talked about tomorrow, that we do
- 2 see. There's a significant difference between the
- 3 nonprofit effect on prices and the for-profit effect on
- 4 prices. And as I mentioned, that effect doesn't seem to
- 5 be multicollinear with any of the effects on HHI or
- 6 hospital competition.
- 7 And we do get a slightly higher for-profit
- 8 effect on prices in the '94 to '98 period than Keeler,
- 9 Melnick and Zwanziger found in the 1994 and before
- 10 period.
- 11 And most other results, though, were very, very
- 12 similar to theirs. In fact, the government ownership,
- which is a negative effect, that they have a lesser
- 14 effect on prices than not-for-profits or for-profits.
- 15 We get exactly the same coefficient as Keeler, Melnick
- 16 and Zwanziger does in all of our specifications. So,
- that stability is a very strong point how we like to do
- 18 things.
- 19 And let me finish by just citing a couple of
- things that we're continuing to look at or that might be
- 21 interesting for others who are interested in trying to
- 22 study these questions that we are looking at. Obviously
- 23 California has unique market properties with these high
- levels and then increases in network activity. The AHA
- data covering these networks and explaining them

- 1 actually also covers the whole country, so it could be
- 2 interesting to start looking at other markets as well.
- 3 Second is to look at the relationships with
- 4 who's actually operating the network. The data that AHA
- 5 collects actually also tells you who the operating
- officer is for the network and where it's located. This
- 7 could also give a sense for what's going on, in
- 8 particular, many of the networks are operated by the
- 9 chief of purchasing, in which case it's really obviously
- 10 a purchasing network. Others are operated by the chief
- of managed care, which really is a managed care
- relationship to work with the health plans, yet others
- are operated by the CFO. And also some are operated by
- 14 the clinical director, the chief of clinical services.
- 15 So, there's a variety of variation in here, and
- 16 we haven't to date taken, tried to account for the
- differences in networks. And also I think we could look
- 18 at some more detailed work at the profit/nonprofit issue
- 19 where there's been recent concerns about aggressive
- 20 pricing practices that could spill over into higher
- 21 payments from other payers. And in particular,
- Medicare, for example, now is thinking or is working on
- revising their way of paying for outlier payments, based
- on worrying about those kind of spillover effects.
- So, that's the end of my presentation today, but

- 1 I would be happy or be pleased to talk about some other
- 2 issues on the topics afterwards in the general
- 3 discussion.
- 4 (Applause.)
- 5 MR. TOWN: I am Bob Town, I am from the
- 6 University of Minnesota, and I am very happy to be here.
- 7 And I get a chance to talk about my thoughts about
- 8 hospital mergers. I am going to take a slightly
- 9 different tack than the previous two speakers in that I
- 10 am going to talk about -- less about recent research but
- 11 mostly about kind of how I would like to argue that or I
- 12 am going to argue about how we should think about
- hospital mergers. And so that's what I am going to
- 14 focus my talk. Although a lot of what I am going to say
- is based on research that I have done.
- And I think the thing that -- well, there's
- 17 several things about hospitals that make them unique
- 18 when you talk about merger analysis, but one of the
- 19 things that I think is particularly interesting, is that
- 20 hospitals are forming networks, and I'm using the term
- 21 networks here in the sense that Jim was using systems,
- that there are ownership linkages between these physical
- 23 structures. But these -- so they're forming these
- 24 networks and they're competing against within HMO
- 25 networks.

- 1 And that makes the analysis very difficult and
- 2 different than almost any other industry that I can
- 3 think of. And so I'm going to talk a little bit about
- 4 that.
- 5 So, I wanted to -- so, when I talk to it, I want
- 6 to articulate a method for analyzing hospital mergers.
- 7 And this is kind of -- this method for thinking about
- 8 them is not just my own, it's come from synthesizing
- 9 conversations with colleagues at the Department of
- 10 Justice when I was there, from HMO contracting people,
- 11 from hospital administrators, from my own research.
- So, this is not unique to me, and it didn't come
- 13 from me. And, in fact, I think various enforcement
- 14 agencies have made this argument that I'm going to make
- 15 here on various cases. However, I think the courts have
- 16 been less receptive to this argument, and I would like
- 17 to argue that they should be more receptive to it.
- 18 I'm going to primarily focus on pricing impacts
- of a hospital merger. However, I think, you know,
- 20 economists like to talk about prices because it's
- 21 something we can measure very easily, but ultimately the
- 22 bigger concern may be in the quality demand, and there's
- 23 not very much work done in that area. In fact, I
- 24 think -- I know of two papers that -- they're up there,
- 25 that have done some work, and actually, there's a

- 1 broader list, if you were interested, and I could send
- it to you, but there's very little work done on what
- 3 mergers do to hospital quality. The Kessler and
- 4 McClellan paper is in the quarterly Journal of
- 5 Economics, it's actually a very nice paper and the paper
- 6 I have with Gowrashankan, it's in the Journal of Health
- 7 waiting to be accepted and published. And I am happy to
- 8 send that to anybody who is interested.
- 9 Now, hopefully my talk will have some potential
- 10 pitfalls, I think the courts have fallen into when
- 11 thinking about hospital mergers. You know, to keep from
- being specific about what cases those pitfalls occurred
- in. So, in any merger, whether it's hospitals or any
- industry, I think the organizing principle is, you know,
- 15 who are the buyers, what are they buying, and who are
- 16 they buying it from?
- So, in the case of hospitals, who are the
- 18 buyers? Well, there's kind of three of the kind of big
- 19 buyers, there's going to be Medicare and Medicaid, which
- 20 we generally aren't too concerned about on the pricing
- 21 side, since they set prices, for the most case.
- 22 And then there's managed care. I am including
- 23 in managed care those self-employed insurers who are
- 24 contracting with hospitals. I'm lumping them in there.
- 25 And I think it's useful to think about exactly what do

- do that in order to justify the expenditure, and also
- 2 allows the HMO to exclude those hospitals that they
- 3 think are low quality.
- 4 And there is some evidence, although it's
- 5 limited, that HMO enrollees go to better hospitals.
- 6 Mike Chernew and colleagues have a paper on that and
- 7 Kersey [phonetic] and colleagues have a paper on that.
- Now, the utilization management component is
- 9 actually relatively important, because it's the HMOs
- 10 making these investments in the particular hospital.
- 11 And those might not be recoverable if they decide to
- 12 drop that hospital from the network.
- So, I think the best way to kind of highlight --
- or at least highlight how I would like to have people
- 15 think about hospital mergers is to kind of go through a
- 16 hypothetical hospital merger. So, I have up here my
- 17 little medium-sized hypothetical city, in which there
- 18 are hospitals, which are given by the different letters,
- 19 A through I. The numbers in the hospitals represent
- 20 market share of the managed care enrollees in that city.
- 21 With any luck, they add up to one. Or add up to 100, in
- this case.
- The color of the hospital represents which HMO
- they've contracted with. So, here, HMO 1, which I have
- in green, they're contracted with hospital A, C, and E,

- and F. HMO 2 has contracted with hospital D, B, and
- 2 also F. So, hospital F is contracted with both HMOs.
- 3 So, if you were doing kind of what I would call
- 4 an Elzinga-Hogarty kind of analysis that this kind of
- 5 constitutes a city where, you know, the patient flows
- 6 are relatively constant within the circumference of the
- 7 city, and there was going to be a hospital between -- to
- 8 add a little animation here, there it is, a hospital
- 9 merger between E and F, you get the initial HHI would be
- 10 1450, and the change in the HHI would be 200. Which
- 11 would be sort of below the official guideline radar, but
- 12 certainly in practice would be below the guideline
- 13 radar.
- 14 But this analysis, that kind of analysis ignores
- 15 several things. One, it ignores the nature of the
- 16 contracting networks that are in place; it ignores the
- 17 differentiation that's occurring here. Both
- 18 product-wise, geographic-wise, perhaps quality-wise,
- 19 which is an important component of product
- 20 differentiation. And those things can affect, I think,
- 21 greatly, how you analyze the merger.
- 22 So, how should we think about this one? And I
- 23 think here's the kind of the city down below here in
- 24 this little corner. And I think the best way to start
- 25 to analyze the impact of the merger is to think about

