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3	MS. MATHIAS: Good morning. Welcome to the
4	Federal Trade Commission Department of Justice hearings
5	on competition law and policy in health care. We're
6	very glad you could join us this morning, and for the
7	people listening in, we're pleased you could be here as
8	well.
9	We are going to start this morning with remarks
10	from Commissioner Sheila Anthony. Just a quick

1 Thank you, Sarah, for the introduction, and 2 welcome panelists. We want you to know how much we 3 appreciate your graciously changing your schedules to 4 accommodate today's session, since it was cancelled in 5 February due to the ice storm.

I'm delighted to join you this morning.
Although I haven't lived in Arkansas for many years, my
husband and I have long and strong ties back there, and
many of our family members still live there. And so,
Arkansas health care is more than just a professional
interest to me, as you might expect.

12 I'm pleased that the organizers of today's 13 hearing have singled out Little Rock for an in-depth 14 study. Having said that, however, I want to emphasize 15 the broader goals of today's session in conjunction 16 with a session on Boston, an earlier panel that focused 17 on that health care market.

18 It's impossible to analyze competition issues in a factual vacuum, because antitrust is so 19 2.0 fact-specific. This is especially true in a health care market, where regional differences can 21 dramatically affect the dynamics of competition. 2.2 For example, back in February, the panelists discussed the 23 very high level of HMO penetration in the Boston area, 24 as well as the prevalence of large multiple hospital 25

1 systems.

2	In contrast, the HMO model has not made much of
3	an in-road into Arkansas, but one insurer has a
4	particularly large market share. I expect that today's
5	panelists will tell a different story about
6	relationships between payors and providers than did the
7	earlier session on Boston.
8	The Federal Trade Commission and the Department
9	

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The air system sometimes comes on a bit strong, 1 2 so if everybody could make an effort to talk into the microphones, that would be very helpful for the people 3 in the back of the audience, as well as for the people 4 5 on the speaker phone, and most importantly, the court reporter. We are scheduled today, as Commissioner 6 7 Anthony stated, to look at the Little Rock market. We will go until 12:15. 8

Just so you know the rules of the game today, I 9 10 will give short introductions for everyone on the panel, but we do want to spend more time with the 11 discussion than spending time going over everyone's 12 13 outstanding credentials. So, we have a bio book hand-out in the hallway so that everybody can get the 14 15 full depth of the talent that we have on our panel 16 today.

Also, as we begin, everyone will have -- all 17 18 the panelists will have approximately ten minutes to speak, and we will begin in order, but first my 19 introductions. We will start today with Kevin Ryan, 2.0 21 who is at my far right. He is the Project Director for the Arkansas Center for Health Improvement, and 2.2 Assistant Professor at the University of Arkansas for 23 24 Medical Sciences College of Public Health.

25 To Kevin's left is Joe Meyer. Joe is Director

of Corporate Benefits Planning for ALLTEL Corporation,
 and he has more than 30 years of experience in the area

1 To Jim's left is Bob Shoptaw. He is the Chief 2 Executive Officer for the Arkansas BlueCross and 3 BlueShield and has been with Arkansas BlueCross and 4 BlueShield since 1970.

5 Finally, last but not least, is Dr. John 6 Wilson, he is an orthopedic surgeon and practices at 7 Ortho Arkansas, which is a 20 physician orthopedic 8 clinic and ambulatory surgery facility in Little Rock, 9 Arkansas. He is also an accomplished pilot and he may 10 have actually flown here today, for all I know.

As I said, the agenda today is quite simple. 11 We wanted to listen, learn and ask a lot of questions. 12 13 The questions will be asked by Ed and myself as the moderators, and as we proceed, some of the questions 14 15 will be directed to a specific person, or they may be directed to the panel as a whole. One of the ways that 16 17 helps us keep the question and answering going smoothly 18 is if there is a question that's out that people want to address, if you just turn your tent sideways, it 19 2.0 allows us to know who wants to speak and usually we can keep track of the order that way and it's very helpful 21 I think often the comments or answers elicit 2.2 for us. 23 more comments, and so we definitely want to stir the 24 discussion here.

25

Without any further ado, if Kevin would start

1 for us.

2 MR. RYAN: Thank you all very much for having 3 me here today. As Sarah said, my name is Kevin Ryan, 4 I'm a health law attorney, faculty member in the UAMS 5 College of Public Health, Department of Health Policy 6 and Management, and probably most specifically and 7 applicable to our talk today, the Project Director of 8 the Arkansas Health Insurance Roundtable.

9 Arkansas Health Insurance Roundtable was formed 10 about three years ago, with funding from Herza and subsequently the Robert Wood Johnson Foundation's State 11 Coverage Initiatives Program to look at the issues of 12 13 health insurance status of Arkansans. Clearly, that has application in our discussion today on competition 14 15 in health care provider marketplace and the health care provider carrier interaction. 16

17 Not surprisingly, in Arkansas, and in Little 18 Rock, as in the rest of the nation, the big issues that 19 face our state surround the issues of access to care, 20 quality of care, and cost of care. Now, Arkansas, 21 unlike a number of states, is a very unhealthy state. 22 We have very high rates of illnesses in our state.

23 Clearly, research has shown that these are
24 related to the high rate of tobacco usage in Arkansas.
25 We have a very, very high rate of obesity. We're the

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second in recent statistics; we were the second most obese state, if you will. And in that cohort, just to the other side of Mississippi, both geographically, and in number, and we're about to close in on Mississippi as well.

We have too much physical inactivity. We don't 6 7 exercise enough in Arkansas. We don't use seat belts enough. And Arkansas, as with most rural states, we 8 have a very high rate of usage of automobiles. We have 9 10 long distances to drive. In combination with lack of seat belt usage, that clearly leads to increased rates 11 of trauma. We don't wear helmets. Arkansas had a 12 motorcycle helmet law that it recently in the past few 13 years overturned. And so we don't wear helmets for 14 15 motorcycles, nor for bicycles.

The Arkansas Health Insurance Roundtable was 16 formed with this funding to study this issue of health 17 18 insurance status of Arkansans to find out what health insurance status meant in Arkansas, and importantly, 19 20 what it meant not to have health insurance. Who were these people; if they had health insurance, where did 21 they get it? If they didn't have it, what did they do 2.2 23 in response?

A geographically diverse body, not the usual players, if you will, and this is a group of folks who

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everything you need to know. If you see nothing else,
 if you read nothing else, remember nothing else from my
 presentation, take this away and you have it, in one
 fell swoop.

5 In Arkansas, most health insurance, as with the 6 rest of the nation, is received through employers. 7 Seventy-five to 80 percent of those with health 8 insurance receive it through their place of employment.

9 For those above 65, they receive coverage 10 through Medicare, a system that's being worked on, as 11 we've seen with the discussion over the past few years 12 with prescription drug benefits, but it does provide 13 coverage.

In Arkansas, for children below 200 percent of 14 15 the poverty level, we have the very well developed and very well implemented our kids first program, providing 16 coverage for those kids. But for adults, ages 19 to 17 18 64, in Arkansas, unless you're categorically disabled for longer than six months, and have a household income 19 2.0 less than 25 percent of the federal poverty level, and 21 have household assets less than \$2,000, you do not qualify for any type of government health insurance --2.2 state operated health insurance coverage. 23

24 So, clearly, there's a safety net issue 25 involved here. These people will receive care, but

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without a mechanism to attain reimbursement for that care, there's a real -- and a dramatic -- impact on our health insurance health care provider system in the state.

5 And that's what the roundtable sought to address, conducted a survey, the first state-based 6 7 survey of health insurance status in Arkansas. Made a number of findings. Not surprisingly, as with the rest 8 of the country, the majority of Arkansans who are 9 10 insured, receive it through their place of employment. This is a key and important fact which quided the 11 roundtable in crafting their recommendations to address 12 the health insurance marketplace in the state. 13

14 If you're a large employer, or an employee of a 15 large employer in Arkansas, the chances are very good that you will have health insurance coverage available. 16 17 Arkansas leads the country in its percentage of large 18 employers, those with greater than a thousand employees, who offer health insurance coverage. But if 19 2.0 you work for a small employer, then your chances are not as good. Over two-thirds of the small businesses 21 in the state are able to offer health insurance 2.2 coverage. Not surprisingly, the majority of the 23 24 businesses in Arkansas are small, and so this leads to a very clear problem of access for people who don't 25

have health insurance coverage available to them at
 all.

And for those seasonal contract workers and part-time workers, again, there's no reasonable cost effective mechanism available to them.

Findings regarding uninsured Arkansans. In a
state of only 2.65 million people, over 400,000
Arkansans don't have health insurance. So, that's
almost 16 percent of the total population. Now, that's
of all ages.

Let's go back to that page group of 19 to 64 again, those prime working years. In that age group, 20 percent, one in five Arkansans, have no health insurance coverage. It's even more dramatic if you're in the 19 to 44-year-old age group, one quarter have no health insurance coverage available.

Echoing Commissioner Anthony's statements earlier, most of these uninsured live in our rural areas, not the urban areas of Arkansas. While there's clearly a problem of lack of health insurance in the urban areas, it's more dramatic in the rural communities and smaller communities in the State.

23 Most uninsured work full-time. This is a fact 24 that I didn't appreciate until we gathered these 25 statistics in Arkansas. This is not an issue for

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people who are not working. Clearly, it is an issue for them, but it is not the non-working who make up the majority of the uninsured. The uninsured are working, and they're usually working full-time, but again, they have no mechanism available to them to purchase health insurance coverage.

7 We surveyed our employers in the state, in both 8 Little Rock and state-wide. Most of our very large 9 employers are self-insured. They choose to bear that 10 risk themselves as a mechanism to more tightly control 11 costs and because they are able to do that, they are 12 able to assume that risk.

Premium increases are very dramatic for all
employers across the state. Clearly double digits, 20
to 35 percent or more annually, is not uncommon.

16 Arkansas families also face challenges to 17 obtaining health insurance coverage. As we said, we're 18 an unhealthy state, and that very much drives the cost 19 of health care. We have increased prescription drug 20 utilization, this drives health care costs.

21 Uncompensated care, that care that's received 22 by those Arkansans without health insurance coverage 23 clearly permeates and affects the entire system.

In talking with our Arkansas families and
household members, they told us over and over that they

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want health insurance coverage. They realize, and clearly acknowledge, that this is something that they need. They understand it's important, but because of the pressing need of daily financial concerns, this is something they're able to defer.

6 And finally, debt related to the provision of 7 medical care. Arkansas, like a number of states, but 8 especially in the southern region, debt related to 9 medical care is oftentimes the leading driver of 10 personal bankruptcy filings, obviously affecting the 11 person and family. But the entire community as well is 12 affected by these bankruptcy filings.

13 An important slide, the majority of the uninsured in a pure number standpoint are obviously not 14 15 the wealthiest, the above 200 and 400 percent of the federal poverty level, but also it's not the very 16 poorest in the state. If you look at that middle, the 17 18 second set of bars, in the hundred to 200 percent federal poverty level range, that's where the majority 19 2.0 of the uninsured are in the state. So, again, it was these types of facts that the roundtable used in 21 creating their series of recommendations. 2.2

This is some new research that's just been developed over the past two months. I would like to just point you to a few of these blocks for a second.

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1 This is the impact that the uninsured have had on 2 Arkansas hospitals over the past few years. Now, a 3 couple of caveats to remember here, this is just 4 inpatient care.

5 So, when you factor in outpatient care for 6 prescription drugs, other services, et cetera, the 7 effect becomes more dramatic.

8 In 1999, there were not quite 18,000 patient 9 admissions, inpatient admissions, who didn't have 10 health insurance coverage, representing a little over 11 \$150 million of uncompensated care.

12 Now, remember, this care has to be absorbed by 13 the system. It's absorbed, of course, by the health care providers initially, but ultimately the entire 14 system pays for this care. Well, it's only gone up. 15 By the year 2001, the last year for which figures are 16 17 available, almost a quarter billion dollars in 18 inpatient care alone was uncompensated, uncovered for patients received in Arkansas hospitals. It has a 19 20 dramatic effect on our system.

This lack of health insurance in a state directly contributes to a number of factors for Arkansans. It causes poor health. Those Arkansans and those Americans without health insurance coverage tend to delay the care that they receive, and it's

understandable. If you have rent and if you have other 1 2 daily pressing financial concerns, health insurance coverage and health care is something that can 3 sometimes be delayed, but it's only delayed until the 4 care can no longer be delayed, and instead of being 5 received in a more timely, more cost efficient manner 6 7 on an outpatient basis where preventive care could oftentimes take care of the problem, it's then received 8 in an emergency department, where the care is both more 9 10 costly, and ultimately oftentimes less efficient.

And so that increase of care, then, is not able to be paid for, oftentimes the patient has no -- and the family has no health insurance coverage, so again, that spreads throughout the entire system. Definitely leads to an increased cost of doing business.

Now, the roundtable made a series of 16 17 recommendations based on the findings that they 18 received from the survey of Arkansas households, from conversations with Arkansas health insurance carriers, 19 20 conversations with Arkansas employers. I won't go over each and every one of these because of our time 21 constraints; however, the roundtable's entire report is 2.2 available and the URL is listed on the website. Also, 23 my contact information is, so if you have any trouble 24 25 downloading that, don't hesitate to give me a call and

has been submitted to CMS, we're awaiting reply on that
 even as we speak.

We have sought to establish community-based purchasing pools. In Arkansas, like a lot of states, this has not been successful. While a very good idea, I think, in concept, and a well intentioned idea, purchasing pools historically have tended not to work very well and I think that's been the case in Arkansas as well.

10 There are some things that our round tables like to call no-brainers, including scientifically 11 supported preventive services, and health care plans, 12 13 and this is very important -- including those services that the research shows, that evidence shows, do 14 15 contribute to and make health care more cost effective, and promoting education between employers and 16 17 employees.

18 One of the findings that we've made over and over is that oftentimes an employee in a facility with 19 20 health insurance coverage will leave that facility for 21 a job, say, making an extra dollar an hour. That's a significant salary increase. But if that new 2.2 23 employment is without health insurance coverage, the 24 first time that employee has a traumatic event, has to 25 access health care, then they've lost all benefit of

that salary increase. So, we've encouraged employers encouraged employers employees, to show them the benefits, the true salary dollar benefits of health insurance coverage.

5 And again, some other mechanisms and 6 recommendations that have been made to attain those two 7 twin goals that we talked about at the very beginning, 8 expanding health insurance access while promoting 9 marketplace stability. These are flushed out in more 10 detail in the report, if you have questions about that, 11 or we can discuss later.

And so this is what health insurance coverage 12 13 could look like in our state. If you think about that earlier graph, for those folks with health insurance 14 15 coverage in that angled block there at the top, if they lose that coverage or never have it in the first place, 16 17 instead of falling all the way to the bottom, putting 18 some of these programs into place could create both those safety nets and other alternative mechanisms to 19 2.0 make health insurance coverage available.

Now, it's been sometimes sort of depressing, this whole process, talking with Arkansas employers and families, talking with carriers faced with daily issues of trying to contain costs and providers trying to contain costs. Discussing the poor health that the

state is faced with, our budget crisis. And we've had
 some successes as well, and some reasons to be
 positive.

As I said, we've applied to CMS for a Medicaid 4 waiver application to establish the safety net benefits 5 program. That's moving forward nicely. Our 6 7 legislature has passed the authorizing legislation to put that program into place upon approval by CMS. 8 We've established a health data initiative in the 9 10 state, pooling health information coming from disparate state agencies that collect that, so that efforts like 11 the round table and other efforts can be supported by 12 13 real information, so that our policymakers in the legislature and in the executive branch can have 14 15 information to base policy decisions on so that those decisions can be more effective and really mean 16 17 something.

We're establishing a joint interim committee on health insurance and prescription drugs to provide a long-term platform to continue to study these issues in this state.

We're continuing to develop the structure of this safety net program so that upon approval, we'll be able to put this into place in very short order, and continuing and planning for enrollment efforts to make

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1 this program a success.

2 So, there is a lot of reason to be encouraged. 3 We have a lot of people working on these issues. It's 4 gained a lot of attention within the state.

5 I am open for your questions, at the proper 6 time, and I thank you all very much for having me here 7 today.

8

(A 5 .)

9 MS. MATHIAS: Thank you, Kevin.10 Next up, Joe Meyer.

MR. MEYER: Good morning. You'll have to bear with me, this is the first time that I have spoken using Power Point, so I may be a little awkward, but we'll work through it.

As Sarah said, my name is Joe Meyer, and I am Director of Corporate Benefits for ALLTEL Corporation. ALLTEL is a Fortune 500 telecommunications company with over 20,000 employees in 26 states. Little Rock is home to not only both the company, but over 3,000 of our employees.

ALLTEL offers its employees a choice of health care plans to choose from and provides an equal dollar subsidy towards the cost of each health care plan.

1 expenses.

2 During the last several years, there has been 3 considerable change in the health insurance marketplace. In the mid to late nineties, we offered 4 5 five different HMO type products as well as an 6 indemnity plan to our employees in Little Rock. This 7 competition resulted in minimal increases to our health 8 insurance premium costs for the first few years. However, beginning in 1999, as the managed care 9 10 industry consolidated, we lost both Health Source and Prudential, both successor companies, Aetna and Cigna, 11 withdrew their HMO products from Little Rock. 12

13 The cost of health insurance has continued to increase dramatically since 1999. In Little Rock, our 14 15 health care premiums have risen an average of 16 percent per year since 1999. While the actual premium 16 17 levels are slightly lower than the average of our other 18 markets, the rate of increase in premiums over the last 19 four years has been greater than the 13 percent annual 2.0 rate experienced elsewhere.

21 While we continue to offer three HMO options, 22 along with a new PPO option, in order to maintain the 23 affordability of health insurance for all employees, we 24 have increased copayments for office visits and 25 emergency visits, as well as introduced hospital

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deductibles. We have also carved out the pharmacy
 benefit and introduced a three-tier formulary.

These actions require the uses of health care services to pay more of the cost than they were required to in the past.

In making the decision as to what health care 6 7 plan to enroll in, employees consider the cost to them in premium and copayments, as well as the hospital and 8 physicians who are in each network. Since most 9 10 physicians and many specialists participate in more than one network and the plan designs are similar, most 11 12 employees consider premium costs and hospital 13 affiliation.

In Little Rock, if you would like to access the 14 15 Baptist Hospital, you need to enroll in the BlueCross PPO or HMO. UMAS and St. Vincent's are affiliated with 16 United Health Care and HMOs. Arkansas Children's 17 18 Hospital is a participating provider in each of these plans. The fifth, Arkansas Heart Hospital is not in 19 2.0 any of our networks and only accessible through the PPO 21 as an out-of-network provider.

Given our defined contribution strategy, our employees are well aware of the accelerating cost of health care. Their response has been to move to lower cost plans, even if it means more hassles to access

specialists, and also to drop dependent spouses who may
 have access to coverage through their own employer.

And this gives you an example of a large employer in Little Rock and how we deliver health care insurance to our employees.

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Thank you.
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(A 🔒 .)

8 MS. MATHIAS: Thank you, Joe.

9 John Bates?

MR. BATES: Good morning. I don't have slides,I'll just speak.

I would like to talk a little bit about the Children's Hospital and about how we are configured and how we function as a specialty hospital and a little bit about how competition relates to us, and I would like to save discussions about cost and quality drivers for the question and answer period.

18 The Children's Hospital is unique in the state of Arkansas. We are the only facility dedicated to the 19 acute care of children, and we have really no other 2.0 21 important focus of pediatric care anywhere else other than the neonatal intensive care units that are in the 2.2 large hospitals with large obstetric services. 23 Even 24 though we're unique and atypical in our own state, 25 we're very much like about 50 other such children's

hospitals around the country who share many of the same characteristics that we have. And I would like to kind of explain a little bit as we go along about the difference between our facility and some of the newer boutique facilities, if you like, that have come on the scene recently.

So, to that end, let me tell you a bit about
our hospital and a little bit about how competition
affects us. Our hospital is an independent 501(C)(3)
not for profit organization that was founded in 1912 as
a home finding society for orphan children. And as

1

last thing that goes down in our hospital.

2 Medicaid is our largest payor, accounts for 3 about 55 percent of the revenues that come into the 4 hospital, and in turn, the Children's Hospital is the 5 largest single hospital recipient of funds from 6 Medicaid. So, no other hospital is as large in 7 Medicaid ties.

We provide every aspect of care for children, 8 9 other than liver and lung transplantation, and 10 basically because there's not enough business in our state to support those programs. We are the only 11 Children's Hospital in America that is certified as a 12 13 Medicare, not Medicaid, but Medicare heart transplant program, and we are very proud to be one of three such 14 15 centers endorsed by the national BlueCross BlueShield organization. 16

We have 281 beds and typically have more than 200 of them occupied on any given day. Normally, 40 to 50 of those 200 children are on respirators. That will give you some idea of the level of acuity and sickness of this population, which is quite remarkable and atypical even amongst the children's hospitals.

We have about a quarter of a million outpatient visits a year, and our annual budget is about a quarter of a billion. We operate a system of transportation

for both ground and air support for all the rural areas 1 2 in our state, and we move about 2,000 sick children a year through those mechanisms to and from every county 3 in our state. 4

5 We are a teaching hospital. We are a member of the Council of Teaching Hospitals and a primary 6 7 affiliate of the University of Arkansas for Medical Sciences, UMAS, you heard about earlier. 8

9 Basically all the physicians who are faculty 10 caring for children, or who are in training about children's conditions, do so on our campus. About 600 11 employees of the university, faculty, supporting staff 12 13 and so on, are based at ACH. Each year we have research grant support of about \$15 million and we 14 publish dozens of scientific papers every year in 15 medical journals. 16

17 We enjoy an excellent reputation for care in 18 our community, and we've got wide-based support in terms of volunteers, thank you, Sarah, donors, and from 19 2.0 the government and legislative branch as well. We will be providing to the Commission copies of the tape, the 21 ABC special that was broadcast in August nationally 2.2 that talked about our cardiac intensive care unit, a 23 four-hour show we think illustrates both the highly 24 technical nature of our institution and the highly 25

1

human quality of care that we provide.

In short, our hospital is a tertiary teaching Children's Hospital and we think by most criteria ranks among the leading hospitals in the country who care for children.

Now, in terms of competition, we experience it 6 7 on multiple levels, and the most straightforward one, if you will, is on a business or financial level. 8 We experience competition particularly with local 9 10 hospitals for older children with simpler conditions, so that a 15-year-old with a simple fracture or who 11 needs a hernia repair might well receive such care in a 12 13 community hospital or other hospital in Little Rock, and if we wish to compete for that business, we have to 14 15 get down on the price and get competitive with what those folks are providing. 16

On the other hand, for care like heart surgery 17 18 or leukemia or for trauma care, we basically don't have competitors in Arkansas, but we have competitors 19 20 regionally and nationally for those services that tend 21 to set the market in that regard. So that we are attentive on those issues, and a good example of our 2.2 competition there is St. Jude's Hospital, which is a 23 24 children's cancer research hospital in Memphis, 125 miles away from us, and right up on the Arkansas 25

border, and they compete with us rather strongly for
 children with cancer.

3 So, we understand the challenge to us in terms 4 of the business side of the equation. We structure our 5 market so we can be competitive locally on the lower 6 end of the spectrum of care, and competitive regionally 7 or nationally at the higher end for more complex care.

We have contracts with all but one of the major 8 payors in our area and I was pleased to see your 9 10 comment on your slide that we are in all three of the plans or four of the plans that you provide. We try to 11 do this by not aligning exclusively or preferentially 12 13 with one payor or another as we go along. We call this plan the Switzerland strategy. We wish to be neutral 14 15 in all of this, and it's important to us partly for business reasons but partly because it helps us 16 maintain a critical mass of employees and experts in 17 18 the disciplines that we need to take care of children. If we only had a third of the market, we could not 19 2.0 provide the services that we provide. It just wouldn't 21 be sufficient.

22 We also understand competition in other ways as 23 well. We compete for staff. And this is probably a 24 more serious challenge. Nurses, respiratory 25 therapists, pharmacists, all the other licensed

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1 professionals that we all need in our hospitals are in 2 short supply. And so, when a new hospital or specialty 3 hospital comes to town and opens their doors, they will 4 attempt to recruit staff from the community and either 5 directly or indirectly that affects the patients --6 that affects the staffing of our hospital and we have 7 to take steps to respond to that.

We compete for physicians. In a pediatric 8 hospital, we need pediatric sub-specialists, and in our 9 10 country, there were, for example, in 2001, less than 10 physicians graduated from training programs to be 11 credentialed as pediatric phrenologists, experts in 12 13 kidney disease, and there were over 200 jobs available around the country. So, the 200 jobs chased the 10 14 15 applicants, and not everybody won out, of course.

We're still short of specialists in areas like infectious disease, gastroenterology, diabetes, neurology, et cetera. And so we compete nationally and even in some cases internationally for physicians in these specialty areas to round out our complement of services.

22 We also compete for the philanthropic dollar, 23 and we just don't compete with other hospitals, we 24 compete with things like the symphony, churches, 25 football teams, you name it. Everyone is out there

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1 trying to find that support.

2 We compete for volunteers, and I'm pleased to 3 say that we are very effective in that regard, but it 4 is one of those challenges for us in terms of 5 competition.

I hope this gives you a little background about our hospital. I think you will see that we are rather different in some ways than the for-profit specialty hospitals. We have a long and deep tradition, and I hope this background will be helpful when we get to the discussion.

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12 Thank you.
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13 MS. MATHIAS: Thank you, John.

14 Russ?

15 MR. HARRINGTON: Good morning.

For more than 80 years now, Baptist Health, a 16 501(C)(3) nonprofit organization, has been delivering, 17 18 throughout our state, quality health care. As one of Arkansas's leading health care organizations, Baptist 19 2.0 Health consists of five hospitals, with 1198 licensed 21 beds, including 120 rehabilitation beds, a 400-resident retirement center with a skilled nursing facility, a 2.2 physician service organization and an HMO joint 23 24 venture, a 10-hospital VHA affiliate network, schools 25 for nursing and allied health, and many other

health-related services. It's governed by an 1 2 independent board of community leaders. Baptist Health focuses each day on the values 3 of service, honesty, respect, stewardship and 4 performance, while it delivers comprehensive, 5 compassionate health services to the people of 6 7 Arkansas. The physicians, the nurses and employee was Baptist Health advocate wellness and prevention, along 8 with treatment of illness and injury. 9 Three of Baptist Health's medical facilities 10 are located in the center of the state in Little Rock. 11 In the remaining areas of the state, Baptist Health 12 13j-3PDft2000pkwi5eemp&00jeeffge00jt020Be440 MDrehpassengen calrahfeTervit7 0 TD(

1 Springs.

Families from throughout the state of Arkansas can use the Baptist Health system through 131 access points across the state. That includes hospitals, 1

population, and you heard some of that from Kevin.

