

- o “Melatonin: A scholarly paper argues that melatonin—at low doses like 0.5 or 1 mg per day—might curb virulence of the coronavirus...”;
- o “Nitric Oxide: Insufficient nitric oxide... may lead to... a reduced capacity to stop viral replication. In fact, nitric oxide has been shown to inhibit the SARS virus, the coronavirus predecessor.”;
- o “SPMs: Specific Pro-Resolving Mediators are high-octane derivatives of fish oil, with potent anti-inflammatory effects that may put the brakes on lung damage in severe cases of COVID-19.”;
- o “DHEA: Dehydroepiandrosterone is an androgenic supplement, available over the counter. It is suitable for both men and women. Studies show it boosts resistance to viruses,” and yet a study of encephalitis in mice to support the claim that “DHEA not only reduced viremia and death rate, but also significantly delayed the onset of the disease and mortality.”;
- o “Beta glucans These are naturally-occurring polysaccharides (complex sugars) found in the walls of yeast and certain foods. They have powerful immune-enhancing properties vs. respiratory viruses. A popular yeast-derived beta glucans product is AHCC, marketed variously under brand names like Immpower, EpiCor, and Immunokinoko.”;
- o “Andrographis: Part of the Traditional Chinese Medicine armamentarium, andrographis is a proven antiviral anti-inflammatory and is currently under investigation for application vs. the coronavirus.”; and
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Very truly yours,

Dama J. Brown
Regional Director
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