- 1 how prices are set prior to the merger. And those
- 2 prices are going to be set via negotiation between the
- 3 HMO and the hospital, and that bargaining negotiation is
- 4 going to be reflected in the value that a particular
- 5 hospital brings to the HMO's network.
- If a hospital brings a lot of value to that
- 7 network, presumably you get a little higher price for
- 8 the HMO sending their patients there. So that the
- 9 value, in this case, of hospital F to HMO 1 is going to
- 10 be the value of the network that HMO 1, which is the
- 11 green guys, has from the network of A, B, E and F. But
- the threat that the HMO has to the hospital is to drop
- it from the network. And say, you know, we can't come
- to a good agreement on the reasonable price, but we're
- going to drop you from the network, and that is going to
- 16 be the value to the HMO hospital, A, B, E, and suppose
- 17 that I was the next best alternative to F and they
- 18 include I in the network.
- 19 Post-merger, that bargaining -- the bargaining
- 20 position has changed. And it's changed because now the
- 21 threat of hospital F, as they've moved to merge with
- 22 hospital E, is that they can drop both hospitals from
- 23 their network. Which means that if they can't reach an
- 24 agreement on the premium, then the value to the network,
- to the HMO, is the value of A plus B plus I; in other

- 1 words, they lost E in this circumstance.
- 2 So, the net change in price due to the merger
- 3 will be the difference between the price up here and the
- 4 price down here, which will be a function of the change
- 5 in the value of the next best alternative to the HMO.
- 6 And I think that's pretty intuitive and I think
- 7 it's kind of hard to argue that, but where the issues
- 8 get sticky, and there are a couple of sticky issues, and
- 9 they're twofold: One is how do you estimate the value
- of alternative networks? You know, there's two
- 11 associated problems in that. One is what's the right
- 12 metric for valuing the network? There's many players
- 13 here. Unlike cereal, where the consumers of the cereal
- are paying for it, in hospital markets, that's generally
- 15 not the case. Consumers are not paying directly out of
- 16 their pockets for the services.
- They're paying the HMO, or the firm, more
- 18 accurately, that they work for is paying the HMO, to
- 19 contract with all these hospitals.
- 20 So, understanding from whose perspective the
- 21 value of the network is not entirely obvious. The
- 22 second is what are the other possible alternative
- 23 networks? Here I included I as the alternative to E and
- 24 F, but it easily could be without I, it could be I and G
- and H, all right, so there's different network

- 1 configurations that serve as the next best alternative
- 2 to the current network.
- Now, in the paper in the Journal of Health
- 4 Economics, we use consumer surplus of inpatients, and we
- 5 attempted to measure that. But that's not necessarily
- 6 the best alternative. It could be the value to the
- 7 buyers. And probably best, if we could measure it, but
- 8 it's very difficult to do so, is what's the -- what are
- 9 the HMO profits from various network configurations?
- The next big problem is what's the function F?
- 11 Now, if you remember, F is the thing that translates
- these changes in the value of the networks into prices.
- 13 You may be able to form a measure of the value of
- 14 different alternative networks, quite easily, or maybe
- 15 with some effort, but still it's unclear how you
- translate those things into prices.
- 17 For the economists in the crowd, the next bullet
- 18 point will make sense, for probably everybody else, it
- 19 won't. And I think ideally, you would like to have F
- 20 come out of some equilibrium bargaining model that
- 21 you've solved. That's difficult, and no one's done it.
- 22 At least in this kind of context.
- So, the alternative, there's a couple of
- 24 alternatives. One is you can look for statistical
- 25 relationships, which is what we did in our Journal of

- 1 Health Economics paper, or another possibility is you
- 2 can use the current pricing data to make inferences
- 3 about what that F function looks like. And talking to
- 4 HMO contracting personnel can actually tell you a lot
- 5 about what that F function looks like. And I think it's
- 6 hard to discount the importance of knowing what that F
- 7 function looks like and the help that the contracting
- 8 people can give you on what exactly it does look like.
- 9 So, this is the kind of typical non-guideline,
- 10 and the reason I put that non-guideline there, is
- 11 because I think the method that I'm outlining here if
- 12 you think about it is perfectly consistent with the
- 13 horizontal guideline method.
- So, the Elzinga-Hogarty kind of analysis
- 15 suggests little harm from the merger. However, I took
- 16 those -- I took some kind of simulated data, and given

- 1 California, and we said, geez, you know, let's run some
- 2 hypothetical mergers. So, we said for each hospital, we
- 3 picked their next best, their closest substitute
- 4 hospital, assumed there was a merger from that, and then
- 5 recalculated the value that they would bring to the
- 6 network, or actually more exactly, the loss that they
- 7 would bring to the HMO network if they were excluded
- 8 from that network.
- And given our estimates that we did earlier,
- 10 about 15 percent of the hospitals that we did this for
- 11 had price increase -- expected price increases of
- 12 greater than five percent. And LA is a very -- well,
- there's a lot of hospitals in an intense urban area and
- 14 a lot of hospital competition. So, if this could happen
- in LA, it could happen in a lot of places.
- 16 And the reason it's happening in LA is the role
- of product differentiation and geographic
- differentiation are very important in determining
- 19 hospital prices. And we know that in any market where
- 20 differentiation is important that even if there are a
- lot of competing firms, that if the right competing
- 22 firms merge, you can get big price increases.

- differentiation can account for those explicitly in your
- 2 analysis. I think in any kind of pricing regression,
- 3 you have to have that incorporated in there somehow.
- 4 Restricted HMO networks are the important
- 5 mechanisms by which insurers maintain lower provider
- 6 payments. So, it's this ability to exclude hospitals is
- 7 what gives HMOs bargaining leverage, versus hospital, or
- 8 vice -- kind of the flip side of that is that what gives
- 9 hospitals bargaining power is their ability to be
- 10 essential for a network.
- 11 And then a point that I really didn't get a
- 12 chance to highlight here, but I think is also important,
- is that actual patient flows may not have a direct and
- obvious relationship to market power. And you can think
- of a hypothetical case where two hospitals are right
- next to each other, right, but one HMO sends all their
- 17 patients to one hospital, another HMO sends all their
- 18 patients to another hospital, it looks like, geez,
- 19 they're pretty much very concentrated places, right, but
- 20 it would be easy for each HMO to kind of start moving
- 21 patients to other places.
- 22 So, the actual flows may not represent kind of
- 23 market power issues, but it's what you have to take into
- 24 account is what could happen if the networks were
- 25 reconfigured.

- 1 And my last point is that -- or I should say the
- 2 actual patient flows may actually represent market
- 3 power, so just because -- just because they can't
- 4 doesn't mean they don't.
- 5 And finally, the given networks that are in
- 6 place will play an important role in determining what
- 7 the price impacts of the merger are. So that in
- 8 analyzing the merger, you have to take into account
- 9 exactly what the network configuration is going to be.
- I should say, and the last point, one of the
- 11 reasons I think this view has not been adopted is that
- in a lot of economic analysis, this kind of analysis is
- not done because the data is not available to do it. I
- don't think it's because economists think it's a wrong
- 15 way to think about it, it's just that the data to do
- 16 this is not available publicly. However, in a merger it
- certainly is available, and there's no reason why it
- 18 couldn't be done in a merger. In fact, it is done. And
- 19 I think I'll stop there.
- 20 (Applause.)
- 21 MR. BURNS: Well, I agree with everything that's
- 22 been said.
- 23 So much for my spelling.
- I'm here to talk about hospital vertical
- 25 arrangements, the rationale and performance. Before I

- 1 start, let me just apologize for coming in so late, I
- 2 had class at noon at Penn and it's kind of hard to get
- down here when you're teaching at noon.
- 4 We were asked to address a number of questions,
- 5 some of which are relevant for hospital vertical
- 6 arrangements. Just quickly to describe for people what
- 7 the vertical arrangements are that have emerged in the
- 8 U.S. market, what are the key drivers of performing
- 9 these vertical arrangements between hospitals and other
- 10 players, how they affect cost and quality, how do they
- 11 affect bargaining power and other competitive dynamics
- between hospitals and payers, and finally, do consumers,
- employers or insurers prefer these arrangements. I'll
- 14 try to go through this pretty quickly. I think the
- 15 evidence is pretty clear.
- 16 First, what are the vertical arrangements that
- 17 have emerged in the market? I have categorized them
- 18 into three types: One, partnerships with physicians
- 19 that hospitals have formed, and I'll go through those a
- 20 second; second, managed care vehicles where hospitals
- 21 have gotten into the HMO and PPO business; and finally
- the whole continuum of care inpatient and outpatient.
- 23 First, hospital integration into input and
- output markets. Here you have the core hospital, it can
- vertically integrate into ambulatory care getting into