2 Since 1990, Arkansas has failed to match other states in improving in the areas of smoking reduction, 3 in risk for heart disease, or decreases in infant 4 5 mortality. The related factors of low income and 6 obesity are also a major concern. According to the 7 2000 U.S. Census, the average per capita income in 1999 was \$21,587 for the nation, but in Arkansas, it was 8 only \$16,904. The Center for Disease Control or CDC 9 10 statistics show 19.8 percent of Americans are obese, yet it rises to 22.6 percent among Arkansans. 11

12 Baptist Health supports programs to address 13 community health concerns. Some of these include -- in 14 obesity, we have weight management programs, in-step 15 walking clubs and diabetes self-management programs. 16 In the area of smoking, we have the, in this case, teen 17 depend answer program and partners for smoke-free 18 families.

In heart disease, we have cardiac
rehabilitation, CPR heart saver training, lipids
clinic, cardiac risk intervention programs and women's
heart advantage.

In infant mortality and low-birth-weight
babies, we work through Heaven's Loft Wellness Center,
we have a high-risk pregnancy service and a neonatal

1 intensive care unit.

In the area of pulmonary disease, we have a
pulmonary rehabilitation program.

As a core system strategy, Baptist Health's community outreach initiative serves as a catalyst to improving the health and the well-being of our community, and our community is Arkansas.

A variety of programs are offered in diverse 8 settings to improve the health status of our 9 10 population. These are accomplished in partnership with churches, with businesses, schools, and other 11 benevolent agencies. Some of these partnerships, 12 13 including Emmanuel Baptist Church and Jefferson Comprehensive Care Center, provide medical care to the 14 15 under insured and the uninsured citizens. These services are based on the ability of the person to pay, 16 17 and often the services are provided at no cost.

18 Another partnership is with First Presbyterian Church and Energy of Arkansas where we provide free 19 20 health care for the homeless population. A partnership 21 with St. Paul McGhee-DeShay and Greater Second Baptist Church where we provide health prevention activities 2.2 for underserved citizens. Henderson Health and Science 23 24 Middle School where we provide resources and 25 opportunities for students to shadow health care

professionals. We also work in partnership with
 Positive Atmosphere Reaches Kids, a park, where we
 provide nutrition hot meals for at-risk students in an
 innovative academic program.

5 We work with the Arkansas Health Department and 6 the Pulaski County Health Unit to improve the health 7 and quality of life in Pulaski County.

8 Baptist Health and BlueCross and BlueShield 9 collaborate in the "Partners for Smoke-free Families 10 Initiative," as well as provide disease management 11 programs that compile risk assessment reporting data 12 for low back pain, cardiovascular, respiratory and 13 diabetes.

The greater Little Rock area is served by three 14 15 major medical centers, four community hospitals, five specialty hospitals, and four psychiatric or drug 16 rehabilitation facilities. There are a total number of 17 18 3293 licensed beds in the greater Little Rock area, this includes 2775 inpatient beds, 518 rehabilitation 19 20 beds. Within a 13-county region in central Arkansas, there are now 28 hospitals for a total of 4730 beds. 21 One of the greatest challenges Baptist Health faces is 2.2 meeting the health care needs of Arkansans who are 23 2.4 without health insurance.

25 Our state exceeds the national average in this

area with 18.7 percent uninsured in Arkansas versus only 16 percent of the U.S. As you heard earlier, one in five employed people and their families in our state are without health insurance. The uninsured poses a major threat to the continued viability of health

Arkansas and the nation. As a result, the registered 1 2 nurse classes in 2003 and then next year will be larger than any of those in our history, including many LPNs 3 who will complete our fasttrack program, leading to RN 4 5 status. Baptist Health's commitment of resources, the staffing challenges, will help sustain guality of care, 6 as well as fill vacancies in our facilities, but also 7 for other health care providers throughout the state of 8 9 Arkansas.

10 Quality: Baptist Health addresses quality on 11 an overall basis by participating in accreditation by 12 the Joint Commission on Accreditation of Health Care 13 Organizations, improved patient satisfaction with the 14 national satisfaction survey, the clinical quality with 15 the Arkansas Foundation for Medical Care through 16 ongoing clinical studies.

17 The two most common quality of care measures 18 for hospitals are mortality rates and readmission 19 rates. When cases are adjusted for severity, Baptist 20 Health is comparable or below the expected rate among 21 hospitals in Arkansas in both of these categories.

22 Baptist Health is committed to defining the 23 highest quality care and translating it into routine 24 practice. Baptist Health participates in several 25 quality of care initiatives, here data for diagnostic

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outcomes is shared nationwide. These include acute
 myocardial infarction, pneumonia, stroke, women's heart
 advantage, and congestive heart failure.

In comparing our clinical performance against
national rates, Baptist Health produces high
performance outcomes that result in reduced patient
mortality and morbidity.

Cost: Baptist Health continue to face a number 8 of challenges with the rising costs to provide care for 9 10 our patients. Medicare and Medicaid continue to provide reimburse meant at rates less than the true 11 expense of providing these services. Hospitals are 12 13 concerned that at the federal level, historical increases in military spending, trillion dollar 14 15 expenditures associated with proposed tax reductions, and funding for expanded homeland security will trigger 16 17 a new round of Medicare budget reductions.

18 Private payors are on average only increasing payments by about half of the expense increases we're 19 20 experiencing. In 2002, Baptist Health experienced a number of operating expenses that increased beyond our 21 These included an increase in Baptist 2.2 control. Health's portion of employee health insurance, a 23 24 substantial market adjustment to salaries for our 25 nurses and other health care professionals and 175

percent increase in our medical liability and property
 insurance.

Just this week, we were forced to announce a nursing salary increase that will exceed \$7 million annually throughout our system just to meet market increases from two local hospitals.

7 We also made a capital investment to expand our 8 nursing schools in allied health so that we could, in 9 fact, accommodate larger enrollments in an effort to 10 address staffing changes.

11 These increases occurred during a time we 12 experienced a loss of insurance business, and incurred 13 the cost associated with HIPAA compliance, and bio 14 terrorism preparedness. While Baptist Health is 15 experiencing increased expenses, and decreasing 16 reimbursement, we are providing more health care 17 services that are either charity or uncollected debts.

18 In 2002, Baptist Health provided 68 million dollars in health care services for which we received 19 2.0 no payment. Baptist Health's average cost per case is comparable to or below similar hospitals nationally and 21 in Arkansas. Factors contributing to higher health 2.2 23 care cost in Arkansas include: Population size, age 24 distribution, personal income, and insured status, or 25 uninsured status.

1 market, Baptist Health's challenges will be to respond 2 to unending pressure to improve efficiency, upgrade our 3 technology, recruit and retain our staff, provide care 4 to an aging population that is growing exponentially 5 and serve the poor and the uninsured, which is growing.

6 As one of the state's largest tertiary care 7 centers, Baptist Health plays an important role in supporting rural health care. Rural hospitals who are 8 an integral part of their communities are adversely 9 10 impacted by government payment and regulatory policies. Without the availability of resources and financial 11 support from systems like ours, there will be an 12 13 erosion of access to care in the rural health care delivery system in our state. 14

15 In conclusion, competition among health care providers in greater Little Rock remains brisk. Access 16 to services is improving, but needs to continue to 17 18 improve for the uninsured. Hospitals are improving the quality of clinical care, even while we're trying to 19 20 control our costs. Given the competitive nature of our market, community hospitals will be required to 21 intensify their efforts to achieve efficiencies to care 2.2 for the needs of our patients. In meeting the needs of 23 24 our patients in a caring, christian environment, 25 Baptist Health is committed to providing access to all

patients, regardless of their status, and working for continued improvement in quality while we try to control our cost. So, on behalf of Baptist Health, we want to thank you for the opportunity to participate in this roundtable discussion today.

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MS. MATHIAS: Thank you.

8 Jim Kane?

9 MR. KANE: Good morning.

10 Little Rock Cardiology Clinic is the oldest cardiology group in Little Rock, and I am the oldest 11 surviving member, although some days I have a question 12 13 about the latter. I want to do three things this morning, since the hospital -- the Arkansas Heart 14 Hospital, has triggered some of these issues we're here 15 to talk about, I want to review some of the things I 16 17 think are unique about the hospital. I want to show 18 you, secondly, how some of the ways that the community hospitals respond when a specialty hospital is built in 19 a town, and lastly, I want to give you a short list of 20 the concerns of our group. 21

Now, this is the Arkansas Heart Hospital, just the other day. It has 100 beds, we usually operate about 84. When I left yesterday morning, we had 85 patients in the hospital, presumably one was out here

under the portico. There are eight emergency room
 beds, there are 18 outpatient beds, and if we are
 overbooked, well, we put somebody in the emergency
 room.

5 The top two floors are for patient wards, the 6 bottom floors are the surgery suites, the 7 catheretization laboratories. This took me a little 8 bit of time to get used to; these are called pods, and 9 there are seven beds around each pod, and each room, 10 then, is only about 10 steps from each nursing station.

11 There's no CC U, there's no ICC U, rather each 12 bed is licensed as an intensive care bed, and when we 13 have an ill patient or a recovering patient from 14 surgery, the room is upgraded in terms of equipment and 15 in terms of nursing care. And a desperately ill 16 patient will generally have one nurse sitting at his 17 bedside.

18 When we built the hospital, the doctors wanted 19 it to be a center of excellence for cardiac care, and 20 we insisted on the best equipment. We have six 21 catheretization laboratories, we have new flat panel

time we've opened and we're now about 5,000 a year, 1 2 that was last year. We've captured a fair amount of the market share, as you can see, and now we're about 3 40 percent, that was in 2001, this is from medpar data. 4 5 We may be a little bit higher than that. We eclipsed St. Vincent's hospital very quickly, simply because our 6 group was primarily based at St. Vincent's when the 7 heart hospital opened. So, when we moved a fair amount 8 of our operation from over there, the St. Vincent's 9 10 market share dropped considerably.

11 Let me hasten to point out that although we 12 concentrate at the heart hospital every day of the

This is a telephone survey that we do routinely, it. 1 2 when folks are discharged. They like the fact that they get respect. They like the fact that the family 3 is at the bedside, we have no visiting hours, the 4 5 family can stay as long as they want. They can stay 6 there if the patient is on a ventilator, on a balloon 7 pump or whatever. They don't like the food in the cafeteria. 8

9 Importantly, they would come back to the heart 10 hospital 98 percent of the time and they would 11 recommend it to others 98 percent of the time.

Where would you go in Little Rock if you were 12 13 having a heart attack? Well, while this is a telephone survey, and this in part reflects reputation, it also 14 15 in part reflects how much money you spent on advertising. A third of the people surveyed would go 16 to the heart hospital, about a quarter to Baptist, less 17 18 to St. Vincent's, I don't know if Children's Hospital has an occasional heart attack show up, probably not. 19 20 These don't add up to 100, because one respondent 21 actually felt that he would be better off going to Home 2.2 Depot.

What about cost? It's hard to gather cost data in the Little Rock market, and I don't have that, but this is a comparison of eight Metcalf hospitals with a

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large number of community hospitals for all the cardiac 1 2 D R Gs, and this is a cost per hospitalization initially as well as out to 90 days. And as you can 3 see, Medicare wound up about \$3,800 in the black from 4 5 these admissions.

6 Now, how do the community hospitals respond and 7 how do the payors respond? Well, frankly, I would respond the very same way that they have. This is our 8 9 group in 1997, about on the eve of the hospital 10 opening. Mostly a convivial group, some days they all like each other. Each one of these quys is a superstar 11 in one way or another. Now, shortly after the heart 12 13 hospital opened, we ran afoul of BlueCross and BlueShield in some areas, and they didn't like us very 14 15 much, and we were what we call deselected, and we were taken off the BlueCross and BlueShield panels. 16 That was in about 1997 and we're still off the BlueCross and 17 18 BlueShield panels. Some of our young doctors felt like 19 they just couldn't make it without the BlueCross 20 business and they went elsewhere, and then a minor miracle occurred. Shortly after leaving our group, 21 there they are gone, they were to the BlueCross 22 23 BlueShield panels. And this had to do with joining other groups in town or in the case of Dr. Norris, 24 25 moving to Conway.

This scenario has been played out several other 1 2 This was a wonderful doctor, Dr. Paul Rubario, times. he is a full clinical professor at Yorba Linda 3 University in California. He was enjoying teaching 4 there and taking care of patients and then he got four 5 kids in college. And he couldn't guite make it in 6 7 California, so he came to the land of opportunity, 8 Arkansas, and he joined another group, not our group, two quys, and he loved his patients, he loved Little 9 10 Rock, he loved practicing there, the patients loved This patient's name is HIPAA. And he got to do 11 him. 12 some teaching.

13 He didn't like his partners, and he didn't fit well with them, and frankly, who would have, and he 14 15 asked to join our group, and we were absolutely delighted, because he's a superstar, and he did join 16 17 our group, and he's been very happy there, except here 18 he is the day he learned that one of the many benefits of joining Little Rock Cardiology Clinic is that you're 19 2.0 deselected from the BlueCross BlueShield panels, at least as of this time. Now, he's doing okay, his kids 21 are still in school, they sort of go every other day, 22 they sort of alternate, but he's getting by just fine. 23

Now, this is the Heart Hospital a couple of days before we were to have our panel back in February,

and that was cancelled, but about this time, shortly after this picture was taken, I began getting calls. Apparently word got out we were having this meeting, I got some calls from some of the orthopedic surgeons in town who are planning or have been planning to open an orthopedic specialty hospital, and it's upset, Mr. Har2nd t T-and io54

North Little Rock, Hebrew Springs, this is OCL 1 2 Blytheville is in there, four cities in there. This is Forrest City. And here's how it works: I used to have 3 a large practice up here in Hebrew Springs, a nice 4 5 little town up on greatest ferry lake, and then they changed the name of the hospital to Baptist Medical 6 7 Center. And since I am not a Baptist doctor, per se, although our group is, and since I'm not on the 8 BlueCross panels, the day that name changed, my 9 10 practice from there dried up like the proverbial well, as long as calls from referring doctors. 11

Now, let me be very quick to tell you that Mr. 12 13 Harrington and Mr. Shoptaw are the absolute best at what they do. Mr. Harrington has indeed built Baptist 14 15 Hospital and Baptist Medical Center into one of the prime tertiary care centers in the country. There's no 16 question about that. Mr. Shoptaw has led BlueCross 17 18 BlueShield in Arkansas to the height of that organization's stability there, and they've just done 19 20 very well. I don't hesitate to say that although I've 21 been practicing cardiology for over 30 years and I'm gradually getting a bit better, they're still better at 2.2 what they do than I think I am at what I do. 23

24 Still, you have to worry a little bit about 25 this trend toward a single payor system that's closely

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allied with Baptist Hospital. And frankly, where the B 1 2 is for Baptist, you could substitute Blue. You might worry a little bit about what the M means. Now, I'm 3 not going to use any of the M words, but you know 4 5 Baptist and BlueCross use software, they don't sell it, and far be it for me to suggest that they change the 6 7 street and name their offices to Park Place, but you just have to worry a little bit about how large this 8 9 system is getting.

10 But you know, we are as happy as we can be as doctors in our group. I think we're some of the 11 happiest doctors in Arkansas, but here's a short list 12 13 of our concerns. We worry about the dominance of seqments of the market by the BlueCross/Baptist 14 15 alliance. We fret because we're still excluded from the Arkansas BlueCross BlueShield providers, despite 16 17 the fact that we have doctors who go to Baptist 18 Hospital every day of the week and we have patients in Baptist Hospital every day of the week. 19

We're concerned because other payors have left the state and because other payors find it difficult to enter the state and go into business there. We're concerned now about what we might call economic credentialing. This is how working at a single specialty hospital might affect the doctor working

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there in terms of being credentialed at Baptist
 Hospital or St. Vincent's hospital, for example. So, a
 short list of our concerns.

Now, about 25 years ago, my old partner, Dr. 4 5 Barlow, who has since retired, had a sick patient. She 6 was so sick. And she was not doing well, and he had to 7 go out and talk to the family and give them the bad And the family was large, they were from the 8 news. 9 Hills, they didn't understand a lot of things, and Dr. 10 Barlow said, you know, we have done the best we could, she has been on the balloon pump, she's been on the 11 12 respirator, she's had bypass surgery and I'm sorry to 13 tell you that your Mama has expired. And they didn't say anything, and there was some murmurs and looks 14 exchanged, and finally one large boy stepped forward 15 and he said, Doctor, we think we understand what you're 16 17 saying, we just got one question, is it serious? And 18 that's our question for you as I leave here today, are these issues in Little Rock serious, and we look 19 20 forward to some lively discussion.

21 Thank you for asking us to talk.

22 (A 5 .)

MS. MATHIAS: Mr. Shoptaw?
MR. SHOPTAW: Very good, thank you, Sarah.
Over the course of the 10 minutes that I have

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and ever larger provider panels, particularly as
 physicians, as we've already heard here this morning,
 actually migrate from one hospital medical staff to
 another, and seek entry into the networks accordingly.

5 We're looking at a shift away from strict HMO offerings to more POS or point of service. Our market 6 7 is dominated by PPO, and in fact we're seeing some employers actually go back to traditional indemnity. 8 We have a growing interest, as is the case across the 9 10 country, and a lot of us believe that we really are looking at a paradigm shift in terms of a new 11 generation of products and services around defined 12 13 contribution, which Joe Meyer spoke to, and generally consumer-directed health care in the form of medical 14 15 savings accounts, section 125 and section 105 types of benefit structures. 16

17 The nature of the competition in the Little 18 Rock market, I think, is very typical of others across 19 the country. We really have a continuum, we have the 20 traditional multiline carriers who basically provide 21 all different product types and heavily rely upon scale 22 economies and standardization of product offerings as 23 competitive edge.

24 On the other end of continuum, we have 25 specialty or niche competitors that really

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differentiate themselves by focusing on only certain 1 2 They have lower price in terms of lower products. overhead, greater product flexibility, they're highly 3 individualized in many cases as far as customer 4 5 service, and they provide or may have unique provider affiliations or sponsorship. And then, of course, a 6 7 lot of competitors in between those two ends of the 8 spectrum.

In Little Rock, we have the big three national 9 10 players, Aetna, Cigna, United, all of which have in excess of 15 million enrollment across the country. 11 We have two large local health plans, that being 12 13 QualChoice and BlueCross Health Advantage. We have 64 in-state and out of state TPAs that compete for the 45 14 percent of the market, roughly, which is self-funded, 15 that is the larger employers under ERISSA, basically 16 self-insured. We have seven state-wide provider rental 17 18 networks. We have two unbranded out-of-state BlueCross competitors, that being WellPoint through Unicare out 19 20 of Texas and then HealthLink out of St. Louis BlueCross that participate in our state. 21

It's interesting to note that we have 168 licensed insurance companies that are marketing policies in our state that have a corporate annual premium base of over \$100 million; of course, that's a

1 multistate basis. The largest private employer in the 2 state of Arkansas actually self administers its own 3 claims and uses a rental network as opposed to being 4 fully insured.

5 The second largest private employer in the 6 state actually maintains its own provider network. It 7 has direct contracts with hospitals and physicians, and 8 then it uses third party administrative services with a 9 national health carrier to administer those benefits.

10 And of course, as I mentioned earlier, we have 11 entry of a number of the newer .Com types of 12 competitors such as Infinity and Lumenos.

Looking at the characteristics of the Little 13 Rock market, there is no direct ownership of physician 14 15 practices by health plans, although a number of hospitals do have ownership of physician clinic 16 practices. Reimbursement, as you might guess, is 17 18 largely discounted with fee for service with DRGs and per diems, and in our state, we never really saw a 19 20 large groundswell, if you will, of pure capitation. And, of course across the country, pure capitation is 21 basically diminished over time. 2.2

23 QualChoice and Health Advantage are IPA network 24 models with equity ownership by both hospital and 25 health insurers. United runs an IPA network, but with

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no equity, it's a traditional relationship, as is Aetna
 and Cigna, both of which primarily focus on the PPO
 types of products for both insured and the large
 self-funded employers.

5 Kevin has already talked about the features of our market where we have a very heavy disease burden. 6 7 Obviously, that translates into higher per capita cost. 8 You've already heard about the uncompensated care in 9 terms of not only low reimbursement for Medicare and 10 Medicaid patients, but the fact that we have a high percentage of our population that are eligible for 11 12 those two public sector programs. And, of course, with 13 a low per capita income, the ability to collect debt in terms of services at the individual household level is 14 15 very difficult.

16 The good news is that based on Milliman data if 17 you take a standard PPO benefit package and compare the 18 PMPM or per member per month rates that we're charging 19 in Little Rock, at least for BlueCross product, we're 20 13 percent below the national average for a comparable 21 set of benefits.

Looking at the way that our market breaks down as far as health insurance categories, as you might expect for the under age 65 insured and self insured markets, there's a wide variety of HMO, PPO, indemnity

and any willing provider types of options. Medicaid 1 2 actually runs its own managed care program around a primary care model, which is AWP oriented and discount 3 fee-for-service. Medicare, of course, has the standard 4 package, and there are a few Medicare plus choice 5 6 options in the state. There are no HMOs, they're all 7 basically indemnity-based PPO Medicare plus choice 8 options.

9 And then CHAMPUS has 50,000 people in the state 10 that's administered through health net, which is a west 11 coast PPO.

12 If you look at the billable dollars, you get some idea of just how dominant Medicare and Medicaid is 13 in the state. Out of 15 billion dollars annually, 14 15 about nine-and-a-half billion in terms of billable services on a ratio basis align with Medicaid and 16 Medicare. And as indicated here, the Little Rock 17 18 market, the four counties consume about 20 percent of the total health care resources on a state-wide basis 19 20 because of the population concentration.

21 Physician cross participation is very high in 22 our market. For example, in our networks, 40 percent 23 of the physicians that are in network or HMO or PPO 24 actually participate in other competitive plans. We 25 have no exclusivity in any of our contracts, so it's

strictly up to the hospitals and physicians to decide
 who they want to participate with.

In rural markets across the state, particularly those that have a single hospital, almost without exception, if there's one hospital in town and three primary care physicians, if you're going to have a PPO or HMO, then every health plan has to contract with those providers. So, you essentially have cross participation on 100 percent basis.

10 The final point and one that's very important 11 that hasn't been touched on much so far in the panel, 12 is that we do have the standard consumer safety nets in 13 place. We have a high-risk pool for the otherwise 14 uninsurable population that can't get private coverage 15 otherwise. We have a guarantee fund to protect against \$nsurance company bankruptcies or insolvencies. Asainst

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With that, that concludes my remarks. I very 1 2 much appreciate the opportunity of being here today, and as Dr. Kane suggested, I'm looking forward to our 3 discussion accordingly. 4 MS. MATHIAS: Thank you, Bob. 5 MR. SHOPTAW: Thank you. 6 MS. MATHIAS: John Wilson? 7 MR. WILSON: That was good, Bob. 8 MR. SHOPTAW: Thank you. 9 10 MR. WILSON: There's bad news and good news. 11 The bad news is this is the first week of turkey

that include, without cause, termination provisions?
 Certainly they do.

To what extent do these constraints based on 3 quality of care considerations versus administrative? 4 Both. As physicians, we have an oath, and we do our 5 best to take care of our patients based on those oaths. 6 7 We also are business people, so we have to balance these two issues. How much integration has there been 8 in my region? A bunch. I'm an orthopedist. There is 9 10 one solo orthopedist in the city of Little Rock, to my knowledge, one. 11

What are the positive results? Well, with decrease in what we're paid for our time, and with an increase of what it costs to do business, our spendable income has decreased, particularly when you get to be an old guy, because you can't increase volume. There's not enough energy.

So, what do you do? You get into services that Mr. Harrington has provided over the years, you get into buying MRI machines, you get into surgery centers, you get into physical therapy. What we're doing is we're getting into ancillary activities in order to maintain our standard of income and living. It's a very simple thing you do.

25 What are the negative results? We're getting

into areas that we're not trained to do. We're trained
 to be doctors, we're not trained to run large
 corporations, and that's what you get to be in. So,
 these are the negative things.

5 Are there solo practices in the market, as I 6 said, not many, and how they're doing, they're doing 7 poorly. Do they occupy a particular market niche? 8 Sure. They provide services for people in car wrecks, 9 they do disability evaluations, and they take care of 10 certain Medicare issues, but indeed, they are not what 11 I would consider competitors in my market.

12 What risk do doctors assume practicing in 13 Little Rock? No more than any other place, I would 14 assume. Do you think these risks are similar to those 15 faced across the nation? The answer is yes.

16 Is there evidence that reduction in provider 17 reimbursements has harmed the quality of care? Sure. 18 If indeed you spend less time with individuals looking 19 after them, you can't provide the same quality of care 20 as you did when you could spend more time and get paid 21 more for your time.

22 Should the standard of care for determining 23 minimal appropriation variable of quality be determined 24 solely by reference to professional standards? And I 25 think what they're talking about here is algorithms.

1 There's a yes or no answer to algorithms. Algorithms, 2 I think, are particularly helpful for those individuals 3 in training, and those individuals who have less grey 4 hair, I guess that's the way to put it.

5 They take the art out of medicine. They put in 6 a great deal of testing without thought. So, I think 7 algorithms that are used by themselves are not good all 8 the time.

Would an aggregation of market power by 9 10 providers have net benefit or cost? I think if you give -- if you give people who provide medical care the 11 opportunity of charging more for their services, they 12 13 I think if you decrease the amount a person can will. make for their time, then they tend to spend less time 14 in doing what they're doing, so you decrease the 15 quality of care and those issues. 16

17 If the providers raise their prices, who will
18 pay for the health care cost increase? The consumer.
19 The consumer pays for everything, one way or another.

20 Does the reverse also hold that should health 21 care plans be permitted to acquire power in response to 22 possession of significant market power by providers? 23 If you own a doctor, a corporation, it is my perceptive 24 that you have less production from the doctor. Look at 25 your VA systems. People who work -- physicians who

work as a salary, working for a corporation, tend to
 get the pencils on their desk at 3:30 in the afternoon,
 and line up. People in my business are still there at
 6:30 competing.

5 So, if you take away the competition, or their 6 ability to compete, then you take away a person's 7 wanting to produce.

Just as a recipient of Medicare for over a year 8 9 now, let me ramble for just a minute. I have been in 10 practice 34 years. My hat has changed a number of times over those times. I find myself wearing more 11 than one half now. When I started, I was a simple doc 12 in a fee-for-service type of situation. Medicare had 13 just really started in. Medicare was poor -- not 14 15 ideal -- but a poorly made-up event.

It did not have means testing, which it should 16 17 have from the start. It did not have prescription 18 benefits, which it should have from the start. But the big thing is that a lot of people got something for 19 20 nothing that they were paying for for years. Thev rationed the use of a particular product because it 21 cost money, and as a result of the product not costing 22 money, they overutilized it. There were not 23 constraints placed on physicians as to what we charged 24 initially, so we overcharged quickly for the services 25

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that we provided. As a result, we have all sorts of constraints that have been placed on us, and so it's going back the other way to the point that we've got a system that is failing just because you can't pay for it now.