- 1 physician offices and ambulatory surgery centers,
- 2 various kinds of outpatient care, and then towards the
- 3 extended care, post-acute care, skilled nursing care
- 4 continuum.
- 5 Hospitals can also integrate into insurance
- 6 vehicles, as I said, becoming a buyer as well as a
- 7 supplier of hospital services, and then finally,
- 8 hospitals can develop the full continuum of care from
- 9 primary care, specialty care, outpatient care, acute
- 10 care, home health care and skilled nursing facility
- 11 care.
- 12 This slide came from the advisory board, you may
- 13 recognize it at the bottom. This is one of their chief
- 14 marketing initiatives when they tried to get hospitals
- 15 to think that they could actually do all of these
- 16 things.
- Now, let me just delve down a little bit into
- 18 the hospital partnerships with physicians. This is the
- 19 alphabet soup we faced in the early to mid 1990s where
- 20 the hospital organized an IPA around its medical staff,
- 21 physician/hospital organization, which was really
- 22 nothing but a joint venture between the hospital and its
- 23 medical staff, typically including some sort of
- 24 contracting unit to go to the market with managed care.
- 25 Management services organization, a group practice

- 1 without walls, or what we really called a wall without a
- 2 group practice inside of it. A foundation model. And
- 3 then the primary care physician acquisition and salaried
- 4 model.
- Now, there actually are data on these, more than
- 6 the others, and here's what's happened with the hospital
- 7 partnerships vertically with their physicians, over
- 8 time, for all those six models, you can see that they
- 9 really peaked in 1996, and then they trailed off after
- 10 that. So, 1996 was the peak. 1996 was also the peak
- 11 for hospital mergers and acquisitions, according to the
- 12 American Hospital Association's data.
- 13 The other thing you see here is that the single
- 14 most prominent type of vertical integration arrangement
- 15 with physicians was a PHO. Thirty-three percent of
- 16 hospitals had a vertical arrangement with a PHO, and a
- 17 PHO was nothing other than a joint venture with
- 18 hospitals and physicians to get a managed care contract.
- 19 That is not what I call integrated health care. That's
- 20 just forming a bargaining unit to go to the market with
- 21 managed care.
- The other thing you should note is you should
- 23 not add all those up, you know, in a column to figure
- out how many hospitals are doing something, because
- 25 hospitals typically had a menu of these things that they

- were offering their physicians, integration light up
- 2 here and integration heavy down here, and they typically
- 3 offered two or more of these initiatives.
- 4 Second, what are the key drivers of this
- 5 behavior? The way I've chosen to answer this question
- 6 is to contrast the theory versus the real motives behind
- 7 this. Last summer Mark Pauly and I published an article
- 8 in Health Affairs which summarizes what I'm about to
- 9 show you. If you want more information, we published it
- in the July/August issue last year of Health Affairs.
- 11 Basically what you do is if you take what the
- 12 practitioners argued for why they were doing vertical
- integration, and then you compared it with the
- 14 theoretical arguments for vertical integration from the
- 15 literatures of management, industrial organization
- 16 economics strategy. You'll find essentially a
- disconnect between what providers were saying they were
- 18 doing and what economists and other people say you ought
- 19 to be doing vertical integration for.
- There's a little overlap between these two, but
- 21 not a great deal. Basically the providers were putting
- these things together to prepare for and accept global
- 23 capitation, go on to form large patient pools and
- 24 provider networks to handle the risks. They said wanted
- 25 to assume responsibility for the health status of the

- 1 population, but they didn't really know what that meant.
- 2 They wanted to integrate care and financing, offer the
- 3 seamless continuum of care, whatever that means, have a
- 4 future platform for physician partnerships, maybe
- 5 improve physician recruitment to these fully integrated
- 6 systems, expand into new markets, and reduce transaction
- 7 costs. Then there are a whole series of private agendas
- 8 that hospitals were pursuing at this time, which had
- 9 nothing to do with what they were actually saying. What
- 10 they really wanted to do was control referrals. They

- 1 the literature, and perhaps I shouldn't blame them for
- 2 not knowing the literature because we don't write it for
- 3 them. It's fairly obtuse literature. They probably
- 4 haven't taken a course in the last 20 years in
- 5 industrial organization economics. But also because we
- 6 probably haven't been very good at getting in front of
- 7 them and telling them here's what the academic and the
- 8 research literature suggests about the strategies
- 9 they're doing.
- 10 It is not surprising because the practitioners
- 11 tend to jump on bandwagons. They'll listen to what the
- consultants say, they'll listen to what the advisory
- board says and they'll jump on to these, fad after fad
- 14 after fad, in the health care industry. Vertical
- 15 integration was one of those fads, and the providers
- 16 jumped on that fad blindly.
- 17 And if you look at the diffusion of vertical
- integration arrangements, it has the perfect shaped S
- 19 diffusion curve, and there wasn't a whole lot of
- 20 research evidence, either in industry or health care, to
- 21 back up why they were doing it.
- Now, there were ten assumptions behind
- 23 integration. This is my Dave Letterman top ten for why
- 24 hospitals were getting into the vertical integration
- 25 business. First, California here you come.

- 1 Essentially, a California model of capitated health care
- was going to come to the east coast. That never
- 3 happened.
- 4 Second, there were four stages that your market
- 5 was inextricably going to march through. Remember the
- 6 four-stage market model that APM and the University
- 7 Health System Consortium were touting, you know,
- 8 hospitals were running around saying, I'm a stage two
- 9 market, hospitals were going around, I'm a stage three
- 10 market, as if that meant something. That whole thing
- 11 turned out to be totally bogus.
- Third, scale economies, the never-ending belief
- that scale economies exist in the provider side of the
- 14 health care industry and it turned out to be the Helen
- 15 of Troy of integrated health care. You know, the face
- 16 that launched a thousand integrated delivery venture
- 17 efforts.
- Fourth, desperately seeking synergy, okay?
- 19 Hospitals throw around the words economies of scale and
- 20 synergy as if these things exist and as if they know
- 21 what they mean and more importantly as if they know how
- 22 to get them. But they are looking for synergy and they
- don't even know what the word means.
- 24 Five, they thought by buying primary care
- 25 physicians they could get the managed care contracts and

- 1 the covered lives. That turned out not to be true.
- 2 Six, you can control referrals from the primary
- 3 care physicians you buy. That also turned out not to be
- 4 true. We learned this the hard way in Philadelphia and
- 5 Pittsburgh where we had the Allegheny bankruptcy. In
- 6 Allegheny, a health plan bought 552 primary care
- 7 physicians, overpaid for the practices and then said,
- 8 we'll make it up on the referrals. Okay, they didn't
- 9 get the referrals, okay? They thought they were going
- 10 to get 75 percent of the referrals from the doctors they
- 11 bought. They ended up getting 25, 30 percent, and not
- 12 much of a jump after they acquired them.
- 13 Seven, you can partner with physicians. Okay,
- 14 this is one of the key assumptions that underlies this
- 15 literature and I'll show you some data why it's not
- 16 true.
- 17 Eight, HMOs want to partner with integrated
- 18 delivery networks. That was also an assumption that was
- 19 not true. You know, the HMOs are just dying to deal
- 20 with a provider cartel.
- Number nine, integrated delivery networks can
- 22 leverage HMOs. During the nineties when this trend was
- 23 taking place, that was not true. It may be more true
- today, which is one of the issues why we're here, but it
- was not true during the mid-1990s.

- 1 And number ten, the Clinton Health Plan. The
- 2 Clinton Health Plan helped to launch integrated delivery
- 3 networks, along with enabling legislation in Minnesota
- 4 and Washington, both of which were repealed three years
- 5 later. That didn't matter. And the Clinton Health Plan
- 6 was never even passed and it launched all of these
- 7 things. You know, if Bill and Hillary were smart, in
- 8 1993 when they floated the Clinton Health Plan, they
- 9 should have just backed off and not done anything else
- and they would have been declared a success, rather than
- 11 having to go through the defeat they suffered in the
- 12 next year in Congress.
- Third, how do these arrangements affect cost and
- 14 quality? I'm going to quickly summarize the literature.
- 15 Here again, most of this is summarized in the article I
- 16 did with Mark Pauly. Now, I'll go through it, different
- arrangement by different arrangement.
- 18 In terms of acquiring primary care physicians.
- 19 It turned out when you did that, you only got a small
- 20 number of capitated lives from the managed care
- 21 companies. You suffered heavy financial losses for
- 22 every acquired primary care physician. You got
- 23 estimates up to \$100,000 per primary care physician per
- year, and Allegheny had 552 of those, so do the math and
- 25 you can see that they had \$50 million of debt just from

- 1 that alone.
- 2 Small increase in physician loyalty, very small
- 3 increase. Failure to capture the majority of the
- 4 referrals that I mentioned, and one study found that
- 5 acquired primary care physicians had lower willingness
- 6 to cooperate with the system's practice guidelines,
- 7 compared to free physicians or independent physicians.
- 8 Very surprising.
- 9 Secondly, when you turn to the physician
- 10 hospital alliances, the alphabet soup, the IPAs, the
- 11 PHOs, the MSOs, they also failed to attract covered
- 12 lives, they had little or no infrastructure to manage
- any of the capitated risk lives they did get, they
- 14 failed to increase physician loyalty, they failed to
- 15 improve hospital efficiency measured in terms of cost
- 16 per day, they failed to impact hospital quality,
- measured in any number of ways, no economies of scope,
- 18 and they actually declined in prevalence post 1996 as I
- 19 showed above.
- Then you turn to hospitals that got into the HMO
- 21 business. These things were a sorry failure.
- Hospitals, they were sorely undercapitalized, they had
- an inability to sufficiently grow and then compete with
- the larger HMOs which had already consolidated and
- 25 gotten big. They sustained huge financial losses in the

- 1 early years, huge medical loss ratios, sometimes over
- 2 100 percent, no actuarial or marketing expertise, and
- 3 imagine having an HMO in-house when you have a physician
- 4 division and a hospital division. Guess who wants the
- 5 money? Everybody else except the HMO. And so they
- 6 conflicted over where to spend the money in-house.
- 7 And finally the hospital continuum of care
- 8 efforts. Those efforts were all derailed by the
- 9 Balanced Budget Act which really cut the rug out from
- 10 long-term care. So hospitals that got into that, lost
- 11 their shirt after the Balanced Budget Act. They were
- 12 also smaller markets with relatively low revenues.
- 13 There was no IT technology capability in these hospital
- 14 systems to link the disbursed alternate sites and no
- 15 economies of scope in combining outpatient and inpatient
- 16 care.
- 17 Fourth, how do these arrangements affect
- 18 bargaining power and other competitive dynamics between
- 19 hospitals and payers? This is where it gets
- 20 interesting, especially in the last couple of years.
- 21 First, there have been no empirical tests of
- 22 these dynamics to date. One study is about to get under
- 23 way, I believe, between Bob Town and myself and some of
- 24 his colleagues at Minnesota. There has been one
- 25 recently published study from The Community Tracking

- 1 Study. It's in the February issue of Health Services
- 2 Research. It's based on field interviews in the 12
- 3 sites of CTS, and it suggests that physician hospital
- 4 integration can leverage managed care firms.
- Now, having studied this literature for a long
- 6 time, I have two problems with this research finding.
- 7 First, vertical integration is empirically confounded
- 8 with horizontal integration. Hospitals got into the
- 9 vertical integration business the same year that they
- 10 got into the horizontal integration business, and you
- 11 can't -- no researcher has empirically separated those
- 12 two effects. I believe the horizontal integration
- impact on competitive bargaining with HMOs is much
- 14 bigger than the vertical integration effect.
- 15 Secondly, with this research finding, the reason
- 16 the researchers, who are all good researchers, assume
- 17 that vertical integration, vertical integration can

- 1 Let me show you what data we have so far that
- discounts this. This is unpublished data, it's from a
- 3 national survey of 12 integrated delivery systems around
- 4 the country where we surveyed all of their physicians
- 5 who were in these aligned relationships, you know, the
- 6 PHOs and the MSOs, those are the physicians who are in
- 7 integrated salary models, who are part of the hospital
- 8 hierarchy, that's the bar on the right.
- 9 The physicians who are in the network or
- 10 alliance models like the PHOs or MSOs, those are in the
- 11 middle. And finally, the physicians who are rank and
- 12 file medical staff members who are not affiliated with
- the hospital in any way are what we call the market
- 14 arrangements.
- Now, this was probably the best study of these
- 16 different types of physicians, because we had a
- 17 stratified random sample of these and we had the
- 18 population of these, and then we gave them, you know, a
- 19 40-question survey, asking them how affiliated are you
- 20 with your hospital, how loyal, how committed, how happy,
- 21 how autonomous, et cetera, there were 12 different
- 22 survey dimensions, and it was on a Likert five point
- 23 scale.
- One means not at all, two means no, three means
- 25 I'm not sure, four means yeah, I'm sort of aligned with

- 1 you, and five means yes, I'm on the same page with you.
- Now, look across, the average score is three.
- 3 Now, three on the Likert scale is a question mark.
- 4 That's essentially you're asking the physician, are you
- 5 loyal to this hospital? The physician goes [shrugging
- 6 shoulders]. Are you committed to working with this
- 7 hospital? [Shrugqing shoulders.] Are you ready to
- 8 invest in developing new ventures with this hospital?
- 9 [Shrugqing shoulders.] It's a shrug factor. Physician
- says, I don't know, and perhaps I don't care.
- 11 Then you compare, well, we're buying up all
- these physicians in the hierarchial arrangements and
- we're setting up all these strategical alliances in the
- 14 network arrangement, do we get better performance out of
- those than the rank and file physicians on the medical
- 16 staff? What do you see? Not much.
- Now, we had a huge sample here, almost 2,000
- 18 physicians. Some of these little deltas in here are
- 19 statistically significant, with a huge sample. But the
- 20 question is, are they substantively significant, and are
- 21 they worth spending all that money on? I don't think
- 22 so. And I don't think those deltas are substantively
- 23 significant.
- Now, I can imagine one scenario where a hospital
- 25 physician integration might have some leverage over

- 1 managed care. If the hospital partner is the dominant
- 2 player in the local market, a large hospital system, the
- 3 must-have hospital and an insurer network, and the
- 4 hospital has a very large network of primary care
- 5 physicians which are both owned and contracted, then the
- 6 insurer may be afraid it will get locked out of the
- 7 doctor market if it doesn't do business with the
- 8 hospital partner. And that, in fact, is what the CEO of
- 9 Tufts Health Plans said to the FTC a few months ago in
- 10 their dealings with Partners Health.
- 11 Now, I think that is an isolated instance,
- 12 because how many hospitals in a local market have the
- 13 clout and the prestige and the must-have status of
- 14 Partners Health Care? And how many hospitals in a local e sta

- 1 the additional margins, they wanted to pay themselves
- 2 more money, I don't know where that money was going to
- 3 come from, but they thought, we'll cut out the managed
- 4 care margin and just pay ourselves higher rates. They
- 5 wanted to get experience with risk contracting and
- 6 position themselves as the ill-fated provider sponsored
- 7 organizations from the Balanced Budget Act.
- The problems as I have mentioned before were
- 9 numerous. I counted up at least 30 or 40 different
- 10 problems these hospital-sponsored health plans had, any
- one of which would have sunk these things.
- Now, finally, do consumers prefer these
- arrangements and do employers or insurers prefer these
- 14 arrangements? Let me ask you the first question first.
- Do consumers prefer these arrangements? Well, when was
- 16 the last time you went into a doctor and asked for
- 17 integrated health care? It's a dumb question. There
- 18 are only a small percentage of the population that needs
- 19 to have the coordinated continuum of care, typically for
- 20 chronic conditions that persist over some point in time.
- So, for the vast majority of patients, typically
- those under 65, integrated health care is a nonstarter.
- 23 And secondly, what about everybody else? Well,
- 24 consumers don't really know integrated health care firms
- exist, thus they don't demand them. Some employers like

- 1 BCAG [phonetic] view them as wasteful and duplicative,
- 2 especially when they establish the same type of
- 3 organizations and infrastructure. Insurers view them as
- 4 contracting cartels that seek to extract higher prices
- 5 in exchange for no value added. And I said there are no
- 6 performance results and so I challenged the providers to
- 7 make the case that they indeed add any value.
- 8 Thanks.
- 9 (Applause.)
- 10 MR. HYMAN: Okay, we're going to take about a
- 11 ten-minute break, and then we'll reconvene at 4:00 for
- 12 some roundtable discussion. Thank you.
- 13 (Whereupon, there was a brief recess in the
- 14 proceedings.)
- 15 MR. HYMAN: We have some time for a roundtable
- 16 involving all of the panelists, and Scott and I have a
- 17 number of questions that will hopefully kick off the
- 18 discussion, but before we do that, we wanted to sort of
- 19 give some time to each of the panelists, if they wanted
- 20 to ask questions of any of the other participants or
- 21 sort of frame a subject for discussion, since you all
- are certainly experts in your respective fields and
- 23 we're just official interlopers. So, why don't we start
- 24 again at the far left and just ask Bob if there's
- anything he heard that he would like to ask questions

- 1 about, or whatever.
- 2 MR. HURLEY: I guess I just wanted to mention,
- and I mentioned this to Rob during the break. I think
- 4 that there are some exceptions to the nobody's
- 5 integrated and nobody's made it successful. I think --
- 6 in fairness to the mother of all integrated systems,
- 7 Kaiser California -- is an example of a system that does
- 8 achieve integration that gives that name respectability.
- 9 And I think when it actually registers with consumers; I
- 10 know in our visits to California in looking at the
- 11 Kaiser experience, it really is a sense of one-shop
- shopping and does offer a credible continuum of care.
- So, I think, rather than suggesting that this is
- 14 an impossibility, I think it's a rarity rather than an
- 15 impossibility.
- MR. BURNS: Full agreement.
- MR. HYMAN: Well, let me just follow up on that,
- 18 why is it a rarity as opposed to a nonexistent
- 19 possibility? I mean, what are the conditions in
- 20 California and elsewhere that justify its, you know, its
- 21 continuation in this marketplace?
- 22 MR. HURLEY: Well, I think particularly Kaiser
- 23 has 60 years of history, which is hard to discount when
- 24 it comes to its capacity to do this. I think it also
- does have a unique "compact" I guess is the phrase they

- 1 use to describe the relationship that they've been able
- 2 to really meld between physicians and the health system
- 3 that goes back almost 50 years itself, and that
- 4 relationship has matured and ewiy iemer time.