Managed care has come along, and you -- and 6 7 with managed care, you have dissolved the doctor/patient relationship. In a fee for service 8 business that I started with, if a person came to my 9 10 office and I saw that I wasn't going to gel with this individual, I could in a nice sort of way send them on 11 12 their way. Or if a patient wanted to come there -- if 13 a person wants to come to see me now and they're in a certain HMO, they can't do so, they have to see someone 14 else, or in a worse situation, someone has to come to 15 see me, they want to see someone else, and they don't 16 17 trust me, because they don't know me.

So, the doctor/patient relationship has
suffered. And as a result of that, this's more
liability, as far as practicing medicine.

21 We have worked -- one of my hats is I'm 22 president elect of my state medical association. We've 23 been involved with court reform, because our 24 malpractice insurance has just completely gone out of 25 sight. And we were able to get some of that. We have

been attempting to get something done federally for
 years, but our Senate continues to refuse to consider
 dealing with this issue.

Competition in medical care is good to a point, as long as you can make profit. If indeed you're competing for something that is not profitable, then it's not a good thing.

Thank you.

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10 MS. MATHIAS: Thank you. We will take about a 11 10-minute break, and then reconvene for the moderated 12 questions.

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 4.35.

15 MS. MATHIAS: Well, I think we've hit about our 10-minute mark. So, I would like to go ahead and get 16 17 started. One of the things I think that we probably 18 all noted from this discussion is that when you look at Little Rock, you have to look at the entire Arkansas 19 20 state, which is an interesting revelation, I'm sure, for everyone at least outside of Little Rock who is 21 listening, so it's been great insight already. 2.2

Ed and I will exchange and ask a number of questions of you, and again, if one of our questions elicits further comments and such, feel free to turn

your tent. Before we actually start with the questions period, a lot of comments have been raised, and for some of the people at the beginning of the panel who may have heard things that they want to respond to, I would like to first start with that opportunity and then Ed and I will move into the questions.

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So, I'll just go down the row, and if you don't have anything right now, that's fine. So, Kevin?

I think one of the points that you 9 MR. RYAN: 10 mentioned I think is very key, the fact that while we're looking at Little Rock specifically here, you 11 cannot look at it in a vacuum. I mean, I think that's 12 13 true of all the comments that were made here today. Ιt was definitely true when we examined the health 14 insurance and health care marketplace in the state, 15 that it's inextricably linked with the entire state. 16 17 It's both the advantage and disadvantage of being from 18 a small state like Arkansas. But you cannot -- you cannot look at it in isolation. What happens in each 19 2.0 of the four corners affects Little Rock, and it's definitely an interesting and ongoing type of 21 association that has to be examined. 2.2

23 MR. BATES: I would just make one observation 24 about Kevin's comment about the number of people who 25 were admitted without insurance. We know that in our

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hospital, if you get admitted without insurance, it 1 2 runs about 10 percent, but discharges without insurance 3 is only about 3 percent. So, we use that period while we have them to get them enrolled or to make sure they 4 do get some insurance because a lot of people don't 5 know how to do that sometimes and they're eligible for 6 7 Medicaid. So, another parameter would be to look at 8 the discharge percentage as well.

9 MS. MATHIAS: So, they get enrolled into
10 Medicaid or is it Medicare?

11 MR. BATES: Or it could even be that they have 12 employment opportunities at work, they just didn't take 13 advantage of them.

14 MS. MATHIAS: Russ?

MR. HARRINGTON: I have nothing at this point.MS. MATHIAS: Jim?

MR. KANE: I just want to take the opportunity to disagree quickly with Dr. Wilson. First of all about turkey hunting, for those of you here who haven't been, that little notice they put at the bottom of movies, "no animal was harmed in the making of this movie," does not apply to turkey hunting.

23 Secondly, I take issue with the fact that 24 doctors get into ancillary services and build heart 25 hospitals because of the income opportunities. And let

me quote just quickly from a January Journal of 1 2 American Medical Association article, it says, "Rather than declining income, physicians are dissatisfied 3 because of the ability to manage their day-to-day 4 5 patient interactions and their ability to provide high-quality medical care," and that seems to be the 6 7 source of more of their frustration than simply a decline in their income. 8

9 MS. MATHIAS: I think that has raised a 10 response real quick by John and then we'll go back to 11 Bob.

12 MR. WILSON: Jim, I did not mean to imply heart 13 hospitals specifically, I was talking about ancillary 14 services such as small surgi centers and MRIs and 15 physical therapy. So, that's what I meant as far as 16 the ancillary services.

17 MS. MATHIAS: And actually, if you don't push 18 the button it will read, and if you do push the button, 19 I think it mutes the microphone.

20 MR. WILSON: Sorry about that. 21 MS. MATHIAS: Bob, did you have anything else? 22 MR. SHOPTAW: No, I have nothing at this point. 23 MS. MATHIAS: Ed, did you want to lead off with 24 the first question?

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MR. ELIASBERG: Okay. In prior parts of the

comes from the community hospital's perspective whose commitment is to that community, to provide all the services that are needed.

Anytime you have an erosion of that, from 4 whatever source, whether it be a physician, whether it 5 be a niche hospital of a specialty nature, those 6 7 accumulate over time and it reduces the ability of the community hospital to continue to support the community 8 at the level that they have in the past, and they hope 9 10 to in the future. And in fact, in some cases, it's even threatened their viability. 11

12 So, you know, it's easy to say, you know, there's one niche provider, and they couldn't hurt you 13 that much, and I think that's been the case in Little 14 Rock, when you reference the Heart Hospital. We've 15 never attacked them or tried to disparage them, but I 16 am concerned about more. I am concerned about the 17 18 proposed spine hospital, back and spine hospital that was referenced earlier. 19

We can't afford to continue to lose a percentage of our volume and thus our revenue, and be able to provide the same quality level of service that we provide and be willing to continue to support whatever the community's need, and wherever -- whether they can pay for it or not, if we continue to be niched

think we're concerned that if we abandon that and just 1 2 focus on certain areas or certain scopes of service, from a strictly business standpoint, it would be a 3 different playing field. It's not even a question of a 4 5 level one, it's a whole different playing field. And so we're in a situation where you might get competition 6 7 going between two different sets of rules, you know. I understand that investment strategies and whatnot for 8 places like the heart hospital, it's a whole different 9 10 approach to how this happens, but at least with a difficult meshing of those two in a community. 11

MR. ELIASBERG: Just one thing, if you could 12 13 also comment on, on the national level, with respect to children's hospitals, has there been a development 14 15 of -- or a trend toward economic credentialing with respect to Children's Hospital, because I think you 16 17 mentioned that at least nationally that you're 18 beginning to see community hospitals beginning to offer some -- trying to get more into pediatric services. 19 20 Has that been something that has been occurring?

21 MR. BATES: No, I don't think so. And if I 22 said something that led you to believe that the 23 community hospitals were getting into it, I did not 24 mean to say that.

MR. ELIASBERG: Okay.

25

MR. BATES: What has happened, though, is in a 1 2 number of places where they have not consolidated their pediatrics, they have done so. New York has finally 3 gotten around to doing that. Many states do it, it's a 4 5 sensible way to get efficient outside out of a critical mass of people. So, scope has been relatively constant 6 7 over the years, and I don't think you'll see a lot of the economic credentialing or subniching within 8 pediatrics, if you will. 9

10 MS. MATHIAS: Dr. Kane, one of the concerns 11 raised by the community hospitals, Baptist and 12 Children's, was the level of indigent care that they 13 need to meet and I was wondering how Arkansas Heart 14 Hospital would respond to that, the level of their 15 indigent or undercompensated care.

It's been shown basically around the 16 MR. KANE: 17 country comparing all the heart hospitals with 18 community hospitals that because these hospitals, including ours, operate a full-service emergency room, 19 20 where all comers are done, basically, that the level of core provided to the indigent population and to 21 Medicaid, for example, is about the middle of the road 2.2 compared to community hospitals. I don't have specific 23 24 numbers, but, you know, we don't turn away anybody at 25 the hospital.

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pass them on to the consumer and, you know, I'm not sitting in a panel like this trying to explain what managed care is.

MS. MATHIAS: And I just got passed a note to make sure everybody is talking into the microphone, so raise that and then ask Ed to go to the next question.

7 MR. ELIASBERG: I would like to key off something that Bob Shoptaw just said and ask a question 8 of Dr. Kane. Sometimes when we're doing the work we do 9 10 here at the agencies, we hear folks tell us when looking at health plan mergers or health insurance 11 mergers, oh, doctors can fairly easily get their 12 13 patients to switch health plans. So, if it's a situation where, for example, one health plan will not 14 15 recognize the Arkansas Heart Hospital, then what will happen will be while there may be a shock there for at 16 the time of announcement, basically the doctors can 17 18 influence, persuade, their patients to switch plans

1 that. At first when all the managed care plans came 2 into effect, I felt for sure that our patients could 3 stay with us regardless, that we could see them for well, particularly if they have to go into the hospital. So that if a patient is out of network and it looks like it's going to cost him a lot of money to come see us, we refer him to an in-network provider. And I think that's fair to the patient.

MR. HARRINGTON: I would like to make one 6 7 response. I had early on when the heart hospital was under construction, I had a lengthy discussion with the 8 head of Dr. Kane's group, and talked to him about our 9 10 HMO at the time, and his response to me was the doctors in his group had no interest in participating in any 11 managed care efforts, and in fact, that was one of the 12 13 reasons they were supportive of building the heart hospital, and in fact, were investing in it. They 14 15 weren't interested in managed care.

16 So, it's interesting now to hear about all the 17 efforts they've made over the years, most of which I'm 18 not aware of, to become a part of the managed care that 19 we're involved in. That was something that they were 20 totally against at the beginning.

MS. MATHIAS: Okay, to change the direction of the conversation, one of the items that John Bates discussed was the rising care of -- rising cost of health care, and he wanted to address that later and I would like to raise this opportunity to him, as well as

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to Kevin, to discuss some of them. Clearly, the uninsured and the undercompensated is a concern, but I'm interested in what other factors are contributing to the rise of health care costs, at least in Little Rock.

6 MR. BATES: Thanks. I appreciate the 7 opportunity to speak to that point, just for a moment. We obviously know about the uninsured issue, we know 8 about the question of competition or lack of 9 10 competition as a driver, but I think there are others, in my mind, that are perhaps more important than any of 11 those. And they would be -- I have a list of four: 12 13 Regulation is number one, and Dr. Kane's remarks about HIPAA got a big laugh because it's so painful to many 14 15 of us in so many ways. And that's just one of many regulatory impositions we get. If you're a manager at 16 our hospital, for example, the HIPAA officer comes 17 18 around and tells us what to do.

19 The compliance manager comes around and tells 20 you what to do, the safety officer comes around and 21 tells you what to do. Your manager comes around and 22 tells you what to do, and the poor local manager is 23 having a terrible problem trying to figure out how to 24 interpret and integrate all of these rules and 25 regulations because they're mandated in such a highly

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structured way and such a pro-descriptive way that
 there's no latitude on how you deal with them in your
 individual hospital.

So, to me, this whole trend towards a new 4 5 regulation and a new so and so officer for each little 6 part is really getting to be very challenging and very 7 expensive. We're today, or yesterday, mailing out 60,000 privacy notices to our patients, and they, like 8 9 I think all of us, take them and throw them away, when 10 you get all those privacy notices, but we're required, A, to keep track of which ones we sent, B, to include 11 in there a response from the patient, or the family, if 12 13 at all possible, and C, we have to maintain the database and port on expended and who and what our 14 15 payors are and so forth, none of which as I can see is making anybody better from a health standpoint. 16 So, 17 that's regulation.

Number two, pharmaceuticals and pharmaceutical
costs. One of the drugs that we use in our neonatal
ICU is called nitric oxide, it is the simplest
imaginable molecule in the world, one nitrogen and one
oxygen. And yet, we're oblige-2 T.-6 f(7)Tj5auTj-6 0 TD(2cdRprOcj6

There's a Harvard professor has the patent on

1 forth. It's kind of a terrifying thought, and I didn't 2 even touch on all the rest of them, the pharmacist, the 3 respiratory therapist and the like. And so I think we 4 have more pressure coming around wages on that side of 5 the equation.

And then lastly there's technology, which is unstoppable in so many ways. There's something out there that gives you another 3 percent or 5 percent advantage, it's very hard to say to a f7f a terrifying tem, the s/y

health care provider, for the health insurance carrier, 1 2 for the entire system. And as our new data shows, inpatient care alone for 2001, there's almost a guarter 3 billion dollars of unreimbursed care that the system 4 5 has to absorb. And as I believe Dr. Wilson said earlier, ultimately, that goes to the entire system to 6 7 the consumer, driving the cost of health care up, health insurance premiums up, you know, it's an entire 8 9 systematic cost.

10 Second, as we talked about earlier, the ill health of Arkansans, and related to that, the lack of 11 preventive care that Arkansans get. Clearly, this is 12 13 both an economic as well as a more personal health cost to the individual and to the family. And again, that's 14 related to the high rate of insurance, all of these are 15 linked together, none of these cost drivers exist in a 16 17 vacuum.

18 I think fourth, as John said, prescription drugs. We enjoy in this country, you know, some of the 19 20 finest prescription drugs in the world that we've achieved through the use of technology, the use of 21 development by pharmaceutical companies, but 2.2 oftentimes, it's not the latest and most advertised 23 drug, it's not the little purple pill that you see 24 25 advertised on the news every afternoon that perhaps may

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we've had PET scanners for a number of years. This is
 very important technology, and it's life altering and
 life-saving technology, but again, it's -- the cost
 impact of it oftentimes is enormous.

5 All of these things, all of these things exist 6 together and are linked together.

MS. MATHIAS: Russ?

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8 MR. HARRINGTON: I agree with all of the items 9 that have been mentioned, and I will try to avoid going things that they put in blood vessels to improve your
 heart, the blood flow to the heart, and we do so many
 of those, every day.

It's been proven that there's a tenfold 4 5 improvement in restenosis if you use a drug-alluding 6 stint. While in visiting with our doctors, they tell 7 me that whether they think the patient needs a drug-alluding stint in the future, because of the 8 pressure on them from liability and pressures from 9 10 consumers who will learn about drug-alluding stints, everybody who has got to have a stint is going to want 11 a drug-alluding stint, or a drug-coded stint to keep 12 nt, 3ures7fhs2ædsteesosis from occurringint, snst-nst oy put in100 percient of thire patiense a drug-alluding

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oytake care of the needs of amuch mo ntWwhether theycaen daff orit, ornots, they sta And I wanted to just give you a little bit more information on this -- the cost of the work force Dr. Bates just talked about. Increasing salaries and benefits. Prior to the year 2003, over an 18-month period of time, we spent \$15 million on market adjustments. \$15 million that we hadn't planned or budgeted.

8 Now, these aren't regular salary increases 9 based on merit that all of our employees get, these are 10 market adjustments because the salaries in our market 11 went up, and in order to stay even with the market, we 12 had to spend \$15 million just to raise our salaries to 13 cover the market increases.

I mentioned in my remarks earlier, since the beginning of 2003, and just recently, we've had to announce another \$7 million worth of market increases again just to stay up with the market. Not to try to leap ahead of it. But \$7 million was not budgeted, it was not planned. It will really be felt financially in our organization.

21 So, those areas that you've heard about are 22 real cost increases, and they're severe, and they're 23 getting more so each year.

24 MR. ELIASBERG: Actually, this question, 25 believe it or not, Joe, is for you, and if you could

just provide us maybe just a little background 1 2 information. In your presentation, you listed the company monthly subsidies that you were paying. What I 3 was a little unclear on from it, was that just for 4 5 Little Rock or was that across your entire company? In 6 other words, you pay the same amount for other cities 7 that you're in?

8 MR. MEYER: That's a good question. We do it, 9 that's a national subsidy. And as I said, it's 10 independent of health care costs in any one region or 11 location.

12 MR. ELIASBERG: Okay. Let me ask you, just for 13 my edification, how does it stack up, Little Rock versus some other locations which you have employees? 14 15 That is to say, looking at the employers' monthly contributions for both served single and family 16 coverage, we see the numbers for Little Rock. How is 17 18 Little Rock stacking up with respect to some of the other cities in which you have large concentrations of 19 2.0 employees?

21 MR. MEYER: I can give you an example, just 22 from that schedule, the PPO and the first HMO that are 23 on that schedule are national plans. So, those 24 contributions are paid by employees in Little Rock or 25 by employees in any other state or location. The other

1 two HMOs in terms of -- are the local HMOs, and their 2 costs are probably at or below what we see in other 3 locations.

I think in my remarks, I indicated that the cost in Little Rock, for Little Rock HMOs, are slightly below where we see in other locations, but the premiums are accelerating at a greater rate each year.

8 MR. ELIASBERG: Let me just do another follow-up question on that, what issues are presented, 9 10 or what consideration might have been given to perhaps cutting down on the number of possible HMOs that are 11 candidates and hence trying to drive more volume to an 12 13 HMO with the chance of perhaps getting a better rate, how realistic a scenario is that for an employer with 14 the characteristics of your company? 15

MR. MEYER: Well, our approach at ALLTEL has 16 17 been to have competition, and to have competition that 18 the employees participate in. So, we always try to have, in addition to our national plans, at least two 19 2.0 local HMOs. We know that we could probably get a little fractional better deal if we were to say to one 21 of those local HMOs, we'll give you all of our 2.2 23 business, but we would rather have our employees make that selection based upon the provider networks and 24 hospitals that are in the area. And it works guite 25

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1 well with us.

2 MR. ELIASBERG: And one last thing, Joe, you probably said it in your comments, but just to refresh 3 my recollection, the trend over time, are most of your 4 5 employees going to one of the HMOs or are they staying with a PPO or what? 6 7 MR. MEYER: That's a good guestion. And it varies by market, but in Little Rock, most of our 8 9 employees are choosing the lower cost to them HMOs, 10 rather than our national plans. MR. ELIASBERG: Okay. And so the PPO is 11 actually losing enrollment to an HMO? 12 13 MR. MEYER: Well, yeah. If you're just looking at Little Rock. 14 15 MR. ELIASBERG: Just Little Rock, right. MR. MEYER: The PPO does not have many members 16 17 in it in the Little Rock market. 18 MR. ELIASBERG: And just one follow-up question, the HMO that they're losing enrollment to, 19 2.0 the panel structure for that, how much selectivity is 21 That is to say, how much restriction is there there? upon or what -- can you give us some primers on who is 2.2 not on the panel, how restricted it is? 23 24 MR. MEYER: Well, the two local HMOs are Health Advantage and QualChoice, and so the employees are 25

making their decision based upon -- primarily based
upon the hospital. The Health Advantage, as Russ
indicated, is part of the Baptist network, and
QualChoice is UMAS and St. Vincent's. The providers -the physician panels are similar in both locations,
because most physicians practice at both Baptist and
St. Vincent's. There's quite a bit of overlap. So,

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of the doctors and the care that was given.

2 So, there is some of the quality information 3 that may be getting out to the consumers, although I don't know the background in how they were actually 4 5 chosen for this magazine, so it kind of makes it a little different, but what I'm wondering is, some of 6 7 the quality -- you know, some of the initiatives that 8 the hospitals have taken and the doctors have taken to improve their quality, and then are they getting that 9 10 information out to the consumer/patient so that they can make a better informed decision about their health 11 12 care?

And I'll just open that up to whoever wants to
turn their tent over to answer, if anyone. I think
Kevin turned first.

MR. RYAN: I think historically, the wisdom was 16 that quality was assumed. I mean, in times past, it 17 18 was assumed that all health care providers provided the 19 highest quality care that you could assume as a 20 purchaser either at the employer person level or the employer level, that you would be receiving, you know, 21 top guality care. I think that assumption is still 2.2 23 valid, but consumers and employers as consumers, are looking at those issues now. 24

25 There is oftentimes a lack of availability.

1 There have been some national efforts, NCQAs Quality 2 Compass, for example, has collected information over 3 the past number of years and made that information 4 available.

5 In our interactions with Arkansas consumers, 6 we're finding that the assumption that quality is there 7 is still oftentimes the case, that many times employers 8 and employees, as Joe alluded to, are looking at cost. 9 I mean, cost is oftentimes the driving parameter, and 10 then quality is assumed, while perhaps looking at more 11 specific services.

I think there is a need for increased
availability of quality information for all purchasers.
MS. MATHIAS: Jim?

15 MR. KANE: Well, I think a lot of that is word of mouth and personal experience. Now, St. Vincent's 16 is not represented here today, but let me just tell you 17 18 that if I have a patient in my office who has been to St. Vincent's recently, where I must tell you that the 19 20 quality of care in some areas has declined just enormously, even if they've been in the heart hospital, 21 it's just absolutely astounding the differences they 2.2 23 report.

24 So that just word of mouth reputation among 25 patients, families, and consumers in general, I think,

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is the best way they get the quality issue.

The financial issues, I think it's kind of interesting, over the five years that the heart hospital has been opened and that we've been investors in it, I've had one patient who owned the heart hospital, and that was a developer who thought he might want to do a similar project himself.

8 Frankly, they don't care. They don't care who 9 owns the hospital, as long as they trust the doctor who 10 puts them there. I suppose it's possible that my 11 patients are all Methodist, Episcopalians and Lutherans 12 and they didn't want the Baptists and the Catholics to 13 get the money in the first place, but they don't really 14 care.

15 They are asked to sign a financial disclosure 16 statement when they come in that simply tells them that 17 these doctors listed have a financial interest in the 18 hospital, and if they have a problem with that, call 19 administration, and I don't know, has the phone ever 20 rung about that? They don't care, as long as they 21 think they're getting good care.

22 MS. MATHIAS: Okay, great. John? 23 MR. BATES: I'll make several quick comments. 24 One is that I don't think there's that much data out 25 there in the sense of medical outcomes so that you can say my chance of a complication going into hospital A
 versus hospital B is different. I don't think there's
 enough of that out there for people to go by.

I think they rely very heavily on the reputation of the hospital or on the opinion of somebody they respect. So, if they're next door to a nurse who works at Baptist and they say Baptist is a great hospital, you ought to go there for your hernia, that will help sway them in their decision, at least that's our experience.

I think it's also very hard for the general 11 public to differentiate between what we would call 12 13 service quality. That is to say are the beds neatly made, is the lunch line clean, and all that sort of 14 15 thing, versus the medical outcomes, like did they get the right operation, did they get it timely, did they 16 like the medicines? So, I think it's difficult for 17 18 them to differentiate, and they often jumble them up.

All that being said, though, we do find more and more people are calling up ahead of time and saying, what is your complication rate on this, or what are your outcomes on that, particularly high-risk elective procedures. We get a lot of calls like that, for example, on heart surgery for children, because families who need that work done, particularly if it's

a high risk situation, they will call eight or 10
different centers and try to get an opinion, because
it's a once-in-a-lifetime shot and they want to get it
right.

5 So, I think it's increasing, but I think in the 6 long run it's going to be very difficult. I always ask 7 our board, well, how would you analyze this equation? 8 It will cost you \$5,000 more when you go to your 9 coronary artery bypass at hospital A versus hospital B, 10 but your complication risk will drop by a half a 11 percent.

MS. MATHIAS: A difficult evaluation. 12 John? 13 MR. WILSON: Outcomes have sort of been in the eye of the beholder in terms of getting the information 14 15 and how they're interpreting the information. Unfortunately, the outcomes are usually interpreted by 16 those individuals who collect it and the hospitals that 17 18 are involved. So, you would have to say that they're going to show their best face with these. 19

And with physicians, I don't know really how in the world, particularly with HIPAA, that we're going to get valid outcomes if we can't share data.

23 MS. MATHIAS: How -- we've heard how the 24 consumer patient makes a decision for, you know, the 25 hospital. Sometimes it's word of mouth and friends and

quality information and things like that. Is that the
 same for the physicians in Little Rock?

MR. WILSON: Well, you know, if you have a 3 choice. If you're tied into a particular system of 4 5 some sort, HMO or PPO, then you don't really have a choice sometimes. So, but I think word of mouth is 6 7 generally the way it's gone. And I'm going to -- I have to ask to be excused, I have an obligation in 8 Little Rock, and a plane to catch. So, I ask your 9 10 forgiveness for leaving early.

MS. MATHIAS: Well, thank you for your time to come, and I look forward to talking with you in the future, but take care. And I think Joe had to leave as well. That's what happens when we're lucky enough to get people who travel here, we have to face their schedules as well. I think Jim had a response on that.

17 MR. KANE: Just a quick comment about how the 18 physician, or at least how I recommend which hospital a patient qo to. The first and most important question 19 20 when I recommend hospitalization for a patient is, I ask them if their insurance directs them to any 21 particular hospital. And I tell them uncertainly that 22 23 they have to go where they get the best deal. Secondly, I ask them if they have any preference. 24 Ι tell them that I go to the Heart Hospital, I go to St. 25

Vincent's, we have doctors that go to Baptist Hospital if they want to go there. And even if they say, well, Doctor, why don't you tell me where I would be best treated or happiest, and then I make my recommendation on the basis of that, but I give them -- always give them the option and always check on where they can get the best deal with their insurance.

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MS. MATHIAS: Okay.

9 MR. ELIASBERG: Kevin, actually, this question 10 sort of keyed off something on your slides, and I'll 11 ask you -- I'll ask you this instead of Bob Shoptaw. 12 MR. SHOPTAW: Thank you, Ed.

MR. ELIASBERG: You might be less grateful whenyou hear the question, though.

Your slides indicated that at one time there were five HMOs in the market, and then two left, and they were listed as, if I remember correctly, Aetna --Prudential, excuse me, and HealthSouth.

19 MS. MATHIAS: Cigna.

20 MR. ELIASBERG: Health Source, excuse me, were 21 the ones that left.

22 MR. RYAN: That left the market? Yeah, not in 23 light of the recent headlines. Suffice it to say, 24 there are fewer HMOs today than there were prior.

25 MR. ELIASBERG: There were two major HMOs that

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left.

2 MR. KANE: United is still there. 3 MR. ELIASBERG: Right. Yes, but two left. MR. RYAN: Three, United, Prudential and Health 4 Advantage. 5 MR. ELIASBERG: I thought the need -- give me 6 7 just one second -- I thought there was two that left. MR. RYAN: Cigna and Prudential are no longer 8 9 really in the marketplace. 10 MR. ELIASBERG: Right. MR. RYAN: In HMOs -- they are still there in 11 12 PPOs. 13 MR. ELIASBERG: When you were doing your work-up for your study, what was your understanding of 14 15 why they left? MR. RYAN: I mean, that is a good question. 16 And I think you can even apply the answer more broadly 17 18 to other than HMOs, health insurance companies in general. For example, there have been about 40 health 19 2.0 insurance companies that have exited the Arkansas 21 marketplace over the last few years. As you saw, I believe it was Bob's slide, there was -- there are 2.2 still a number in the state. 23 24 When we've talked to carriers, and talked to 25 the brokers who have dealt with carriers over the

years, answers vary. For some carriers, either HMOs or 1 2 PPOs, they've left the marketplace because they never really had a sufficient penetration, and did not want 3 to spend resources to try to attain a larger 4 5 penetration. HMOs, managed care in general, has not really taken off in Arkansas. Arkansas is a largely 6 7 rural state. We only have one true urban center in 8 central Arkansas, and in Little Rock and north Little Rock. We have only a few smaller but still urban 9 10 centers in the state.

For managed care and HMOs to really be successful for multiple, multiple carriers, you have to have a pretty condensed population, and Arkansas doesn't have that.

As I said, we're a rural state with networks that are fairly diverse. So, I think that's probably another reason. It's -- I think it would be really difficult for a large number of carriers to have a presence in the state, just in terms of the demographic make-up.

21 MR. ELIASBERG: I don't want to cut Mr. 22 Harrington off, but just one follow-up question on 23 that. So, if we see rates going up like Mr. Meyer 24 talked about, about them going up, notwithstanding 25 that, you would be surprised if we suddenly saw the

advent of new HMOs coming into the state from people
other than from providers already -- from plans already
in the state? Or would you?

4 MR. RYAN: I'm not sure I understand the 5 question.

6 MR. ELIASBERG: Okay, rates seem to be going 7 up, that is to say HMOs are getting paid more of --8 MR. RYAN: I'm not sure I agree with that, but. 9 MR. ELIASBERG: Well, okay, some people --10 MR. RYAN: Because I think you've hit on a real 11 important issue. You know, premiums are definitely 12 going up, I think the data clearly indicates that.

MR. ELIASBERG: Yes.

MR. RYAN: But I'm not sure that you can 14 15 assume, and I don't have the numbers, to assume that profits are going up. Because I think carriers are 16 17 operating under obviously the same types of conditions 18 that health care providers and other folks, and I'm obviously not the most qualified to speak for carriers, 19 2.0 but in my conversations with them, you know, they're having the same type of cost containment issues that 21 really all members of the health care industry are. 2.2

And so, you know, I'm not sure one implies the other.

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MR. ELIASBERG: Okay, fair enough, and I'll

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stop and let Mr. Harrington get a word in on this.

2 MR. HARRINGTON: I would agree with what Kevin 3 just said and add one other factor. There are 4 companies who have come to the state with the intent of 5 providing a product, and then they do their feasibility 6 study and they find out we are a very unhealthy 7 population. And they really don't want to deal with 8 that.

9 So, I'm proud that there are some that have 10 managed to stay there and have been willing to stay 11 there and work with providers to deal with the 12 unhealthy population that we have. Others aren't even 13 willing to touch it.

14

MS. MATHIAS: John?

15 MR. BATES: It was interesting, I got hired to come to Arkansas from California because I had managed 16 17 care experience there and they were getting ready for 18 the storm to hit Arkansas that just never came. And the wonderful story about it, which I think in answer 19 2.0 to your question to Kevin, will they come back? Ι 21 think the answer is no, and the story goes like this: When the HMO salesman calls on a doctor in rural 2.2 Arkansas and rings his doorbell and says, I can bring 23 24 you 20 percent more business if you give me a discount 25 on your prices. And his answer is, A, I don't have

anybody to do the work, B, I haven't had a vacation in
 seven years, and C, get out of here.

And so, you need to have excess capacity in order for competition to get going with managed care, and we just simply don't have enough of that in most of the state to support that.

7 MR. ELIASBERG: Just one follow-up question on
8 that, if I might, Jonathan. What about Little Rock
9 itself?

10 MR. BATES: I think in certain market sections, 11 there is enough excess capacity to see it. I think 12 cardiology is one of them, adult cardiology. I think 13 adult orthopedics may be another one.

14 MR. ELIASBERG: Okay.

MS. MATHIAS: I want to say two things real quick. First, St. Vincent's is not here today to respond, and we do allow all written comments to be submitted, and if they feel the need to address what Dr. Kane said, they are more than welcome to send a written comment, but that's totally up to them.

Second, we had a session yesterday where we were looking at horizontal networks and vertical arrangements, and granted they were all academics and economists, so they weren't in the trenches like we have here on this panel. The feeling that those

situations or those relationships were not working for the most part, a lot of the integration and a lot of the hospitals who also offered nursing care home and physical therapy had not made efficient use of their services.

6 It seems like that may not be true at least for 7 Baptist in Little Rock, or in Arkansas, for that matter. I was just wondering, in raising the question 8 about the efficiencies found with doing those kind of 9 10 arrangements, and then if anybody had a response to maybe the detractions from them. So, I throw that out 11 maybe to Russ first and then see if anybody wants to 12 13 add to.

MR. HARRINGTON: We believe in the 14 15 consolidation of our efforts in terms of our own system, and without a doubt, we have impacted 16 17 efficiencies throughout our system. That's been true 18 in partnershipping with a number of physicians and rural health centers, federally-funded community health 19 20 centers. And we've always found when we work together, we can become more efficient. So, I think -- I think 21 in partnersenmsutmpastkconawdnds Iwe can bringmoRhinkcoE2wTj4 25

1 So, we've been very successful at doing that, 2 as well as the 13 physical therapy clinics that we have 3 out in the communities across the state. We not only 4 can bring efficiencies to that service, but we also 5 make them much more accessible when they're in the 6 community of the people that they serve.

7 The other thing that I would like to touch on, 8 if I might, because of all the things that I've heard, 9 especially about the BlueCross/Baptist relationship as 10 a relationship that we're very pleased and proud of.

Twenty-five percent of our business comes 11 through that network. So, it's not like it's 12 13 everything that's done. And in fact, we have 21 other contracts with other provider -- other managed care or 14 15 insurance cooperatives or whatever. It is true that we only work with one HMO, but we own half of them. 16 We've 17 always thought it would be poor business to contract 18 with a competitor of our own HMO, but the impression, I think, has been left that BlueCross has all the 19 2.0 business in the state and that Baptist doesn't have any, except what BlueCross brings us, and we're proud 21 of that relationship. But again, it's 25 percent of 2.2 our business, and in addition to them, we have 21 other 23 24 contracts.

MS. MATHIAS: Jim?

25

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MR. KANE: Just to comment about these 1 2 ancillary services and how they're handled at the Heart Hospital, being that small, we don't really have the 3 ability to do all of those. We contract those out. 4 And for example, for rehabilitation, we would like to 5 use Baptist rehab, they're the best, absolutely the 6 best in the state. For cardiac rehab, we use one at 7 St. Vincent's. A lot of our patients are from far away 8 in the state and they can't get to a central area, so 9 10 that we wind up using the local areas like Mr. Harrington has alluded to. 11

12One apology to Mr. Harrington, he says I showed13him owning more hospitals than he actually does.

14

MR. HARRINGTON: Giving more credit than I

MR. HARRINGTON: We can change that for you. 1 2 MS. MATHIAS: It's a very welcoming place. I'm sure, I'm sure. What I 3 MR. ELIASBERG: would like to get at is this: We've heard discussions 4 and seen things in the trade press about the 5 6 development of situations where hospitals in outlying 7 regions have suddenly become competitive forces with 8 respect to hospitals located in urban centers, particularly with things like cardiac -- cardiology 9 10 programs and orthopedic programs and things like that.

I was wondering what, if any, sort of activity
like that there is in the Little Rock area.

13 MR. HARRINGTON: Sure. It's primarily just on 14 the outskirts of the metropolitan area, in places like 15 Conway and Benton and Searcy, but it is across the state when technology continues to develop, and the 16 price comes down on it, those hospitals get some of the 17 18 technology that many of us in central Arkansas have had exclusively. And when they do, that oftentimes reduces 19 2.0 the number of patients who migrate out of that community and come into us. 21

In fact, we've probably felt that in the area of hearts more than we felt the heart hospital. Because it seems like every hospital in the state out there has a grand design to have open heart surgery.

And when they do, like two programs in Searcy, and a 1 new program in Conway, and you just keep looking out in 2 the state there's more and more. It does have an 3 impact on us, certainly, there's no question it does. 4 5 MR. ELIASBERG: And here's where the question from the boy from Florida here is, Conway is about how 6 far from Little Rock? 7 MR. HARRINGTON: Conway is about a 55-mirHCeitslr7riveere's 4

area all have the opportunity for patient flow and patient volume, just like Baptist. So, in Conway, you can go to Conway hospital and receive the same HMO or PPO in network benefits that you can at Baptist and Little Rock, the same thing in Benton, the same thing in Searcy, the same thing in Jacksonville for that matter.

8 Association you would understand that the 9 relationship we have, all of the HMO volume in central 10 Arkansas doesn't automatically have to go to Baptist. 11 These other community hospitals participate on a full 12 parody basis.

MS. MATHIAS: Actually, I had -- I'm sorry,
Jonathan.

15 MR. BATES: I would like to kind of take your question a little bit further and link a couple of 16 17 pieces together here. We talk about the moving window, 18 that's if you're sitting in a train and you're going along in the countryside, do things come into view in 19 2.0 the front of the window and things disappear out of the left-hand side of the window, as you're going along, 21 and we see our repertoire of care like that, work that 22 is now taking place in ambulatory settings or private 23 offices or even in homes, used to be the basis for 24 hospitalization. Twenty years ago, we had many 25

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children with hemophilia in the hospital. That is not
 an inpatient disease anymore, it's an outpatient
 disease.

So, what happens is things are constantly dropping off of the list and constantly being added. So, what happens is how do you strike your balance? How do you maintain that? Because the size of that window basically talks about the size of your enterprise and what you can do.

10 So, new technology and new techniques and new physicians and new things like that add to the front 11 end of your window, but they're dropping off the back 12 13 end. And our posture is that the communities are going to become capable to do that. Neonatology is one of 14 15 those areas you wouldn't have to go back very far to find a time when the only neonatal care to speak of was 16 17 in Little Rock. Now there are strong neonatal ICUs all 18 around the state and they are doing an excellent job as they develop that capability. And in time, they will 19 2.0 add to that and add to that and add to that.

21 So, that window will continue to have things 22 migrate out to community hospitals, doctors' offices 23 and so on. So, there is auto dynamic there to link 24 what you add as well as what you subtract.

25 MS. MATHIAS: Just a quick question for Bob so

because it basically is being passed on to the
 customer.

The other thing that I would like to say, is if 3 you look at all of our programs and go back 10 years, 4 and of course the health insurance industry is really a 5 cyclical business where you have two or three years of 6 7 gains and two or three years of losses, that sort of thing. We, in terms of our private programs, would 8 have an accumulation of about 6.3 billion dollars over 9 10 the last 10 years. The amount of money that we put in reserves, which we are owned by our policyholders, 11 being a not-for-profit mutual, was 117 million dollars 12 over that 10 years. 13

14 That's 1.9 percent profit margin, if you want 15 to use a cyclical term. Out of that 1.9 percent, half 16 of it came from investment income, the other half came 17 from basically the margin of taking in premium and then 18 taking out admin costs, and whatever the net is, is 19 what we call an operating margin.

20 So, back up to the point I think that Kevin 21 made earlier, at least in our situation, there's not 22 any gross profit margins that are being made off of the 23 volume. And to the extent that we talk about health 24 care costs going up, and we want to talk about 25 insurance premiums. Insurance premiums reflect what

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you've heard here today, and that is the rising cost of technology, personal service expense, the issues around medical malpractice insurance, and the increased utilization, much of which is demand driven by patients themselves.

Of course as an industry, what we're doing is 6 7 we're all beginning to look at really consumer directed health care where you've got \$1,000 or \$2,000 that the 8 patient decides to spend on their own and then a 9 10 comprehensive major medical on top of that and that's the reason why you're actually seeing a decline in the 11 percentage of the population that are in HMOs in our 12 13 state.

14 The HMO population is as a percentage has 15 actually gone down in the last three years. And that's 16 happening across the country as well.

MS. MATHIAS: Commissioner Anthony, you had aquestion?

19 COMMISSIONER ANTHONY: Yes. (No microphone20 used, inaudible.)

21 MS. MATHIAS: For those of you who couldn't 22 hear the question, I believe it was how many 23 full-service hospitals are there in Little Rock, and 24 regarding St. Vincent's, if it was an effective 25 competitor five years ago, is it an effective

competitor today, and if not, why not? Is that about it?

MR. RYAN: I think on this I'll defer to my colleagues, both in terms of the number, but especially in terms of an evaluation of St. Vincent's. My sign was turned, I was actually going to speak to one of Sara's earlier questions about the number of covered lives in central Arkansas.

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MS. MATHIAS: I'm sorry.

10 MR. RYAN: Little Rock and central Arkansas 11 actually has a lower rate of uninsurance, if you will, 12 Little Rock and then the northwest corner of the state. 13 It's, as we spoke earlier, much higher in the rural 14 areas.

And if there's somewhere between 200 and 250,000 citizens in the central part of the state, the covered rate is probably around 90 percent. Now, that's all programs, government, private, et cetera. It gets much higher in -- for example, rural north central section of the state. It's somewhere in double digits.

In terms of quality of care and full-service providers, I think I'll defer to my panel mates on that.

MR. KANE: I'll be glad to comment, since I go

1 to St. Vincent's every day. What happened to St.

2 Vincent's was basically when the sisters sort of got

MR. HARRINGTON: Back doors, yes. 1 2 MR. KANE: He sees it every day from his office, he just can't stand it hardly. 3 MS. MATHIAS: John, I think you had a response 4 as well. 5 6 MR. BATES: Somebody can help me count here, 7 but I mean, it's the University Hospital, Baptist Hospital, St. Vincent's, you want to count southwest on 8 our list, do you want to count North Little Rock for 9 10 you on the list, Rebsman, how far out do we want to go? Something like that. 11 12 MR. HARRINGTON: There are three major 13 institutions and four community hospitals in the 14 central Arkansas area. 15 MR. BATES: That's a good way to think about it. 16 17 MR. RYAN: You could perhaps make a case for 18 Conway and Benton, you know, depending on how far out. COMMISSIONER ANTHONY: Their primary market is 19 2.0 what? MR. HARRINGTON: We say our primary market is 21 six counties, and our secondary market is 13 counties 22 that surround us, and then the tertiary, the third 23 24 level is the state of Arkansas. There's mainly the six 25 counties of central Arkansas that we focus on in the

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1 market.

2 MR. BATES: As for the declining quality, I 3 would just offer something I heard a long time, it's 4 that when things go well, it's because you have 5 outstanding physicians and nurses, and when they go 6 badly, it's because of poor administration.

7 (3.4.)

MS. MATHIAS: That's a self-reflectionwhenrD aW2pT9.4 0 TD(

to you and your colleagues and we'll continue to do
 that.

MS. MATHIAS: Thank you, Bob. 3 Jim? MR. KANE: Just really a question, if there was 4 a hospital where you could go that had healthy doctors, 5 happy nurses taking care of satisfied patients with a 6 7 shorter stay, a better outcome, and a lower cost in some cases, why wouldn't you want to go there, why 8 wouldn't your employer want you to go there and why 9 10 wouldn't your insurance company want you to go there? Thank you. 11

MS. MATHIAS: Okay. Russ?

12

MR. HARRINGTON: I would just say there's no lack of competition in the Little Rock metropolitan area. We have challenges that face us every day, increasingly, and our focus has always been not on the Itslit luxury, and coordination and collaboration and
 cooperation turn out to be our weapons.

3

MS. MATHIAS: Kevin?

4 MR. RYAN: Thirty seconds or less, there is no 5 fat left in the system. In health care providers, in 6 health insurance carriers, and the health care system, 7 I don't think there's any fat left to cut. I think 8 Little Rock has -- one of the finest health care 9 systems in the world. Perhaps I'm hopeful, but I can 10 unequivocally say that across the board.

Bob alluded to this, evidence and data is key to making improvements in the system. His folks have shared their information with us, other health care providers in other parts of the system have shared and it's made the difference in making policy decisions to help improve that system. Hence, the need for cooperation.

Finally, this issue is a hot button issue. The issue of the uninsured, cost in the health care system and competition. Our surveys around the state show time and again, everyone we spoke to, this is on their radar screen, and they are looking for answers.

MS. MATHIAS: Thank you. Just a couple of
quick wrap-up. We will reconvene at 1:30 this
afternoon. We will be looking at post-merger conduct.

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I think that will be a very interesting session that
 we'll have this afternoon. We will pick up the
 conference call again at that time.

Also, I'm getting tired of saying this, but 4 5 it's kind of like a camp site in here. If you brought 6 something in, if you would take it out with you, it 7 makes my job a little easier and I always appreciate that. And I wanted to give a resounding round of 8 applause to our panel who took the time and effort and 9 10 I think it was an outstanding product that we were able to see today and learn from. So, a round of applause. 11

12

(A 5 .)

MR. WIEGAND: Good afternoon. We would liketo first check the microphones, are they working?

I think this one is working. Good afternoon, we would like to welcome everyone to this afternoon's session. Our topic this afternoon is hospitals' post-merger conduct. I would like to briefly introduce the panelists we have in the order in which they're going to be presenting initially, and then at the end of the afternoon, we will have a discussion period.

The speakers are seated in the order that they're going to present their materials, starting with Lawrence Wu of NERA, and then we have Bill Kopit at Epstein, Becker and Green, Robert Taylor with Robert

1 Taylor Associates, Kirby Smith of Susquehanna Health 2 System, Jamie Hopping from Arden Health System, Jim 3 Langenfeld from LECG, David Balto from White and Case, 4 and then Seth Sacher from Charles River Associates, and 5 David Argue from Economists, Inc.

6

We'll move right into things by asking Lawrence

post-merger hospital conduct is a serious undertaking, but I would like to borrow from David Letterman to help me introduce the 10 subjects that I would like to talk about today.

5 So, ladies and gentlemen, here they are: A top 10 list of the phrases that are most likely to elicit 6 7 concerns among hospitals and their antitrust counsel: 8 Number 10: Hi, we're calling because we're doing a 9 post-merger review. Number 9: Your friends at Managed 10 Care Plan, Incorporated told us how to find you; Number 8: You're not the target, but can you send us your 11 12 data and documents? Number 7: You are the target, 13 payors tell us that contrary negotiations are more 14 contentious. Number 6: Area health plans tell us that 15 reimbursement rates rose after the merger. Number 5: Why can't prices be as low as they were before the 16 17 merger? Number 4: Can you substantiate the 18 efficiencies and quality of care improvements that were discussed in your pre-merger planning documents? 19 2.0 Number 3: Guess what? We found out the merger actually lowered your costs. Number 2: And we found 21 out that your prices are really higher than the prices 2.2 23 at comparable hospitals. And Number 1: Let's talk 24 about remedies.

25

Now, there are serious questions and issues

Focusing on the competitive effects of the transaction after the fact, a post-merger review can resolve some of the uncertainties that surround the need to forecast the future.

5 However, the analysis of post-merger pricing and conduct rose as new uncertainties, and it has its 6 7 blemishes. After all, there is no free lunch. A post-merger review is useful in that it does focus our 8 9 attention on the competitive effects. However, we do 10 have a new set of problems to deal with. And these include the difficulty of measuring the actual change 11 in price, measuring possible improvements in quality of 12 13 care, separating merger effects from other things going 14 on in a market since the merger, and finding and 15 constructing relevant benchmarks.

In addition, if hospitals tend to integrate their assets quickly after a merger, it may be difficult to unscramble the eggs, and if the agencies find that post-merger remedies cannot be relied upon to resolve post-merger anti-competitive problems, the agencies may have no choice but to revert to pre-merger reviews as their only tool of enforcement.

And while I'm optimistic that a retrospective can be done well, there are a number of difficult and burdensome problems that can affect how well a review

is done, and the conclusions that are warranted in
 doing the analysis. And I'll touch on some of those
 issues next.

Issue number 9: Evaluating the views of health plans. The views of health plans matter. They always have and they always will. After all, they do play an important role in the marketplace. They stay informed, they work on behalf of individuals and employers who negotiate prices, and they have varying degrees of bargaining strength, or at least they used to.

For a post-merger review, the complication is 11 that all managed care plans view price increases as 12 13 being problematic, whether they are justified by higher costs or not. And in a world where hospitals have seen 14 15 an increase in their bargaining strength, it is difficult to separate increases in price due to merger 16 17 enhanced market power from increases in price due to 18 external changes in the marketplace.

During a post-merger review, it is important to do this, because in the end, much of the analysis will be about causality. If, in fact, prices rose, was it due to the merger, or was it due to something else?

In addition to causality, much of the analysis will focus on identifying and quantifying whether the merger has had a systematic anti-competitive effect.

In light of the heterogeneity among health plans in terms of their products, enrollment and negotiating ability, this is especially important. And that is because prices are likely to vary widely across payors. Some may have seen their prices rise after the merger, some may have seen their prices fall.

7 So, it isn't sufficient to rely on the views of just a handful of health plans. We need the views of 8 The views of area health plans are important and 9 more. 10 we should consider their views, but it is also important that we test these views empirically to see 11 whether the concerns, if there are any, reflect a 12 13 systematic anti-competitive problem that be attributed to the transaction. 14

15 Issue number 8: Third party discovery. То 16 learn that one is not the target of an FTC 17 investigation is obviously a reason to breathe a sigh 18 of relief, but for third parties there is a burden to produce data and documents that could be costly and 19 time consuming. And I don't mean to understate the 2.0 costs of complying with a subpoena or a CID, but I do 21 want to emphasize the important role that third 2.2 parties, especially third party hospitals, can play. 23

First, the documents and data of third party hospitals are important for evaluating the credibility

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and strength of all of the sources of competition that 1 2 face the merged entity. Second, the information is likely to be crucial for purposes of finding and 3 constructing a competitive benchmark. And third, it is 4 5 the combination of data from third party hospitals and 6 health plans that can help make it possible to 7 disentangle the effects of the merger from other compounding factors, such as the bargaining strengths 8 9 of individual payors, trends in the marketplace, and 10 reactions and responses of rivals.

When getting information from a third party 11 hospital, I would be sure to get information on not 12 13 only prices over time, but also the hospital's competitive responses, excess capacity, expansion in 14 15 services, case mix changes, changes in various contract provisions, and bargaining position. It is information 16 17 from third party hospitals that can help to identify 18 marketplace trends and developments, and to determine whether rivals have the ability to keep prices 19 20 competitive.

Issue number 7: Contentious contract negotiations. Isn't this just competition at work? From the trade press, it seems that negotiations between hospitals and providers had become more contentious all around the country, merger or no

merger, and it seems that the views are widely held by
 both health plans and hospitals.

From an economist's point of view, it's hard to 3 know what to make of this, without more information, 4 and that is because reimbursement rates are the product 5 of a bargaining process. And it is hard to distinguish 6 7 competitive tussle from anti-competitive muscle. But 8 in the end, I would suggest that you focus on two sets of questions: The first set has to do with the outcome 9 10 of the negotiations; did prices rise, and what were the terms of the agreement? The second set of questions 11 resemble the kinds of questions that are usually asked 12 13 during a pre-merger review, but they ought to be asked again. Is there any evidence that the negotiations are 14 15 more contentious because of the acquisition and the 16 elimination of a competitor from the marketplace?

17 It is important to isolate this particular 18 cause, because in a post-merger review, this is the underlying theory of anti-competitive harm. While this 19 2.0 may not be easy, because more contentious contract 21 negotiations could be due to a number of factors, such as the general shift in bargaining power from health 2.2 23 plans to hospitals, but we must be clear in developing 24 the hypotheses that we want to test, and this means 25 that we should be clear about the nature of competition

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that was lost as a result of the merger.

2 But in the end, as with pre-merger reviews, 3 there must be a clear articulation of the theory of 4 anti-competitive harm.

5 Issue number 6: Estimating the post-merger change in price. You know, life would be easy if all 6 7 we needed to do was to compare the average 8 reimbursement rates before the merger and after the 9 merger. But as you might suspect, once you have 10 economists involved, an empirical study of actual prices paid, which is not the same as gross charges or 11 the list prices that are on the charge master, it is 12 13 not that simple.

There are a number of factors that enter into 14 15 such an empirical study, but the one I want to focus on today is how one might measure whether there has been, 16 17 in fact, an increase in price due to a merger. While 18 this is an empirical problem that probably requires the application of econometric methods, and econometrics is 19 2.0 the right technique, because it is a tool that is 21 helpful in quantifying the price increase, if any, that is attributable to a merger, and not accounted for by 2.2 other shifts in market supply and demand. 23

24 One of the negative difficulties with an 25 econometric analysis is that it is often hard to

health care, I think this is especially inappropriate,
 and there are three issues that I want to briefly
 mention.

First, the cost of providing hospital care has been rising over time. And by cost, I mean expenses such as medical supplies, pharmaceuticals and nursing costs. And in competitive markets, an increase in market-wide costs will normally lead to an increase in price.

10 Second, in the past few years, there clearly has been a shift in bargaining power from health plans 11 to hospitals, and this is the result of a variety of 12 influences, as we've heard, in hearings during the past 13 few weeks. This includes consumers' desire to have the 14 freedom to go into the hospital of their choice, buyer 15 preferences for broad provider networks, and a 16 17 reduction in hospital capacity.

18 This reversal in negotiating positions which by 19 itself is nice, as far as anticompetitive harm, can 20 lead to higher prices, even in competitive markets.

21 And third, prior to the merger, hospital 22 reimbursement rates may have been below long-running 23 competitive levels in some markets and this could be 24 the case, for instance, in markets that have been under 25 rate regulation for many years. For example, in New

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York, where I live, prices have generally increased
 after the deregulation of rates in 1997 as the forces
 of supply and demand began to take hold.

So, in an evolving marketplace, post-merger 4 prices are too often unlikely to serve as reliable 5 benchmarks for the competitive price -- competitive 6 7 prices that are attracted because they're observable -that is not good enough. The competitive benchmark is 8 not likely to be a price that we have observed in the 9 10 past, an estimate that we must construct, based on a clear specification of the marketplace, had the merger 11 12 not taken place.

13 Issue number 4: Efficiencies and improvements in quality. What most, if not all, transactions are 14 15 motivated by is the desire to improve the quality of care or to expand the range of services that are 16 17 provided, but when they are merger-specific, they ought 18 to be counted among the pro-competitive benefits of the transaction. In the competitive markets, improvements 19 2.0 in quality are typically associated with an increase in 21 price.

But how much of an increase in price is justified by the improvement is an empirical issue dependent on factors such as the cost of making the improvement, as well as the buyer's demand for the

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1 improvement.

2 There is no question that it is difficult to quantify improvements in the quality of care or access 3 to care, but we should continue to do our best to 4 5 evaluate efficiencies, and do it the way that we always have been doing it, estimating the variable cost 6 7 savings, the savings that are likely to be passed on to 8 buyers, and the degree to which the efficiencies are 9 merger-specific.

10 And we might be able to use the tried and true technique that economists apply when studying markets 11 where the end product is not easily quantified or 12 13 measured, but it is difficult to measure output, one tends to measure inputs. And this may not be a bad way 14 15 to go, because there typically is information on investments already made in medical equipment, 16 17 construction, and the additional new service offerings.

18 If the clinical and quality of care benefits 19 will continue to be largely subjective, does that mean 20 that we should abandon all efforts to study prices and 21 costs over time? I don't think so. To me, what it 22 means is that an econometric analysis is likely to 23 produce an overestimate or the upper band of the 24 merger-induced price increase.