- 1 by very many other people.
- 2 The others that are like Kaiser around the
- 3 country are Geisinger, which is in beautiful Danville,
- 4 Pennsylvania, the next time you're on route 80 in the
- 5 center of the state; Carle Clinic, which is Champaign/
- 6 Urbana, Illinois; Scott and White in beautiful Temple,
- 7 Texas; the Marshfield Clinic, perhaps; Oxner Clinic,
- 8 perhaps. You can count them on one hand, at most two
- 9 hands. They all have a core set of characteristics
- 10 which distinguish them and give them strategic
- 11 advantage.
- 12 Typically, they are located in rural areas,
- 13 hardly any other competitors. They launched -- they
- were launched on the basis of a large multispecialty
- 15 group practice in the twenties or the thirties, and so
- 16 over the last 70 years, they've all developed a
- 17 physician-centric collegial culture, which you won't
- 18 find anywhere else. And on top of that physician
- 19 multispecialty practice, they built a hospital or
- 20 hospitals, and then they all got into the managed care
- 21 business around the 1970s, long before anybody ever did.
- 22 And, thus, the physicians have had 20 to 30 years of
- 23 experience and comfort working with managed care, became
- 24 more managed care friendly, and they have a captive HMO
- and a captive market where they could get the HMO out

- 1 there and penetrate the market with no competitors on
- 2 either the Blue side or the for-profit commercial
- 3 insurers.

- 1 Kaiser, is at the health plan level, they're the ones
- 2 that are explicitly out of the kinds of collaborative
- 3 relationships that are forming at the health plan level
- 4 in like California.
- 5 So, one of the other things you see is that when
- 6 an organization like Kaiser forms and does what it does,
- 7 it also tends to go it alone in other ways, in
- 8 contractual ways as well. So, I think that's an

- 1 actually work and how we actually get patient health
- 2 care out of them.
- I guess, the question I would like to ask is a
- 4 little bit of Bob Town and some of what he was saying.
- 5 I really liked his model. I wanted to make one
- 6 connection point is that when he was talking about that
- 7 equilibrium bargaining model, that was the same thing
- 8 that I was talking about when I also referred to a
- 9 theoretical model that wasn't out there. That was the
- 10 exact same model I was thinking of.
- 11 And as someone who spent the last year trying to
- 12 build such an equilibrium bargaining model off and on, I
- think it's really important, but really hard to really
- 14 understand in a conceptual way what's really going on is
- 15 health plans and providers are competing with each
- 16 other.
- 17 And again, it's an area we really don't
- 18 understand, but it's really crucial to really get a
- 19 sense of what the key friction point in the markets are.
- 20 And I think most of us would probably agree that that's
- 21 a key friction point, but not about how it actually
- 22 works. And I quess the question I wanted to ask Bob was
- about when you were talking about the -- it's sort of a
- 24 question about the ex post view about the patient flows.
- 25 Your little picture that you put up there was sort of an

- 1 ex post, I mean here's the realized levels of where
- 2 patients end up in these hospitals.
- And it's also, and I know you're familiar with
- 4 it, but the ideas of the option of demand ideas that,
- 5 you know, it's sort of more of the case when the network
- is setting things up, they're trying to set up the
- 7 options to use things, and we don't really know -- the
- 8 patients going in don't always know what services
- 9 they're going to need, and similarly the HMO in setting
- 10 up its network doesn't know exactly which patients are
- 11 going to need things.
- Do you think there's any usefulness in thinking
- 13 about those conceptions from an ex ante point of view or
- do you think the ex post view is better?
- 15 MR. TOWN: Well, I think on the option demand
- 16 side, a lot of large numbers kicks in, so that in the
- aggregate that's not an issue, that you don't have to
- 18 worry about it. The HMO doesn't have to worry about
- 19 option value because it knows it's going to have the 35
- 20 bursts. So, I think at a meaningful level, I think
- 21 that's not -- it doesn't contribute to the analysis.
- So, and I think the ex ante versus ex post, it's
- hard to get to know the ex post, when you're ex ante.
- 24 So, I think that's the big problem.
- MR. BURGESS: Okay.

1 MR. HYMAN: Bob?

2 MR. TOWN: My question is actually more of a 3 magnitude question, one for Jim and then one for the 4 other members of the panel. And the one for Jim is I 5 was curious as to what kind of magnitudes you were getting on price effects and what it would say about 6 various types of vertical or vertical and horizontal 7 arrangements, I guess more horizontal arrangements, that 8 9 we should be concerned about and which ones we shouldn't 10 be concerned about. And then the question for the other 11 two panelists would be what sort of magnitudes do you 12 see of price effects from vertical arrangements in the 13 literature of the stuff you've done?

- 1 there who are not actually using any substantial amount
- of hospital services for substantial periods of time and
- 3 yet are paying money into the system through their
- 4 health care premiums. These may be quite desirable from
- 5 the point of view of the HMO customers that were the
- 6 primary focus in the discussion, and I think implicitly
- 7 the other discussions as well, and yet they don't show
- 8 up in patient flow data at all.
- 9 So, if you could comment on if there's any way
- 10 to get them in somehow.
- MR. TOWN: Well, the answer is there's always a
- 12 way to get them in. It's whether you can get them in in
- a way that you're happy with. I haven't spent a lot of
- time thinking about these option demand issues, mostly
- 15 because I tend to view that, you know, if you're talking
- 16 about populations of 100,000, in a particular HMO in a
- 17 particular city, you're going to have the whole variety
- 18 of the average outcome is a pretty good proxy for what
- 19 you should be worried about.
- But I might be wrong in that, and I just haven't
- 21 really thought it through as carefully as I should to
- 22 give a good answer.
- MR. BURGESS: Let me give you my
- counterargument, I guess it would be. What I think the
- 25 issue is is that even in an empirical basis, we haven't

- 1 really been looking at the problem simultaneously on
- 2 multilevels, and I'm as guilty of that on what I've been
- doing as anybody, but it's the issue that if you
- 4 really -- and part of this problem, of course, is having
- 5 good data. Historically we've had much better data on
- 6 hospitals and haven't had very good data on health
- 7 plans, and where health plan people are located.
- 8 One of the things, I think, if we're really
- 9 going to look at health plan mergers, which is another
- 10 aspect of stuff or things that are going on, I think one
- of the things that kinds of data that should be
- 12 collected by the courts and things in trying to look at
- 13 that is to really understand where the patient -- where
- 14 the patients that are enrolled in the HMOs actually
- live, and then looking and relating that to, you know,
- 16 where they go and seek primary health care, where they
- go and seek specialty health care, where they go and
- 18 seek home health care, you know, the whole continuum.
- 19 And then try to get a sense for those complexities.
- 20 But I guess more directly to the question, I
- 21 think it's the option demand issue builds in once you
- 22 are really trying to understand how the health plan and
- 23 the hospitals are competing with each other as, you
- 24 know, for their various market shares. Where health
- 25 plans are trying to gain revenue from enrollment of

- 1 patients and providers are trying to gain revenue from
- 2 services or perhaps from capitation. Meaning how
- 3 they're paid.

- of redundancies are usually high on the list of the
- things that are offered in justification of what's
- 3 sometimes a quite problematic merger, and I guess the
- 4 question is in light of what we've heard about
- 5 predictions of people putting their hard-earned money
- 6 into both horizontal and vertical arrangements, and
- 7 actual consequences. How much credence should we give
- 8 ex ante predictions of efficiencies captured and
- 9 redundancies eliminated given the record of horizontal
- 10 and vertical integration?
- 11 MR. HURLEY: Well, I quess the short answer is
- 12 not very much, based on what we've seen. Again, I think
- Rob is sort of posing that people are saying they're
- 14 doing this more relative to the theoretical arguments, I
- think illustrates the fact that some of this is clearly,
- 16 I mean, it's a public assumption. And I think there
- 17 also is an element that the expectation that
- 18 acquisitions in a horizontal sense would, in fact, be
- 19 achieving this, we find that a number of these systems
- 20 that have done acquisitions have difficulty in achieving
- and rationalizing that they've intended.
- So, the motivation for a weaker facility or a
- 23 smaller facility to affiliate is often for bolstering
- 24 and they may actually enter this transaction with a
- 25 different set of expectations than the acquiring

- 1 facility. And I think many of these facilities have
- discovered the, you know, the competing heart problem
- 3 for the hospitals is a very hard thing to still, and so
- 4 consequently they've ended up making an investment.