25

But even so, the study, I think, is still

worthwhile to do, because if we find no merger-induced price increase, then we can end our inquiry, where if we find a positive price increase, we should recognize the bias and proceed with more work.

Issue number 3: Reductions in costs. As with 5 improvements in quality, most, if not all mergers, also 6 7 are motivated by the desire to reduce costs. While lower costs can increase the profit margin for the 8 merged entity, lower costs also help consumers. 9 In 10 general, a firm's optimal price tends to fall where its costs fall, whether that firm is a monopolist or one 11 among many in a competitive marketplace. And health 12 13 care markets are no different.

However, as you might suspect, it's not always
easy to observe the degree to which cost savings are
passed on to health plans, and one complication is that
the merger-specific cost savings may not be across the
bōard. While cost savings are achieved in Tj6,1o2eTw oTj
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1 cost savings would not have been known at the time the 2 contract was negotiated. And a third complication is 3 that prices depend not only on past and current costs, 4 they also are likely to depend on expectations of 5 future costs. And this is especially true for 6 longer-term contracts.

So, even if a hospital has been successful in
reducing many of its operating costs following a
merger, if forecasts of rising labor costs, for
example, could be enough so that would weaken the link
between cost and price.

12 So, while it may seem obvious that a reduction 13 in cost ought to lead to a reduction in price, the 14 analysis is rarely that simple.

15 Issue number 2: Comparing prices over time and across hospitals. The detailed information on the 16 17 contracts and revenues of comparable hospitals, the 18 pricing analysis also could be done to compare prices over time and across comparables, and this analysis 19 2.0 combines the benefits of both time series analysis and 21 the benefits of a cross section analysis. The disadvantage is that the data requirements are 2.2 23 typically quite large.

24

And whether this can be done well depends

data, and especially data that captures differences in 1 2 quality of care, available services, and access to care across hospitals. And it may not be easy to get these 3 data, especially from third parties. And whether the 4 5 results are reliable and can withstand scrutiny will depend on our ability to account for shifts in supply 6 7 and demand, expectations about costs, and other factors that are likely to matter while constructing the price 8 that would have been observed had the merger not taken 9 10 place.

11 And finally, issue number 1: Remedies. If a 12 significant and systematic merger-induced price 13 increase has been found, is there a way to return the 14 marketplace to competitive conditions? Divestiture is 15 one solution, although there are a number of practical 16 issues that make this a difficult solution to 17 implement.

18 Assuming that such a solution is feasible, I would like to talk about all the implications of such a 19 2.0 solution on hospitals' incentives, especially in the In the short run, if divestiture is the short run. 21 only practical remedy, it is unlikely that during the 2.2 course of the retrospective investigation, that the 23 merging hospitals will continue to invest heavily in 24 new medical equipment and construction, or to add new 25

1 Thank you.

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MR. KOPIT: Well, I quess I can close this, 3 Lawrence. I'm going to try to play against type today 4 5 and be relatively brief. Anything I knew, I said yesterday; I'm sorry you couldn't be here. But anyway, 6 7 I do agree with Lawrence that the FTC's retrospective is an important one, and I want to focus on that, 8 rather than the slightly more general topic of 9 10 post-merger conduct.

And I quess the first thing I would say is from 11 my perspective, the opportunities that I see in the 12 13 FTC's retrospective are really two. The first is, and some of the things Lawrence said obviously go to this, 14 it's an opportunity to view issues, important issues, 15 in hospital mergers to date from a very different 16 perspective from what we have looked at them before, at 17 18 least for the most part.

19 And then the other opportunity I see is an 20 opportunity to clarify or collect, I suppose it depends 21 on your perspective, clarify or correct some technical 22 errors that have been made generally by the courts to 23 date in some of these cases.

24 And I say that without being critical in any 25 way of the courts. District judges are generally, at

least in my experiences as a trial lawyer, as well as an antitrust lawyer, federal district judges generally are bright generalists. That's what they are. You rarely come across a federal district judge who is an antitrust specialist, at least not before you get there with your case that's very different from the ones he's been looking at.

8 On the other hand, the FTC, the commission 9 itself, and its staff, have a particular expertise. 10 This is what they do for a living and that should make 11 a difference, and should give the FTC and its staff an 12 opportunity to do things with opinions and with 13 analysis that you probably wouldn't expect in the 14 average district court case.

So, I do think that one of the important things that the FTC has here, is the fact that it is in a position through its litigation in these retrospectives to correct what at least a number of people think are technical errors in the analysis to date, and to look at these issues from a very different perspective, and hopefully get answers that perhaps are more satisfying.

Now, I, of course, don't know, I was not privy to the reasons why the FTC made this major change in focus or approach, but I have heard bandied about, at least in part, and one that I've heard that I want to

raise, if only to dismiss, is this so-called issue of the home-court advantage. Toby, I actually have no life at all, so I was listening to one of the other panels on the phone, and heard what Toby said the other day, and I agree with it basically, which is if people talk about the home-court advantage, I think they are largely missing the point.

It's much more -- it's much more complicated 8 9 than talking about the home court advantage. And by 10 the way, in this extreme form, and I have heard this, I won't name names, but I've heard this from staff people 11 right here at the FTC, when they say, well, what this 12 13 really is is the explanation of the judge goes to the same country club as the members of the hospital board 14 15 explanation of why this happened to me.

And again, I think that very much misses the point and oversimplifies a lot more very complicated reasons for the decisions we've gotten to date.

19Take a look, for example, at the Tenet case. I20mean, the Tenet case is a case where the district court21found that there was liability against the hospital.22And the court of appeals reversed, without paying any23attention at all to the district court's findings of24fact, which is just a flagrant disregard of the25standard review. But, I mean, it's hard to argue that

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the Tenet case involves a home court advantage.

Look at Grand Rapids, if you will. I mean, the Grand Rapids case was tried not in Grand Rapids, but in Lansing, it's over an hour away, in Lansing, Michigan by a judge who lived in Lansing, not in Grand Rapids. It's hard to argue that there's a home court advantage there, because if the hospital markets are the same as

Indeed, I would suggest that it puts an even stronger 1 home-court advantage, you know, to the benefit of the 2 FTC. It puts the hospitals at a very serious 3 4 disadvantage. Much more so than the other way around, 5 because I don't know any hospitals in any hospital merger case to date that's had an opportunity to try a 6 7 case before itself. But of course that's the way the FTC operates. 8

9 And I say that not to, you know, deride what's 10 going to happen. I have, you know, hopes for it, but I

to look at these issues very differently, and I think 1 2 that's very good. When we tick off two issues, and probably say something about both of them, not much, 3 but something about both of them, what's probably going 4 5 to be different from what everybody else says, and that 6 is, of course, one of the issues that's been hotly 7 litigated to date is the issue of nonprofit status. 8 Does it really make a difference whether hospitals are 9 nonprofit?

10 If hospitals are nonprofit, do they maximize11 profits, or do they not maximize profits?

The other issue that's been very hotly 12 13 litigated in the cases to date is the issue of efficiencies. How large are the efficiencies? 14 Are 15 they, you know, 10 percent, 20 percent? It seems to me that when you're looking from a retrospective position, 16 those issues largely just go out of the equation. 17 Ιt 18 really doesn't matter whether the hospital is for profit or not for profit, or excuse me, not-for-profit 19 hospitals would act or can act differently than for 2.0 profit hospitals. 21

It doesn't matter whether the efficiencies are great or small, particularly. It seems to me that the gut question, the question that's really critical in any of these is, whether or not prices have increased

above competitive levels. Now, remember, I didn't say increased, I said increased above competitive levels.

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Obviously, we're assuming that all prices are going up to some extent, but the question is, are these prices -- have they gone up above competitive levels? If they haven't, I don't see the problem. And but if they have, the fact that they're -- the hospitals are not for profit, I mean, so what? I mean, maybe it could have acted differently, but it didn't.

10 If they're efficiencies, so what? I mean, high efficiencies, but they're not passed through to the 11 consumers because the prices are higher, why do we 12 care? The hospital didn't mean any of the things it 13 said; on the other hand, you know, it said it was going 14 to get \$250 million worth of efficiencies out of this 15 merger, and it turns out six years later it got 10. So 16 what? If the prices are not higher, why does the 17 18 antitrust law care?

Now, the third issue that has been hotly
litigated, I think, is a trickier issue to think about
in this context, and that's the issue of market
definition. Arguably, it seems to me, if the FTC could
show in one of these cases that prices are higher than
they would be under competitive conditions, that's the
end of the story. You don't have to prove a market, a

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geographic market, which has been the contentious issue in these cases. Because you've got the results. You've got, by definition, in my case, prices that are higher than competitive conditions. And you've got a violation. And why bother with the argument over what's the size of the geographic market?

7 On the other hand, I don't think that the FTC 8 has to do that to prevail in these cases. I don't 9 think they have to show that prices are higher.

Let's go back to the HCA case. It's one of the few cases, if you can remember back that far, I think it was 1984 or something, one of the few cases where the FTC did go in retrospectively to look at a consummated in that case, not a merger, but a consummated acquisition. And awarded dive tD(.0tosaTft)Tj-5.4 TD(1

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exercised in some way. So, consumers haven't been
 hurt.

That, to me, that same approach, if the proof is there, is still valid today in a retrospective. So, I don't think the FTC is actually duty-bound in every case to show that prices have gone up above competitive circumstances, not only gone up, but above competitive circumstances.

On the other hand, it seems to me that what we 9 10 do have now, and what we didn't have in 1984, is pricing data that matters. Pricing data that's worth 11 something. And that's the pricing data, as Lawrence 12 13 said, we're not talking just about charges, we're not talking just about what's in your charge master, we're 14 15 talking about the net prices that you're charging to managed care compared to the net prices that other 16 17 hospitals are charging to managed care.

18 And that data is good in most cases now, and it is available. To say its readily available may 19 20 overstate it, because I've been involved in seven or 21 eight of these cases now, and the only thing that's constant in all of them is the third party payors, 2.2 regardless of who they want to win, don't want you to 23 have their data, because they think that you'll leak it 24 25 and it will hurt their competitors and on and on.

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So, it's not easily available, but it is 1 2 available, and it's usually pretty good when you get Now, the problem is in this circumstance, that 3 it. initially it's only the FTC that's going to get it. 4 Because they'll subpoena it. And so the hospital 5 defendants are put in an enormous disadvantage, or I 6 7 say defendants, potential defendants, at the investigation stage, are put at a disadvantage, because 8 the FTC has the data, they've gotten it through CID, 9 10 and they can't share it, even if they wanted to.

So, maybe in the negotiations before a possible suit, they're saying, well, you know, looks to us like your prices have really gone up. And the expert for the potential defendant says, well, can I see the data? And the answer is no. We can't give it to you, we got it through CID.

17 So, once an action goes forward, presumably at 18 that point the data is available to both parties, and 19 at that point, the hospital's expert can look at it and 20 try to point out any methodology in what the FTC has 21 done, but to me it's very unfortunate that that can't 22 be done before the fact.

But I do think in most cases that that data is available from third parties, and it will be a rich source of information.

Now, I guess going back to Lawrence's last 1 2 point, let's talk -- let's talk about remedies. Now, initially, or up until very recently, when Chairman 3 Muris announced this initiative, it was usually assumed 4 and told to me many, many times, when I suggested on 5 behalf of hospital defendants, golly, we really think 6 7 this is going to work, we really think this is going to result in lower prices to consumers, not higher prices, 8 why don't you wait and see what happens? And what we 9 10 were told, of course, by both agencies, not just by the FTC, is oh, no, we can't do that, because you can't 11 12 unscramble the eggs.

And so once this merger takes place, it's over. And so it's now or never for us and that's why we're rushing in. Well, I don't think that's the case. I don't think it's true in all situations of hospital mergers that you can't unscramble the eggs. I think there are certainly some hospital mergers where you can unscramble the eggs.

20 But before I talk about that for a second, I 21 would like to point out two other things. The first is 22 that unscrambling the eggs of divestiture is certainly 23 not the only remedy. There are other options. Now, 24 whether or not they're optimum options, I suppose, if 25 you would think that, you know, they have something to

do with constraints or regulatory constraints in the sense that they're part of an order, a conduct order, yeah, they're certainly less than perfect.

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But less than perfect is never, in life, in my mind, anyway, a reason not to do something; otherwise, I don't think we would do anything. So, there are a couple of options that are worth mentioning, at least.

The first one is, limits on the rate of 8 increase of price, and again, when I talk about price, 9 10 in this context, I'm talking about net prices to managed care for certainly to include them. That is an 11 option as relief. The only thing I would say about it, 12 13 other than conceding that it's certainly far from perfect, is that to do it effectively, you've got to 14 15 limit it to commercial prices of managed care.

Once you say what we're going to do is look at 16 all increases in revenue, on an average, you're 17 18 basically giving away the store, because that means that the hospital is free to offset any decreases in 19 20 reimbursement from Uncle Sam, who does it all the time to you, to offset it by an exercise of market power 21 against commercial payors. And that really doesn't 2.2 help you very much if you're looking for relief. 23

Another option that it seems to me is at least worth talking about is the option that the Justice

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Department, nobody talks about it very much, but that the Justice Department imposed in the Morton Plant and Mease case, which interestingly enough is exactly the same remedy that the Supreme Court validated in the Citizens Publishing case.

6 For those of you who bothered to read the 7 Citizens Publishing case, the relief is not to divest 8 the joint venture, or the JOA in that case, and say 9 that these hospitals -- excuse me, in that case these 10 newspapers can't have a JOA, the relief was to say that 11 they can't be joint pricing by the JOA. That's all the 12 Supreme Court did. And so they can't be joint pricing.

13 That's exactly what the Justice Department did 14 with Morton Plant and Mease. They said, oh, no, we're 15 not going to let you merge, because under this very narrow definition of the geographic market that the 16 Justice Department had, I'm not arguing it's right or 17 18 wrong, but under that definition, there was market power, so no, we're not going to let this merger go 19 20 forward. But we will -- but we will let you do a joint 21 And we'll let you do certain services and venture. produce them together, as one, but you can't price them 2.2 as one. Each hospital independently has got to price 23 24 those services.

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So, at least there's that element, there's no

competition other than the cost aspect, but there's competition over the degree of profit or loss, if one of the hospitals wanted to choose to take a loss on something. And that is certainly possible.

5 The problem is, it's hard to see how that's possible in an actual merger. It's possible, it seems 6 7 to me, very likely, in a situation where you're talking about a JOV -- excuse me, a JOA, where you still have 8 two remaining hospital facilities, and/or their 9 10 parents, to price separately. But I can't envision it in a real merger where you only have, you know, a 11 single entity or a single parent. I don't know how it 12 13 would work in those circumstances, but it certainly could work in a JOA. Paragraph but again, looking at 14 15 this from the perspective of the FTC, the problem I see with the FTC with that particular type of relief is 16 17 that the FTC probably doesn't have any jurisdiction 18 over JOAs, at least to the extent -- at least to the extent that they involve not-for-profit hospitals. And 19 20 most of these JOAs, at least, are involving not-for-profit hospitals. 21

And I say that, because if you look at section 7, which of course says that the FTC does have jurisdiction under section 7 of the Clayton Act, what that says is sales of stock, no; sales of assets, no;

mergers, no, not really, it's not a merger, it's a JOA.
 There are differences, they are still separate
 organizations.

So, while I think conceptually it's still an appropriate remedy, I don't think it's conceptually an appropriate remedy for the FTC, because I'm not sure that the FTC has jurisdiction. You know, the FTC act, as you know, only covers for-profits, not-for-profits.

9 But anyway, let me end with one additional 10 point, and that is, that under certain circumstances, divestiture is the appropriate remedy, and I see that 11 basically if two circumstances. One is where the 12 13 hospitals could have gotten substantial clinical efficiencies, but didn't. Think of the two hospitals 14 15 three or four miles apart, say they had two emergency rooms, do you really need two emergency rooms in most 16 17 towns where the hospitals are two or three miles apart, 18 small or medium-sized towns, probably not.

But the hospitals just chose not to get that efficiency. They chose to get no other efficiencies. They just chose to continue to operate separately as totally independent clinical entities. There, for sure, divestiture should be appropriate, and what do you lose? Very little.

25 The other circumstance is a little more

difficult, but I think it's the same answer, and that's 1 2 that hospitals couldn't really get very many clinical efficiencies. And the reason is basically usually 3 they're too far apart. So, you know, you've got two or 4 three hospitals, they've all merged and they're 15 5 miles apart, on average, each one. But they're in the 6 7 same market. But are you really likely to get a lot of clinical efficiencies, reductions, you know, when you 8 have hospitals that far apart? Probably not. 9

10 You're very likely under those circumstances to have very little clinical efficiencies. The hospitals 11 maybe couldn't have done any better, but again, from 12 13 the purpose of remedy, I'm not sure it makes any difference. The fact is that if those hospitals are 14 15 divested, and they should -- you know, and again, you have to go to the question if they've violated the law. 16 Of course, if they haven't violated the law, you don't 17 18 divest them.

But if there's a violation, and there is no clinical efficiencies, even if the answer is, well, we really didn't have much opportunity, I'm not sure that's a defense, and I think under those circumstances, it would be appropriate. Thank you very much.

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A : One of the easiest things to 1 <u>u</u>- • 2 examine in terms of post-merger conduct is how long have the hospitals gone actually realizing the 3 efficiencies they stated they were going to be able to 4 5 generate or produce or realize as a result of this merger? And when that's been done, in general, the 6 7 hospitals have not fared very well in terms of representing in perhaps a Hart-Scott-Rodino filing that 8 they were going to save \$100 million, and you look at 9 10 them three, four, five years down the road, and they've saved maybe 20 or 30 million or something like that. 11

In fact, there aren't many cases in which you 12 13 look at post-merger behavior in hospitals and you find that not only did they meet their claimed efficiencies, 14 15 but exceeded them. And that really should be what we would expect to find, that they would do better than 16 they predicted, and here's the reason for that. 17 Τf 18 they do a good resourceful job of very clearly defining the efficiencies available to them, they're realistic, 19 2.0 they're well thought out, and management is committed 21 to that course of action, there should be very little reason why most of that does not pertain to the benefit 2.2 23 of the hospital as they had expected.

Now, I've looked at mergers in which the
hospitals have paid six, seven, \$800,000, \$1 million

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for a hospital efficiency study and the hospitals themselves have generated about 25 percent of the savings that that efficiency study said they could make.

5 Now, I know of nowhere else, other than antitrust, Hart-Scott-Rodino filings, where management 6 7 would put up with that. If you hired a consulting firm to come in and say, we would like to save some money, 8 we're going to pay you \$1 million, show us how much we 9 10 can save and where to do it, you've paid them \$1 million, and three years later you were 25 percent of 11 your way along the path, I'm pretty sure they would be 12 coming back trying to get their fees back. 13

14 That doesn't happen in Hart-Scott-Rodino 15 filings, and yet time after time I have seen situations 16 in which they don't come close to realizing that which 17 they have forecast.

Now, I said, gee, you should perhaps be able to do better than that. Why is that? Well, in a merger, when you do an efficiency study, you sit down, you go through the process, well, we still have two separate parties, we do some thinking, some planning, some forecasting, we come up with a number we're going to save.

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In almost all situations that I have examined,

after the hospitals actually get together, something just springs up that nobody thought about before they got together. And so, there are additional opportunities to save some money. Now, perhaps not a lot, but at least there are things that could not have been forecast.

7 But one point that I would like to make today 8 is, it seems to me that it's unreasonable to find very many situations in which you can't do what was included 9 10 in the efficiency study, and yet like I said, that doesn't happen very often, in many cases. Well, I 11 know, because I've looked at a lot of efficiency 12 13 studies in hospitals. And one of the reasons I think that is there's an incentive for the engaged firm, 14 cooperating on a Hart-Scott-Rodino filing, to come up 15 with a really big number, a really big number. 16 Because most of the people you talk to have in the back of 17 18 their head, okay, DOJ, FTC, somebody, they want to see a pretty good number. And it's, I don't know, is it 6 19 percent, 7 percent, 8, 10, it's somewhere, they want to 20 see a pretty big number. 21

And so, there's really an incentive to kind of get out there on the limb, on behalf of consultants, economists, those who are developing documents and analysis and support of efficiencies to be realized as

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a result of that merger. So, there's a little bias on
 that thing in the first part.

3 The second part is, I think that one efficiency study is not really something which is approached or 4 considered in good faith by a lot of administrators. I 5 know of situations that I've investigated where there's 6 been a merger, there's been an efficiency study, for 7 8 whatever reason the merger went through and the 9 efficiency study went in the bottom drawer and was 10 never seen again. Never saw the light of day. We did that efficiency study for one reason, to support our 11 application, it went away. 12

13 I have also seen an authentist, I have seen a 14 situation where the day a merger was approved or a 15 letter of termination was received, that thing came out 16 of the drawer, and it formed a work plan. And it was, 17 here's what we said we were going to do and we're going 18 to do it, we paid a lot of money to get this plan and this is exactly what we're going to do and they went 19 ahead and did it, kaboom, kaboom, kaboom, hashed it 2.0 right out. 21

A lot of different approaches as to how that thing plays in. But a lot of the hospital administrators that I have talked with, worked with, believe that this is an important document, but we've

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got to have a pretty big number, and so the number
 tends to be big. And perhaps many times, bigger than
 it really is defensible that it could be.

Now, I don't want to talk too much about the
Grand Rapids hospital, because I think David is going
to talk more about that, but I participated in the
Grand Rapids hospital, and if you're aware of that,
they didn't come very close to what they said they were
going to do.

10 I'm not the least bit surprised that they're not very close to what they said they were going to do. 11 Because in fact, I thought a lot of stuff they said 12 13 they were going to do, there was just no way that was going to happen. They claimed a savings of 99 million 14 15 dollars because one of the hospitals was falling down, Blodgett hospital. And it was going to cost more to 16 fix it than build a new one. 17

You go to the Blodgett website today and there's 402 beds in that hospital accepting inpatients and we're about five or six years down the road from when they made that forecast that this hospital really needed to be replaced. That never happened.

Furthermore, a couple of things I find interesting about that situation is where they have found some savings. Some of their representations of

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1 ought to be allowed for to us.

2 But a lot of the reasons that -- and by the way, that type of savings, while it might be discounted 3 in examination or analysis of whether or not it really 4 5 goes to the benefit of -- occurs for the benefit of the merger is one case, but they may save that money 6 7 anyhow, notwithstanding the fact that it may not be related to the merger. Some of the savings in Blodgett 8 9 and Butterworth were savings -- they saved some money. 10 Whether or not they had to merge to do that, I don't know. In many cases, maybe not. 11

But another real problem that is not feasible, it just would not work, but it was not properly tested. Another big thing of Blodgett/Butterworth has to be capacity constraints. Severe capacity constraints of Butterworth hospital. Unrealistic assumptions about how to manage that capacity in a way to make it more efficiently used.

19 So, the efficiency studies, to the extent that 20 they can almost always rely upon in-house, on-hand data 21 for their formation, ought to be pretty much off on the 22 quantitative objective side of the continuum as opposed 23 to the subjective side of the continuum. You don't 24 have to make a lot of assumptions about a lot of 25 things, because generally you're talking about things

we are already doing, we're going to do them better, here's how much we spent to do it before, if we put them together, we can do it a little bit better.

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We've got the data in support of that, and the data ought to drive that decision. But, many times efficiency studies rely upon assumptions when they need not do that. And the assumptions are the things that perhaps provide a higher number, but at the same time, make that savings unrealistic, or something which would not be able to be obtained in actual practice.

11 Now, as I said, I've looked at a lot of 12 post-merger efficiencies and compared them with what 13 they said up front, and they're all over the continuum 14 in terms of how well they have been able to jump in and 15 satisfy that which they said they could do.

16 Unfortunately, the majority of the ones that I 17 have seen have not come up to that which they had said 18 they were going to do. They have not saved the 50, 75, 19 \$100 million that they really thought was going to come 20 as a result of this merger.

21 And just in summary, then, the real reason for 22 that is, almost always, either one of two things: 23 Management was really never committed to that or at 24 some point in time was not committed; or two, the plan 25 that was set out was unrealistic, was one in which poor

analysis was used, and it was not well thought out to
 the extent that it never really had a chance to really
 deliver those savings as a result of that combination.

And then lastly, the thing that I find is 4 curious is that hospitals will spend as much money as 5 they did on one of these efficiency studies and now 6 have higher expectations about their ability to be able 7 to obtain those results. And that, for me, is the most 8 interesting thing, that they spent a lot of money doing 9 10 these things. If it doesn't work, they're not going back and asking anybody for their money; I think they 11 should. 12

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Thank you.

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MR. SMITH: Thank you very much. My name is Kirby Smith and I'm the President and CEO of Susquehanna Health System, which is located in Inl Hospital, 225 bed acute care hospital, practically an identical clone of the Williamsport Hospital when it came to services, and we also had Muncy Valley Hospital, which was a Catholic hospital located in Muncy, Pennsylvania, servicing a variety of small communities.

7 In September of 1993, the Providence Health System, which was the Catholic parent, and the North 8 Central Pennsylvania Health System, the community-based 9 10 parent, announced their intent to join together and form Susquehanna Health System. One of the most 11 frequently asked questions we have is what were the 12 13 compelling reasons for the Providence Health System and the North Central Pennsylvania to undertake this 14 15 alliance and the significant consolidation promises that were made by the hospitals? 16

The answer, first, was there was a business 17 18 ripple in our community regarding the increasing health care costs in the late eighties. The West Branch 19 20 Manufacturers, the Chamber of Commerce and others 21 actually organized and carried on campaigns about the escalating costs of health care and pointed to 2.2 hospitals in our community for their massive 23 24 duplication of services throughout our region. 25 Second, both the community and Catholic

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hospitals, which are only, again, a mile-and-a-half 1 2 apart, had significant patient care duplications. Area medical staffs called for improved technology 3 investment, and those monies simply were not available 4 to invest in technology because of the competitive 5 posture and nature of the wasteful duplication in our 6 7 community. The physicians called for improved 8 stewardship.

9 And then finally our community foundation, it's 10 a \$20 million community chest, if you will, cut off 11 financial support to hospitals on any fundraising 12 efforts until the hospitals could develop ways of 13 collaboration and cooperation.

The system's mission, as we put it together, 14 15 was to improve the health status of the communities we serve through high quality, compassion nature, 16 accessible and cost effective care. Our vision was to 17 18 become the healthiest community in the United States, 19 and I will talk later about how we approached that. 20 And our value statement was more of a focus. We knew that we needed to focus on those who received our care, 21 and those who provided our services, which are our 2.2 employees, medical staff and volunteers. 23

24 The sponsors, both Catholic and 25 community-based, basically embraced the following

objectives: First, to eliminate the wasteful duplication of services; second, to lower the cost of health care; third, to increase the access to care. In the model that we were in, we were not necessarily addressing access. Fourth, enhance the quality of care, promote sound health policy, and to keep decisions about health care local.

8 We did put together an efficiency plan. I 9 don't recall how expensive it was to put together, but 10 it was a good plan that we felt comfortable with, and 11 we took that plan to the Department of Justice, to the 12 Pennsylvania State Attorney General, and we negotiated 13 and entered into a consent decree which was filed in 14 Middle District Court of Pennsylvania.

Some of the highlights were that we were to save \$40 million in the first five years of our alliance ending June of 1999. That's a sizeable amount of money for the small, rural community that we live in.

Second, we need today pay the Attorney General in cash for any shortfall if we ended up at the end of the five-year period with a \$30 million savings, we need today write a check to the Attorney General for \$10 million.

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Third, we needed a return savings to the

community, 60 percent the first year, 80 percent of the
 savings in the following four years. And fourth, the
 Pennsylvania Attorney General took a look at reports
 that we provided and made sure that we were in
 compliance with those stipulations.

During the first five years, we completely 6 7 restructured health care in our region. We eliminated almost all duplicative overhead and patient care 8 services that our system had. Some overhead 9 10 consolidations that I would speak to today, and I'll only look to the ones indicated in red, but all of 11 these, whether they be printed in red or black, were 12 13 implemented.

14 First, our administrative staff was reduced 15 from 34 vice presidents down to 18. We've reduced 16 positions throughout the health system, not only 17 overhead positions, but also patient care positions by 18 over 450 FTEs within our area system.

Within human resources, we had a single set of policies and procedures which were developed and implemented, a single retirement plan. We gained some efficiencies by creating, because of the size of our health system, self-insured health benefits, thus eliminating our need to go out into the open market and purchase insurance. From an information systems perspective, our information services department took on the responsibility of coming up with a single computer system to help manage our financial and clinical information systems. We're extremely proud of that system that we developed in conjunction with Siemens Medical. We have a single medical record for all three hoew0 TD(6)Tj5.4 -a7125 1 physicians.

As we continue to look at overhead, our city medical staffs, there was a medical staff at the Divine Providence Hospital, Catholic, and there was also a second medical staff at the Williamsport Hospital Medical Center when the alliance began. In year two of 1 2

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single investment in expensive technology would occur. That priority-setting is done in only one place, and that's the Susquehanna Health System board.

Some inpatient consolidations, again, we had 4 5 two rehab, cardiology, two neurology, two oncology, we had two of everything. Again, we were like Noah's Ark, 6 7 two of every service you can think of. Those were all consolidated. Probably the most significant, in red, 8 had to do with the consolidation of OB/GYN services. 9 10 As you can imagine, we each had both the Catholic and other than Catholic organizations in the community had 11 OB programs. Clearly the Sisters of Christian Charity 12 13 felt very strongly, they wanted to keep OB services. However, when we came into the alliance in '94, the 14 15 Williamsport Hospital had just completed a several million dollar renovation and improvement of their 16 17 service. For the Sisters to keep in the business, they 18 were going to have to duplicate approximately a \$2.5 million program, and they agreed in year one of the 19 20 alliance to give up that hope, even though their women's auxiliary had raised probably \$800,000 to help 21 fund it. They gave up that opportunity so that the 22 community could save those funds. 23

24 On the other hand, the Providence House is an 25 outpatient service, if you will, where we work with

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women in crisis pregnancies, and work with them so that they have a place to land. It's a safety net service so that those women that wish to keep their pregnancy to term can do so in the safety of a specific home. So, that is one of the aspects of our health system.

Other consolidations, we've consolidated all of 6 7 our expensive laboratory services to the Williamsport Hospital Medical Center. At the bottom of that chart, 8 we took on some additional savings. These were not 9 10 originally in our plan, but pose opportunities to us due to changing census numbers, due to length of stay 11 reductions in our community. We found ourselves in a 12 13 position in 1998-'99 to actually move all of our medical/surgery patients to the Williamsport Hospital 14 15 Medical Center, as well as our critical care unit. So, basically what was beginning to happen now in a real 16 17 way was the Williamsport Hospital was taking on an 18 inpatient flavor while the outpatient services were 19 being consolidated at Divine Providence Hospital in the 2.0 city of Williamsport.

21 Outpatient consolidations along with that 22 inpatient, there were two emergency rooms, again, only 23 a mile and a half apart. We closed the Divine 24 Providence Hospital emergency room and consolidated 25 that to the Williamsport Hospital. So, basically you

can see the Williamsport Hospital had the emergency
 room now and all inpatient services, except for
 psychiatric care, which remained at Divine Providence.

Other outpatient consolidations, home health 4 care and hospice became the Regional Home Health 5 6 Services, that really backfilled one of the inpatient 7 floors that was vacated at Divine Providence. Also, the surgi center, Divine Providence went to only an 8 9 outpatient surgery center, which took some of the 10 outpatient surgery out of Williamsport and condensed it at Divine. 11

12 The cancer treatment program, again, mostly 13 outpatient, all went to Divine, and you can see on 14 these outpatient consolidations, without exception, all 15 of these services went to Divine Providence Hospital in 16 terms of eliminating these wasteful duplications, and 17 please remember, we had two of all of these, just a 18 mile-and-a-half apart.

Again, our quality focus was based on the fact that there were people in town that either went to Divine or they went to Williamsport Hospital almost exclusively for their care. We were taking their choices away through these consolidations. You were only going to be able to go to Divine for outpatient cancer care; you were only going to be able to go to

Williamsport Hospital for rehabilitation services, et
 cetera, et cetera, et cetera.

We know that the quality of care was a big concern of ours, and as you can see on this chart, we have continued to keep abreast with JCAHO surveys, CARF surveys, which is Comprehensive Accreditation for Rehabilitation Facilities, et cetera.

8 We also helped create the Lycoming County 9 Health Coalition, which is a coalition of about 30 10 not-for-profit agencies within our community and their 11 objective was to identify and measure the improvement 12 of our county's health status. A very important aspect 13 of our strategic plan, because where there were holes, 14 we wanted to fill those holes.

15 One of the things we did is when we moved the emergency room from Divine over to the Williamsport 16 Hospital Medical Center, we created a community health 17 18 center at the request of the Lycoming County Health Coalition. That's a community health center that cares 19 2.0 for the poor and the indigent. We had 11,500 visits 21 last year, but probably more importantly, we took on a dental clinic, because there were also dental needs in 2.2 the community that simply weren't being met. Primarily 23 24 the poor, but also there were children with very 25 significant needs, and they needed to be sedated for

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the purposes of their dental care, and we took that 1 2 responsibility on as well as other patient service improvements, so not only did we consolidate, but there 3 were areas we improved. The Breast Health Center was 4 5 an interesting one. We had a donor that had been aligned with the Williamsport Hospital for years and 6 years. She wanted to give a very large gift to 7 Williamsport Hospital Creative Breast Health Center. 8 Our system board decided that that Breast Health Center 9 10 belonged to Divine Providence Hospital. The donor was 11 approached, a very high profile individual in our community, and asked if she would give that gift to the 12

transferred to Muncy Valley Hospital as one of their
 centers of excellence, and it also provided us with
 more capacity at Divine for outpatient surgery.

This is a listing of a variety of recognitions, national awards that we have received as a result of our consolidation of services, and I'm not going to go through all of those.

8 At the end of the fifth year of our alliance, 9 we had reported savings to the Attorney General's 10 Office through June of '99 of \$105 million. The return 11 of those savings to third party payors and to the 12 community was \$117 million.

13 The questions that I'm frequently asked is, did the alliance, the merger, the consolidation of services 14 15 achieve the efficiencies it promised? The first look is if you look at the inpatient side, look at the beds, 16 certainly we delicensed a ton of beds, 57 percent of 17 18 our beds that were delicensed. We went from 607 down to 287, but at Williamsport, which is again our primary 19 acute care hospital in Williamsport, 241 beds is where 2.0 we are today, average census probably in that 200 range 21 or probably a little less. 2.2

Divine Providence Hospital is now an outpatient campus, it has 31 inpatient psychiatric beds, and that is it. The rest of the services we provide there are

1 outpatient only.

2 And Muncy Valley Hospital was 70 bed acute, now 3 it's a 15-bed critical access hospital, located about 4 15 miles outside of Williamsport.

5 The second point that we look at is our cost 6 savings. Our target was \$40 million. We felt fairly 7 comfortable we could make that. That's why we made 8 that bet with the Attorney General. But we actually 9 came in at \$105 million, according to the report 10 submitted. We returned \$117 million, which was 11 actually more than the amount saved.

12 And I would like to thank you for the13 opportunity of presenting that information. Thank you.

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(A 5 .)

MS. HOPPING: Hi, thank you for allowing me to present to you today. It is always an honor to be a part of any process that increases the understanding of the complexity that is health care. I commend the Commission for this series of meetings to better understand how health care markets work. I look forward to your final report.

Again, my name is Jamie Hopping, and I am the Chief Operating Officer of Ardent Health Services in Nashville, Tennessee. Ardent owns and operates acute care hospitals and behavioral hospitals throughout the country. We currently have 27 hospitals in 12 states.
 Personally, I had more than 20 years experience in
 health care as a provider. I had run everything from
 small hospitals to a group of hospitals with more than
 \$4 billion in revenue.

6 In regards to today's topic of post-merger 7 environment with hospitals, I have been part of six 8 hospital mergers. I have seen and been involved in 9 highly efficient mergers, and as an industry observer, 10 I have observed mergers that were not particularly well 11 thought out.

I believe in the open marketplace and I believe 12 13 in competition. Most of all, I believe in quality of health care. I would like to address hospital mergers 14 15 from an operational standpoint. To be successful, a merger must achieve real, not just paper, efficiencies. 16 17 Sometimes there's just a merger of balance sheets, but 18 the two systems are run separately. They're obviously not efficient. The name becomes hyphenated, and unlike 19 20 a merger where two people hyphenate their last names, there really is no merger that occurs. 21

In other cases, you'll see the executive suites merged, you'll see the balance sheet merged, but you won't really see an operational plan that's been prepared and planned for the merger.

In my view, a truly innovative combination of 1 2 merged executive suites, balance sheets, operations, and clinical programs to be successful. Examples would 3 be including eliminating tertiary services, such as 4 open heart surgery, neuro surgery, neonatal intensive 5 care, pediatric surgery, among others. Simply getting 6 7 a consultant to put together a report versus dealing with the tough issues with physicians and staff allows 8 for a development of an operating plan. 9

10 A true merger eliminates duplicative services 11 and costs. As an example, at this point, we are 12 putting together a delivery system in Albuquerque where 13 we are eliminating women's and children's services from 14 two hospitals to one hospital and dedicating one 15 facility for women's and children's services.

Merging hospitals can bring substantial
efficiencies; however, if the tough decisions are not
made at the outset, mergers can be great failures.

19 The merged party has to be aggressive. If you 20 look at the UCSF/Stanford merger, and I watched that 21 from afar, it unraveled, and it appears that they 22 didn't make the tough decisions at the beginning.

I worked on behalf of the California Attorney General on a proposed merger between two systems in the east bay of San Francisco. They indicated that they

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were going to consolidate their open heart programs. 1 2 At the time of the proposed merger, it didn't appear that they had had face-to-face conversations with the 3 affected physicians, the cardiologists and 4 cardiovascular surgeons. There was no plan. There was 5 a consultant's report. And the consultant's report had 6 7 indicated that there were a number of opportunities 8 that this particular consultant had never actually done 9 a full-fledged hospital merger and didn't really have 10 the expertise, and it didn't appear that that consulting report had really been carried through to an 11 operational and a management plan. 12

In a case that I was involved in in south Florida, we consolidated two hospitals. We purchased one hospital and consolidated our existing hospital into that hospital, Palm Beach Regional and JFK. We own Palm Beach Regional, we bought JFK, we closed Palm Beach Regional less than 60 days after making the acquisition of JFK.

20 We had a very specific plan, it was our fourth 21 merger in that marketplace, and we had local knowledge 22 and expertise. I don't recall using any consultants to 23 accomplish that.

And when I put together the various learned lessons from the mergers that I have been involved in,

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the key operational issues, some of which provide 1 2 efficiencies and some of which are just difficult issues that have to be dealt with, include closing 3 facilities, making that very, very tough decision, 4 combining hospital-based physician groups, these are 5 sometimes the toughest issues that you have to deal 6 7 with in a merger, and that means getting radiologists, anesthesiologists, pathologists, ER physician groups, 8 and neonatologists together to provide services in the 9 10 new combined entity, providing one set of medical staff by-laws. Again, it sounds like something easy to do on 11 a checklist, and it's a very tedious and difficult 12 13 process at times.

14 Consolidating contracts for health plans, 15 staffing, combining governance, communicating with one 16 voice, because you have two entities who have local 17 community knowledge and all of a sudden they have to be 18 able to communicate as one entity.

19 Changing the culture, again, it sounds like 20 something on a check box, but it's something that goes 21 on for years and years and years. Consolidating 22 provider numbers, all of the regulatory requirements, 23 improving quality by adding programs that were not 24 efficient given increased bulk.

As an example right now, we're combining two

1 laboratories that we're doing reference testing. They
2 are now going to be able to bring in certain tests that
3 as independent organizations they weren't able to
4 provide or weren't efficient to provide, so they're
5 able to bring those in-house.

6 Other areas, such as common quality benchmarks. 7 Oftentimes in a single hospital environment, they don't have the bulk to be able to go after some of the 8 9 quality indicators, such as ER wait times. There's 10 also ability to improve access to information by investing in IT systems that the single stand-alone 11 hospital was not able to do and which obviously 12 involves a very large capital investment. 13

14 I believe investor-owned companies are better

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rates to the federal government rates. And obviously in Medicaid, they have a great impact on pricing, and depending upon the market, physicians do drive the volume, they do drive choice, and then, of course, patients have their choices and will move if they're not getting the service and the access and the quality that they demand.

My observation is that in the early and the mid 8 9 to 1990s, hospital mergers were fashionable. In fact, 10 many stand-alone hospitals were fearful that if they didn't become part of a system, they would fail. And 11 12 there was a bit of a merger mania in our country. In 13 some cases, the mergers were necessary to ensure a 14 hospital's future. In others, it was a paper merger, 15 that in fact resulted in inefficiencies for the new 16 combination, because you had to have new executives and 17 new corporate offices and new suites.

Hospital care is a highly fixed cost business; therefore, there are logical efficiencies to be obtained through mergers. In some cases, whole hospitals can be eliminated, resulting in very high efficiencies. In other mergers, programs, management, supply purchasing, debt consolidation, and labor, can result in huge savings.

25 Finally, failed mergers abound where the

combination was made without a detailed plan of execution that resulted in new efficiencies, and in some cases higher costs. With hospital mergers, there must be a plan. Management and the board must make hard decisions. They must be aggressive and must keep in mind the audiences that impact health care.

7 I want to thank the FTC and DOJ for the
8 opportunity to discuss my personal experiences in
9 effecting hospital mergers. Thank you.

10

(A 5.)

11 MR. WIEGAND: We're going to pause for about an 12 eight-minute break, probably not long enough to grab 13 ice cream, but long enough to get up and stretch and 14 refresh ourselves. Thank you.

17

MR. WIEGAND: Jim?

18 MR. LANGENFELD: Thank you. And thank you for 19 the opportunity to be here. It's always nice to be 20 someplace where the weather is worse than Chicago.

I would like to talk about post-merger behavior from an economic point of view. And actually, from an academic economic point of view, oddly enough. But that has applications, I think, going forward, in terms of FTC policy, and just competition policy in general. So, I'm going to start out by making some very rough characterizations about what I've observed in some markets after mergers. I am not going to talk about anyone in specific, but I will just give you a general characterization.

I'm next going to talk about what the courts,
in a very simplistic way, to some degree, but the way
the courts have looked at doing market definition,
geographic market definition, in particular. And to
some degree, some of the discussions that talk about
competitive effects after a merger that I have found in
some of the court decisions.

13 What I'm going to talk about is, okay, the FTC is engaged in post-merger investigations. 14 Now, 15 obviously, the DOJ is helping sponsor these hearings. What can we learn that might inform us, looking 16 17 forward, what economic facts might we get out of 18 retrospectives? It would be helpful to test what are 19 the approaches that the courts have taken to this point 2.0 in time actually make sense or not. Then I'll have a 21 few words for why I think in particular the FTC and the DOJ are in a particularly good position to do this type 2.2 of research. I'm not going to recommend whether they 23 24 should be bringing administrative law complaints or 25 not.

So, this is definitely not all mergers, not 1 2 even most mergers, but some mergers, what I've observed is this: Pre-merger, perhaps the acquired hospital has 3 lower rates to private payors than the acquiring 4 5 hospital has. After the merger, the acquiring hospital 6 raises the rates up to its higher level, which on 7 average is a price increase. And I have also observed that these rate increases can be as much as 50 percent, 8 or sometimes even more. So that there is actually a 9 10 noticeable effect.

Now, this is not based on doing detailed 11 econometric analyses, although some people, such as 12 13 Mike Vita and Seth Sacher, who is going to discuss his work, have done that. Perhaps the first time this 14 15 merger retrospective test was ever done, several years ago, shortly after I left the Commission. But those 16 17 are -- I'm going to say in instances where we've 18 observed these type of things, and as Lawrence points out, it's not necessarily easy to quantify all these 19 2.0 things, but I'm going to make it simple, because I'm an 21 economist and I can make assumptions. I'm going to assume that we observe this type of behavior in some 22 23 markets. And if that's the case, what would a merger retrospective, once it establishes these things, what 24 25 can we learn from it?

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I see so many people whose faces I recognize, 1 2 I'm not going to go through and talk about the basics of market definition here, with the exception of just 3 making one point. The one point is that if we use the 4 5 merger guidelines market definition type test in play at the hospitals, and places where the government is 6 7 not price fixing, then the test basically can be a critical loss test initially, which is consumer price 8 increase of some magnitude. Critical loss will tell 9 10 you how many people, how many sales have to be lost in a hypothetical market, with everyone in that 11 hypothetical market, all the hospitals in that 12 13 hypothetical market, raise their prices at the same time to 5, 10, 15 percent higher. 14

15 The key thing that needs then to be addressed is assuming this price increase, and we know that it 16 17 would not be profit maximizing if more than some level 18 of people leave the providers in a given market, how much -- how many people would leave, to find out 19 2.0 whether it would be profitable to raise price post-merger. And so, you need to get an estimate of 21 the cue, what is the change? 22

And that's difficult in hospital mergers,
although there's a lot of data identifying detailed
price data, actually setting true transactions price

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1 data is not that easy. And a lot of times courts just 2 don't have that information up front. So, what do the 3 courts do? The courts rely on the data that they have. 4 Sounds like an economist, right?

So, they look at typically Elzinga-Hogarty type 5 tests, where they follow basically patient draw areas 6 7 and patient exits. And they measure those because in 8 most states, there is very good data as to where a patient comes from to go to a hospital, and where 9 - -10 and so you have that fairly detailed and reliable information. And although Ken Elzinga and Tom Hogarty 11 12 didn't always say that this was going to be the be all-end all test, it seems to have been for many 13 14 courts.

15 If it turns out that in a given market if more 16 than, for example, 10 percent of the people leave the 17 area to go to hospitals outside the area, then the 18 courts have frequently found that that's too small a 19 market area; you need to expand the area and include 20 more hospitals.

Also, there's an overlapping draw analysis that's been used in some of the cases, too, which I'll describe, but it gets at a lot of the same issues that the Elzinga-Hogarty test gets at. But the key is that the courts have frequently just looked at these type of

benchmarks, plus some qualitative information, to make 1 2 a decision as to what would happen in the dynamic What if prices went up? Well, we don't know, 3 sense. but we're going to look at these patient flow measures 4 and we're going to infer from that what was going to 5 6 happen. And if enough people were going to leave a 7 geographic area and go to a hospital outside of it, right now, we're going to assume that a price increase 8 9 would induce many more of them to leave, and therefore 10 the geographic market is defined too narrowly, it must be expanded. In most of the hospital mergers that have 11 12 been lost, the half dozen or so that have been lost by 13 the Department of Justice and the FTC have fallen on 14 this geographic market argument, where the courts have 15 found very broad geographic markets.

This is the only data I'll actually use in this and this is purely for illustrative purposes. To think about the Elzinga-Hogarty style analysis. These are from OSHPD data, and this is a merger I worked on, and like several people in the audience worked on. It was a merger between AltaBates and Summit, AltaBates being owned by the Sutter Health System.

23 What happened here, all I've done is I've 24 calculated what a 90 percent draw area is, to keep this 25 symbol, for the combined AltaBates/Summit hospitals.

And this is what it looks like. As you can see, the 1 2 analysis usually involves zip codes, because zip codes are the smallest areas that you can identify where a 3 patient is, typically. And this particular graph sort 4 of illustrates some of the problems with draw area 5 Elzinga-Hogarty type analysis. You can end up with 6 7 holes in it, you don't necessarily get a continuous There are all kinds of problems with it, and I 8 area. am working on a paper with Ted Frech right now that 9 10 addresses some of these things. Ted has testified and mentioned that already in these hearings. 11

I don't want to go there, but what I want to 12 say is let's think in terms of post-merger behavior and 13 let's think about what the courts do beforehand. 14 Thev 15 look at these different zip codes; they say, okay, if you use an analysis similar to what Barry Harris uses 16 in his critical loss, he will look at these and he will 17 18 say, well, okay, we're going to start out and we're going to see whether any one of these zip codes in this 19 2.0 draw area should be considered in the market, or definitely should be considered in the market is what 21 they would say, but should hospitals outside this area 2.2 then be added, too? 23

And the typical analysis that Barry has used, and successfully, in court, is that 20 percent of the

patients in any one of these zip codes actually go to 1 2 hospitals outside of that zip code, well that's a contestable zip code. If prices -- if the hypothetical 3 monopolist raised prices, the hospitals within this red 4 5 area, raised prices, by 5, 10 percent, the argument is that enough patients would leave and go to hospitals 6 7 outside the area that those hospitals should then be added to the market area and the area should be 8 9 expanded out.

10 And of course the broader you expand it out, 11 the smaller the market shares that any two hospitals 12 will have, and it will fail on either defining the 13 market or having the merger leading to a high enough 14 market share for there to be an antitrust concern.

15 An alternative approach which I call the overlapping draw area analysis is basically a variant 16 17 of this. If you look at the circle in the center here, 18 that's a 90 percent draw area, let's say, to keep it simple. And there are other hospitals located around 19 2.0 it, giving them all a mostly circular, sometimes 21 elliptical draw areas. And the argument here is that if you have a hospital outside and the 90 percent draw 2.2 areas overlap substantially, that other hospital should 23 24 be included then. Because the patients that are 25 located in the areas I've noted by As here could go to

either hospital. So, therefore, you should expand those hospitals out, you should include those.

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This type of analysis, though, leads well down 3 the road, because you can see there are other hospitals 4 5 that have other overlapping draw areas. And when the courts embrace this, they say, well, you know, the 6 7 market just keeps getting bigger and bigger and bigger, because you can always find an overlapping draw area. 8 9 And, in fact, the courts have said, well, I've 10 highlighted the circles to the right and the lower left, and this type of analysis leads you to include 11 those, because the presumption is that there's a direct 12 13 link here, that the prices will -- that people won't, because of this analysis, people will continue to 14 15 migrate to further and further out hospitals if prices went up in the area defined with the As in it, that 16 17 initial draw area.

And so it leads to surprising results such as,
you know, half a state being a relevant geographic
market for a particular hospital merger.

Okay, so what can post-merger behavior tell us about these two key tools that the -- that the courts have used in determining whether the size of geographic markets, which in the last 10 years have been fairly large. Well, one thing you can do is you can look at

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migration responses, you can put a test to these type of tools. You can say, okay, based on my observations, the prices went up substantially, we should observe whether people actually migrated to hospitals further out. The economics part, that's a testable hypothesis.

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6 If those migration patterns don't change, then 7 we have to think about the assumption or the tool that the court is using at that point in time. Similarly, 8 some courts have rigidly followed a 5 percent price 9 10 test that's in the merger guidelines. Post-merger, if we take my hypothetical again, we observe higher prices 11 than that. And there's a reason to think that that 12 should also affect geographic market definition 13 analysis by the courts if they're going to hold to a 14 15 strict 5 percent test.

Let's talk about the first one. I think 16 there's an important -- this testing, whether patients 17 18 after a price increase actually change their migration patterns, is a very important thing. In part, because 19 20 of my observations, we can have a discussion on this, but the hospital services are typically not homogenous, 21 so there's no reason, oh, to think for a relatively 22 small price increase everybody is going to go to a 23 hospital at a more distant location. 24

25 Secondly, patients clearly have

nonprice-related reasons for choosing a hospital. It
 may be that they may travel a longer distance because
 it's located near a family member or work or there are
 things that make some of these longer migrations not
 necessarily sensitive to price.

6 Third, payors really do not have an unlimited 7 ability to induce patients to switch. They can switch, 8 they can provide incentives and today, I mean, there can be a differential, but it's limited as to how far 9 10 you can get someone to go to a hospital. Therefore, my opinion is that there shouldn't be a presumption that 11 12 because you have a certain market share in a zip code 13 that a 5, 10 or 15 percent price increase will automatically induce enough exit to hospitals outside 14 15 that the market should be expanded to include those 16 other hospitals.

And in fact, in a post-merger -- in a review after a merger, you can test that. You can see what happens with the patient flows once you establish what the prices have actually changed.

21 Price increases greater than 5 percent, we can 22 talk about several of these ideas and the economics are 23 in some of the articles that I have provided to at 24 least the panel here, because I wrote an article with 25 Wenquing Li about critical loss and things. But it's

clear that the economics are that a price increase of
 10 percent or more can be profitable, even if a 5
 percent increase, the ones that some of the courts have
 strictly used, is not profitable.

5 That is to say, you can end up losing a certain 6 number of patients, but if you end up with another 7 group of patients that are priced in elastic, and you 8 still retain those, you can lose a fair amount of 9 output, you can lose a fair amount of patients and make 10 a price increase profitable at a higher level than 5 11 percent.

12 And we can talk about that later, but once 13 again, and this is in the area of economics, but I 14 don't have time and most people don't have the interest 15 to go through the details of that right now. It's a 16 Friday afternoon.

But this is another thing that can be tested. You can see whether those prices went up by more than 5 percent by doing the initial analysis. And if they did and they were profitable, again that is evidence that the geographic market is narrower. It in some sense goes to the bottom line that Mr. Kopit was talking about.

There's also another thing the courts talk about, although typically this is not the reason they

throw out these cases, but, you know, judge's decisions 1 2 being what they are, they talk about a variety of things. Sometimes they talk about what the competitive 3 effects are. Let's assume you've established a market. 4 The way you establish a market is, you see everybody 5 6 raises their price at the same time. But once you've 7 established a market, then you consider the competitive effects. How will the other firms react in the market, 8 and will you price in some different pattern that's 9 10 generally assumed when you're applying the merger quidelines? 11

And a lot of times, well most of the time, the 12 13 analyses in the courts are that even if you have a market, where the hospitals and a firm -- this is a 14 15 unilateral effects, not collusion -- the firm raises price substantially after the merger, because it has a 16 large market share. Other hospitals wouldn't follow 17 18 that price increase, and they would just take sales away from the hospital that attempted to raise prices. 19

20 Another thing is that they would assume that 21 they would expand services, or expand the geographic 22 reach, should a price increase take place. These types 23 of things are important because if other firms, even if 24 they had relatively small shares, expanded their 25 services and took sales away from the merged hospital, then that means that even if you had a well-defined market, which we typically don't have, and according to the judges in these cases, you still could defeat any attempts to raise prices in an anticompetitive fashion after the merger.