- 1 whatever. Typically, there's a conflict between that
- 2 goal and another goal that they always espouse, and that
- 3 is: We want to expand our service delivery network.
- 4 Now, if you're really going to get serious about closing
- 5 down beds or maybe closing down excess capacity, what
- 6 you're going to do is you're going to take capacity out
- 7 of some portion of the geographic market, but then that
- 8 opens up a hole in that geographic market and you've
- 9 just shot yourself in the foot in terms of expanding
- 10 your service capacity.
- 11 So, those two goals are in conflict with one
- 12 another, and when push comes to shove, they maintain the
- 13 service capacity. One, because that's their goal, and
- second, if they remove the service capacity, someone
- 15 else will move in and take away some of their market
- 16 share. And so, no system wants to do that. So, that's
- one of the problems.
- 18 The second bigger thing is with regard to these
- justifications, or these hypotheses, that these
- 20 executives have. I'm convinced, and I've said a lot of
- 21 strident things here, I'm going to say a couple more. I
- don't believe executives know what they're saying when
- 23 they say we're going to achieve economies of scale. And
- I don't believe they know how economies of scale are
- actually achieved, and just how limited they are in

- 1 labor-intensive industries.
- 2 The second thing is that they'll say other
- 3 things like synergies and other magic words which they
- 4 pick up from consultants and gurus and even academics.
- 5 And I don't think they understand what those terms mean
- 6 either, but more importantly, they don't understand how
- 7 you actually achieve them and then how big the savings
- 8 from those things are.
- 9 So, I don't believe anything that they say up
- front because I don't think they know what they're
- 11 talking about.
- MR. HYMAN: Tell us what you really think.
- MR. THOMPSON: I guess I had a question for Bob,
- in terms of the implications of your theory for how we
- 15 ought to think about market definition. Obviously
- 16 you're down on Elzinga-Hogarty, but it wasn't from --
- and you feel that your theory is consistent with
- 18 standard merger guidelines market definition ideas, but
- 19 it occurred to me in thinking about the examples that
- 20 you put forward that I would have to define a separate
- 21 market for each HMO. In contrast, I believe, if I were
- 22 to use Jim's HHI, it would be a different market
- 23 possibility to use either one necessarily completely
- 24 consistent with existing guidelines as I see it, unless
- 25 we define each HMO as its own market, for example, as

- 1 the center of some market.
- MR. TOWN: I think on the guidelines side, I
- 3 think -- boy, it's been a while since I studied it, but
- 4 I believe there's -- I mean, there's a lot of price
- 5 discrimination going on on the hospital side. So, I
- 6 think there's part of the guidelines that talks about
- 7 how you define markets when there is price
- 8 discrimination going on. I think that it allows you to
- 9 do it at kind of the customer level. So I think that's
- 10 kind of part of the guidelines that kicks in. But I
- 11 think using quideline analysis in what I did, you know,
- the two hospitals that merged would have been a market.
- 13 And the problem with Elzinga-Hogarty is that
- 14 there's -- it's defining markets on the basis of flows,
- but it has no relationship to prices at all, which is
- 16 the basis by which you would like to define markets.
- 17 And that's the fundamental problem with Elzinga-Hogarty.
- 18 I think conceptually it's fine, as far as you want to
- identify markets on the basis of where people are going,
- 20 or where they would go under different scenarios, but it
- 21 doesn't incorporate the price dimensions, which is
- 22 critical for understanding where market boundaries are.
- Does that answer your question?
- MR. THOMPSON: I think so.
- MR. BURGESS: Well, I guess I would just add to

- 1 that, I mean, I would agree mostly with what Bob Town
- 2 said in his answer, I guess I would add to that that
- 3 it's the same issue of the challenge is it's kind of
- 4 like how do you -- I don't think we know yet how to
- 5 simultaneously, and I don't know how to do it,
- 6 simultaneously sort of look at the network at the health
- 7 plan's market share and its market, and then also be
- 8 looking at the hospital's market. And in some sense, if
- 9 we believe that a lot of the things that are happening
- in health care that are important are contractual
- 11 relationships, that may not be ownership relationships,
- 12 then it does matter if I'm looking at a -- Let's flip it
- 13 back to the health plan merger, if I'm looking at a
- 14 health plan merger, it doesn't matter what network of
- providers they've contracted with. What multispecialty
- or single specialty group practices, what hospitals, in
- 17 what markets, and what the nature of the competition of
- 18 those hospitals and physician groups in their markets
- 19 is, also impacts how you want to view the health plan
- 20 merger.
- I mean, and those two things interact. I think

- 1 also talking, you know, at health plan level, I think
- 2 there is more of an importance to look at the provider
- 3 networks. And if you're looking at a provider network
- 4 relationship, you might to see, you know, how it

- 1 HealthSouth was doing was taking over the chronic rehab
- or acute rehab market and they developed that. Then you
- 3 add MedCath taking the heart thing and trying to
- 4 integrate that across all the different kinds of heart
- 5 services. So, if there's an opportunity there, the
- 6 niche firms can arise and exploit that and HealthSouth
- 7 did quite well for some time. MedCath is still out
- 8 there and doing well.
- 9 So, there's a market out there. But I don't
- 10 think everybody hospital in every community needs to be
- 11 developing an IDM to serve that niche.
- 12 MR. HURLEY: I was going to, I guess I would
- 13 plug it just a little differently. I think there are
- 14 certainly risks associated with becoming very good at
- 15 caring for very sick people. And I think in the absence
- 16 of a risk adjustment at the private payer level is that
- there's a significant concern shared by integrated
- 18 systems like Kaiser that it behooves them to be worried
- 19 about that.
- I think I wanted to mention something that
- 21 relates perhaps to several of these questions is that I
- 22 think we have to recognize that when you use the term
- 23 health plan, and when you use the term HMO we really
- mean health plan, and when we say health plan we really
- 25 mean multiproduct firms today, and multidiverse networks

- 1 associated with this multiproduct networks, because I
- 2 think that this issue of the degree to which plans are
- 3 selling more heterogenous products today is very
- 4 significant.
- 5 I know in California today there's a serious
- 6 concern for a plan like Kaiser to be the last
- 7 comprehensive benefit package in the market, as
- 8 everybody else is moving toward bundled and lower cost
- 9 products. So, I think this idea of becoming very
- 10 proficient at caring for needy persons carries with it
- 11 added risk as we go to more fee to user based designs on
- 12 our products.
- We're seeing this in terms of the way networks
- 14 are being contracted now, and as you look out and look
- 15 at more of these consumer-driven variant products coming
- 16 along or tiered networks and arrangements, you're seeing
- 17 plans develop really finely articulated relationships
- 18 with provider networks that are built around the
- 19 suspected risk dynamics associated with this. And I
- 20 think it's going to complicate the ability to understand
- 21 these relationships between health plans and providers,
- 22 in important ways, but that seems inevitable at this
- 23 juncture. The HMO is in most of our markets, and our 12
- 24 markets is a dead product in probably 10 of them or 11
- of them, there's nobody buying it anymore, everybody has

- 1 moved on to something else.
- 2 MR. HYMAN: Let me follow up that, which was the
- 3 next question that I was going to ask. How it changes,
- 4 and I think some of this has been discussed already, the
- 5 demise of capitation has obviously sort of a baseline
- 6 tradition where it's dramatically transformed who the
- 7 providers are and what they look like. And I guess I
- 8 would like to invite each of the panelists to talk
- 9 briefly about the extent to which the rise in point of
- 10 service options, consumer directed health care, and
- 11 whatever is the next thing coming down the line might
- 12 change the dynamics of the marketplace.
- Bob, you've actually already talked a little bit
- 14 about that.
- MR. HURLEY: I think I would go a little bit
- 16 further in saying that we're looking at kind of
- 17 gradations of membership, almost, in terms of network at
- 18 this time among providers. And part of that is these
- 19 other products, other than the HMO, have less steering
- 20 associated with it and therefore bring less value, less
- 21 certainty of value to the plan -- to the provider
- 22 networks, and therefore the provider networks expect to
- 23 be able to relinquish some of the discounts that they've
- 24 been getting.
- So, understanding that and appreciating how the

- 1 claim or control that a health plan has on providers as
- 2 a result of contracting for less certainty prepared will
- 3 actually dilute the relationship that exists among
- 4 plans, and also corresponding to that is more cost
- 5 participation by the individual consumer, then puts
- 6 them, that makes them a more influential player in
- 7 actually the relationship that the delivery systems are
- 8 going to be having with the health plan. So, I think
- 9 it's sort of a two-pronged approach: A weakening of the
- 10 linkage between the plans and the systems; and possibly,
- 11 it depends on whether the information flow supports
- decision making by consumers. But I think consumers
- will, in fact, play a more prominent role in the sites
- of care and the pursuit of care than they have under
- this past decade of comprehensive health plans.
- 16 MR. BURGESS: Well, I think one thing to note, I
- mean, this is not a unique view, I think pretty much
- 18 most of the panel probably shares it, is that the
- 19 incentives under capitation were, in some sense, doomed
- 20 to fail from the beginning, just as the incentives in
- 21 the fee for service were destined to fail. And the
- 22 problem, of course, is that the incentives in capitation
- 23 push you toward too little care and the fee for service
- 24 pushes you toward too much care. And economists have
- been arguing at least since the eighties, but probably

- 1 longer back than that, that you wanted some kind of
- 2 mixed system that balances those incentives.
- 3 And a lot of it -- there's been a lot of
- 4 theoretical talk about how you would actually take and
- 5 use risk adjustment and other methods like that to try
- 6 to come up with a good mix system model for how you
- 7 would pay -- how you would pay for health care. And
- 8 fundamentally, I think, again, that runs into the
- 9 problem that you need to understand better how to deal
- 10 with all the multiproduct aspects that have been hard to
- 11 deal with.
- 12 So, I think when you talk down the road about
- 13 looking at consumers getting more involved, I think most
- 14 all economists view consumers getting more involved in
- 15 making choices that we can then look at so to understand
- 16 how they made choices is generally a good thing. And
- then how we move from that to how we can get the health
- 18 plans to balance into that I think is the challenge.
- 19 And that is, you know, the direction to go is to then
- 20 start thinking about how to balance capitation and fee
- 21 for service incentives in some way so that you can get
- 22 more efficient care.
- 23 MR. TOWN: I just have a couple of thoughts.
- One is that as HMOs, I guess that's the code word, but
- since they're dead, health plans, as they move to more

- diffuse networks, the role of competition will probably
- 2 because heightened, because the value that you have --
- 3 that a particular provider brings to the network
- 4 increases, because you're loath to exclude them.
- 5 And so, given kind of the simple model I put up,
- 6 I think you would imply that the plan would be even more
- 7 vigilant about maintaining competition in a provider
- 8 market. The second thing is that one of the reasons
- 9 that capitation failed was not because it was such a bad
- 10 idea, or mixed capitation failed, it just got too
- 11 confusing because every health plan was doing a
- 12 different form of it. Physicians had, you know, ten
- different contracts with ten different forms of
- 14 capitation, which, you know, they couldn't make sense
- of. And so it was not so much that the capitation was
- 16 providing the wrong incentives or couldn't be workable,
- it was not workable given the complexity of the contract
- 18 and the environment.
- 19 MR. BURNS: The only thing I would add is sort
- 20 of from a more global perspective, is the impact of the
- 21 economy in employment, on whether or not people go into
- 22 HMOs versus PPOs and POS, that's a definite
- 23 relationship. The other thing, and I just noticed this,
- is that the semblance of HMOs by the mid-1990s, I think
- 25 the HMO model peaked in popularity around '95, '96, if

1 I'm wrong. That also happens to have the trough in the

- 1 point that the patient -- the patient is not part of the
- 2 equation with either horizontal or vertical integration.
- 3 I mean, CEOs talk a game about seamless continuum and
- 4 we're assuming responsibility for health status, but at
- 5 the end of the day, these things are put together for
- 6 market power to attract physicians or something else.
- 7 The patients are secondary.
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- 1 effect. I don't know.
- 2 MR. THOMPSON: Before I ask my other question,
- 3 does anybody else want to respond?
- 4 MR. HURLEY: I wanted to use just the example of
- 5 the PHOs, because Rob you didn't hear me say this
- 6 earlier, but there are some lesser markets where we're
- 7 finding PPOs extant. And I didn't mention the specific
- 8 areas, but there are some examples where PPOs are the
- 9 entree; the bigger plans are basically ignoring the
- 10 protestations of the PHOs and saying we want individual
- 11 contracts. And so basically these organizations may
- ostensibly be vertically integrated, but from the plans
- that don't agree to deal with them, they are not
- integrated, so they can see right through the argument.
- MR. TOWN: I know one large health plan will
- 16 contract directly with physicians, only with physicians
- 17 within a medical group; they won't even contract with
- 18 the medical group. They will bypass the group and
- 19 contract with physicians. So, there really is a drive
- 20 by health plans to bypass these kind of vertical
- 21 arrangements.
- MR. BURGESS: I might just add maybe a question
- for Bob, one of the things that you didn't really talk
- about when you just went through that example was the
- 25 role of the teaching hospitals and the academic medicine

- 1 PHO model. In the PHOs you're looking at, did you see
- 2 any tendency for the PHOs to persist in academic medical
- 3 centers versus nonacademic medical centers?
- 4 MR. HURLEY: Well, whether you think of the
- faculty practice plan as being PHO or whether it's
- 6 actually meant as a group, the one at least that comes
- 7 to mind is the organized medical group. They actually
- 8 do negotiate as a group and they're recognized as a
- 9 group per se, not even as an IPA, but as an organized
- 10 medical group.
- 11 I can't think of any. There may be some
- instances where they're structured as a PHO but for all
- intents and purposes at least the core faculty are
- 14 presented as a group rather than an organized entity and
- 15 something that can be ignored.
- 16 MR. BURGESS: And then in those group practices
- 17 like that, are they -- are they falling apart anymore or
- 18 less than the other?
- 19 MR. HURLEY: The academic medical centers? No.
- 20 I think that -- I think what Bob was saying earlier is
- 21 that I think that it is true that plans in some cases
- 22 would prefer to have individual contracts if they could,
- 23 but our experience is that most plans, if it's an
- organized group, organized literally as a multispecialty
- or even a single specialty -- well, particularly

- 1 multispecialty group, most of the plans are okay in
- 2 recognizing them as an organized entity, it's the --
- 3 it's the weaker, looser negotiating front that they're
- 4 opposed to. And that, I think, is problematic.
- 5 MR. THOMPSON: A second question has to do with
- 6 the assertions you made about the economies of scale and
- 7 scope. As an economist, I try to transcend that when I
- 8 moved into cost functions, and in particular the
- 9 standard simple model of constant marginal cost that we
- 10 often use.
- 11 Is it your perception that they simply don't
- 12 know what they're talking about, they don't know whether
- or not these economies are achievable or that they
- really are not able to get them, they're not there to be
- 15 achieved?
- MR. BURNS: Before I answer your question, let
- me just say, I'm probably the only token behavioral
- 18 scientist up here, I'm not a card-carrying economist. I
- 19 do like the use the term economies of scale and I do
- 20 think I understand what it means. I think the answer to
- 21 your question is both. I don't think they know what
- 22 these terms mean; I don't think they know very well the
- 23 different ways that you can achieve economies of scale;
- and I don't think they know just how big or how small
- 25 the economies are through the various ways you can

- 1 achieve them. But secondly, even if they do, the -- you
- 2 know, let's assume that the benchmark is 85 percent of
- 3 your costs around the clinical side. Well, to really
- 4 cut costs and achieve some economies of scale, you have
- 5 to do the real clinical integration of merging some
- 6 clinical operations across sites. Now we all know from
- 7 the CTS studies and other studies that that is hazardous
- 8 to your tenure as CEO, and you typically get fired if
- 9 you try to pull that off and it doesn't work. Because
- 10 it's very hard. And the only times you can actually do
- 11 that clinical integration that's physical consolidation
- is where the two hospitals, let's say two hospitals, are
- 13 close together, so you don't disrupt the patient and the
- 14 physician travel patterns. And secondly, there's got to
- 15 be like a burning platform, in other words, the thing is
- 16 going to go under, so you can use that as leverage over
- 17 the physicians to do this sort of consolidation.
- 18 And there are going to have to be some other

- 1 I could be wrong, you can ask the other three.
- MR. BURGESS: Well, I'll jump in on that sort of
- 3 cost function, the economic cost function idea. When
- 4 you estimate hospital cost functions, I think there's a
- 5 number of issues and factors that come into play that I
- 6 think even establishing or questioning -- I think I
- 7 would question the idea. I mean, I've done, I've tried
- 8 to do it, so I know, I mean, I know what you're getting
- 9 at, but if you're trying to sort of think about what the
- 10 marginal cost actually measuring it, and then making the
- 11 assumptions that you're making, start to get really
- 12 problematic. And just to cite one example, one of the
- papers that I've done in that area looks at trying to
- incorporate quality, and in an expansive way tries to
- say, okay, what happens when you try to add quality to
- 16 cost function and figure out what happens.
- 17 Well, it turns out that the -- you can show
- 18 pretty clearly once you go through it is that the
- 19 quality is really measuring unmeasured case mix.
- 20 However much case mix you measure, that you didn't
- 21 measure enough case mix, then the quality measure is
- 22 just again more case mix. And apart from that there's
- 23 probably even more case mix that you didn't measure.
- So, the problem is that even trying to
- 25 understand from that perspective, and we all understand,