Particularly some specific tests, once again,
if you have the benefit of looking at what's happened
after the mergers, and I'm going to do that real quick
here, because I'm running out of time.

10 The bottom line is that you can check, if you get you have enough information here, you can check 11 whether other hospitals raised prices after the merger 12 13 took place, or they did not. You can test that 14 hypothesis. You can see whether they expanded 15 services, as some Judges said that if prices went up, they would just expand, they would add another clinic, 16 they would add this. You can test that, you can see by 17 18 looking at the other competitors whether this type of analysis is correct. 19

So, let me just put it this way: One of the things that I really commend the FTC on doing this, not only for law enforcement purposes, but for the purposes of what I perceive the FTC to be, which is not only a law enforcement agency, but an agency that was created by Congress with special expertise to help figure out

hard problems, and I think to the extent -- and we 1 2 shouldn't lose that aspect of it, and I think that's one aspect that should probably be useful based on the 3 hearings that you're having here, and on the 4 post requiems, on these mergers that have taken place. 5 6 It can help understand how these markets work and can 7 understand much better how the tools the courts are currently using, whether they're adequate tools or not. 8 9 Thank you.

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11 MR. BALTO: I'm David Balto from White & Case, 12 and I don't know about the rest of the audience, but 13 I'm rather disappointed that I didn't find out what a 14 kinked demand curve means. I'm not an economist, I'm a 15 lawyer.

I used to be the assistant director for policy 16 17 and evaluation at the Bureau of Competition in the FTC, 18 and background 2000. Emily Gertzima and John Simpson 19 had the privilege of going to Grand Rapids, Michigan 2.0 and figuring out what happened to competition after the Butterworth and Blodgett Hospital systems merged. 21 То prepare for my talk today, I went back and spoke to 2.2 some of the same people I spoke to back two years ago. 23 By the way, for those of you who think I talk too fast 24 and have trouble taking notes, everything I say is 25

included in two articles that I've written that are out
on the front table, and then there's an antidote to my
articles written by an attorney for the Butterworth
Hospital system which takes the opposite point of view.

5 I was asked three questions to answer; I will 6 answer them quickly. How effective is it for hospitals 7 post-merger to switch to other hospitals? Well, at 8 least payors to switch to other hospitals post-merger? The answer to that question in Grand Rapids is no. 9 Are 10 there -- how effective are nontraditional remedies in stopping anticompetitive conduct? The answer is maybe, 11 for a short period of time, but you should always 12 13 remember a merger is forever.

In September of this year, the sword of Damocles will fall upon the health care community in Grand Rapids, Michigan as the order that the judge imposed in the Butterworth/Blodgett merger is removed.

Well, let me give you the background, that was the bottom line, let me give you the background. In 1996, in the mid-1990s, the community of Grand Rapids realized they had a problem. They had a medical arms race between Butterworth and Blodgett, two equally sized hospitals, that were both very efficient, effective competitors.

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To deal with this medical arms race, they

brought together a group of community leaders and they decided that a merger was the best solution to this medical arms race. By the way, there are two other small hospitals in Grand Rapids, but Butterworth and Blodgett at the time made up something like 60 percent of the total beds. No one else offered tertiary care. The FTC staff from Seattle, Washington, of all places, 1 The court looked at competition from managed 2 care. Managed care from the perspective of managed 3 care, and said, the kind of selective discounting that 4 goes on when managed care plays off two hospitals 5 against each other was not the kind of selective price 6 advantage that the antitrust laws were designed to 7 protect.

8 I would like to use that all the time when I 9 get to attack for price discrimination.

10 On nonprofit status, the court unfortunately 11 couldn't be informed by Seth Sacher and Mike Vita's 12 study, which came out a few years later, which severely

The commitment also created a complex pricing 1 2 formula for managed care. You see, there's a unique problem in Grand Rapids, Michigan, that's unlike the 3 rest of the hospital mergers that are being discussed. 4 In Grand Rapids, Butterworth and Blodgett own their own 5 managed care subsidiary, and though the FTC did not 6 7 litigate the question of whether or not this merger 8 would be anticompetitive at the managed care stage of this level of the market, the court was concerned that 9 10 there could be adverse effects on other managed care providers through discriminatory conduct by the merged 11 firm. 12

13 So, the community commitment was a cap on 14 prices to consumers, and then a nondiscrimination 15 provision, an extraordinarily complex nondiscrimination 16 provision to make sure that Butterworth/Blodgett, now 17 known as Spectrum Health, did not favor Priority, its 18 managed care subsidiary, through discriminatory 19 practices.

Now, five years later, what's the result?
Well, first of all, Spectrum's market share has
increased somewhat. It's something like 70 percent.
It's increased, actually, a little bit over the last
few years. The most important change in the
marketplace is that Priority has grown from being one

of four or five managed care providers to the largest
 of a market which has only three managed care
 providers. And Priority has a market share of over 50
 percent.

5 There has been withdrawal of at least one 6 significant player in the managed care market, and 7 unlike other markets in Michigan, there has been very 8 little HMO penetration.

9 Now, there are good aspects and bad aspects of 10 the approach taken by the court. On the good side: The parties really are committed to abiding with the 11 community commitment on prices. There is nary a soul 12 13 in Grand Rapids who will tell you that they are improperly increasing prices to consumers. Moreover, 14 15 they established a transparent process of going and trading with an independent auditing committee and 16 providing reports to the community on an annual basis 17 18 about both cost savings and their commitments to keeping prices down. 19

20 Second, in terms of efficiencies, as Dr. Taylor 21 noted, the greatest efficiency they proposed was that 22 they were going to consolidate facilities. They were 23 going to close Blodgett and consolidate all the 24 facilities at Butterworth. That has never happened. 25 The reason it never happened was that the physician

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groups were not the least bit interested in having
 Butterworth closed.

Instead of that, there has been significant actual increase in investment in new facilities. Now, I have to say that the parties report that they have achieved over \$300 million, let me repeat that, over \$300 million in efficiencies during the five years since the merger has been -- the merger occurred. It's quite striking to me that that's so significantly midnight of the day that they were about to be
 terminated with a substantial increase of something
 over 10 percent.

So, the problem with the merger, and it's a problem that lives forever, that cannot be regulated, is that before managed care providers could play off two large hospitals against each other, after the merger, that kind of ability to play off two hospitals against each other is just gone.

10Priority is the only firm that has a capitated11contract with Spectrum, and you have no independent

addressing these cases in administrative litigation, and I have actually written to that effect, but I wanted to raise three concerns for the FTC to consider in administrative litigation. And you see this in part in looking at the cases they're currently litigating.

6 I think that some of the legal standards that 7 the FTC is applying would be inept in applying in a hospital merger context. And the FTC should consider 8 9 the fact that they didn't lose these cases just before 10 federal district court judges, they lost these cases before federal court appellate court judges. And no 11 matter how good these administrative decisions are, 12 13 ultimately the real tribunal is a federal court 14 appellate court.

15 First of all, in the recent FTC administrative cases, they have taken the unusual position of saying 16 17 that they don't have to prove actual anticompetitive 18 effects, that they can continue to rely on the incipiency standard. And part of it is from the 19 2.0 reasoning in the Hasbro Corporation of America where Posner says that you should discount evidence that is 21 within the parties' control. So, if the parties 2.2 haven't increased prices, that's not necessarily a plus 23 for the acquisition, because they can control the 24 25 increase in prices.

1 Regardless of whether the government could 2 actually win a case like that, that was -- that had 3 been consummated, five, six, seven years down the line, 4 I think it's incumbent on the government to go and to 5 identify cases where there's actually been a 6 substantial increase in prices.

7 Second, I think it's very important for the government to actually litigate the issue of remedy, 8 9 and how remedy would work. In the recent Chicago 10 Bridge case, the government abjured the obligation of actually litigating how the remedy would work, and I 11 think that would be a mistake for the government in a 12 13 hospital merger case, and again, you know, it could cause problems later on in administrative litigation. 14

Finally, I think the government should do a careful analysis of both service and -- of nonpriced related aspects of competition, including service, quality and choice. Sometimes we assume just because choice is limited that that's an anticompetitive effect, but I think you need a much more careful analysis of both service and quality.

Thank you very much for having me participate in today's hearing.

TDocipate

eighth speaker on a Friday afternoon and getting to
 talk about econometrics, but basically it's a light and
 bouncy econometric piece.

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5 MR. SACHER: So, I will start talking about it. 6 Basically, I'm going to talk about two topics. First 7 of all, I want to talk about some of my own research 8 actually evaluating post-merger conduct. And this is 9 actually the first piece of output from the FTC's 10 merger retrospective project.

We look at a merger in Santa Cruz, California,
the piece is called, "Vita and Sacher, a Case Study
Evaluating Post-merger Behavior in Hospitals,"

14 something like that, I don't remember, Journal of

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a, buter, Journ714

7 MR. SACHER: So,Santa Cru9l

8e 5.4 -2 TD (actually TD TD k Jims"Fngenfeldjr in Santa Cr2tals,'

basically three contributions. One is on the effects 1 2 of mergers generally. Believe it or not, there's really very little literature out there actually 3 evaluating the post-merger effects of mergers in 4 5 general. In a sense that's not surprising, because you guys here at the FTC or DOJ, when you see an 6 anticompetitive merger, you evaluate that before it 7 actually happens and you prevent it from happening. 8

9 So, us poor economists, we don't actually have 10 that many anticompetitive mergers to look at to figure 11 out what those kinds of effects are. So, that merger 12 is actually fairly scarce. But we took care of one of 13 those unfortunate opportunities for the consumers in a 14 particular area, but a fortunate one for us economists.

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the community to give consumers a better break, they actually won't raise prices, they won't behave like profit-maximizing entities.

There's another strand in the economics 4 5 literature that says, no, no, no, nonprofit entities will behave just like for-profit entities. There may 6 7 be many reasons for this. One is that they may actually, you know, while their by-laws say we're 8 nonprofit, in fact, profit-seeking entities may have 9 10 captured them. In the case of a hospital, perhaps the hospital administrators or the physicians have captured 11 it, and they actually want to run the hospital so that 12 13 it earns profits and then they can turn those profits around and pump them back into making nicer offices or 14 15 nicer equipment for you to work with. That's one possible theory of why a nonprofit entity may still 16 seek to maximize profits, or at least increase profits 17 18 when it can.

Another theory is that even a charity-run nonprofit entity may seek to increase profits and may use those profits for charity care, but still, nonetheless, may be behaving just like a for-profit entity. So, these are, again, just a sample of some of the theories that are out there that really are calling for empirical kinds of work.

1 did confirm this hypothesis.

2 Around the mid-1980s, the insurance 3 reimbursement system started to change for a number of reasons, one of which is California actually allowed 4 5 selective contracting. The DRG system in Medicare actually led to other insurers experimenting with cost 6 7 controls, and just a general sense that hospital costs 8 and medical costs in general were getting out of control. There was a change, in that insurers started 9 10 forcing patients to be more price conscious, giving them kinds of payments, copayments, and then 11 deductibles, and also there was more selective 12 contracting going on. 13

14 So, later literature actually looked at the 15 extent of competition and price, and found it kind of 16 standard relationship that we antitrust enforcers or we 17 antitrust practitioners like to think, that the more 18 competitors you see, the lower the price is going to 19 be.

Okay, this literature is well and good, but it may not be entirely relevant to merger policy. One is that there are econometric issues. Anybody that's taken industrial organization, kind of the economics and antitrust, you spend about one quarter of your first semester or half of your first semester trashing these price or profit concentration studies. Maybe now it's just so trashed that they don't bother mentioning it anymore, but at least, when I took industrial organization, that's what you did.

5 Not the least of which, one issue with these 6 studies that may be relevant for hospital markets is 7 that you're forced to define a geographic market and that's clearly not an easy matter. 8 There's been obviously a very contentious issue in a number of the 9 10 recent hospital cases that have been brought here, and actually the methodology that we use obviates the need 11 for defining geographic market. 12

13 Secondly, just because you're looking at the number of competitors and looking at these kinds of 14 15 price variables doesn't mean you're actually evaluating the effects of a merger itself. A merger can have, you 16 know, contradictory effects. On one hand it can reduce 17 18 the number of competitors, as well as these cost savings. So, what's the net effect? Just because 19 2.0 you're looking at different markets with different numbers of competitors doesn't necessarily translate 21 directly into the effect of a particular merger in a 2.2 23 particular market.

And then I just would mention here, also at least one major study found this relationship didn't

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hold for nonprofits. This study is by the only 1 2 economist health care consultant that is not on today's panel, Bill Lynk, and he had the famous study in the 3 Journal of Law Economics on that. His study, of 4 5 course, was I think quite important, of the Butterworth decision that David Balto talked about. There have 6 been other studies in the wake of that that have 7 contradicted this result as well, using the price 8 concentration methodology. 9

10 Just quickly, while I said the post-merger literature is fairly scarce, there have been some 11 12 studies, some of them actually have taken place here at 13 the FTC, and there's been basically two approaches that have been used. One is what I call a relative price 14 15 approach. As Lawrence said, if you want to do a study of prices, you can't just look at average prices before 16 17 the merger and average prices after the merger, because 18 all kinds of things that are going on that the 19 economists and the practitioner has to try to hold 20 constant.

And one way that has been done in the literature is to look at -- you've got this particular good where the merger occurred, you've got the prices where the merger occurred, and to look at it in another market that is supposed to have the same demand and

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1 cost conditions, the same kinds of things that would be 2 affecting price. And look at how that price in the 3 market where the merger took place changed relative for 4 the equivalent good in a market where the merger did 5 not take place.

And there have been basically at least two 6 7 studies on this part, and Sherman did this in the microfilm market, which is actually something that came 8 out of an FTC study. Kevin Singal did this in airline 9 10 markets. They looked again at prices in airline markets where mergers occurred, how those prices 11 changed relative to prices in airline markets where 12 13 mergers did not occur. And that is the basic methodology. 14

15 The second strand I call the price equation 16 approach. You look at price. Price is supposed to be 17 a function of all these kinds of variables that affect 17

west by the Pacific Ocean, on the north and east by the
 Santa Cruz mountains.

So, basically, it was a pretty isolated market, 3 and patient flow data that is discussed in the -- or on 4 5 the matter suggests, again, that patients viewed it that way as well. About 94 percent of the three 6 7 hospitals in Santa Cruz County, about 94 percent of their patients came from or were residents of Santa 8 9 Cruz County and about 97 percent of the people in Santa 10 Cruz hospital that used that hospital used one of these three hospitals. 11

Basically, so there were basically three hospitals in the county. The merger reduced the number of hospitals from three to two. The market share of the merged entity increased from about 62 percent to 76 percent, and the increase in concentration, the HHI increased from about 4,000 to over 6,000. So, a fairly high increase in concentration here.

As we see, in March 1993, the FTC accepts a consent agreement with Dominican Health Care. You're going to say, wait a minute, wait a minute, didn't Sacher just say, you know, there's no anticompetitive mergers out there. The FTC looks at those prospectively, and, you know, kind of blocks them from ever occurring. And here's something he's going to

talk about, you know, maybe being anticompetitive.
 Three years later, after it occurs, the FTC is
 accepting a consent.

Basically what happened here is that this 4 particular merger did not meet the filing threshold, so 5 6 it was allowed to consummate without a prospective 7 review, and it was only in response to investigation on 8 the part of the FTC that this merger was uncovered and investigated and basically the investigation didn't 9 10 take place until it was already consummated and one of the facilities had already been converted to a skilled 11 nursing facility, had already been changed over from an 12 acute care facility. 13

14 The FTC accepted the consent, but this consent 15 didn't break apart the merger. It just basically said, 16 Dominican, if you're going to acquire anymore hospitals 17 in Santa Cruz County, you're going to have to get our 18 approval first. You're going to have to file with us 19 first.

So, and what was the FTC's reasoning? Well, if you read the opinion surrounding this matter, all five commissioners said, we think this transaction has really created significant market power. But three of them said, well, it's already been consummated, there's not much that we can really do. It's going to take us

years to go through administrative litigation. 1 Two commissioners actually said let's go ahead and do 2 something. But three said we really can't. And 3 another reason they said we can't is because Sutter 4 5 Health had actually already had indicated that it was going to enter the market with some kind of health care 6 7 facility, and they felt that this entry would at least restore the pre-merger status quo more quickly than 8 administrative litigation ever could. 9

10And as it did happened in the second quarter of111996, Sutter Health opened a small maternity and12surgery center with about 21 beds.

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So, maybe bad for Santa Cruz County, but great for economists. This is really a wonderful opportutliorD(5810 TD0

1 reason this one was, you know, as Lawrence said, you've
2 got to give time for the contracting to go through and
3 the cost savings to go through. Well, we were looking
4 at this some six years, seven years, eight years after
5 the transaction had already been consummated.

Okay, measure of price, we looked at, private 6 7 patient prices. You know, it was private payor prices. It was net prices, it wasn't charges, from the 8 California OSHPD office of state-wide health plan 9 10 development data. We had about 10 years of data, they provided us with a load of diskettes, in view of being 11 the government, we didn't have to pay for any of that, 12 it was absolutely fabulous. 13

And then basically the methodology that we used was, we just kind of took going through more complex ways of looking at it to kind of test this hypothesis, did the merger result in increased prices? We looked at it in terms of prices per admission and per diem prices.

20 What we did first, we just looked at the 21 behavior prices over time, and here's a graph just 22 replicated from our paper, just looked at the behavior 23 prices over time. We've got on the top the revenue per 24 admission and the revenue per day. So, it's basically 25 the first, and the dotted line indicates when the

1 merger took place.

Basically this is something of an upward trend there. You know, I remember when I was looking at this, I wasn't that impressed with it the first time I saw it, certainly an upward trend, but obviously this is not enough, this is just the first step in that. This is Dominican, and this is Wattsonville, again.

So, then we took the next step. We used a 8 statistical technique, but it was kind of like musical 9 10 regression, in which you try to look at the thing you're trying to explain as a function of all these 11 other kinds of factors. And the first thing we did is 12 13 a very simple specification, as we call it. We just looked at the price over time at the merging hospitals, 14 15 and also looked at the price at the other hospital in town, in Santa Cruz. So, no, we didn't have to define 16 the geographic market, we were just going to look at 17 18 the competitive effects themselves.

And we looked at, A, the merging hospital, and B, we also looked at the competitor, the idea that maybe there was collusion going on, which is a hot topic again here at the Commission. Or it could also be explained by the unilateral effects theory, the idea that one person increases price in the same market, that kind of releases the constraints on the other one,

1 they can also raise prices.

2 So, we looked again at Dominican and Wattsonville. And both of these, again, were nonprofit 3 entities, Dominican being a religious nonprofit entity, 4 5 Wattsonville being a community-based hospital, and again, the paper by Lynk that I referred to, kind of in 6 7 his paper, he actually argues that it is this kind of hospital that is least likely to -- least prone to 8 exercise market power, given this it's community-based 9 10 nature, that it's really about kind of a consumer cooperative. It never should raise prices, so it 11 really is a good opportunity to test that hypothesis. 12

13 And a very simple specification, basically we just looked at, we had a variable to controlling for 14 15 when the merger happened, and we had just something we call time, which is kind of just controlling for a 16 general trend. We saw an upward trend, just trying to 17 18 see if there was any kind of general trend there. And this very simple regression and I would suggest very 19 2.0 substantial price increases, which were also statistically very significant. They basically were 21 \$700 for Dominican, about \$1,800 for Wattsonville. 2.2 Clearly this is a not good enough, this is just the 23 next step that kind of gave us more confidence that 24 25 maybe we're onto something here, but at least let's

1 take a closer look.

2 The next step, we kind of used the approach that I referred to as the price equation approach 3 before the Schumann, et al. Approach used in evaluating 4 some other mergers in some other industries in '92 FTC 5 working paper. And it's based on the very simple 6 7 economic idea that demand is equal to supply, or that price is both a function of demand and supply. And for 8 that what you could do is kind of get this equation. 9 10 This equation you have price and you look at all these other factors that affect demand, income, population, 11 other factors that affect supply, input prices, et 12 cetera, et cetera. And the merger itself. 13

14 And that was our next specification. So, again, here we used a lot of variables. We put out a 15 considerable number of variables to try to control for 16 17 all these other things that affect the price besides 18 the merger. And I think we put in an extremely large amount of variables. If the paper was called Sacher 19 2.0 and Vita instead of Sacher and Vita, there probably would have been fewer variables, actually, but that's 21 the way it happens. 2.2

23 Case mix, again, one thing that could be 24 changing over time is that the hospital could be 25 treating increasingly more complex cases. We tried to

control for that with two variables. One we called 1 2 case mix. Whenever you come into the hospital, you're assigned a DRG, is something used by Medicare to kind 3 of classify patients. And Medicare also gives to each 4 DRG a case weight index, so, let's say if you come with 5 6 pneumonia, pneumonia you might get a case weight index 7 of one. If you come in with cancer, you might get a case weight index of two, the idea being that the 8 resource intensity use is twice as high for the cancer 9 10 patient than it is for the pneumonia patient. And basically, we looked at a weighted average over time 11 for each of the hospitals of this case mix index. 12 We 13 looked at average length of stay, the idea again here being for longer stays, that, you know, are more 14 15 intense kinds of -- more costly kinds of procedures, that it's just another way of controlling for the 16 17 intensity of care over time.

18 We had a bunch of variables controlling for input price changes, basically, again, things like 19 20 medical equipment costs. I think we used some PPIs. We had a wage index, actually HCFA, whatever they're 21 called now -- is it still called HCFA? For every 22 locality for purposes of Medicare reimbursement puts 23 together a wage index. We use that as a way of 24 controlling for change, possible changes in wages of 25

1 hospital staff over time.

2 And also, one of my favorites here, the earthquake dummy. What is that? Well, actually, 3 around the middle of '89, there was the Northridge 4 5 earthquake, which could have had a very serious impact 6 on Wattsonville's ability to provide care. So, we 7 basically had to control for that. And we paid very close attention to this variable, because it's actually 8 9 over -- when the earthquake occurred was not too 10 distant from when the actual merger occurred, so it can actually confound some of what we're trying to measure 11 there. And we played around for that, and I think we 12 13 controlled for it pretty well. But as a sidelight, going beyond econometrics, we also argued that we kind 14 15 of looked at Wattsonville's patient load over time and actually found that it had increased over time. And so 16 17 that kind of suggests that the earthquake really didn't 18 have that strong of an effect.

19Other variables that we used: We tried to20control for managed care variables, we tried to control21for income over time, we had variables controlling for22income, and we tried to control it for population23density. I'm just trying to go to the demand side. We24had variables again for various things that could25affect demand, income, managed care, penetration

variables, which again were somewhat complicated, but I
 won't go into the econometrics of that. Population
 density.

The share of admissions covered by Medicare and 4 MediCal, although we are looking at private-pay 5 6 patients. There's literature out there that suggests 7 there's cost shifting. The more Medicare/MediCal patients you have, the higher might be the prices for 8 the private pay patients. We also had a variable for 9 10 the entry of Sutter Health when that occurred. You would expect that to have an effect on prices as well. 11

Basically we use this more complex specification and we continue to find pretty dramatic price increases. We basically found a price increase of about \$750 for Dominican and about a \$500 price increase for Wattsonville. That was the next most complicated approach.

18 We then took another even more complicated approach and basically what we did there, what we said, 19 2.0 maybe we haven't controlled for all these kinds ever variables that can affect price, so we used this 21 methodology which I talked about which I called the 2.2 23 relative price approach, where you just look at prices in other markets, and those prices in other markets 24 25 that should be affected by some of the same demand as

supply conditions, and also used those prices as a
 control variable.

So, in addition to all these various cost and 3 demand variables that we had entered, we also 4 constructed a peer group of California hospitals. We 5 used some peer group studies that have been done for 6 7 the MediCal system, and we looked at hospitals that were in similar situations to the hospitals in the 8 Santa Cruz County, and entered each of these control 9 10 variables for those hospitals as well as an additional way of controlling that. So, we had a case -- we had, 11 you know, prices in the particular counties, we also 12 13 looked at prices in the other counties and used it as a control. And we continued -- and I think we continued 14 to find that, again, there were price increases. 15 We found that price increases were about \$1,000 in 16 Dominican, which is about 20 percent higher after the 17 18 merger, and for the merger, about \$600 to \$700 higher at Wattsonville, which is about a 15 percent price 19 2.0 increase.

21 So, again, I think we went through this in four 22 different ways, and we found that clearly something

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strong impact on price, a very strong positive impact on price of the merger. And so clearly there's something going on around the time of the merger to increase price, and that that thing that increased price was the merger. It wasn't any of these other variables.

7 Now, the question becomes, what led to increased price? Was it market power or was it 8 9 something else? And I think we argue that the most 10 compelling explanation is that it was market power. First of all, there were about four different things we 11 did to substantiate that. First, we noted that in the 12 13 record that was established here, the parties made no arguments related to guality. They said that the 14 15 efficiencies that are going to result in this merger were really going to be economies of scale. The 16 17 hospital AMI community was too small, they were going 18 to reduce costs by merging it. So, it's not the kinds of efficiencies that should lead to increased prices; 19 2.0 those are the kinds of efficiencies that should lead to decreased prices. 21

Another possible explanation is that now you've got higher volume and there's a lot of literature out there that indicates when a hospital has higher volume, that can lead them to increased quality. You can

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increase your quality. So that that increased quality
 leads to increased prices.

And we would argue no, that because maybe you 3 would allow Dominican to increase prices, but then why 4 was Wattsonville able to increase prices? That's 5 really not consistent with the market power hypothesis. 6 7 In fact, Wattsonville price should have lowered its prices then in order to do that. And then you can 8 9 argue, well, maybe Wattsonville had to increase its 10 prices to keep up with Community, but then again, that doesn't really make sense either, because you shouldn't 11 12 see a price increase as a result of that, because 13 basically those kinds of price increases are not related to cost increases. Okay, and that explanation 14 we didn't find too compelling. 15

Well, again, a third argument is that maybe 16 17 there was some kind of expenditures that they were now 18 able to undertake. Maybe they're able to open up these new wings that would increase quality, that are also 19 2.0 more expensive, and we looked at that hypothesis. And what we did there is we looked at expenditures over 21 time. And we tried to control for expenditures. And 2.2 23 we found that, yes, expenditures did go up, but not nearly as much as prices went up. 24

25 So, maybe there was, we can't entirely rule out

that maybe they undertook some new expenditures that maybe increased quality a little bit, but it still doesn't go to fully explain what happened there.