- 1 you know, all of us economists like to think we can
- 2 simplify the world enough to still be able to figure out
- 3 a marginal cost, it makes it really hard to relate that.
- So, I guess, that would be my, you know, I think
- 5 if you're going to do that, be real sure you're
- 6 measuring quality, at least in what you're doing, and of
- 7 course the hospitals themselves are struggling to figure
- 8 out how to measure quality. So, they don't really --
- 9 because they don't really understand their own case mix
- 10 I guess is what it gets back to.
- 11 MR. TOWN: I think it's unclear why they need
- the merger to achieve a lot of these economies of scale,
- there are other vehicles to achieve it that you don't
- 14 necessarily have to have full integration of facilities
- 15 to do it. So, again, that would be on a case-by-case
- 16 basis, but even if they were there to be had, it's not
- 17 clear that the merger is the right way -- is the
- 18 necessary way to go to get them.
- 19 MR. HYMAN: Let me actually follow up on Jim's
- 20 point and ask on quality and ask Bob Town a question
- 21 about quality. When you were talking about how to do
- the analysis, you said you have to explicitly account
- for quality differentiation, if I heard you correctly.
- 24 And, you know, quality is very hard to measure. There
- are different measures one can use, there are

- 1 aggregation problems, there are risk adjustment
- 2 problems.
- What sorts of measures are you thinking about
- 4 and how should they be factored into the analysis? Are
- 5 we talking about process measures or outcome measures or
- 6 organizational measures?
- 7 MR. TOWN: Well, I was actually having in mind,
- 8 the most simple measure, and that is how are -- how do
- 9 patients view hospitals? How desirable are hospitals to
- 10 patients? So, how are they determining which hospitals
- 11 they would prefer to go to? Which is for those who have
- 12 an unferreted access to any hospital, which ones are
- 13 they choosing and why.
- So, that's the sense that I had, because that
- 15 will ultimately determine the value a particular
- 16 hospital brings to an HMO network.
- Now, that being said, once, you know, if we had
- 18 the ability to measure hospital quality well, which we
- don't, and given that we could do that, insofar as that
- 20 would affect patients' views of the hospitals, then that
- 21 kind of analysis probably would have to be done. But
- 22 because hospital quality is so difficult to measure, and
- 23 I've spent some time working on that problem, and it's
- very difficult to measure in just the simplest cases.
- 25 It's even more difficult in the complex cases which

- 1 who is really sick.
- 2 And we don't organize our data in that way, as a
- 3 health system, yet. I think we're heading in that
- 4 direction, but we don't have that yet. So, I agree with
- 5 Bob, too, that if going in that direction, if you're
- 6 going to do that, we want to try to just set up the data
- 7 in that way.
- 8 MR. HURLEY: I was just going to say, to
- 9 appreciate just what a swamp this is, really, to follow
- 10 the issue, take a look at what happened in California
- 11 just about a year ago when the first of the tiered
- 12 networks were rolled out. Blue Cross/Blue Shield was
- 13 first out and Pacific Air and Blue Cross have them all
- 14 now. It's extraordinary after all the years of effort
- that has gone into measuring quality and reporting
- 16 systems and report cards, as soon as anything was done
- 17 to even attempt to differentiate only on cost. The
- 18 plans were just clobbered with this argument that you
- 19 have to have quality information, and then they were
- 20 clobbered further with the fact of the inadequacy of the
- 21 quality of information.
- 22 So, it's a year later, the metrics that are for
- 23 quality are things like, are you reporting to Leapfrog
- 24 your levels of utilization for certain high volume
- 25 services, or are you completing the satisfaction survey

- 1 that might produce the results that then could be used
- 2 for differentiation in order to qualify you for the
- 3 higher tier. It's really extraordinary just how once we
- 4 attempt to put our money where our mouth is on quality,
- 5 how quickly people retreat from that. It's very
- 6 disturbing.
- 7 MR. BURGESS: Just to make a point, that's a
- 8 purchaser group. So, it's the question that you have a
- 9 purchaser group is the one who wants it in that form and
- that's what they want to know. So, that's what they're
- 11 asking for. So, that, again, my point is that that's
- not really a focus to the patients, it's focused at what
- 13 the purchaser group wants to know.
- MR. HYMAN: Scott? I guess I've got one or two
- more. This is for Bob Hurley, you said when we were
- 16 talking about integration that there's often a conflict
- 17 between serving institutional or community needs, or
- 18 maybe it's just how you express the goals. I mean, I
- 19 thought that was interesting, because community needs
- 20 is itself, at least from an agency perspective, a
- 21 peculiar way to articulate what you're about, is
- 22 consumer preference as opposed to community needs
- would be the way that I think the agencies would
- 24 think about this.
- So, I guess the question that I have, and maybe

- 1 this is just is health care special question in yet
- another guise, is why is it that it's framed in terms of
- 3 community needs? Is that simply a cultural phenomena
- 4 within hospital administrator training, and how
- 5 frequently is it sort of do consumer preferences get
- 6 even mentioned?
- 7 MR. HURLEY: I think that's a really good
- 8 question, because I do think that there are -- and
- 9 again, I'm going to be cynical about this or skeptical
- 10 about this, but I think there are hospital executives
- 11 who believe that, in fact, they are expressing community
- 12 needs when they're talking about broader issues that go
- beyond their own individual instances. But the reason
- 14 why I was using that phrase earlier was partly to kind
- of emphasize the point that I was raising about the kind
- 16 of contemporary efforts at vertical integration that
- 17 we're observing in several of our markets are really
- 18 preemptive to keep the full-service hospital from being
- 19 unbundled by these entrepreneurial spasms, if you will,
- 20 in the market.
- 21 And, you know, again, you can argue whether
- or not you think that the hospital, and you may have
- 23 said this earlier, oneain, grtheof ohe mtalkid bo ku

- 1 for thinking about what constitutes this. But I
- think we have, you know, a significant challenge today
- 3 in terms of establishing where are those boundaries
- 4 going to be drawn as we see the unbundling occurring
- 5 and the centrifugal forces that are pulling these
- 6 services off from the institution and the degree to
- 7 which individual physicians or groups of physicians'
- 8 interest run counter to the maintenance of the
- 9 full-service institution.
- 10 Now, whether the institution is better
- 11 articulating community needs, I probably would bank
- 12 a little more on them than I would on the group of
- 13 cardiovascular surgeons who have got to have the
- 14 Medcath facility in the suburbs. I think that's the
- 15 kind of issues that we need in community -- it seems to
- 16 me in communities today, we have a gap in terms of
- identifying who are the statesmen who talk about
- 18 community needs and can articulate community needs, in
- 19 the absence of any other kind of forums to be able to
- 20 achieve that.
- 21 Certainly it's fallacious to think that the
- 22 every hospital administrator who dons the mantel of
- 23 speaking for community needs should be believed, but I
- 24 think there are some transcending issues that the
- 25 institution that the institutional history and heritage

- of the hospital still commands that, you know, in the
- 2 center of the health care universe.
- MR. BURNS: Yeah, I agree totally with that.
- 4 That's one of the key undebated issues is the validity
- of these niche firms coming in and stripping these
- 6 things off from hospitals. And how hospitals are
- 7 responding to that also needs to be addressed. There
- 8 ought to be some public discussion of that and more
- 9 research on these things.
- 10 I know that Medcath has released its second
- 11 report on how well their hospitals are doing in terms of
- 12 quality and efficiency, but that needs to be, you know,
- analyzed in the wider scope of things. But clearly what
- 14 the providers are doing is what Bob's saying. They're
- 15 setting up their own, quote "Centers of excellence,"
- 16 unquote to retain physicians so that they don't bolt
- 17 from Medcath.
- MR. HYMAN: I'll just ask whether anybody wants
- 19 to say anything else? No? Okay. Well, I'm pleased to
- announce that we are not only finishing ahead of time,
- 21 but we have addressed the key issue already, which was
- 22 single specialty hospitals we did two weeks ago. So,
- 23 we're just slightly ahead of our time as the ad likes to
- 24 say. And can you join me in a round of applause for our
- 25 panelists.

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1
             (Applause.)
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             (Whereupon, at 5:00 p.m., the workshop was
 3
      concluded.)
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