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And then, like Jim suggested, we actually 4 looked at patient flow data over time. If quality was 5 6 increasing, we would expect that perhaps more of Santa 7 Cruz patients would be using the Santa Cruz hospitals, or that they wouldn't be leaving the county for them. 8 We found exactly the opposite to be the case. We found 9 10 that over time, after the merger, actually fewer Santa Cruz patients were using the Santa Cruz hospitals than 11 before the merger. Again, something inconsistent with 12 this quality-increasing hypothesis. 13

14 So, again, prices seemed to have gone up, we have very strong evidence of that, and all the evidence 15 we looked at suggested very strongly that it was 16 17 related to the exercise of market power. Again, these 18 were nonprofit entities. Again, it was a fairly isolated market. But I think the moral lesson here is 19 2.0 that post-merger conduct can be successfully evaluated, and that looking at consummated mergers, as I think was 21 already pointed out, presents opportunities not 2.2 23 necessarily available in the normal prospective analysis. You can evaluate the price changes, you can 24 evaluate the quality and cost-saving claims, and you 25

can also look at changes in patient flow data in a
 dynamic context.

It's always talked about, you know, 3 Elzinga-Hogarty is static, we can't use it. Well, 4 5 here's your perfect opportunity to turn it away from 6 that static kind of analysis to a more dynamic 7 analysis. And we did some of that and there's actually a working paper that was kind of a complement to our 8 piece by John Simpson. He took a close look at some 9 10 patient flows and that's another thing that you might want to do as part of the merger retrospective project 11 12 here.

13

14

And I will turn over to the next speaker.

(A

MR. ARGUE: While Sarah is getting that set up,
I'm number nine, so I'm the clean-up hitter here.
Usually the clean-up hitter is number four, I know, but
I'll do that as number nine.

Â.)

19 It's been a long afternoon, I thank you for 20 your patience. I'm apologizing in advance that I don't 21 have Lawrence's late-night humor, and I don't have 22 Seth's peppiness, and actually, my subject is even less 23 interesting.

24 (5.4.)

25 MR. ARGUE: I'm going to be talking about some

through the next 20 minutes, you may understand the
 basis for my thinking on that.

I would like to start off with it's just a 3 reiteration of points that I have made elsewhere about 4 5 some of the fundamental places we have to start in making these analyses. They have to be consistent 6 7 theories. I beg the pardon of anybody who has heard this before. It will only take me a minute to go 8 through these, but I think based in part on some of the 9 10 things that were said today, that it's useful to go back and remind ourselves the necessity of having good 11 theories. 12

13 Any of these analyses needs to start off with a theory that's internally consistent and that has a 14 15 causal link, that connects the merger and the alleged -- or the expected post-merger behavior. 16 This is not a formality, it's not something that can be 17 18 easily dispensed with. It's an important and integral part of disciplining the thinking and disciplining the 19 2.0 data collection.

The theory must also be consistent with the underlying assumptions of economic theory about how firms behave. And we've had some discussions about for-profit and nonprofit, but setting that aside, one of the principles in the merger guidelines is if a firm

has market power, they'll exercise it. And that's what 1 2 we ought to be looking for.

3 The theory must be consistent as to the sources of market power. Is it a unilateral effects theory 4 that's causing the event that's causing this or is it a 5 collusive coordinated behavior? 6

8 ways in which market power would be exercised. For example, a theory that does not describe price 9 10 discrimination should not predict that market power will be exercised only against some of the consumers. 11 Or if the theory predicts that inpatient prices would 12 increase, only inpatient prices, then an observation 13 that outpatient prices is increasing is not helpful. 14 It's not confirmatory evidence. 15

And the theory also needs to describe a 16 17 mechanism by which the prices would increase. If the 18 hospital allegedly has market power in all of its 19 services, then the theory needs to explain how all of tho(2ullegeTD(increase, as crease, v has6nM7r).gd6)Tj5 TDeapv0 TD(19 t's n2e, only inpatiablef

t's n2tpatient price hari

24And the theory also nT is itjto t

7 The theory also needs to be consistent in the

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the analysts and researchers need to impose upon
 themselves as they go through this process.

Now, let me turn to the main part of my 3 comments. And that's just what are some of these 4 practical difficulties? There's been a lot of 5 discussion today about how we can go through and 6 measure these effects, and I find that it's -- that a 7 lot of the problems were glossed over. There are many 8 issues that are related to it, and I have just 9 10 identified them in summary fashion here. There's availability of appropriate data, there's the 11 heterogeneity of hospital services, changes in input 12

1 weaknesses of the other.

2 These two approaches are what I'm

contracts. It's commonly done, and it suffers from - it doesn't have some of the problems that the average
 payments approach does, but it has some other
 difficulties.

5 This approach is methodologically quite different from the average payment approach. 6 Ιt 7 involves an analysis of negotiated terms of contracts. 8 Typically, the basic approach is to compare discounts off charges or the case rates or the per diems or what 9 10 have you, or sometimes all of the above. They can be a mix of things in the contract. And the contract terms 11 are independent of the patient mix, and it's in that 12 13 sense that maybe, maybe that's a little bit closer to being the price. 14

The third approach that Lawrence referenced was 15 the simulation approach, and I have in my mind what I 16 think he's talking about, and I'm not sure if it's 17 18 right, but it's, I think, trying to overlay actual patient results or information on different contract 19 2.0 terms. That's a complicated and difficult thing to do. Conceptually, it sounds great, but I think that it has 21 some of the same difficulties that I've outlined here, 2.2 23 plus some others.

Let me go on to these four or five points that I mentioned before. And the first one is the

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availability of data. Starting off with the average
payments approach, one of the challenges with the
average payment approach is that hospital records often
have insufficient detail to perform an average payment
calculation. Lawrence made a reference to this and Jim
did as well. I haven't talked with Seth about it, but
I think he may disagree with that.

Many hospital records have information on 8 9 charges incurred by an individual patient, but not on 10 the revenue actually received by the hospital for that individual patient. The issue comes down to how do 11 hospitals account for the contractual allowances? 12 Thev 13 are often taken out at the hospital level, not at the patient level. So, you may find gross charges for 14 15 patients, but you may not be able to find the net payment for an individual patient. 16

17 Sometimes these contractual allowances are 18 mixed, the inpatient and the outpatient are together, 19 and all of that is lumped together at the hospital 20 level, and that complicates it even further.

Now, this problem was addressed in Vita and Sacher. They ran into the problem, and they resolved it by using a ratio of inpatient gross charges to total charges as a way of allocating the net revenue. This may seem like a sensible assumption on the surface. I

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1 don't think that there's any particular reason to
2 believe that it gives you the right number. But it is
3 identifying the problem and making an attempt to
4 resolve it.

5 Another complication in this type of analysis 6 is the fundamentally different types of contracts which 7 are capitated. There you're getting a payment that has 8 nothing to do with the service, it's just a payment. 9 And that needs to be handled as well.

10 The second type of comparison is with the claims data. And though they don't have all of the 11 same problems as the hospital data, they're different 12 13 issues that come up here. Insurance claims data typically have a large number of adjustments to the 14 15 data, to the claims, not all of which are easily distinguished in the data. There are reversal, there 16 17 are denials of claims and assorted other things.

18 There also are different types of services:
19 Inpatient, outpatient, physician services, ancillary
20 services. Sometimes these are collected all together

information and not just a single company or two
companies. Because unless you've got a price
discrimination story, the theory is going to tell you
that prices should go up for all of the payors. So,
finding it for only one and not the others is not going
to be adequate.

7

I think I'm getting ahead of myself there.

8 The second approach here is the contract 9 comparison approach. The contracts, one of the biggest 10 issues with the contracts is that they contain many nonprice terms that need to be taken into account that 11 are relevant to the negotiation, that are relevant to 12 13 the final price that comes out. These include things like the duration of the contract, whether there's any 14 15 exclusivity, discounts or penalties related to early payment, or late payment, rates on and inclusion of 16 other services, ancillary services, lab services and so 17 18 forth, and sometimes the rates for Medicare and Medicaid managed products. They are periodically 19 2.0 negotiated together, you get a better rate on the 21 Medicare, you end up with a worse rate on the commercial, or vice versa. 2.2

23 Moreover, there's typically a variety of prices 24 or a variety of types of contracts in a market, and 25 that makes comparisons of contracts very difficult.

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1 The hospitals in the same market often have different 2 contracts, that can be discounted fee for service, case 3 rate contracts, per diem contracts, certainly capitated 4 contracts and others. There are carve-outs for 5 specific services so you can have a mix of types of 6 contracts all rolled in one.

7 And it's very difficult to convert these 8 contracts to a standard basis. And then make a 9 comparison that would allow you to do -- to use some 10 contracts over time, or to have a comparison between 11 hospitals.

Now, going on to the second point that I had,
was the heterogeneity of services, and again, that's a
point that's come up a few times or this afternoon.

15 It's patently obvious that hospitals had 16 heterogenous services, a variety of services that they 17 provide. And it makes it difficult to compare prices 18 in a meaningful way. That is a problem that's common 19 to both the average revenue or the average payments 20 approach as well as the contract comparison approach.

If you're doing, for example, an average charge or an average payments approach, you can get a difference in average payments that's got nothing to do with the prices when it's just a change in the mix, or a change in the intensity of the services being provided. That all needs to be controlled for in order
 to get an appropriate comparison.

And likewise for the contract comparisons, there are clusters of services that may be covered under one specific rate for one hospital, and it's a different cluster for another hospital, or a different cluster for the same hospital in another time period.

8 What are some of the sources of heterogeneity? 9 I'm not sure if you're going to be surprised of these, 10 I'll just go through some of these quickly. The

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doesn't fundamentally change the fact that individual services generally are not demand-side substitutes.

1

2

One way to address this heterogeneity or 3 sometimes is used to address the heterogeneity is to 4 5 try to subset the services into small enough groups so 6 that you are actually looking at like services, 7 homogenous ones. In reality, it's really quite difficult to do that. Even within apparently 8 9 homogenous services, there tends to be significant 10 variability.

DRGs and CPTs and ICD-9s, they all sound 11 homogenous, and at one level they are, but only in a 12 13 broad sense. Or something like cardiac catheretization or cardiac surgery or newborns. Those sound 14 15 homogenous, and in a broad sense they are, but if you look at them more carefully, there's a lot of 16 difference in the level of the service actually 17 18 received by patients, depending on acuity, duration of stay, physician practice style, many of these things 19 2.0 are very difficult to control for.

21 And these variations can cloak actually what's 22 happening with the prices underneath.

The next item on the -- on my challenges list is input costs. It's no secret that there are some major sources of change in costs for providing hospital

the intratemporal changes by including some cost
 elements in their equations.

And then finally, almost finally, we get to 3 differences in quality. This is a tough nut. 4 5 Everybody knows that it is. It's widely acknowledged 6 by the agencies, by attorneys, by the economists, that 7 for proper price comparisons, we have to be able to control for differences in quality. Both between 8 hospitals and over time. And quite frankly, there are 9 10 no good measures that are well established for this type of analysis. 11

The agencies have suggested some approaches for 12 13 addressing quality that I think fall far short of what have's needed. They talk about, again, this comparison 14 15 of hospitals within control groups, or simply asking the hospitals. Tell us specifically what the detail --16 in detail what the nature of your quality improvements 17 18 have been. I don't see that those are going to be 19 adequate to address that issue.

There's one other factor that's not on the slide that I think that needs to be brought in, and there probably are a whole bunch of them that are not on these slides, but one that comes to my mind is the extent of cost shifting can change over time. The balanced budget act of 19 -- or amendments in 1997

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illustrated that clearly, that the hospitals were
 really in a bind, and that account affects the prices
 that they charge, because there's a much greater need
 for cost shifting to cover the Medicare costs over that
 time period.

So, let me wrap up. It's a fair question to 6 7 ask, well, now that you've dumped on all of this, what alternatives are available? And I haven't seen an 8 approach that I think is without significant 9 10 shortcomings. There may, however, be some guidelines that are -- that an appropriate alternative must take 11 into account. And these are not organized in any real 12 13 tight way, but some thoughts that I had on this.

One is that the approach has got to be 14 15 consistent with the positive theory. Secondly, it needs to recognize that hospital services are 16 17 fundamentally and inherently heterogenous. In 18 calculating costs -- in calculating price estimations, 19 it's going to be helpful to make these -- make these estimates as robust as possible by using broad samples, 20 large numbers of observations. 21

And there ought to be a recognition, clear recognition that there's going to be a lot of noise in the results that come out of here. And that small price changes should be considered with considerable or

should be viewed with considerable skepticism. It's too strong a statement to say that appropriate price comparisons can never be made, but there are many assumptions that are likely to be necessary. And all comparisons need to be viewed in light of the weaknesses of the methodology and the limitations of the data.

As I said at the beginning, the retrospectives should be undertaken with considerable restraint. They're costly to the hospitals and there's little assurance that they will actually yield accurate results.

13

14

Thanks very much.

15 MR. MARTIN: As moderators, John and I have had the heavy obligations of assuring that there are 16 adequate bathroom breaks, and to ensure that the 17 18 discussion at this point in the program is controversial. We think we've done the former, and for 19 2.0 the latter, we thought we could do it easily by asking 21 Bill Kopit if he wanted to comment on anything any presenter from White & Case had said during the 2.2 presentation. But we're not going to take the easy way 23 24 out. We're going to hold that question, and instead 25 take the hard way, and then come back to Bill later.

1

So, John?

2 MR. WIEGAND: I first wanted to ask Seth Sacher 3 if he had any response to David's comments on the Santa 4 Cruz study.

5 MR. SACHER: Sure. I mean, you can always, you 6 know, say things like, well, you should control for 7 private payors, Vita and Sacher did that, but it could 8 have done it better. You should control for case mix 9 over time and changes in demand and cost. Well, you 10 know, Vita and Sacher did that, but they could have 11 done it better.

You know, I think we did a very good job on our paper. I'm glad you read that really involved footnote about how we derived the private pay prices. I thought nobody would actually read that footnote, and I wish I could blame that on Mike, but actually I'm to blame for that footnote.

18 But yes, there's always going to be these kind of criticisms for econometrics. I think it's a lesson, 19 2.0 I mean, the FTC holds these hearings and they can learn the kinds of things that they might hear in the court 21 situation. And you know, I wouldn't advocate that this 2.2 is the only input that you should be using in your 23 review of mergers, it shouldn't just be econometric 24 studies. It's very important input, it should give you 25

a great deal of confidence in looking at the market,
 but yeah, you've got to go out there and get all kinds
 of information.

You know, looking at patient flow, look at what people have said -- looking at these specific contracts that have been negotiated and taking all these kinds of criticisms into account and fully evaluating the merger before actually going out there and seeking to reverse any kind of transaction.

10 So, far be it for me to say -- I may have said 11 that I answered all of Lawrence's, you know, how-to's, 12 I was being a little facetious there. Clearly, there's 13 always going to be possibilities of intense kind of 14 criticisms in the nitty-gritty and I don't think that 15 should hold the FTC back from its merger retrospective 16 program.

MR. WIEGAND: I've got an issue that I wanted 17 18 to raise maybe first with you, Seth, and then open it up to other members of the panel, about the nature of 19 2.0 the methodology for examining post-merger prices. I think in your paper you looked at it on a quarterly 21 basis, but the context here is a lot of times we have 2.2 23 contracts that are long-term contracts that are in effect between the payors and the providers, and 24 therefore the impact of the mergers may not be felt for 25

quite on the order of what we found. And also, again, 1 2 he looked in detail at the patient flow story and found a very sensible way in that some of the closer-in zip 3 codes, there was not much loss of patients, some of the 4 5 further out ones there was a greater loss. But I look at it in the context of critical loss, finding that 6 7 actually, you know, even though it was greater in the more outlying zip codes, it was still below the 8 9 standard kind of critical loss that people might look 10 at.

I'll turn it over to the rest.

12 MR. WIEGAND: Does anyone else want to talk a 13 little about whether we should be looking further out 14 for price increases?

11

15 MR. WU: Yes, I think we ought to be looking 16 fairly further out, and to comment on some of the 17 issues that Seth just raised, I'm not sure it's 18 appropriate to look at quarterly data or annual data, because I think what the analysis really deserves is a 19 20 careful look at the contracts, because a lot of times the contracts that one -- that hospital would receive 21 reimbursement for, in one year, is really negotiated 22 23 the prior year. So, a lot of times, say in the year right after the merger, a lot of the revenues 24 25 associated that would be observed in the year right

after the merger or maybe a couple of years after the merger, are from contracts negotiated before the merger. And that's why I think one really actually does have to be careful in making sure that one accounts for the contracts and when those contracts are signed.

And looking further out, one would be more confident that most of the reimbursement is -- can be attributed to contracts signed post-merger, than the first couple of years after a merger that's not so clear. And again, that goes to the length of the contracts and, you know, what is known when the contracts are signed.

14 MR. KOPIT: I would agree that the length of 15 contracts is important, and you have to look at 16 contracts, or you should look at contracts, but I think 17 you said you were looking at six years.

MR. SACHER: Yeah, I think we had a pretty --MR. KOPIT: And six, I don't know of most -contracts don't last six years. I mean, one year, two years, three years, maximum, usually. So, if you have six years, I think you've probably covered it. You know, unless there's strange things going on from quarter to quarter.

25 What I said about the notion of what the FTC

would have to prove, and I guess David Balto disagreed
 with that, too, although I don't think the only thing
 he disagreed with that doesn't have anything to do with
 Grand Rapids. No, I'm sorry.

MR. MARTIN: Don't go there.

5

MR. KOPIT: I think that if the FTC -- I'm not 6 7 suggesting that the FTC shouldn't use price information, I think they should. I think the one 8 single thing that you have available in a retrospective 9 10 that you wouldn't have by definition in a prospective is price information, what actually happened. And that 11 should be very important, and I think you can get it 12 13 from payors in a usable fashion most of the time, not without difficulty. 14

15 But what I was saying is as a matter of law, if the FTC can show, for example, that you've got by 16 looking at market definition. And by the way, we 17 18 didn't talk very much -- one thing that I didn't get into in my talk that I wanted to at least mention, when 19 2.0 I was talking about correcting things that the courts had done incorrectly, I was talking almost exclusively 21 about geographic market definition, which I mean, I 2.2 just --it's inconceivable to me how badly it's been 23 done, and I would hope that the FTC can do a much 24 25 better job of it. It can't do a worse job of it.

And -- but I mean, I think that's really fertile ground for coming up with something that makes more common sense and is logical than what some of the courts have done.

5 But, my point was, if the FTC can define a 6 market and show the existence of market power in that 7 market, that should be enough to switch the burden for 8 the defendant to say, well, yeah, but I didn't exercise 9 that market power and here's why.

10 MR. MARTIN: Well, why do you need to look at 11 retrospectives in order to straighten out the case law 12 in market definition?

13

MR. KOPIT: You don't.

MR. MARTIN: I mean, what I would like you to 14 do is if you could argue on David Argue's points, which 15 is -- and I think David Balto's to a point, which is 16 17 that there's very little out there on the post-merger 18 effects of any mergers in general, in terms of economic The data is difficult to come by. Courts won't 19 stuff. 2.0 have merger guidelines to rely upon. It seems like; isn't this a Herculean task to come up with on-the-fly 21 standards by which to measure whether price increases 2.2 23 post-merger were anticompetitive or not, and do all the 24 rest of the other stuff? I mean, why would courts be anxious to buy into this? 25

MR. KOPIT: Well, I mean, the courts aren't 1 2 going to do it. The economists are going to do it as experts, in testifying. Now, if you ask me a different 3 question, which is would we be better off in courts if 4 5 rather than having a plaintiff's expert and a defendant's expert, we had a court-appointed expert, 6 7 the answer is yes to that question, but that ain't going to happen. So, the hope is that, you know, that 8 if you have two experts, either through what they say, 9 10 or through a combination of what they say and what comes out on cross examination, a Judge can make a 11 determination and a distinction between which one is 12 13 closer to reality. Because my guess is, in most cases, they're going to say different things. That may be a 14 15 shock to you, Rich, but that's the way it comes out.

MR. MARTIN: But if I read -- if I read the cases correctly, I think most courts have listened to the experts and kind of said, I don't know, and come up with a market definition largely disregarding what the experts have had to say. So, why do we need more expert testimony on more imponderable questions, having done the data?

23 MR. KOPIT: I disagree with that. I think 24 that -- I disagree that that's what the courts have 25 done. I think the courts have accepted testimony from

experts that have defined markets in lots of cases that
 are way too large, that don't even make the smell test.
 I mean like Tenet was the worst one. I mean, 70 miles?
 Come on, get real. That's not happening.
 lexptest. 22exjtI m@an, and you could -- I mean, but there orstidj-5.4 0 T

years you're necessarily talking about a situation where you can't unscramble the eggs. I mean, sure, in some cases that's true. In some cases you can't unscramble the eggs after a year.

But there are situations out there where 5 6 hospitals have done nothing over long periods of time 7 to change, you know, their clinical services. And that's what I think I said were the areas where 8 unscrambling is a problem. In situations where there's 9 10 been considerable clinical consolidation, I don't think unscrambling is a remedy you should get or even ask 11 for. 12

13 MR. WIEGAND: Undoubtedly, though, there is 14 tension between the desire to get better data, which 15 means go later, and the desire to get a more effective 16 remedy, which means move sooner.

17 MR. KOPIT: Well, yes, but, I mean, where that 18 leads you to is no retrospector at all. You continue to do what you were doing, which is going before the 1 two.

2 As far as a point that Lawrence made earlier about improvements in quality generally being 3 associated with increases in price, I was wondering if 4 5 there is any evidence to support this and, maybe, there's a possibility that improvements in quality 6 7 actually lower costs, because if you have better quality of care, you stay less acutely set and are in 8 there for a shorter period of time for a need for 9 10 high-level services. Can you comment on that, Lawrence, and maybe 11 other people can say something about that? 12 13 I mean, quality is a very tough issue, MR. WU: and I'm sure that will be part of the issues that you 14 15 discuss later when you talk about quality. But, again, I think -- I'm not sure what to say 16 about this except that, you know, you need to be 17 18 careful about how we evaluate quality. If it's in terms of costs, then that has some vindications about 19 20 how we expect to see it showing up in terms of price, 21 but if it's one of those new services, then I would expect to see it in terms of higher prices. 2.2 So, again, I think this is just being careful 23 about what quality improvements we're talking about and 24

25 how payors view those improvements.

MR. ARGUE: I just have one comment, and I 1 2 don't have the clinical expertise to know whether something like that occurs, but I suspect that there 3 are quality improvements that actually do lower costs. 4 So, by trying to measure by cost you may end up -- you 5 may end up missing something. I don't know, on balance, 6 7 whether they are more or less of those, but it's something to take into consideration. 8

9 MR. TAYLOR: Let me give you an example and 10 follow up a little bit on this quality thing, because 11 it happened very close to Duke Hospital. Duke Hospital 12 is a world famous hospital. I mean, they're on the 13 cover of Time Magazine and everything.

But, two months ago, Duke Hospital transplanted 14 15 a wrong organ into a patient down there. Now, if you try to measure quality, Duke Hospital, all of a sudden 16 it's in the toilet for one case in about the last 10 17 18 years and Duke Hospital is about a 1,400 bed hospital, 19 and, so, the point I'm trying to make here is one of 2.0 the things about quality is do you really damn the 21 entire medical center for that one case at that one point in time, because one surgeon failed to confirm he 2.2 had an A-negative organ and stuff like that? 23

And, so, I've tried to look at quality as it relates to efficiencies and things. And using Duke

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Medical Center as an example, and, I don't know, like Lawrence and some of the others have said, it defies the discipline, I think, which really you need to have to put it in perspective.

5 MR. MARTIN: Bill, I'm going to put the burden 6 on you now. We're going to ask you to comment on 7 anything that David said, but it's your obligation, you 8 take as much time as you want and you think the crowd 9 will take, and then we'll finish.

10 MR. KOPIT: I'm going to tell a joke. David talking about Grand Rapids reminds me about the quy 11 telling the story about when he was introduced at a 12 13 dinner, where he said the guy gets up there and he says about me -- and you can tell it's an old joke by what 14 15 comes next -- a guy gets up and he introduces me by saying, I want to introduce now a man that's made \$2 16 million in the stock market -- and then he gets the 17 18 guy's name -- and the guy gets up there and he says, 19 Thank you very much for that very gracious 20 introduction, but, unfortunately, it wasn't me, it was my brother; it wasn't \$2 million, it was \$4; and he 21 didn't make it, he lost it. 22

(Group laughter.)

23

24 MR. KOPIT: And David talking about Grand 25 Rapids is about the same thing. I mean, I must be at a

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1 different meeting.

2 I guess all I can say, you know, within the limited time available to all of us, is (1) the FTC 3 said at the time of the merger that these two hospitals 4 were very low-priced hospitals. They used that in the 5 context of saying that even if they raised prices 10 6 7 percent after the merger, it won't make any difference because nobody is going to these other hospitals 8 because they're still more expensive. 9

10 So, you're talking about two hospitals that 11 started off with the FTC conceding that they were low 12 priced.

You, then, had these hospitals agreeing to freeze their prices for three years and to not raise their prices beyond three years by the cost of living in any year.

David said, if I didn't hear him wrong, that they did that. He said that it's going to change next year because the community commitment is off and I guess you can take a look at them then.

But, to date, they're, if anything, a lowerpriced hospital then they were then, by a lot, because there prices were frozen for three years and then -and by the way, they were less than cost of living on the out years -- so, there's that.

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enrollment and Priority Health has a 28 county service 1 2 Priority Health deals with lots of other area. 3 hospitals beyond Butterworth and Blodgett, so the notion that they increased their enrollment in a larger 4 5 service area didn't have anything to do with Blodgett and Butterworth. It had to do with what they're doing 6 7 -- and they're not doing any worse in the other areas 8 than they're doing with Blodgett and Butterworth. 9 That's point (1).

10 Point (2) is that part of the agreement was that Priority Health would not favor -- excuse me, that 11 Blodgett and Butterworth would not favor Priority 12 13 Health compared to any other managed care that was in existence there. So, everybody is -- other managed 14 15 care plans are getting exactly what Priority Health is getting in terms of rates from Blodgett and 16 17 Butterworth.

18 So, other than that, I guess I agree with David.

19MR. MARTIN: Well, I have to say Bill that you20sound like you're closer together now than you were two21years ago. So, I think we're making progress.

MR. KOPIT: We're working on it.

23 MR. MARTIN: And in five years I think you 24 ought to be embraced with each other on the view of 25 this case.

26

2.2

1 MR. KOPIT: He said he was going to be 2 balanced.

MR. MARTIN: Okay, we have to stop, because we said this would be over by 5:00, and we really made it, barely.

6 MR. WIEGAND: We'd like to conclude by thanking 7 all of you for coming, thanking all our panelists for 8 preparing and presenting today and discussing matters. 9 The folks who planned this, Rich Martin and his 10 colleagues at the Department of Justice, and David 11 Hyman and Sarah Mathias and Cecile Kohrs here at the 12 FTC. Have a great weekend, thank you.

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